Titolo



Predicting sepsis mortality from the emergency department, a retrospective cohort study comparing qSOFA, National Early Warning Score and International Early Warning Score Identificativo



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INTRODUCTION

Sepsis remains a major cause of in-hospital mortality, particularly in low- and middle-income countries. Early identification of high-risk patients at triage is essential to improve outcomes. Rapid clinical scores such as qSOFA, NEWS, and IEWS may support early risk stratification in the emergency department.

OBJECTIVE

To evaluate and compare the ability of qSOFA, NEWS, and IEWS scores—applied at emergency department triage—to predict inhospital mortality in patients with suspected sepsis. Additionally, to assess whether adding arterial lactate to IEWS (creating the

METHODOLOGY

This was a retrospective cohort study conducted at Fundación Santa Fe de Bogotá, Colombia. It included patients aged 18 and older admitted to the emergency department with suspected between 2023 sepsis June and December 2024. The qSOFA, NEWS, and IEWS scores were applied upon triage. Patients referred from other institutions, previously treated elsewhere, pregnant, or without confirmed infection were excluded. Clinical, laboratory, and outcome data were collected. The performance of each score in predicting in-hospital through mortality assessed was sensitivity, specificity, predictive values, and area under the curve (AUC).

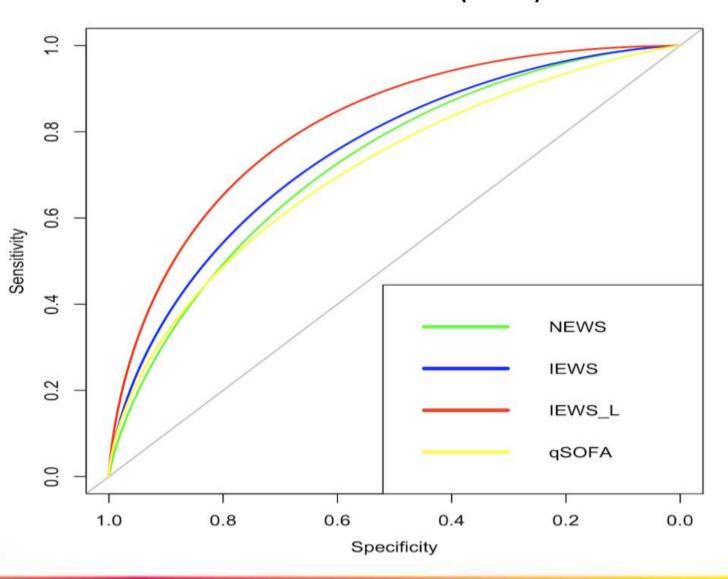
IEWS_L score) improves its predictive performance.

RESULTS

Among 383 patients, overall mortality was 20.6% and 35.2% in septic shock. IEWS_L showed the highest predictive accuracy (AUC 0.81), outperforming qSOFA (0.68), NEWS (0.71), and IEWS (0.74). IEWS and IEWS_L were significantly superior (p<0.05), with IEWS_L showing the best discrimination and calibration (p<0.001).

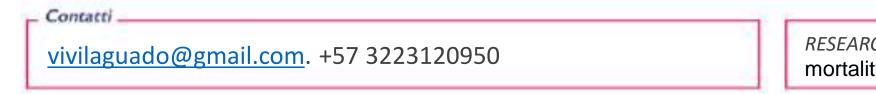
CONCLUSIONS

IEWS_L showed the highest accuracy for predicting sepsis mortality in the emergency department.



Affiliazioni

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RESEARCH ABSTRACT: Sepsis, Septic shock, in-hospital mortality, emergency department