

Antibiotici in Pronto Soccorso

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Emergency Medicine Clinics of North America

Volume 36, Issue 4, November 2018, Pages 853-872

Antimicrobial Stewardship in the Emergency Department



INDICATIONS

- Sepsis / Septic shock
- Meningitis
- Necrotizing Fascitis
- Open fracture



SEPSIS AND SEPTIC SHOCK

Sepsis

Septic shock

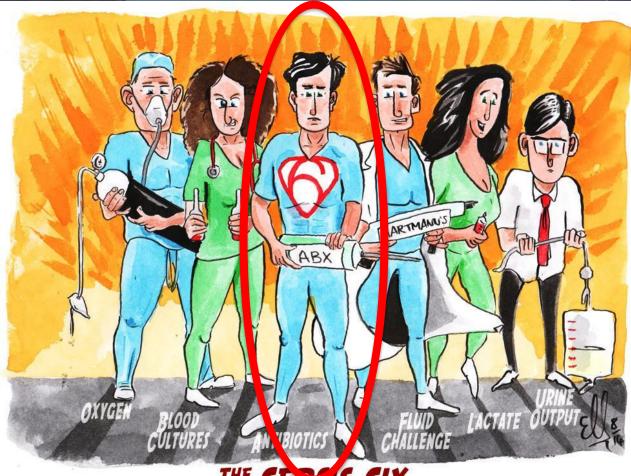
Sepsis and septic shock are medical emergencies

wide range of infections.

mortality than sepsis alone.







Sepsis six

Seymour CW et al. *N Engl J Med* 2017;376:2235-44.

ANTIMICROBIAL TREATMENT

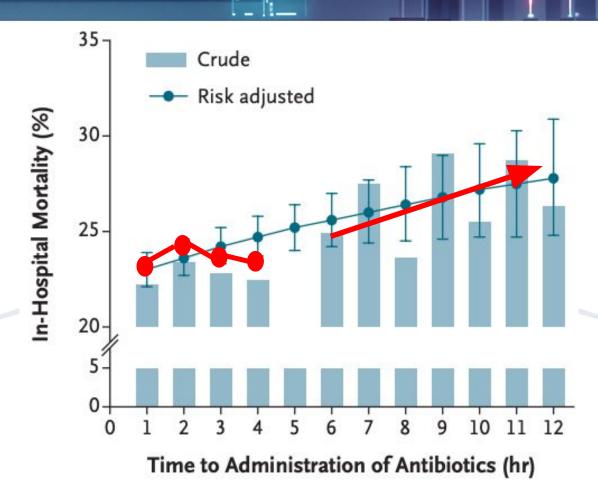
For adults with possible septic shock or a high likelihood for sepsis, we recommend administering antimicrobials immediately, ideally within 1 h of recognition.

Strong recommendation, low quality of evidence (Septic shock)
Strong recommendation, very low quality of evidence (Sepsis without shock)

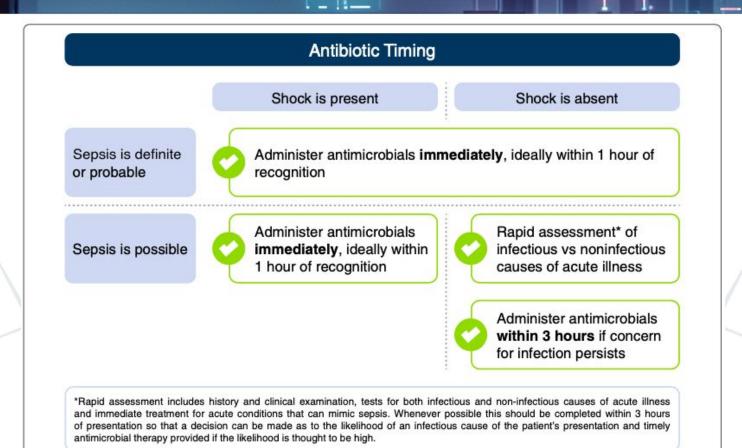


EMPIRIC BROAD SPECTRUM THERAPY



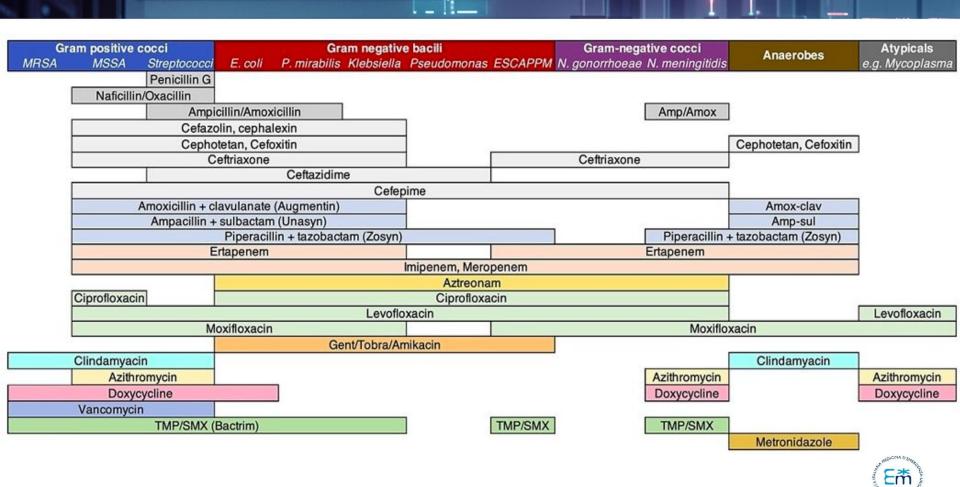












Guarino M et al. J Clin Med. 2023; 12: 3188.



FOCUS



Pneumoniae



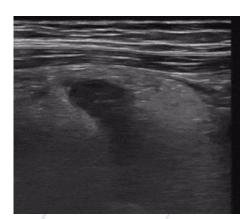
Endocarditis



Cholecystitis with gallstone



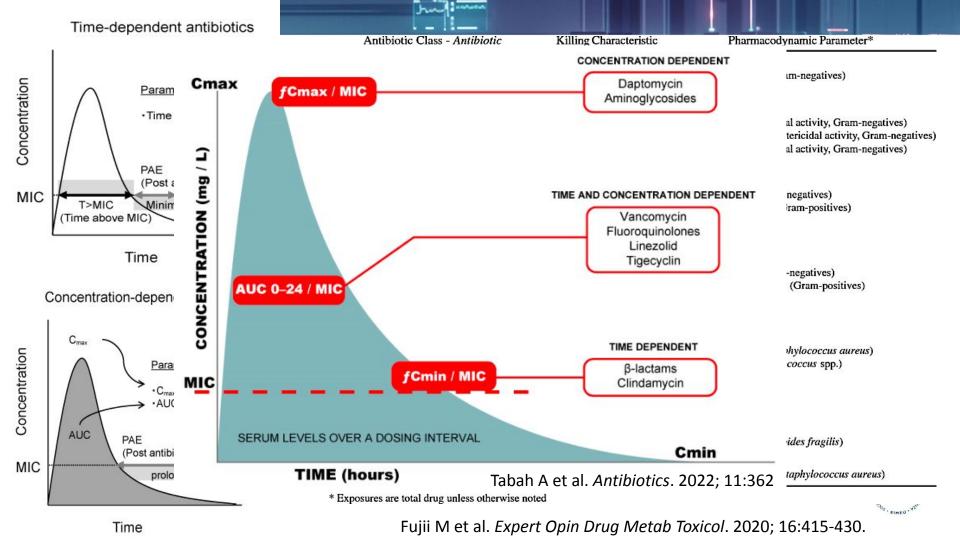
Cellulitis

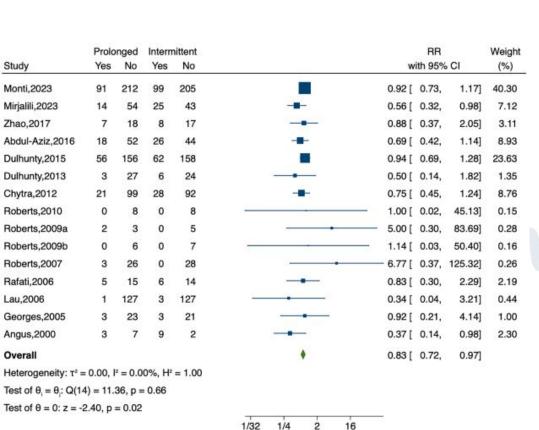


Appendicitis



Abscess





Prolonged versus intermittent β-lactam

Open Access

Prolonged versus intermittent β-lactam

Prolonged versus intermittent β-lactam infusion in sepsis: a systematic review and meta-analysis of randomized controlled trials

The study demonstrated a statistically significant reduction in all-cause mortality with prolonged infusion compared to intermittent infusion (RR, 0.83; 95% CI 0.72–0.97; P=0.02).

The use of a loading dose for prolonged β-lactam infusion resulted in a significant reduction in mortality (RR, 0.84; 95% CI 0.72–0.97; P=0.02).

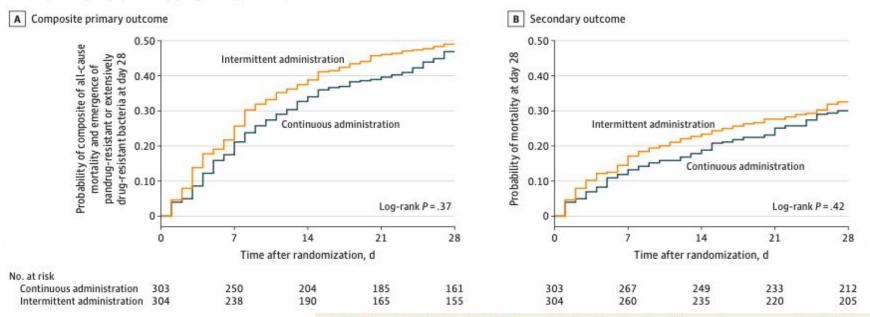


Random-effects DerSimonian-Laird model

JAMA | Original Investigation | CARING FOR THE CRITICALLY ILL PATIENT

Continuous vs Intermittent Meropenem Administration in Critically III Patients With Sepsis

The MERCY Randomized Clinical Trial



CONCLUSIONS AND RELEVANCE In critically ill patients with sepsis, compared with intermittent administration, the continuous administration of meropenem did not improve the composite outcome of mortality and emergence of pandrug-resistant or extensively drug-resistant bacteria at day 28.



Duration of antibiotics

Recommendation

 For adults with an initial diagnosis of sepsis or septic shock and adequate source control, we suggest using shorter over longer duration of antimicrobial therapy

Weak recommendation, very low quality of evidence







SINCH.

Antimicrobial Treatmen Recommendation Infections

Lindsay M. Busch and Sameer S. Kadri®

Biomarkers to discontinue antibiotics

31. For adults with an initial diagnosis of sepsis or septic shock and adequate source control where optimal duration of therapy is unclear, we suggest using procalcitonin AND clinical evaluation to decide when to discontinue antimicrobials over clinical evaluation alone

Weak recommendation, low quality of evidence

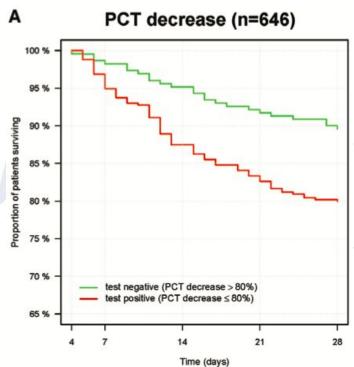
Jan

PROCALCITONIN

Serial Procalcitonin Predicts Mortality in Severe Sepsis Patients: Results From the Multicenter Procalcitonin Monitoring SEpsis (MOSES) Study

Philipp Schuetz, MD, MPH¹; Robert Birkhahn, MD²; Robert Sherwin, MD³; Alan E. Jones, MD⁴; Adam Singer, MD⁵; Jeffrey A. Kline, MD⁶; Michael S. Runyon, MD, MPH⁶; Wesley H. Self, MD⁷; D. Mark Courtney, MD⁶; Richard M. Nowak, MD⁶; David F. Gaieski, MDஶ⁰; Stefan Ebmeyer, MDஶ¹; Sascha Johannes, PhDஶ¹; Jan C. Wiemer, PhDஶ¹; Andrej Schwabe, PhDஶ¹; Nathan I. Shapiro, MD, MPH¹²

Reduction to less than 80% of basal PCT at day 4 significantly reduces 28-day mortality





ANTIMICROBIAL DE-ESCALATION

Clinical Infectious Diseases

REVIEW ARTICLE



A Systematic Review of the Definitions, Determinants, and Clinical Outcomes of Antimicrobial De-escalation in the Intensive Care Unit

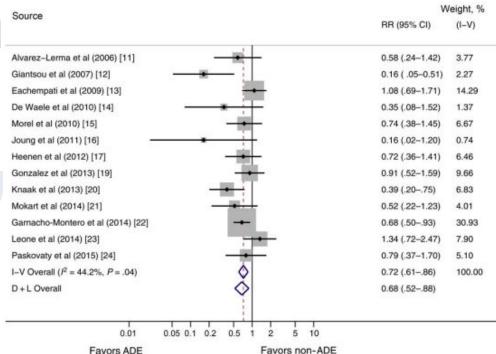
Alexis Tabah, 1.2.a Menino Osbert Cotta, 1.2.3.a Jose Garnacho-Montero, 4 Jeroen Schouten, 7 Jason A. Roberts, 1.2.1 Jeffrey Lipman, 1.2.4 Mark Tacey, 5 Jean-François Timsit, 4.9 Marc Leone, 19 Jean Ralph Zahar, 11 and Jan J. De Waele 12; for the Working Group for Antimicrobial Use in the ICU

Table 3. Factors Associated With Antimicrobial De-escalation

Factors Associated With ADE
Positively associated
Initially appropriate empiric antimicrobial therapy
Broad-spectrum empiric therapy
Compilance with national prescribing guidelines
Treatment with multiple and "companion" antimicrobials
Positive microbiological cultures
Lower severity of illness scores at
Baseline
Time of ADE
Day 5 of therapy
Negatively associated
Isolation of a multiresistant pathogen
Polymicrobial infections

Intra-abdominal infections

Abbreviation: ADE, antimicrobial de-escalation.





Tabah A. Clin Infect Dis. 2016; 62:1009-1017.



- Sepsis / Septic shock
- Meningitis
- Necrotizing Fascitis
- Open fracture



MENINGITIS

ESCMID guideline: diagnosis and treatment of acute bacterial meningitis

ANTIMICROBIAL AGENTS: BACTERIAL/FUNGAL: EDITED BY MONICA A. SLAVIN

Dose optimisation of antibiotics used for meningitis

Heffernan, Aaron J.a,b; Roberts, Jason A.a,c,d

<50 years Ceftriaxone 2 g/die

Acyclovir 10 mg/kg/tid >50 years +
Ampicillin 12 g/die
±

Acyclovir 10 mg/kg/tid





- Sepsis / Septic shock
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- Open fracture



NECROTIZING FASCITIS

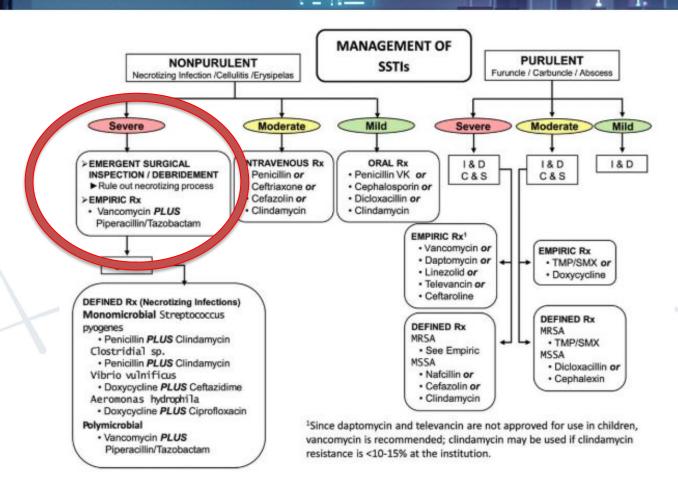
Practice Guidelines for the Diagnosis and Management of Skin and Soft Tissue Infections: 2014 Update by the Infectious Diseases Society of America

Parameter	Range	Score ²
Hb (g/dl)	>13.5	0
	11-13.5	1
	<11	2
White cells (10^9/L)	<15	0
	15-25	1
	>25	2
Sodium (mmol/L)	<135	2
Creatinine (µmol/L)	>141	2
Glucose	>10	1
C-reactive protein	>150	4





LRINEC score







- Sepsis / Septic shock
- Meningitis
- Necrotizing Fascitis
- Open fractures





Review Article

Antibiotic Prophylaxis in Open Fractures: Evidence, Evolving Issues, and Recommendations

Table 1			
Gustilo-Anderson Classification of Open Fractures ^{1,2}			
Туре	Details		
1	Open fracture with a wound less than 1 cm long, low energy, without gross contamination		
II	Open fracture with a wound 1-10 cm long, low energy, without gross contamination or extensive soft-tissue damage, flaps, or avulsions		
HI.	A: Open fracture with a wound greater than 10 cm with adequate soft-tissue coverage, or any open fracture due to high-energy trauma or with gross contamination, regardless of the size of the wound		
	B: Open fracture with extensive soft-tissue injury or loss, with periosteal stripping and bone exposure that requires soft-tissue coverage in the form of muscle rotation or transfer		
	C: Open fracture associated with arterial injury requiring repair		

The Eastern Association for the Surgery of Trauma recommends coverage for gram-positive bacteria with systemic antibiotics at the time of presentation for patients with an open fracture. **Gram-negative coverage** should be added for type III open fractures, and high-dose penicillin should be added for barnyard injuries.



HOME TREATMENTS

Type of Infection	First Line Treatment	Allergies to Penicillin
CAP	Amoxicillin/Clavulanate 1 g tid + Clarithromycin 500 mg bid	Levofloxacin 750 mg od
Uncomplicated UTIs	Trimethoprim / Sulphamethoxazole 160+800 mg bid	
Pyelonephritis	Ceftriaxone 2 g followed by Trimethoprim / Sulphamethoxazole 160+800 mg bid	
Abdominal Infections	Amoxicillin/Clavulanate 1 g tid	
Soft Tissue Infections	Amoxicillin/Clavulanate 1 g tid <u>+</u> Clindamycin 600 mg qid	



CONCLUSIONS

- Antimicrobial management is a life-saving treatment.
- It should be firstly performed with empiric broad-spectrum regimens based on local epidemiology.
- Short course a preferred to long ones (no changes in mortality).
- The team-work with other specialists should be always considered.



