

# L'ANGIOEDEMA IN PRONTO SOCCORSO

Dott Luca Dutto

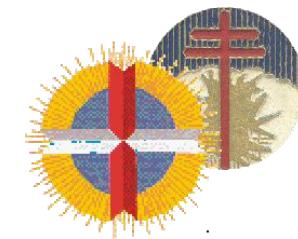
MCAU ASO S. Croce e Carle - Cuneo



# Disclosure of **Conflicts of Interest**

## Non-financial conflicts of interest

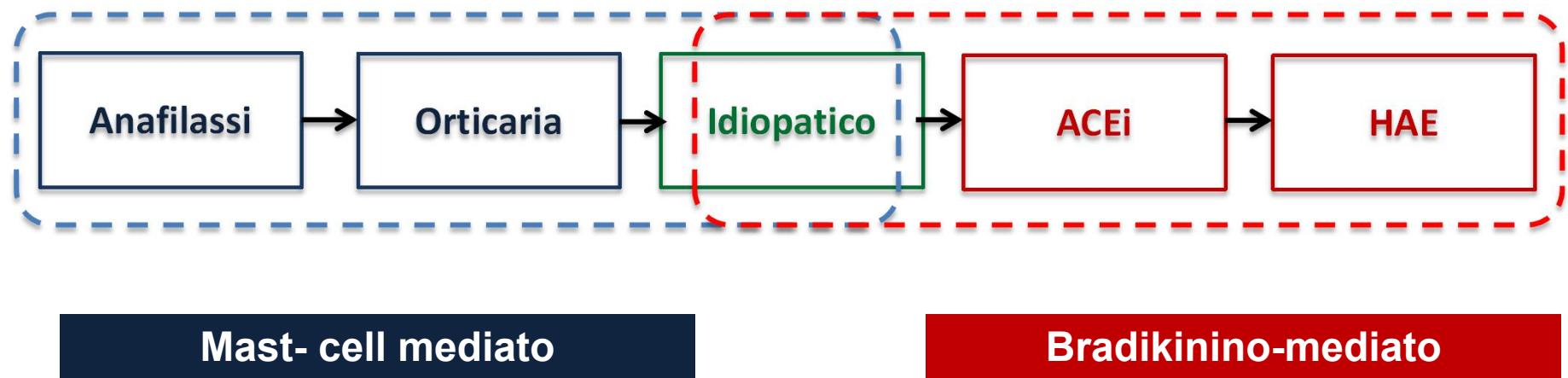
Luca Dutto MD



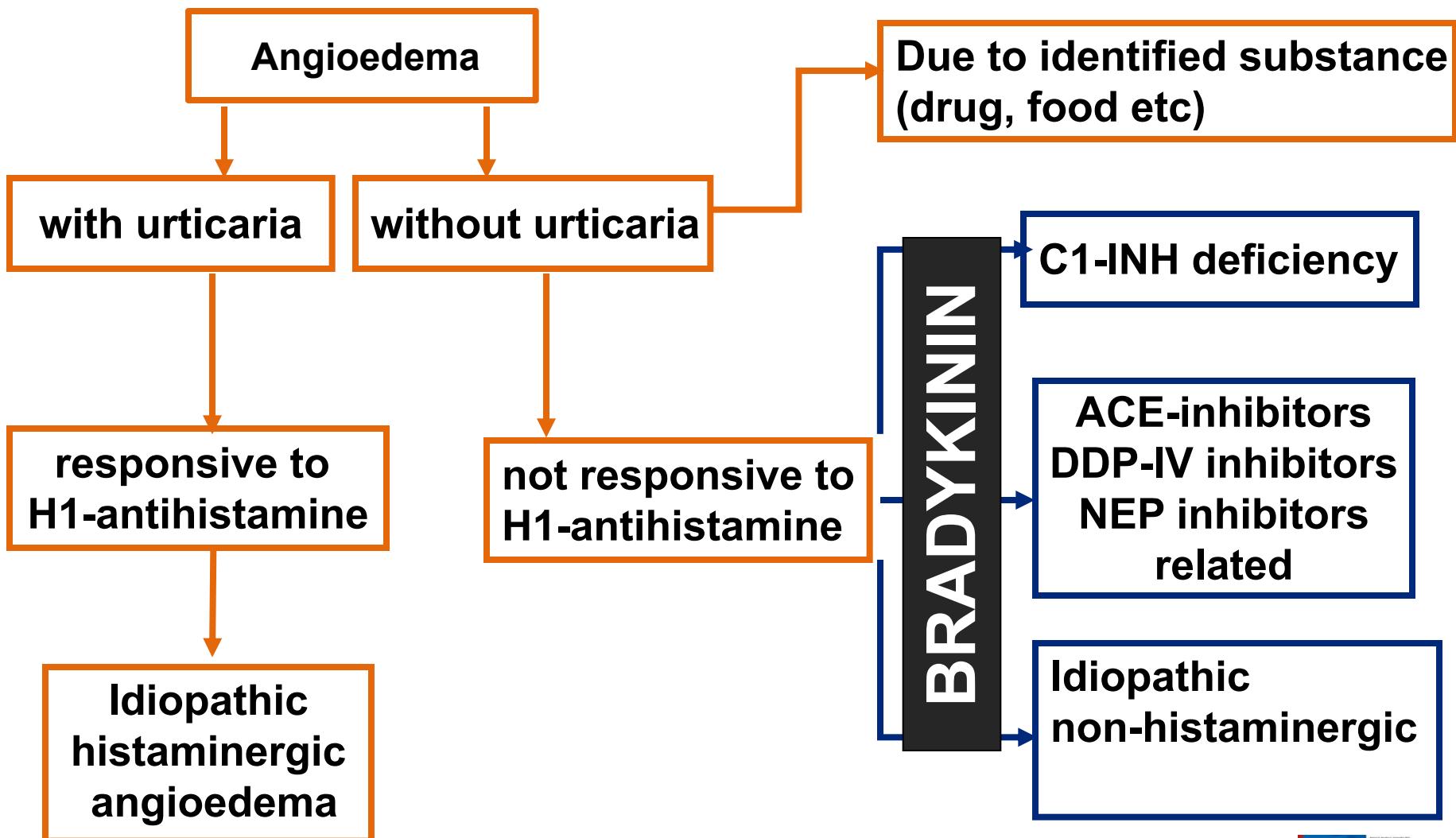
# **ANGIOEDEMA - Definizione**

**Improvviso e transitorio rigonfiamento di  
una zona limitata di derma, tessuto  
sottocutaneo, mucosa e sottomucosa,  
accompagnato o meno da orticaria**

# Angioedema – Diagnosi differenziale



# Classificazione Angioedema



## Istamino-mediato

## Bradikinino-mediato

Edema labbra/lingua

Edema laringeo

Edema volto

Dolore addominale

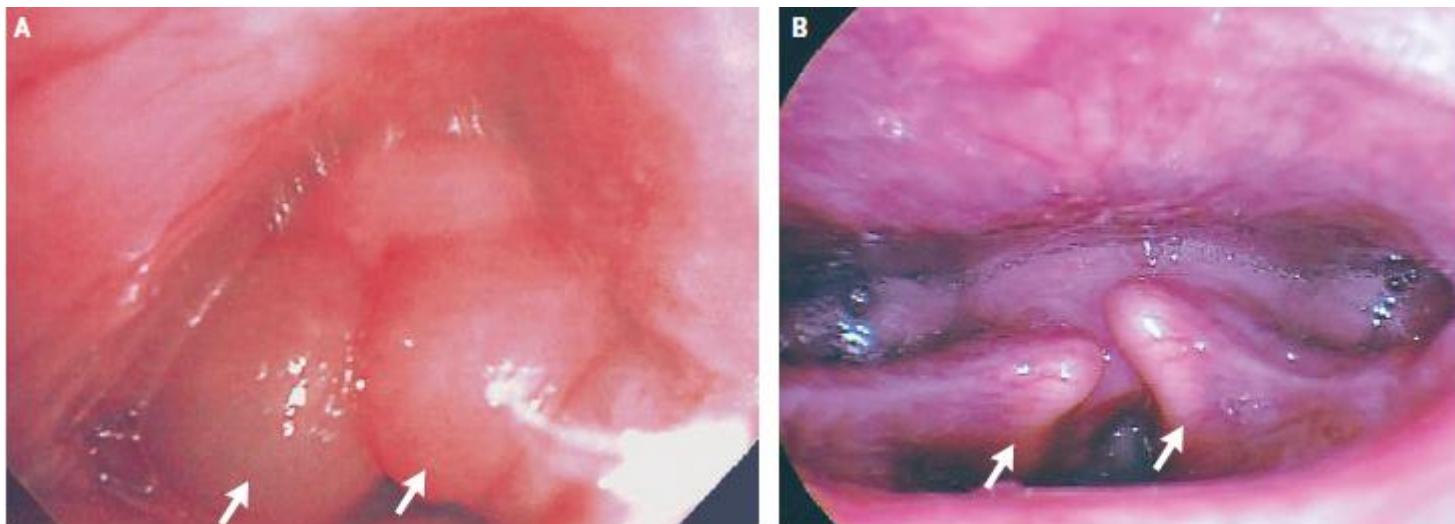
Nausea e vomito



The NEW ENGLAND  
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IMAGES IN CLINICAL MEDICINE

## Angioedema of the Arytenoids



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## Istamino-mediato

Prurito

Orticaria

Rapida insorgenza

Adrenalina

Ipotensione/shock

Wheezing

## Bradikinino-mediato

Edema labbra/lingua

Edema laringeo

Edema volto

Dolore addominale

Nausea e vomito

# Orticaria



## Istamino-mediato

Prurito

Orticaria

Rapida insorgenza

Adrenalina

Ipotensione/shock

Wheezing

## Bradikinino-mediato

Edema labbra/lingua

Edema laringeo

Edema volto

Dolore addominale

Nausea e vomito

Gonfiore addominale

Edemi periferici

Edemi genito-urinari

# Attacchi addominali

- Rigonfiamento della mucosa intestinale descritto nell'70-80% dei pazienti affetti
- Subocclusione intestinale e addome acuto
- Interventi chirurgici inappropriate
- Radiologia utile nella diagnosi

Abdominal Swelling



Post-abdominal Swelling





# Attacchi cutanei



- **Edema cutaneo sintomo frequente nell' HAE**
- **I pazienti percepiscono dapprima formicolio e stiramento della cute**
- **Alcuni presentano un rash non pruriginoso chiamato eritema marginato**

US Hereditary Angioedema Association. [www.haeimages.com](http://www.haeimages.com).



- **Angioedema si sviluppa per ore**
- **Il gonfiore provoca limitazione funzionale**
- **Risoluzione dell'edema in 2-3 giorni ma può durare di più**

Binotto MS, et al. *Images Paediatr Cardiol.* 2002;11:12-31.  
<http://www.health.gov.mt/impaedcard/issue/issue11/1231/1231.htm>.

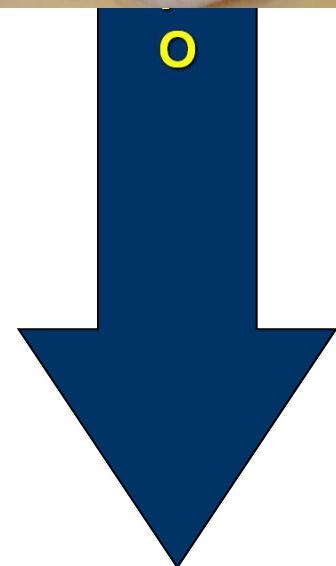
# Sindrome Orale Allergica (SOA)

Cross reazione tra antigeni inalanti e proteine vegetali

Cavità orale e faringe (gusto metallico, prurito ed edema delle labbra e mucose).

Edema laringeo (tosse secca ed abbaIANte, disfonia e disfagia)

Nausea, dolore addominale colico, vomito, diarrea





*Everything You Need to Know About.*

# ORAL ALLERGY SYNDROME

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## BETULLA



Rosaceae



Soybean Peanut  
Fabaceae  
(old Leguminosae)



Hazelnut  
Betulaceae

## AMBROSIA



Cucurbitaceae



Banana  
Musaceae

## ARTEMISIA



Apiaceae



Bell pepper  
Solanaceae



Black pepper  
Piperaceae



Brassicaceae



Liliaceae

## GRAMINACEE



Cucurbitaceae



Peanut  
Fabaceae  
(old Leguminosae)



White potato Tomato  
Solanaceae

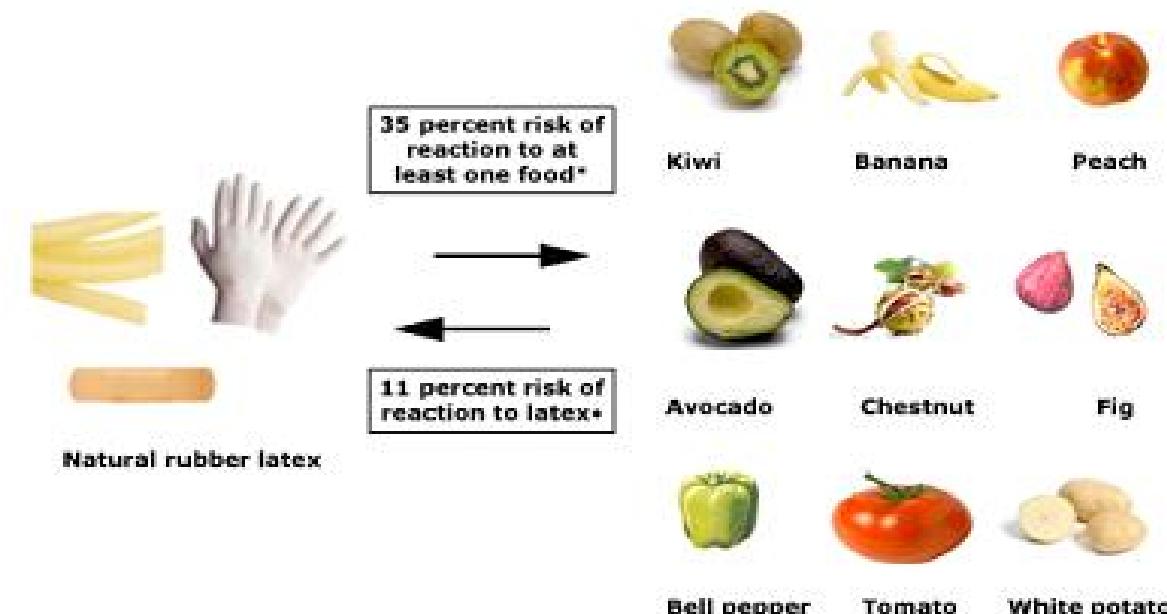
## CODA DI GATTO



Amaranthaceae



Rutaceae

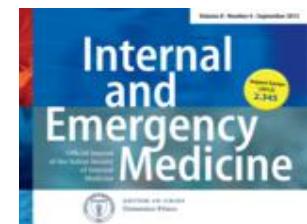


**Cross-reactivity between aeroallergens and food allergens. World J of Methodology. June 2015**

# ANGIOEDEMA Valutazione primaria

**Table 1** Criteria for the initial evaluation of angioedema severity at presentation to the emergency department

Triage tag	Symptoms
Red Life-threatening condition	Swelling of face, oral cavity, or neck with one of the following: Dysphonia Retraction or stridor Respiratory distress Oxygen desaturation
Yellow Not life-threatening	One of the following: Swelling of face, oral cavity, pharynx, or neck Recurrent angioedema and abdominal pain Dysphagia Perception of swollen throat
Green Mild severity	Swelling of extremities and genitals



**Cicardi M et al IEM 2014**

# Vie aeree prossimali



Lingu

e

Bork K, et al. *Am J Med.* 2006;119(3):267-274.

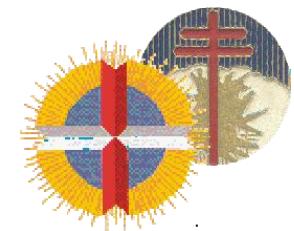
# Angioedema in DEA

## ASO S. Croce e Carle Cuneo

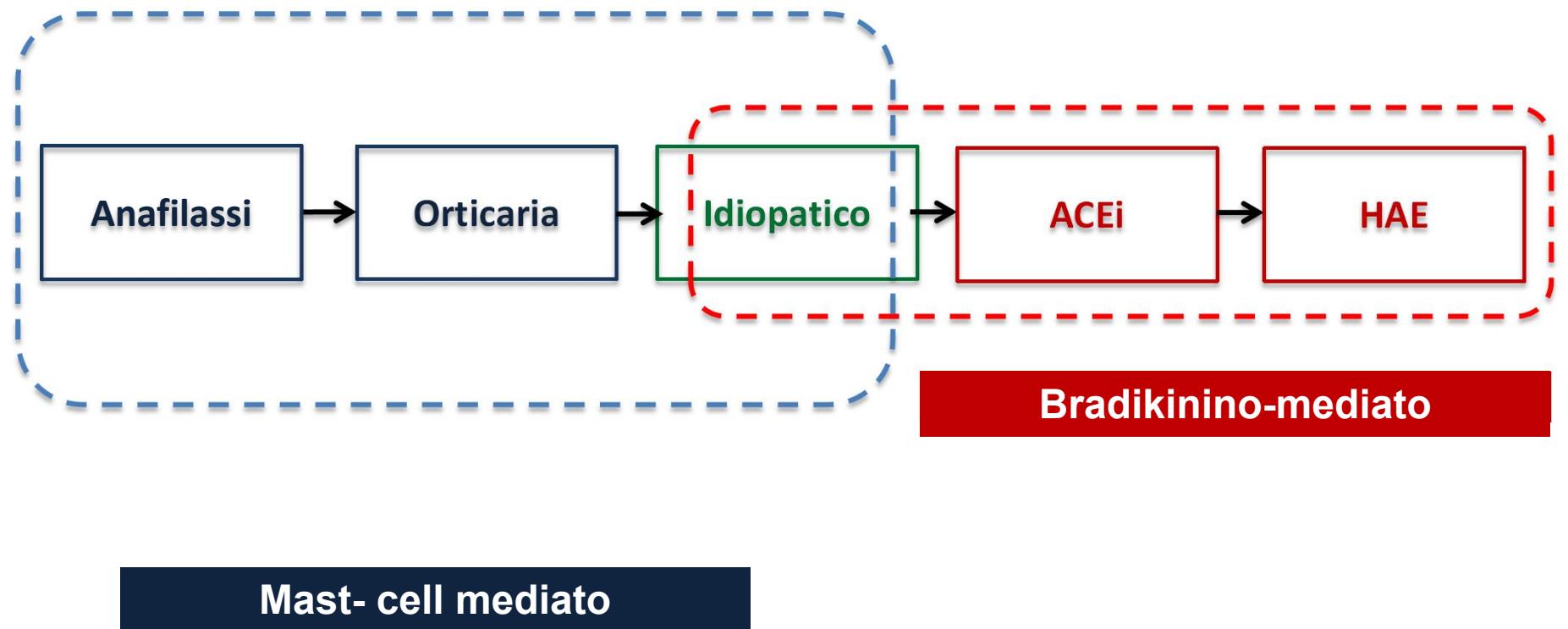
### 2013-2015



Angioedema senza orticaria	N° (%)
Codice Bianco	1 (1.6)
Codice Verde	27 (45.0)
Codice Giallo	29 (48.3)
Codice Rosso	3 (5.0)
	60



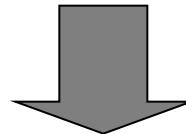
# Angioedema – Diagnosi differenziale



# **ANAFILASSI Trattamento**

**ADRENALINA**

**1/1000 1 mg/ml**



**VIA INTRAMUSCOLARE**

**Dose 0.3 - 0.5 mg**

**RIPETIBILE DOPO 5-15 MINUTI SE INEFFICACE**

# **ANAFILASSI Trattamento**

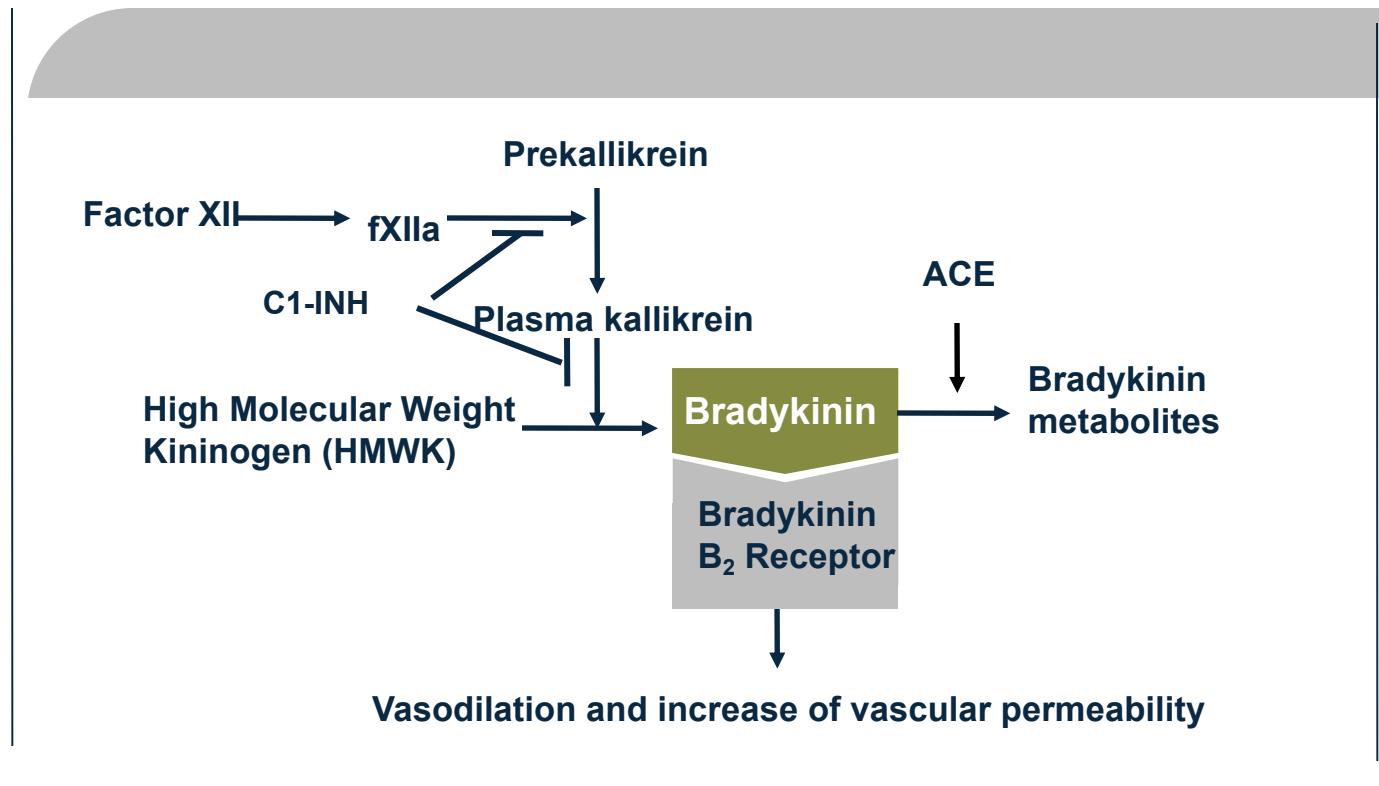
## **SOMMINISTRAZIONE DI FLUIDI**

**CRISTALLOIDI/COLLOIDI**  
**1000 cc in bolo rapido (10 min)**  
**ripetibili se necessario**



# Angioedema bradichinino-mediato

Angioedema provocato dall'accumulo di plasmatico di **BRADICHININA**

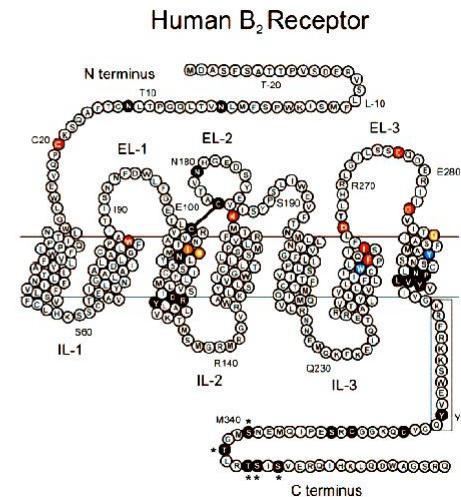
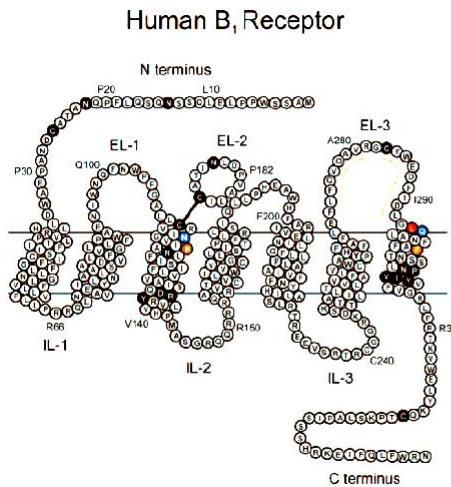


ACE=angiotensin converting enzyme, C1-INH = C1-esterase-inhibitor

# Bradichinina

- Nanopeptide ad azione vasodilatatrice
- Incremento della permeabilità vascolare
- Generato dall'attivazione del sistema di contatto

Arg-Pro-Pro-Gly-Phe-Ser-Pro-Phe-Arg



# Hereditary Angioedema

Bruce L. Zuraw, M.D.

1 caso ogni 50000 persone

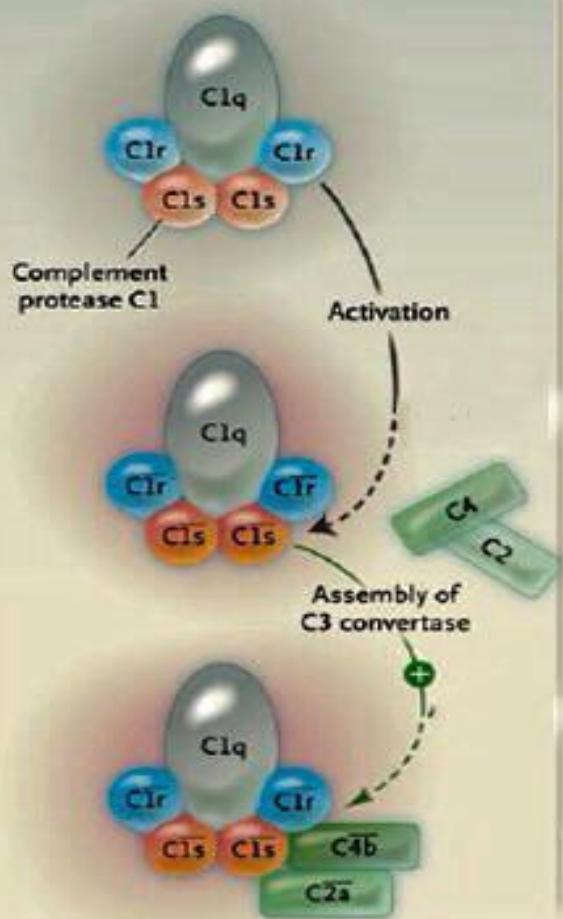
Esordio in età infantile

Media di attacchi 7-14 giorni

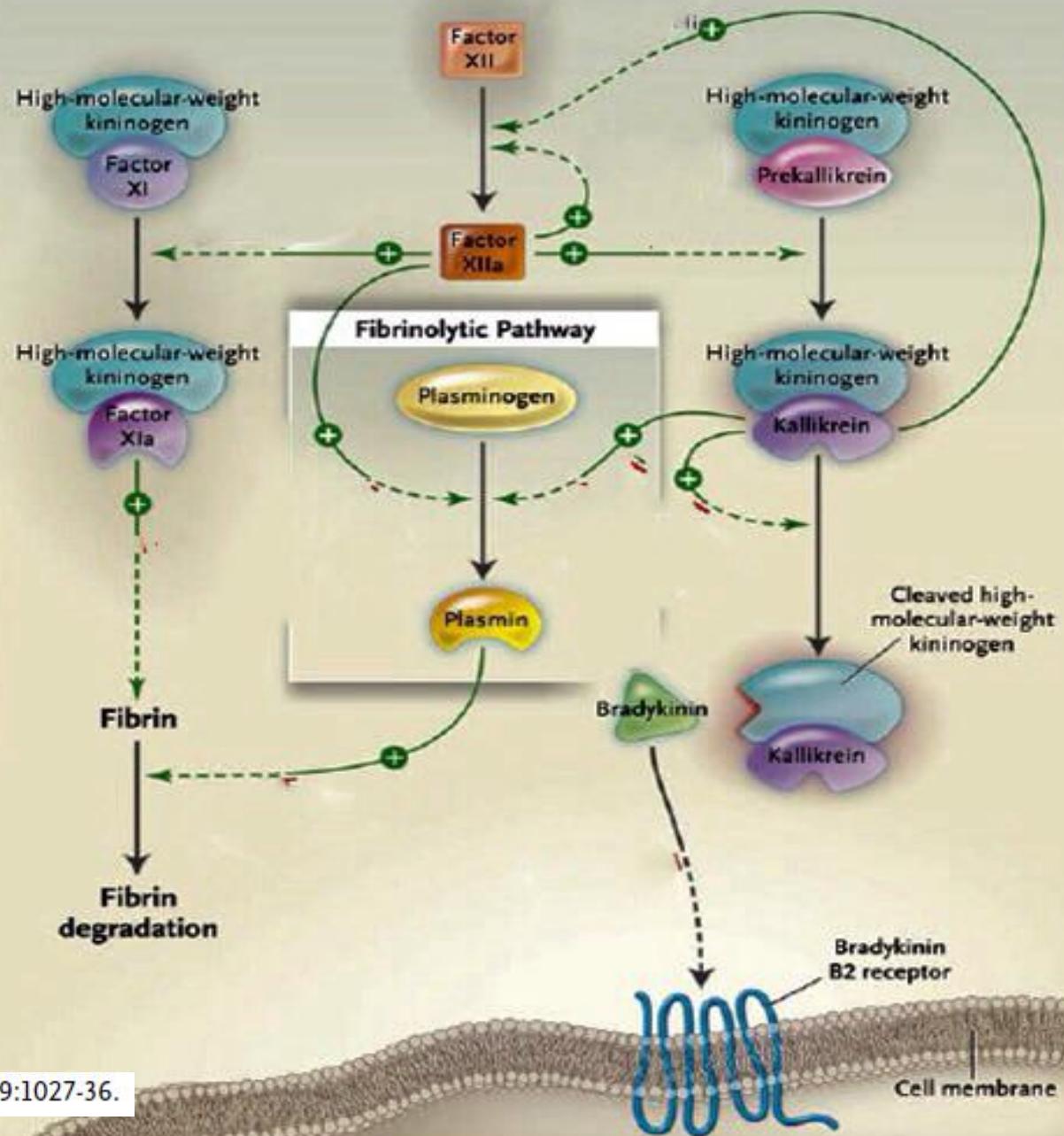
# **C1- inibitore (C1ohn)**

- **Inibitore di proteasi del Complemento**
- **Inibitore delle proteasi del sistema di contatto**
- **Inibitore della plasmina**  
(azione anti-fibrinolitica)

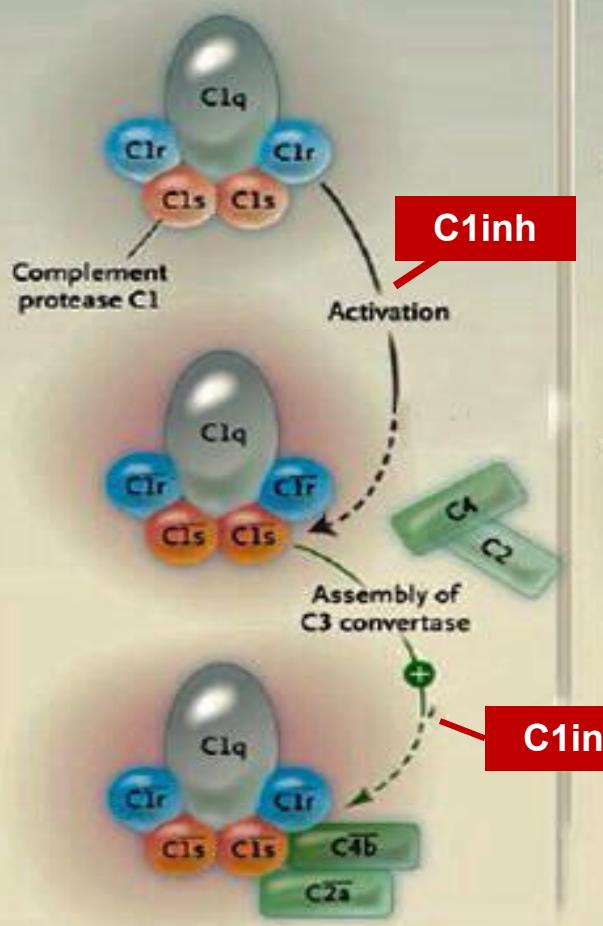
## Complement Pathway



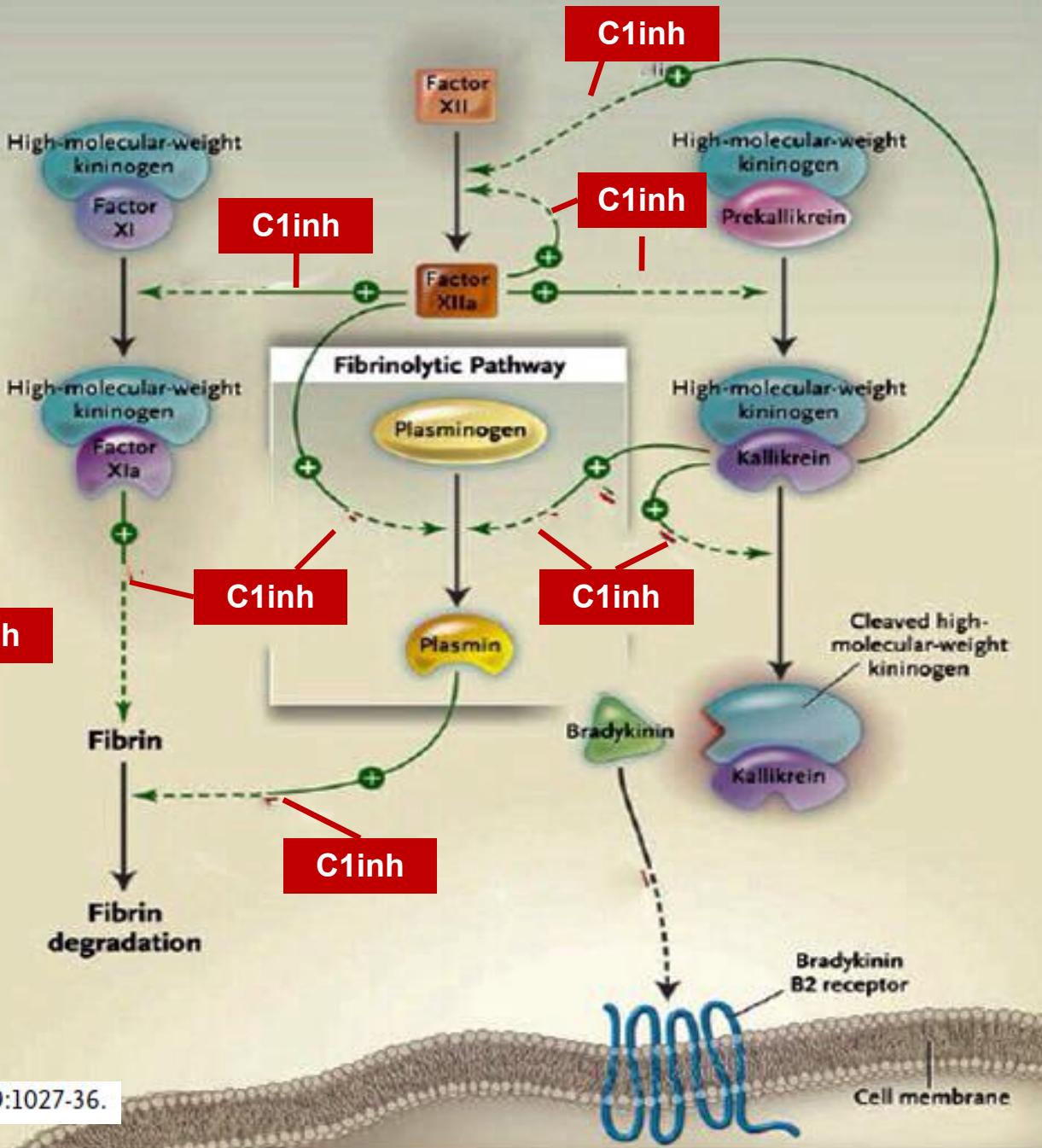
## Contact Activation Pathway



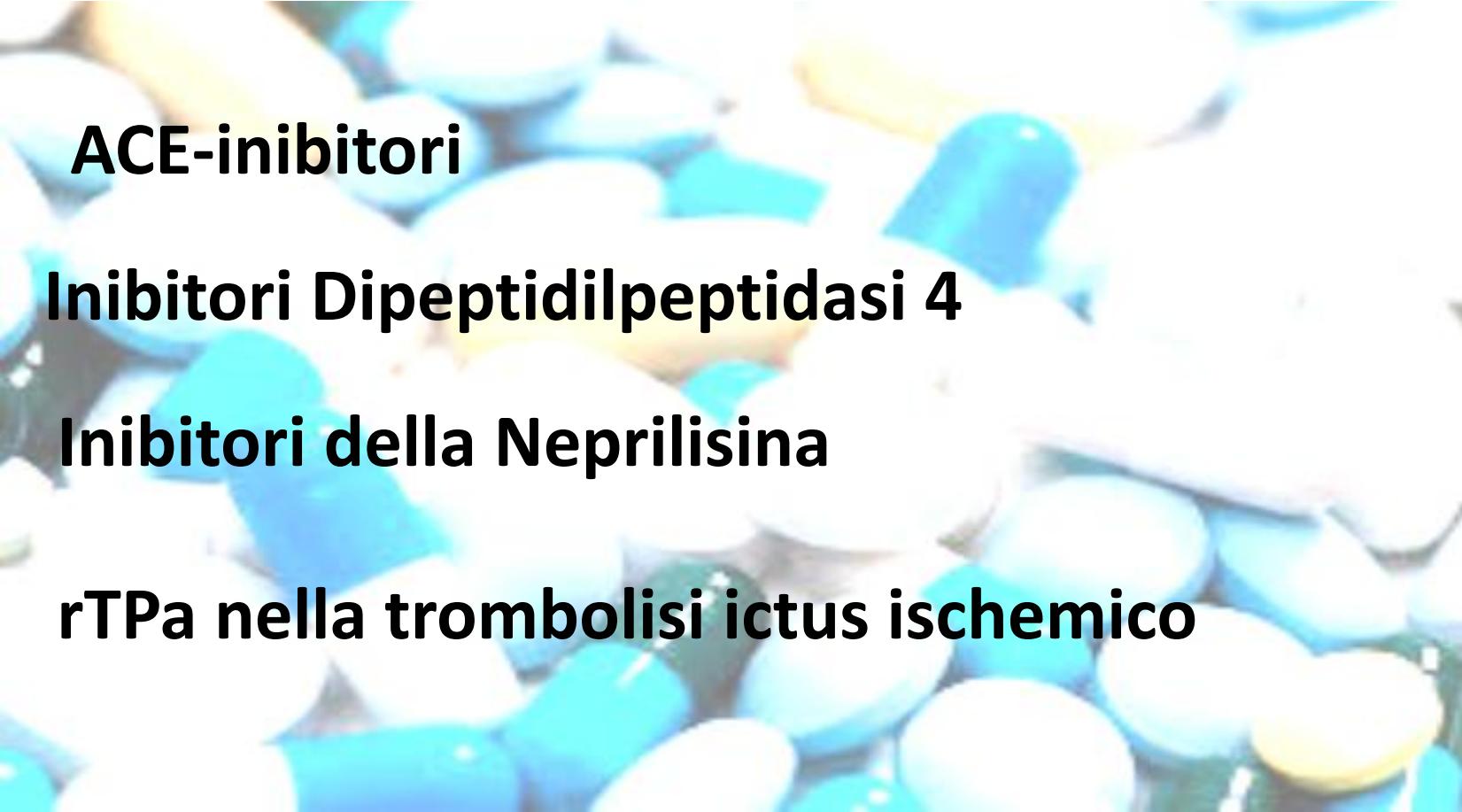
## Complement Pathway



## Contact Activation Pathway



# **Angioedema bradichino-mediato**



**ACE-inibitori**

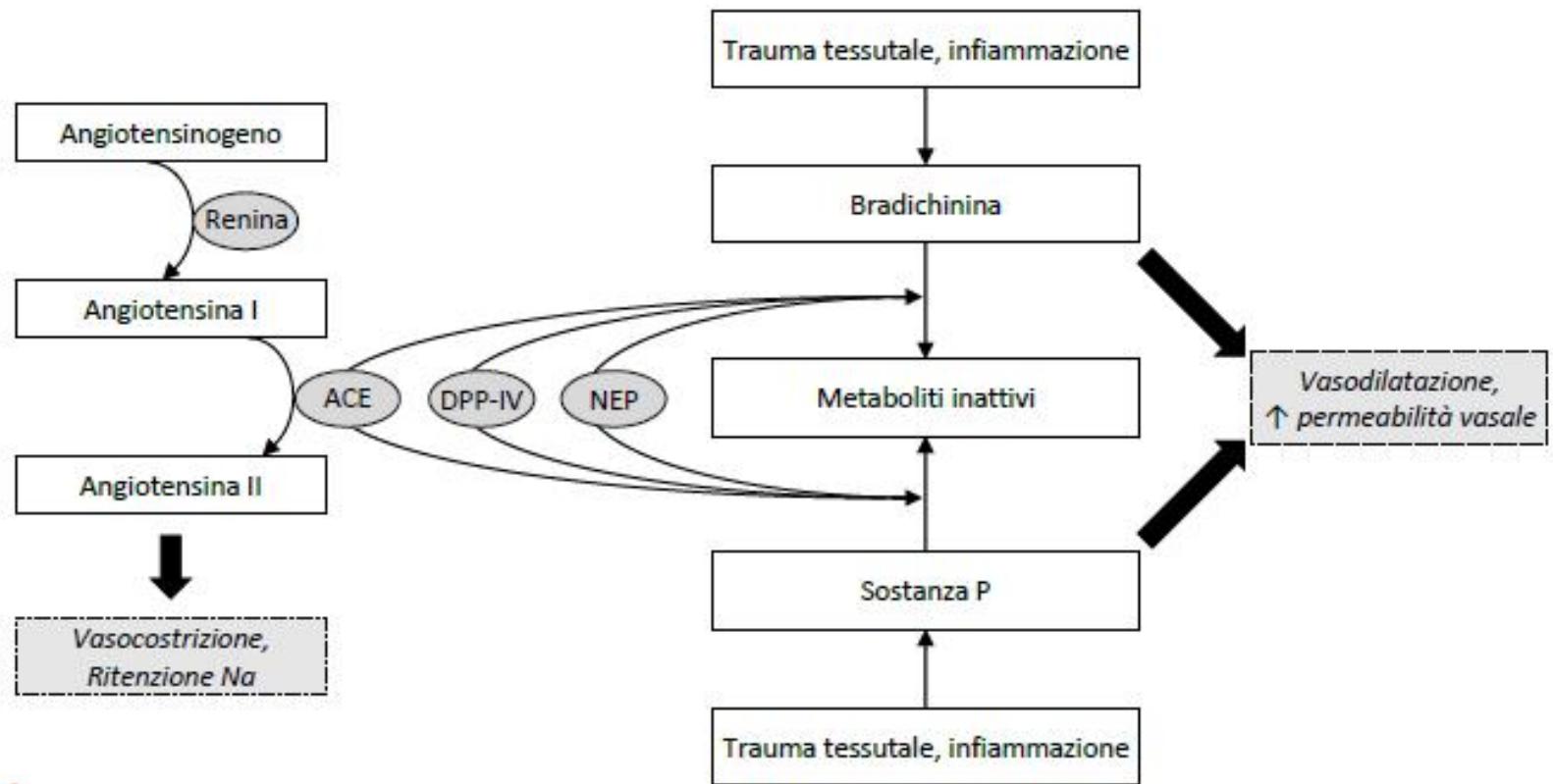
**Inibitori Dipeptidilpeptidasi 4**

**Inibitori della Neprilisina**

**rTPa nella trombolisi ictus ischemico**

# Bradichinina e Sostanza P

## Catabolismo



# **Angioedema bradichino-mediato**



**ACE-inibitori**

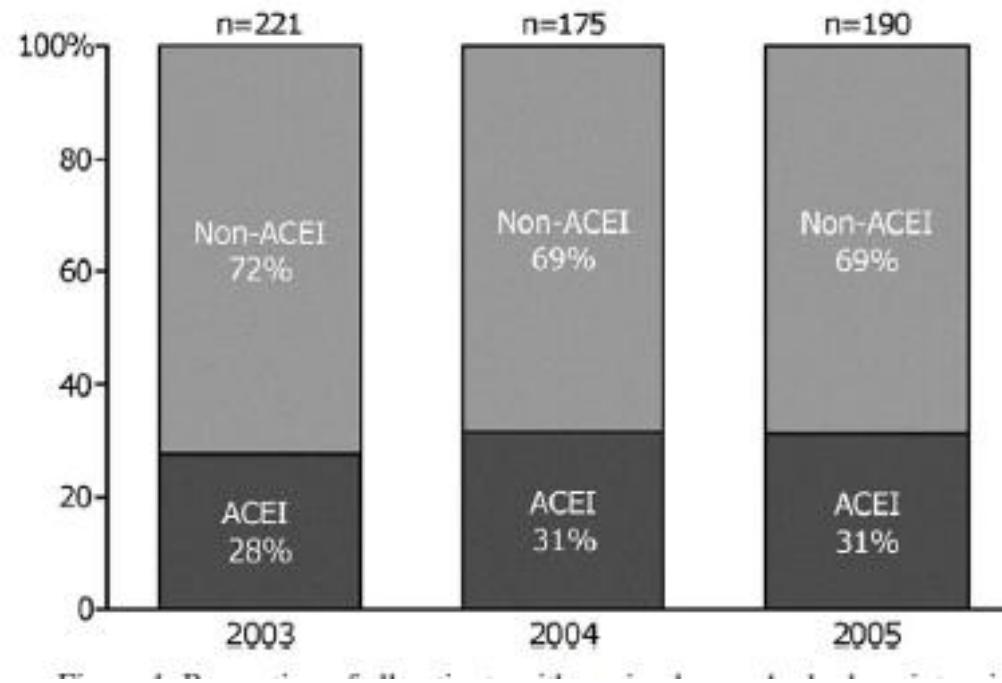
**Inibitori Dipeptidilpeptidasi 4**

**Inibitori della Neprilisina**

**rTPa nella trombolisi ictus ischemico**

# Multicenter study of patients with angiotensin-converting enzyme inhibitor–induced angioedema who present to the emergency department

Aleena Banerji, MD\*; Sunday Clark, MPH, ScD†; Michelle Blanda, MD‡; Frank LoVecchio, DO§; Brian Snyder, MD||; and Carlos A. Camargo Jr, MD, DrPH¶



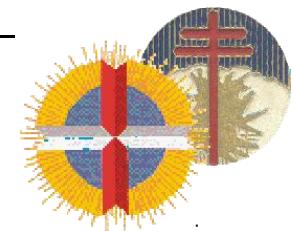
# Angioedema in DEA

ASO S. Croce e Carle Cuneo  
2013-2015



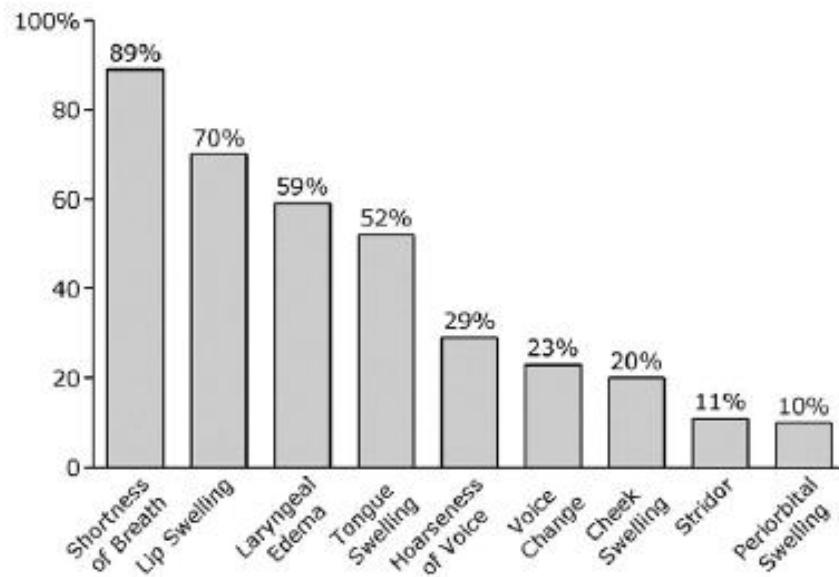
## Angioedema senza orticaria N° (%)

ACE-Inibitori	24 (40.0)
Sartani	3 (5.0)
FANS	2 (3.3)
Idiopatici	19 (31.6)
Altri farmaci	10 (16.6)
HAE	2 (3.3)
	60



# Multicenter study of patients with angiotensin-converting enzyme inhibitor–induced angioedema who present to the emergency department

Aleena Banerji, MD\*; Sunday Clark, MPH, ScD†; Michelle Blanda, MD‡; Frank LoVecchio, DO§; Brian Snyder, MD||; and Carlos A. Camargo Jr, MD, DrPH¶



- **Edema labbra e lingua 90 %**
- **Dispnea 90 %**
- **Stridore 29 %**
- **Disfagia 20 %**
- **Tosse 11 %**
- **Scialorrea 18 %**
- **Prurito 13 %**

MANCA L'ORTICARIA

*Ann Allergy Asthma Immunol.* 2008;100:327–332.

# **Angioedema da ACE inibitori**

**Incidenza 0.1- 0.2% dei pazienti trattati**

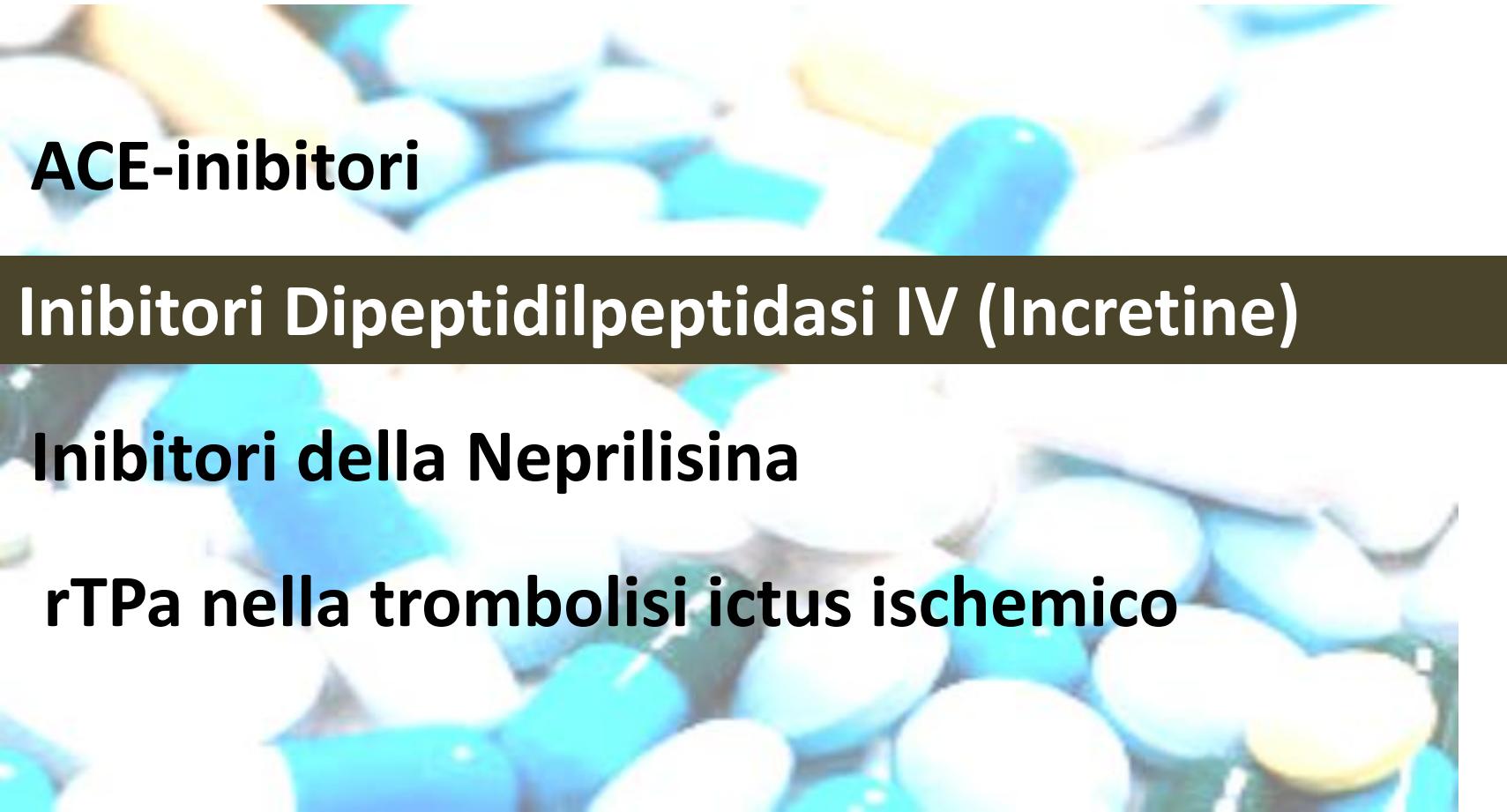
**Latenza da 1 giorno a 5 anni**

**Nella metà dei casi si manifesta entro 1 mese  
dall'inizio della terapia**

**Nei 3/4 dei casi dopo 2 mesi**

**Nel 25 % dei casi tra 6 mesi e 5 anni**

# **Angioedema bradichino-mediato**



**ACE-inibitori**

**Inibitori Dipeptidilpeptidasi IV (Incretine)**

**Inibitori della Neprilisina**

**rTPa nella trombolisi ictus ischemico**

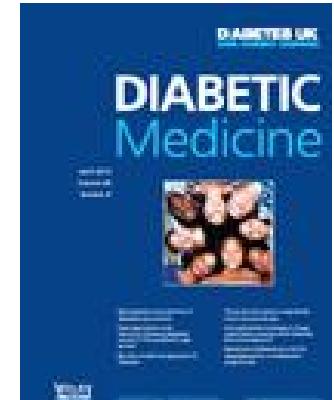
# Dipeptidil peptidasi IV (DPP-IV)

- Inattiva Glucagone-like peptide 1 (GLP-1)
- Inattiva il polipeptide insulinotropo glucosio-dipendente (GIP)

## Inibitori DPP-IV

- } Aumentano la concentrazione di GLP-1 e GIP
- } Stimolazione secrezione insulinica e soppressione rilascio di glucagone
- } Riduzione glicemia nel diabete tipo 2

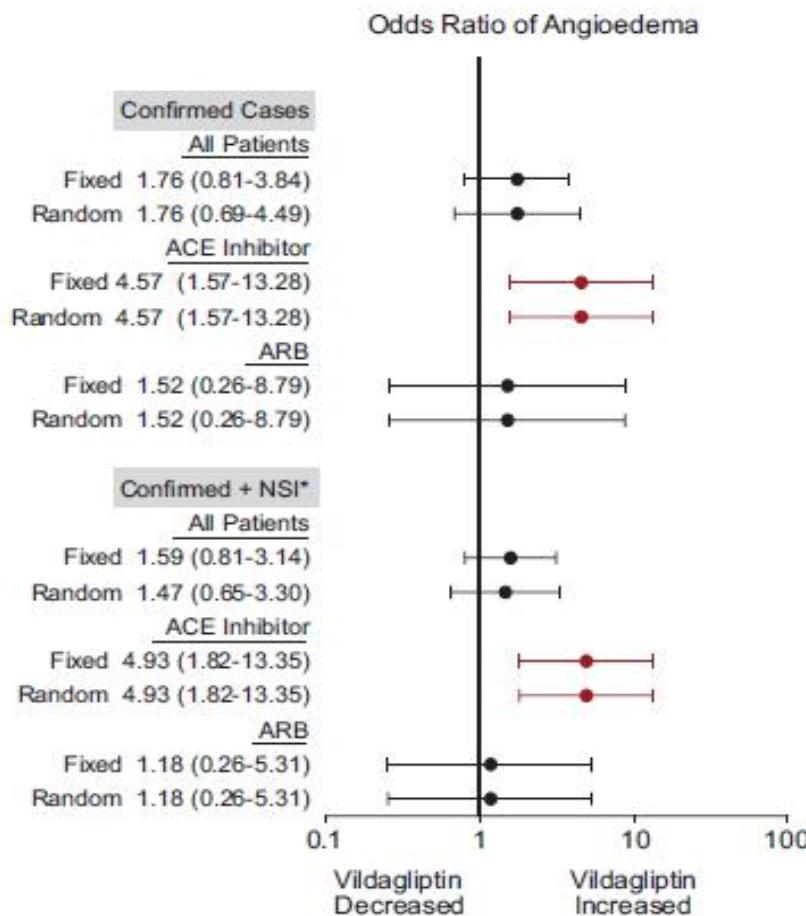
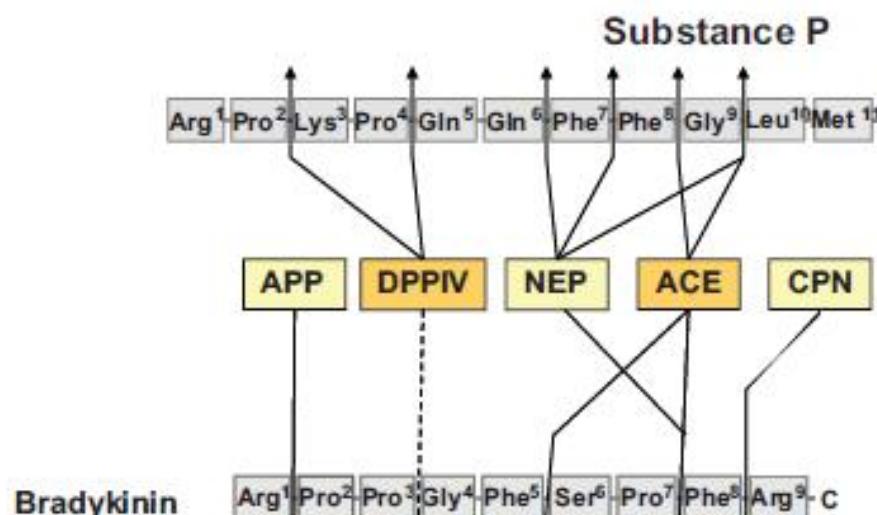
# Dipeptidyl peptidase-4 inhibitors and angioedema: a class effect ? Saisho Y et al



**DPP-IV inhibitor use may be associated with an increased risk of angioedema in diabetic patients who take an ACE inhibitor concurrently**

# Dipeptidyl Peptidase-IV Inhibitor Use Associated With Increased Risk of ACE Inhibitor-Associated Angioedema

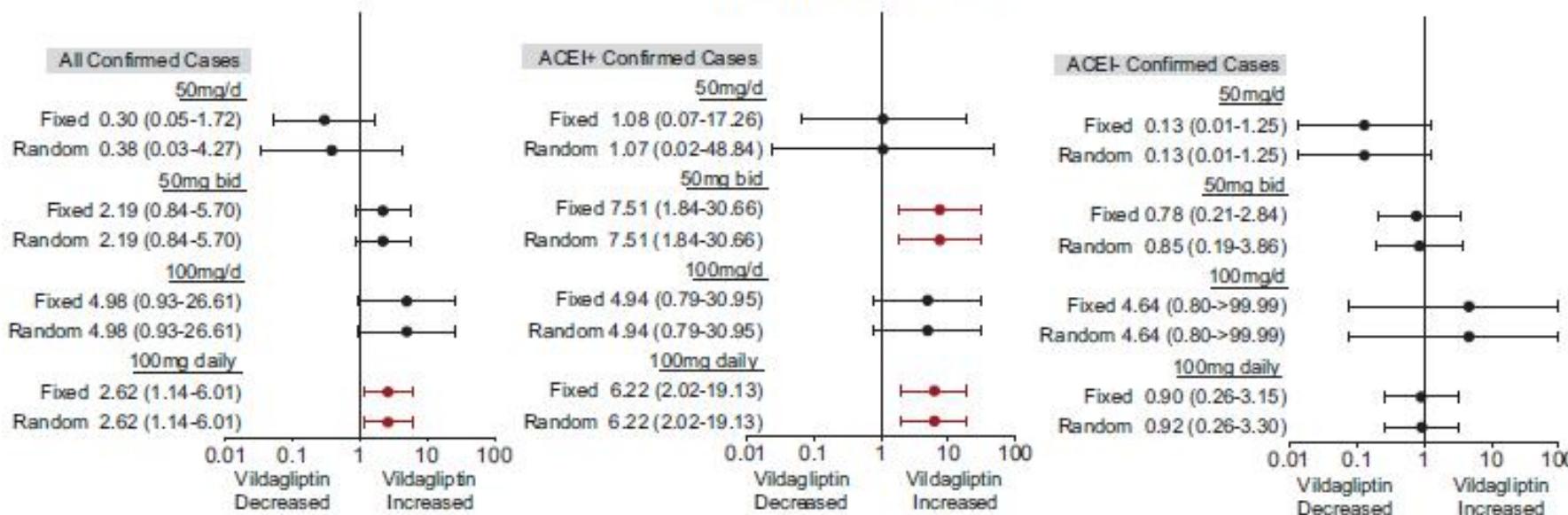
Nancy J. Brown, Stuart Byiers, David Carr, Mario Maldonado, Barbara Ann Warner



# Dipeptidyl Peptidase-IV Inhibitor Use Associated With Increased Risk of ACE Inhibitor-Associated Angioedema

Nancy J. Brown, Stuart Byiers, David Carr, Mario Maldonado, Barbara Ann Warner

Odds Ratio of Angioedema



# **Angioedema bradichino-mediato**

**ACE-inibitori**

**Inibitori Dipeptidilpeptidasi 4**

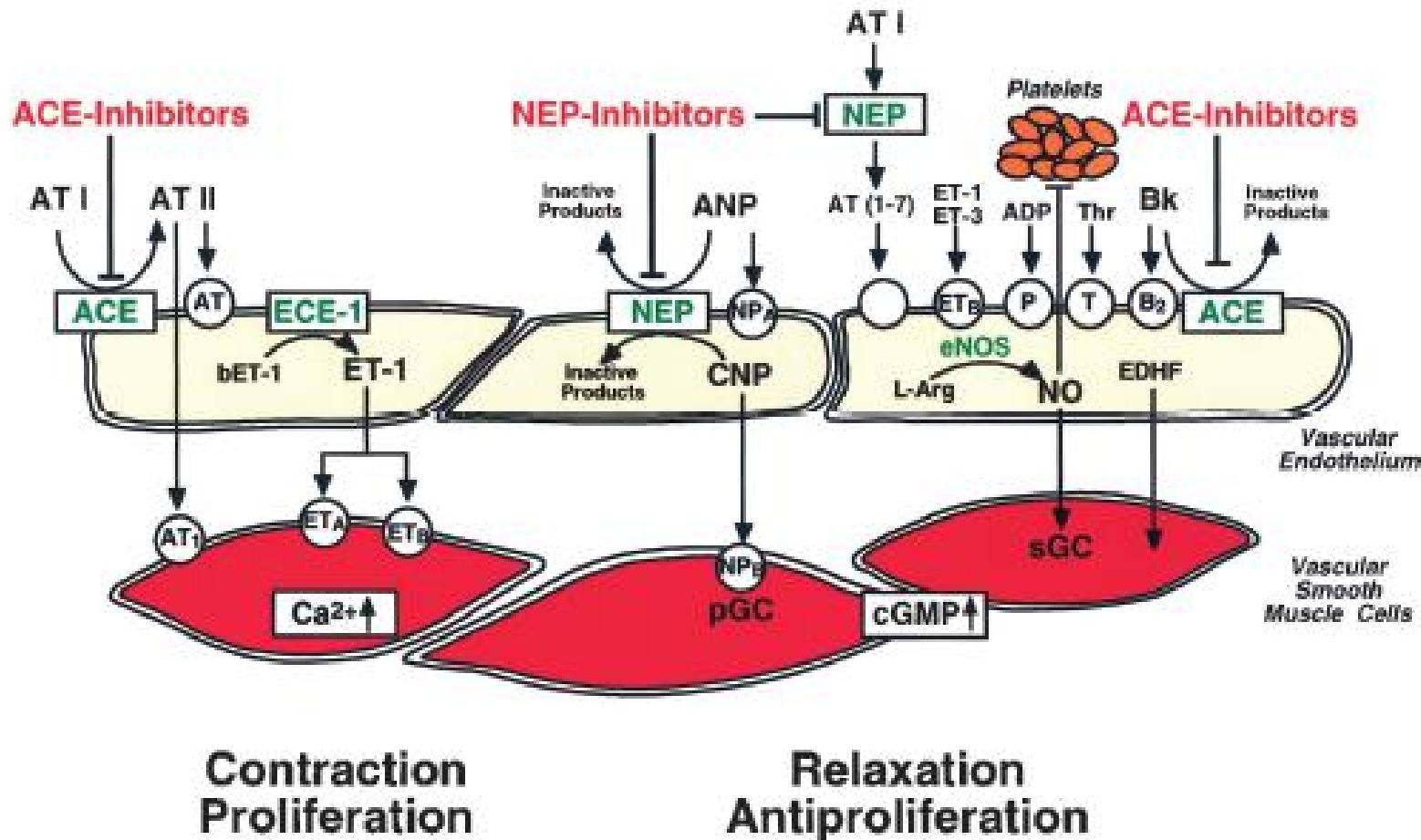
**Inibitori della Neprilisina**

**rTPa nella trombolisi ictus ischemico**

# Vasopeptidase Inhibitors

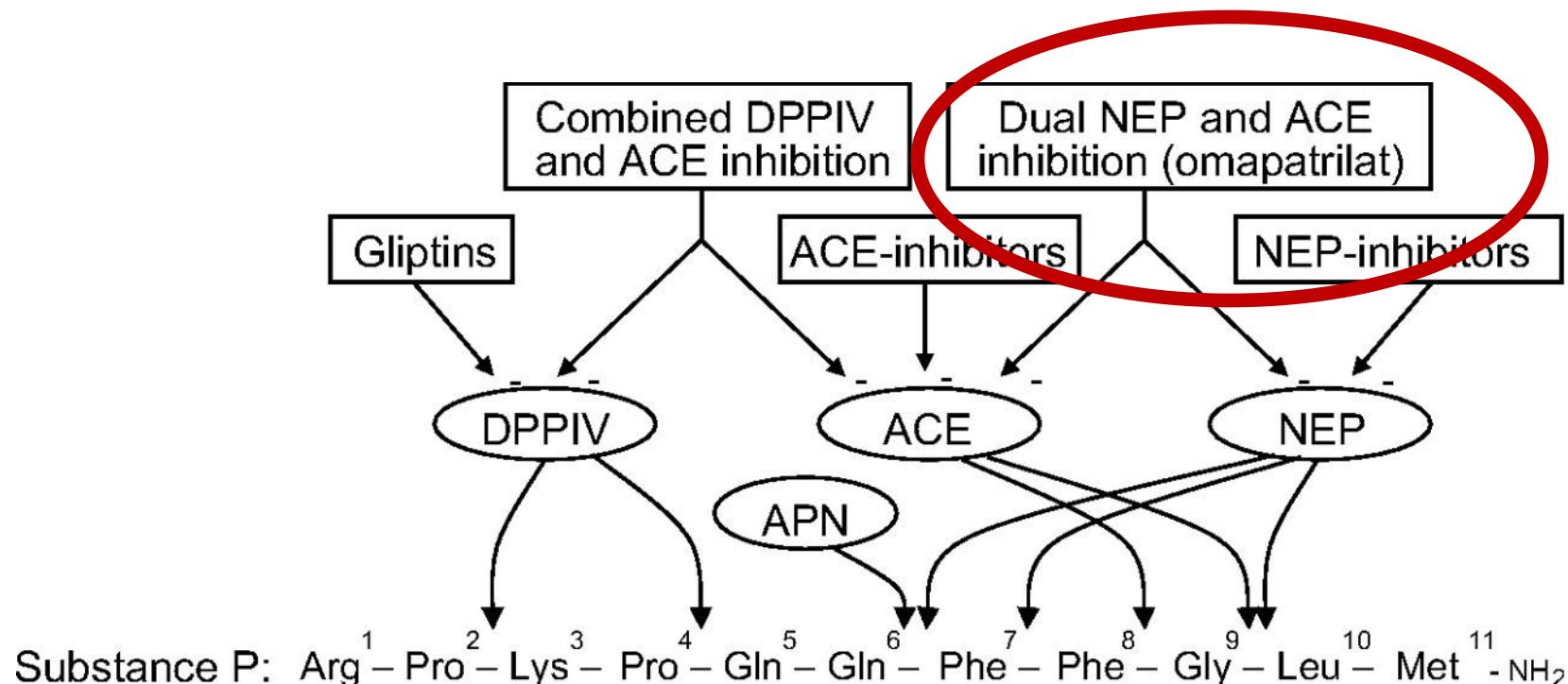
## A New Therapeutic Concept in Cardiovascular Disease?

Roberto Corti, MD; John C. Burnett, Jr, MD; Jean L. Rouleau, MD;  
Frank Ruschitzka, MD; Thomas F. Lüscher, MD



(Circulation. 2001;104:1856-1862.)

**Figure. Schematic showing cleavage of substance P by peptidases.**



Grouzmann E et al. Hypertension. 2009;54:468-470

# The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

SEPTEMBER 11, 2014

VOL. 371 NO. 11

## Angiotensin–Neprilysin Inhibition versus Enalapril in Heart Failure

### Valsartan + Sacubitril

- LCZ696 was superior to enalapril in reducing the risks of death and of hospitalization for heart failure.
- The LCZ696 group had higher proportions of patients with hypotension and ***nonserious angioedema*** but lower proportions with renal impairment, hyperkalemia, and cough than the enalapril group.



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# **Angioedema bradichino-mediato**

**ACE-inibitori**

**Inibitori Dipeptidilpeptidasi 4**

**Inibitori della Neprilisina**

**rTPa nella trombolisi ictus ischemico**

# Angioedema after Administration of tPA for Ischemic Stroke: Case Report

Maertins M et al. Air Medical J



Angioedema lingua 20 min dopo R-TPA.

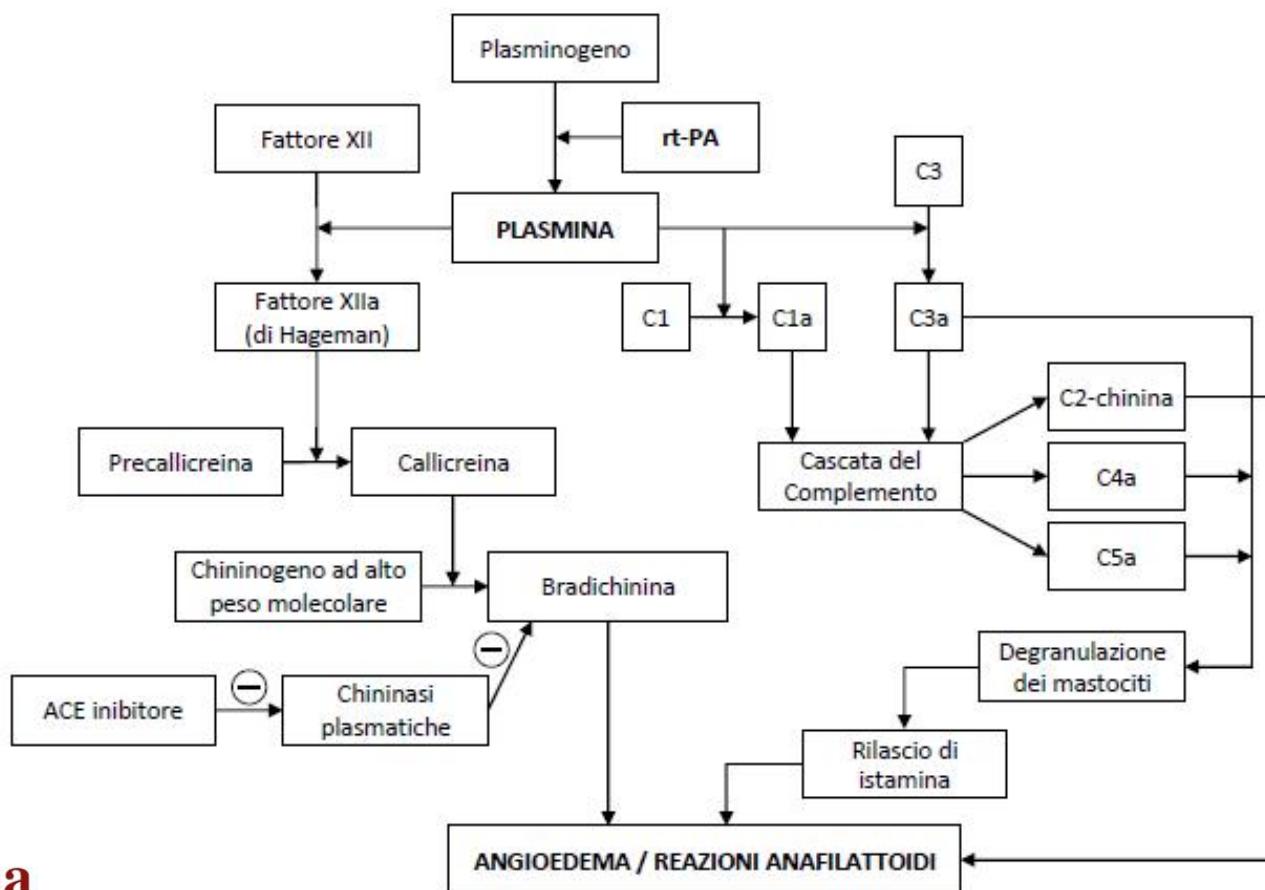
Trattato con antistaminico e CS con risoluzione in 2 ore circa

Complica l'1-2 % delle trombolisi per ictus, maggior rischio in chi assume ACE inibitori

Meccanismo misto istaminergico / bradichinergico + disautonomia correlata all'ictus (spesso coinvolge l'emilingua opposta al lato della trombosi)

# Meccanismo dell'AE da fibrinolisi

## Rolla G, Raie A



# Angioedema – Terapia “classica”

- Adrenalina im/aerosol
- Steroidi sistemicci ed inalatori
- Antistaminici

**Efficacia nell'angioedema associato ad orticaria**

**Scarsa efficacia nelle altre forme**

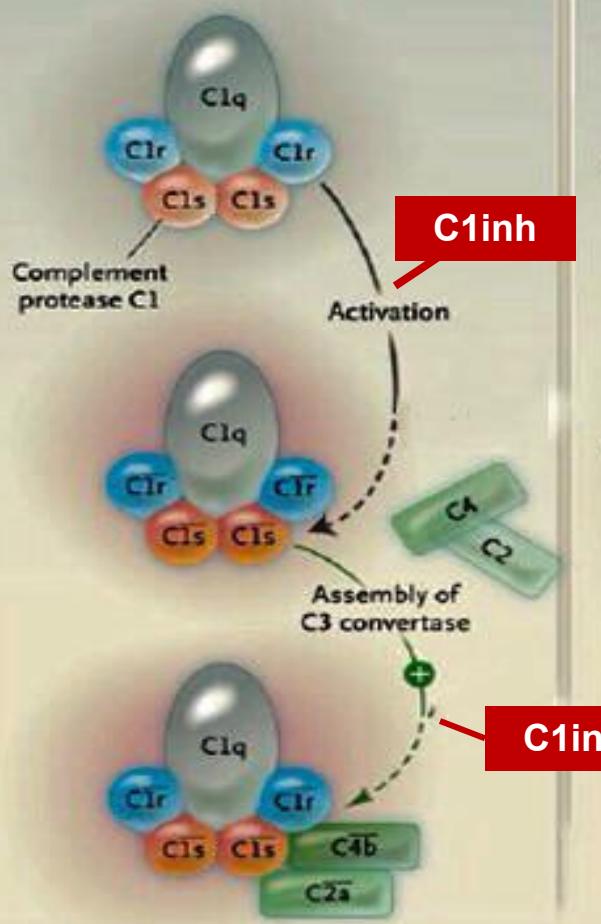
# Terapia attacco acuto HAE

TABLE 2

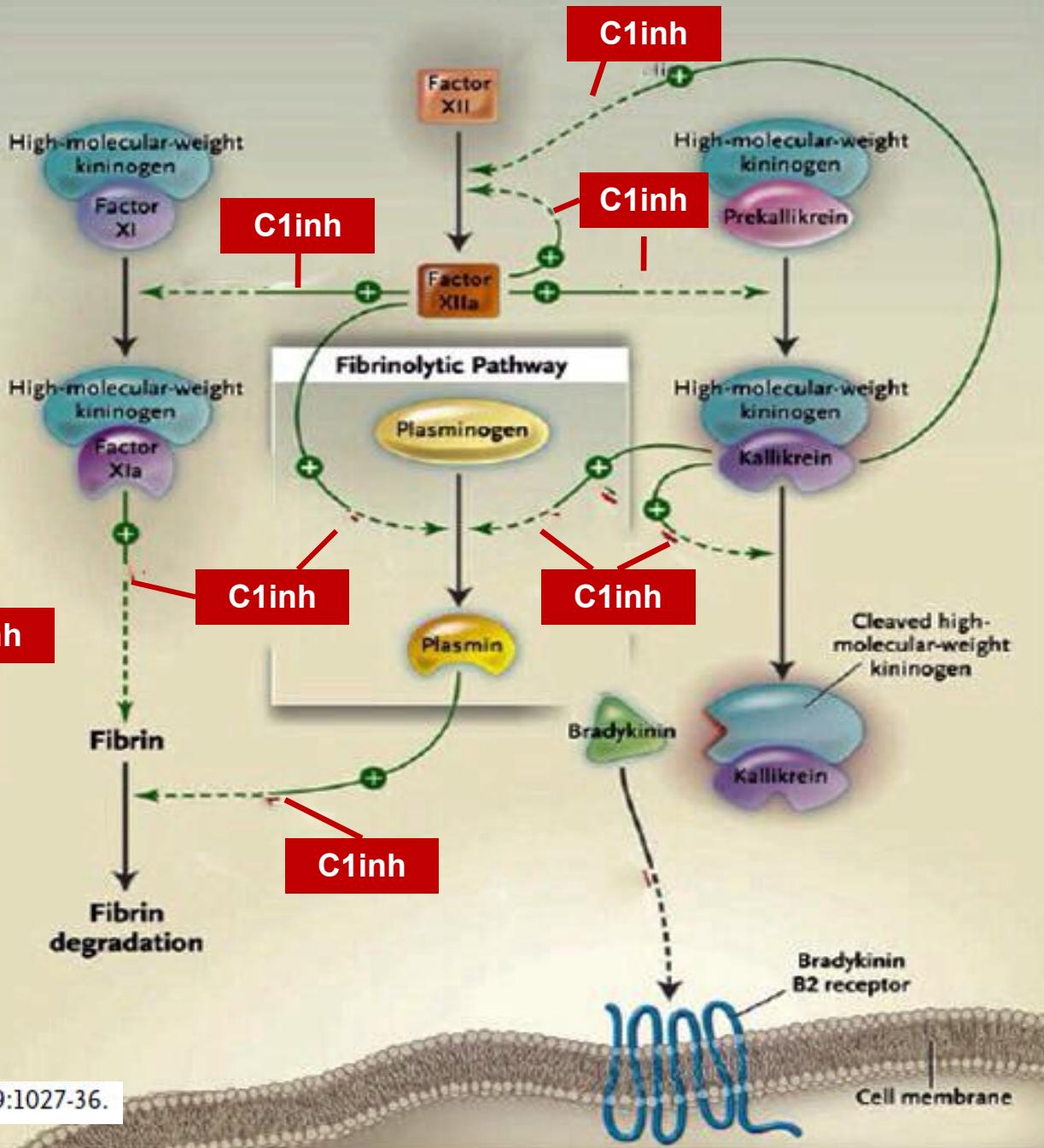
## Medications for acute attacks of hereditary angioedema

Drug	Approved	Self-dosing	Dosage
<b>Plasma-derived nanofiltered C1 inhibitor (Berinert)</b>	United States: adolescents and adults Europe: all ages	Yes	20 U/kg intravenously
<b>Plasma-derived nanofiltered C1 inhibitor (Cinryze, Cetor)</b>	Europe: adolescents and adults	Yes	1,000 U intravenously, with possibility of second dose of 1,000 U after 60 minutes
<b>Ecallantide (Kalbitor)</b>	United States: $\geq 16$ years old	No	30 mg subcutaneously
<b>Icatibant (Firazyr)</b>	United States and Europe: $\geq 18$ years old	Yes	30 mg subcutaneously
<b>Recombinant human C1 inhibitor (Rhucin)</b>	Europe: adults United States: pending	No	50 U/kg or 4,200 U intravenously, whichever dose is higher

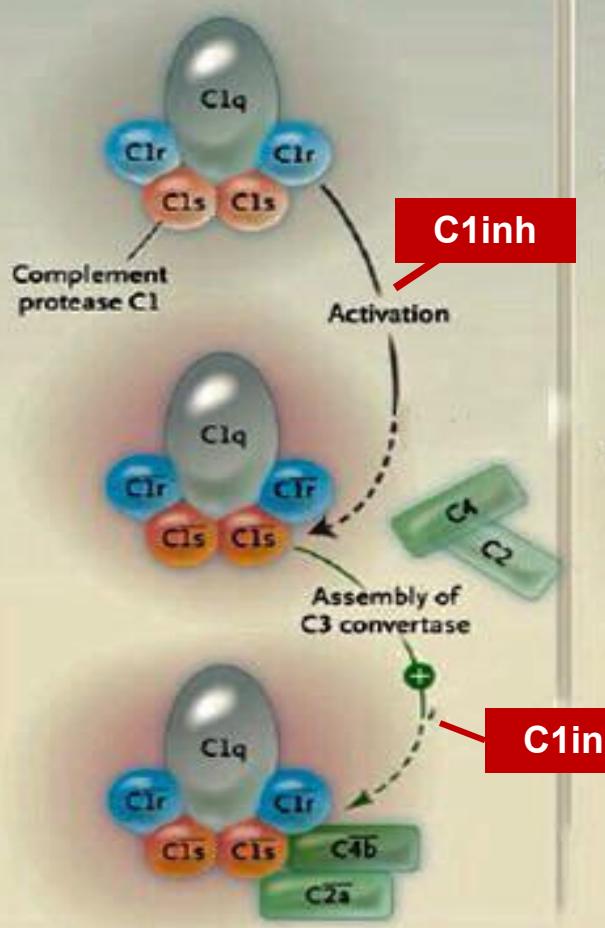
## Complement Pathway



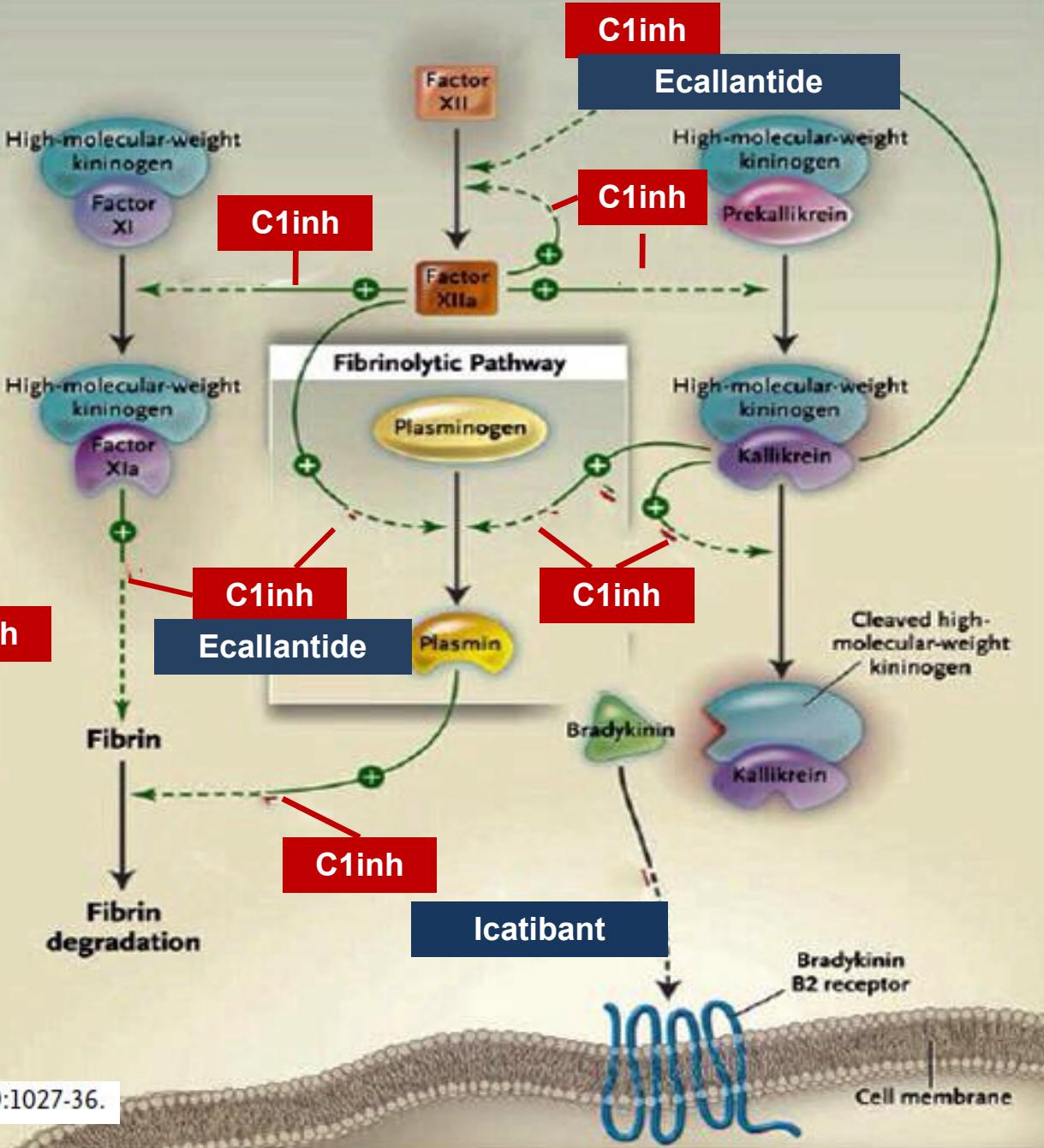
## Contact Activation Pathway



## Complement Pathway

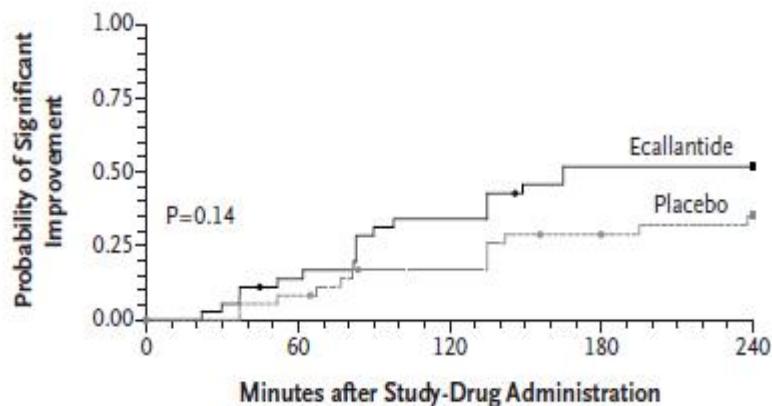


## Contact Activation Pathway



# Ecballantide for the Treatment of Acute Attacks in Hereditary Angioedema

Marco Cicardi, M.D., Robyn J. Levy, M.D., Donald L. McNeil, M.D.,  
 H. Henry Li, M.D., Ph.D., Albert L. Sheffer, M.D.,  
 Marilyn Campion, M.S., Patrick T. Horn, M.D., Ph.D.,  
 and William E. Pullman, M.B., B.S., Ph.D., F.R.A.C.P.



In summary, we compared the effect of the recombinant plasma kallikrein inhibitor ecballantide with that of placebo in treating acute attacks of angioedema in patients with hereditary angioedema. At 4 hours after study-drug administration, the treatment outcome score, a patient-reported outcome measure, was significantly better with ecballantide than with placebo.

No. of Patients					
Ecballantide	36	29	22	15	15
Placebo	36	32	27	22	19

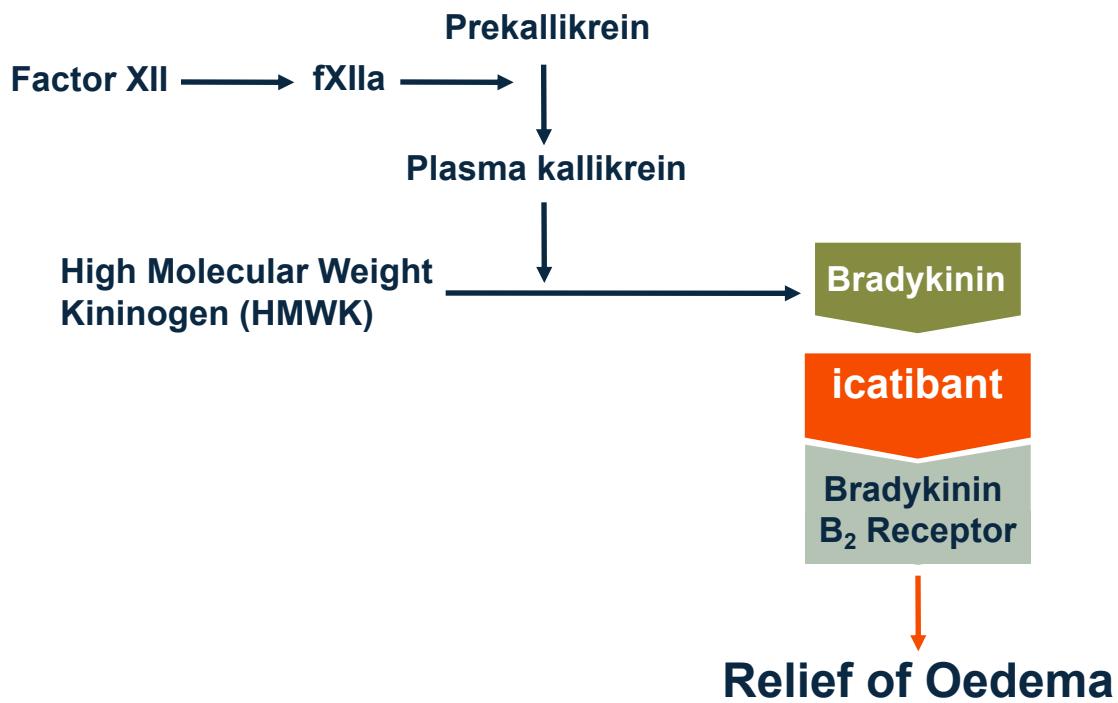
N Engl J Med 2010;363:523-31.

Copyright © 2010 Massachusetts Medical Society.



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# Meccanismo d'azione dell'icatibant



# Icatibant, a New Bradykinin-Receptor Antagonist, in Hereditary Angioedema

M. Cicardi, A Banerji, et al. N Engl J med 2010;363:532-41

FAST-1  
56 Pazienti

FAST-2  
74 Pazienti

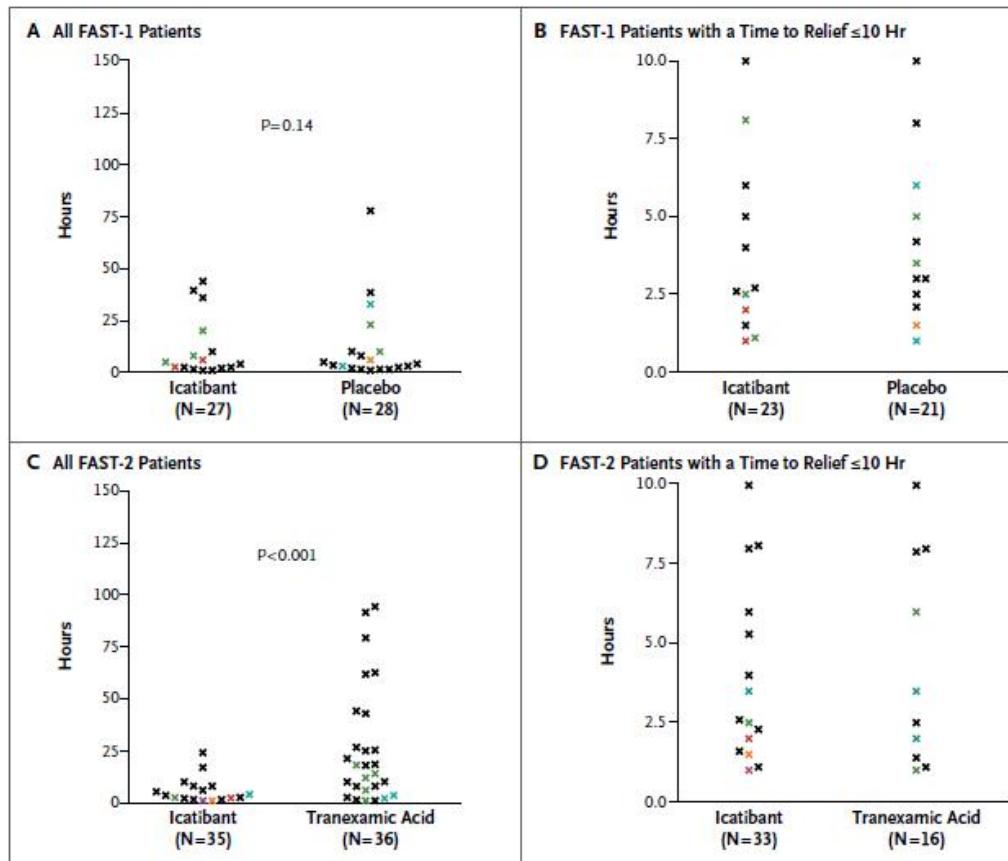


Figure 1. Time to Clinically Significant Relief of the Index Symptom in the FAST-1 and FAST-2 Trials, According to Study Group.

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ORIGINAL ARTICLE

## A Randomized Trial of Icatibant in ACE-Inhibitor-Induced Angioedema

N Engl J Med 2015;372:418-25

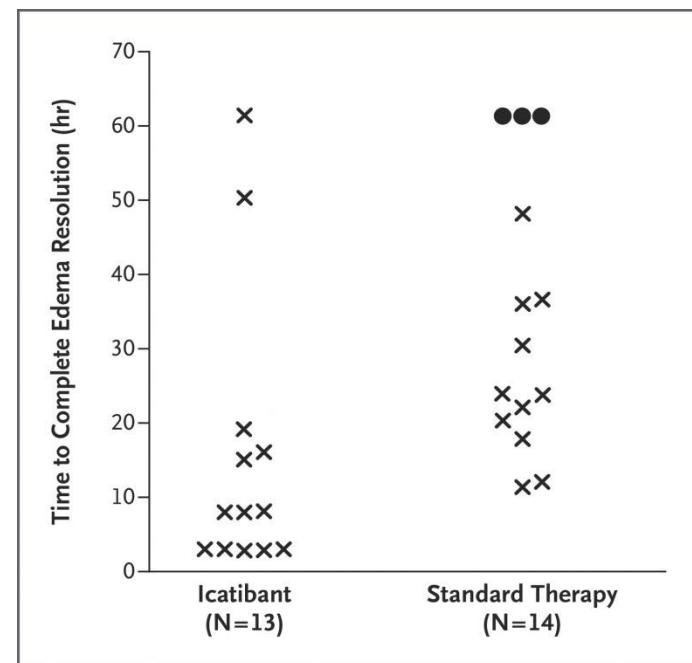


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# A Randomized Trial of Icatibant in ACE-Inhibitor-Induced Angioedema

27 patients with ACE-inhibitor-induced angioedema were assigned to receive icatibant or standard therapy with intravenous prednisolone plus clemastine.

The median time to complete resolution of edema was 8.0 hours with icatibant and 27.1 hours with standard therapy



# Clinical Outcomes (Icatibant 30 mg sc)

**Table 2. Clinical Outcomes.\***

Outcome	Icatibant (N=13)	Standard Therapy (N=14)	P Value
Median (IQR) time to complete resolution of edema: primary end point — hr	8.0 (3.0–16.0)	27.1 (20.3–48.0)	0.002†
Patients with complete resolution of edema at 4 hr after treatment — no. (%)	5 (38)	0	0.02‡
Median (95% CI) time to onset of symptom relief — hr§			
According to composite investigator-assessed symptom score	2.0 (1.0–8.1)	11.7 (8.0–18.0)	0.03¶
According to composite patient-assessed VAS score	2.0 (2.0–6.3)	7.9 (1.2–11.8)	0.36¶
According to composite investigator-assessed angioedema score	2.0 (2.0–12.0)	12.0 (11.3–NE)	0.003¶

\* Clinical outcomes were assessed in the per-protocol population. CI denotes confidence interval, IQR interquartile range, and NE not estimable.

† The P value was calculated with the use of the Wilcoxon rank-sum test.

‡ The P value was calculated with the use of Fisher's exact test.

§ The time to the onset of symptom relief was defined as the time to the first improvement (i.e., decrease) of at least 1 point in the composite score.

¶ The P value was calculated with the use of the Peto–Peto–Prentice test.



# Adverse Events and Injection-Site Reactions.

**Table 3. Adverse Events and Injection-Site Reactions.\***

Outcome	Icatibant (N=15)	Standard Therapy (N=15)
	no. of patients (%)	
Any adverse event	1 (7)†	4 (27)
Drug-related adverse event	1 (7)	1 (7)
Serious adverse event	0	1 (7)
Injection-site reaction‡		
Redness	12 (80)	4 (27)
Swelling	8 (53)	3 (20)
Pain	7 (47)	2 (13)
Itching	4 (27)	1 (7)
Sensation of warmth	4 (27)	0

\* These analyses were performed in the as-treated population, which included all patients who received at least one dose of either study medication, with results attributed to the treatment they actually received.

† The only patient-reported adverse event in the icatibant group was “pain at the administration site (local pain).”

‡ Injection-site reactions were assessed by the investigators.



## **Randomized Trial of Icatibant for Angiotensin-Converting Enzyme Inhibitor–Induced Upper Airway Angioedema**

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**Studio FASE III randomizzato controllato**

**ICATIBANT vs PLACEBO**

**121 pazienti provenienti da 31 Centri USA**

**Terapia steroidea ed antistaminica consentita**

**Forme lievi e gravi escluse**

# Randomized Trial of Icatibant for Angiotensin-Converting Enzyme Inhibitor–Induced Upper Airway Angioedema

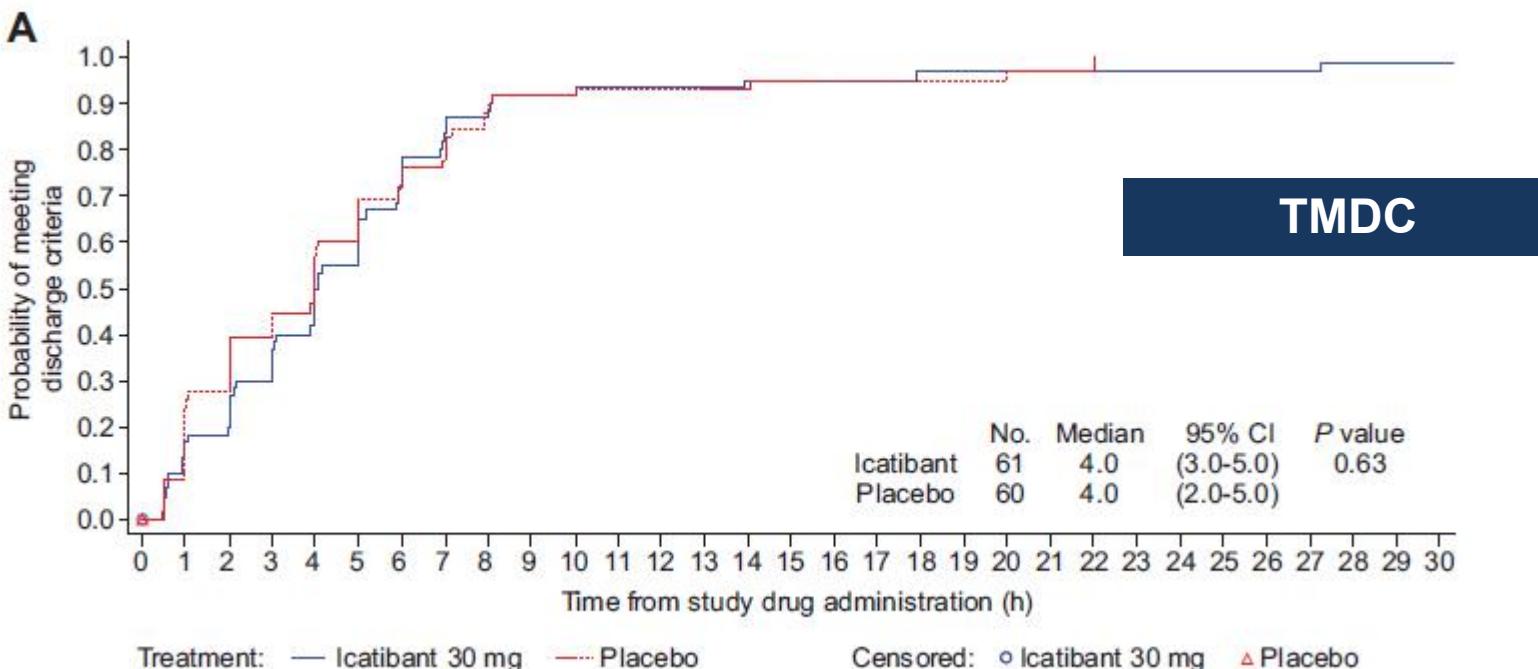


Symptom	Rating	Description of rating
<b>Difficoltà respiratoria</b>	0 = absence of symptoms	Normal breathing
	1 = mild	Mild additional effort required for breathing by subject, but no audible wheezing or no stridor heard with stethoscope
	2 = moderate	Audible wheezing and/or stridor heard with stethoscope only, with uncomfortable breathing and moderate additional effort required for breathing by subject
	3 = severe	Audible wheezing and/or stridor audible without stethoscope, with subject in moderate distress
	4 = very severe	Audible severe wheezing and audible marked stridor, with subject in severe distress and tripod posturing (sitting or standing, leaning forward and supporting the upper body with hands on the knees or on another surface)
<b>Turbe degluttitorie</b>	0 = absence of symptoms	Normal swallowing
	1 = mild	Mild sensation of difficulty swallowing (fullness in throat), but can swallow solids and liquids
	2 = moderate	Marked difficulty or unable to swallow solids, but can swallow liquids
	3 = severe	Unable to swallow solids or liquids, but can swallow saliva
	4 = very severe	Unable to swallow solids, liquids, or saliva (drooling)
<b>Cambio voce</b>	0 = absence of symptoms	Normal voice
	1 = mild	Audible speech, but mild disruption of normal voice (hoarseness)
	2 = moderate	Audible speech, but moderate disruption of normal voice (muffled voice)
	3 = severe	Very difficult to hear speech or for subject to articulate
	4 = very severe	Unable to speak at all
<b>Edema della lingua</b>	0 = absence of symptoms	No swelling
	1 = mild	Mild anterior or lateral tongue swelling, uvula completely visible
	2 = moderate	Moderate anterior or lateral tongue swelling, uvula only partially visible
	3 = severe	Severe diffuse swelling of tongue, soft palate and uvula not visible at all
	4 = very severe	Very severe diffuse tongue swelling that completely fills mouth orifice

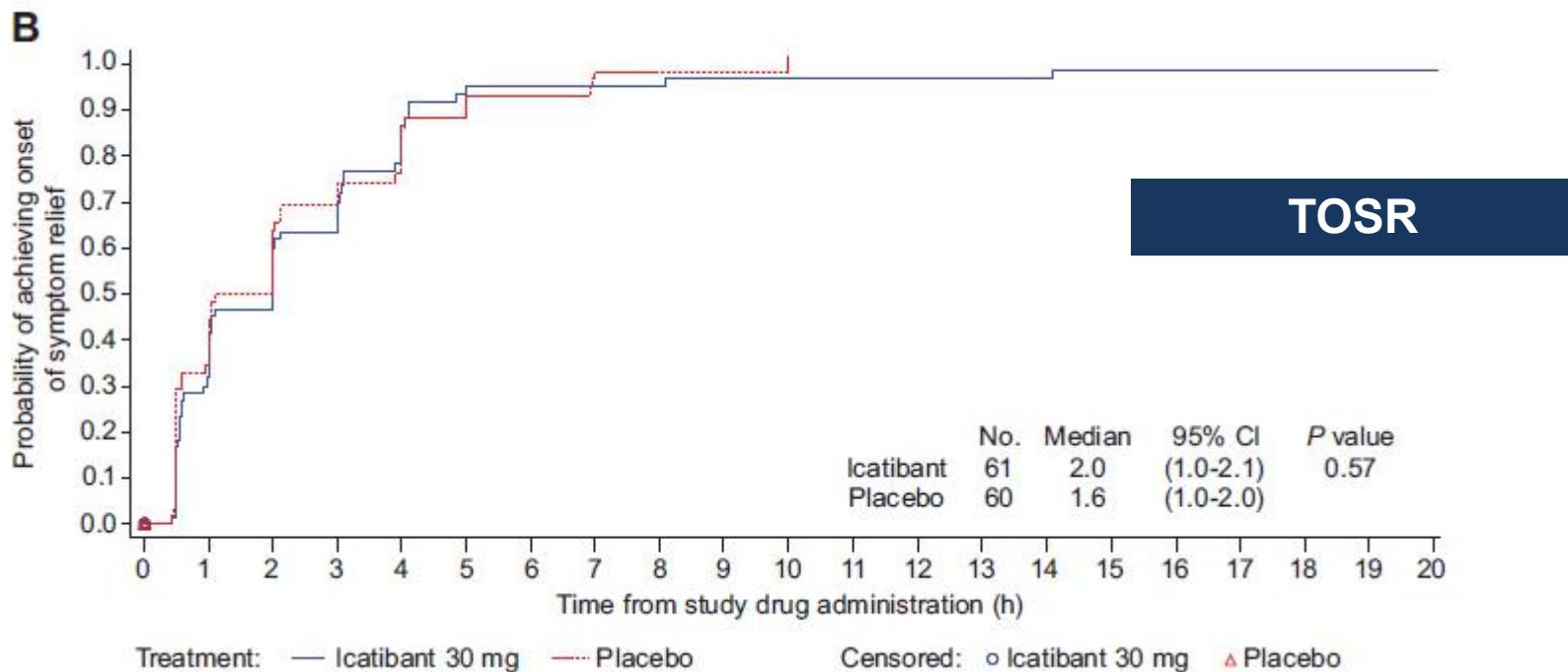
# **Time to meeting discharge criteria (TMDC)**

- Il tempo minimo per raggiungere:
  - Assenza di disturbi respiratori e deglutitori (grade 0)
  - Assenza o lieve edema lingua o alterazione voce (grade 0-1)

# Randomized Trial of Icatibant for Angiotensin-Converting Enzyme Inhibitor–Induced Upper Airway Angioedema



# Randomized Trial of Icatibant for Angiotensin-Converting Enzyme Inhibitor–Induced Upper Airway Angioedema



# Icatibant e Angioedema da ACE-inibitori PRO

- **Elevata biodisponibilità + picco plasm. 0.5 h**
- **Pochi effetti collaterali**
- **Nessun rischio biologico**
- **Potenzialmente utile in circa 30-40% casi senza orticaria**
- **In teoria efficace anche negli AE da incretine e post trombolisi**

# Icatibant e Angioedema da ACE-inibitori CONTRO

- Inefficace vs placebo in studio di fase III
- Uso off label del farmaco
- Costi ancora eccessivi del farmaco

# E se non abbiamo risorse?



**UMAN COMPLEX D.I. 500 IU**

Powder for solution for infusion  
Human plasma prothrombin complex concentrate  
(factors II - IX - X), lyophilised  
Reconstitute with 20 ml of solvent  
Only by intravenous use

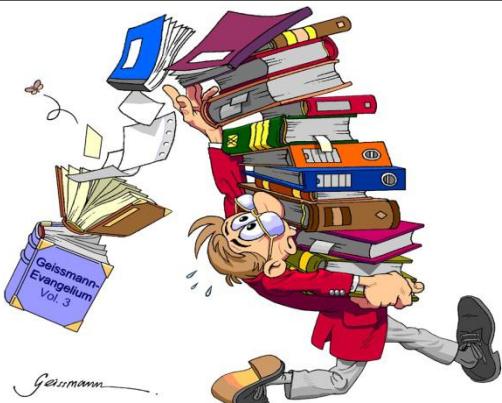
KEDRION

Batch n°  
Prep date  
Expiry date

8095078 - Rev. 00 06/01

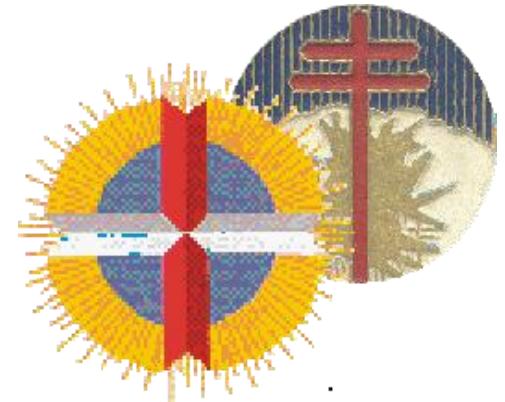


**1-2 grammi ev**



## Take home messages..

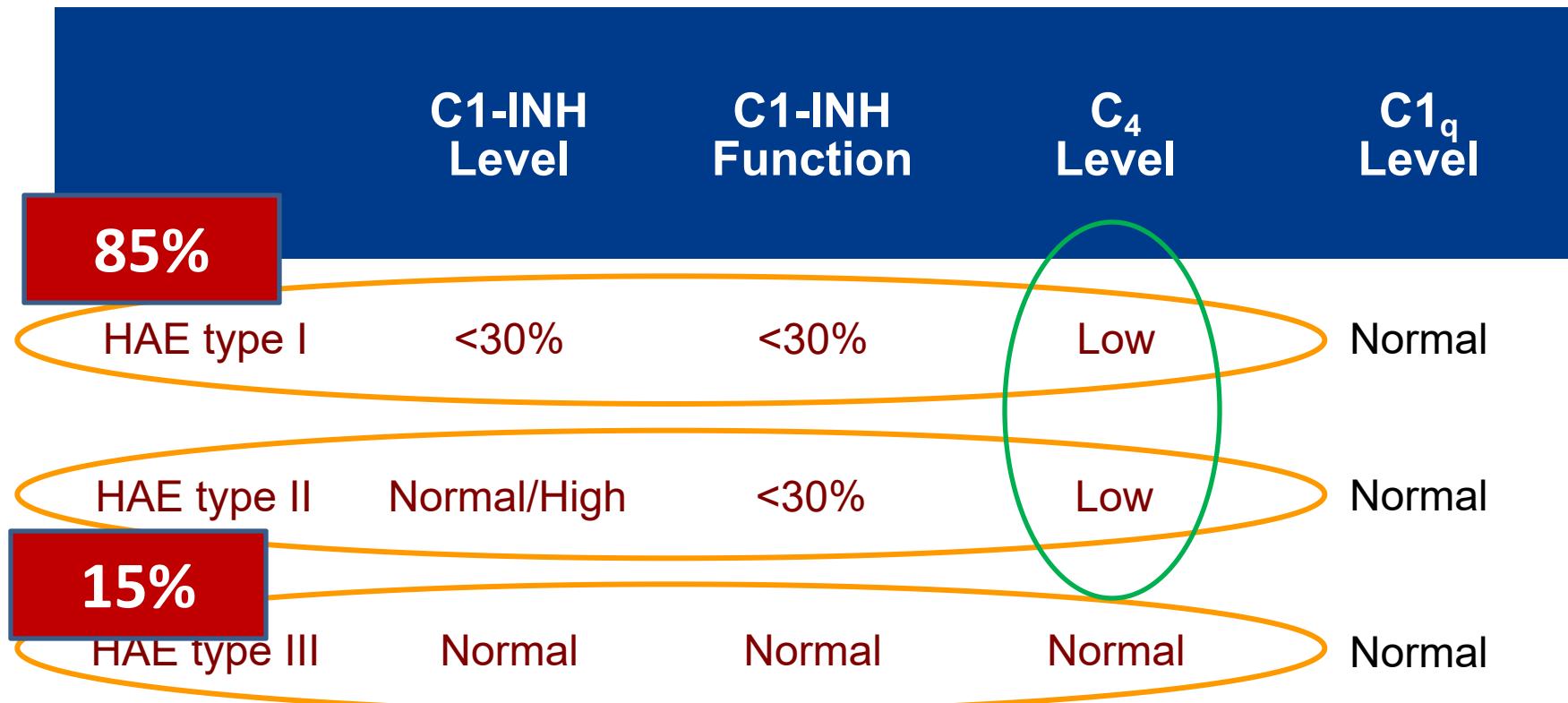
- Adrenalina e antistaminici se AE con orticaria
- Anamnesi farmacologica (non solo ACEi!!)
- Icatibant nell'HAE
- Icatibant *off label* nell' AE non responsivo ad antistaminici (ma solo nei casi gravi)
- FFP se non disponibile C1inh o icatibant



**GRAZIE  
PER  
L'ATTENZIONE**

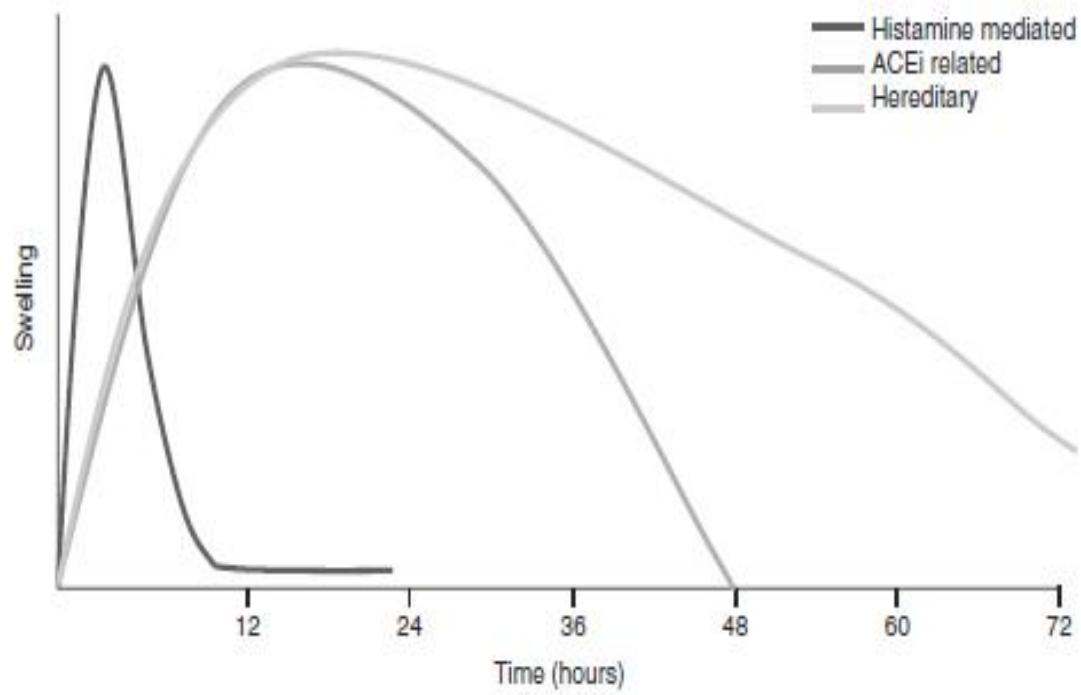


# Laboratorio e HAE



C1<sub>q</sub>=component of complement protein C1.

Agostoni A, et al. *J Allergy Clin Immunol*. 2004;114(3 suppl):S51-S131.

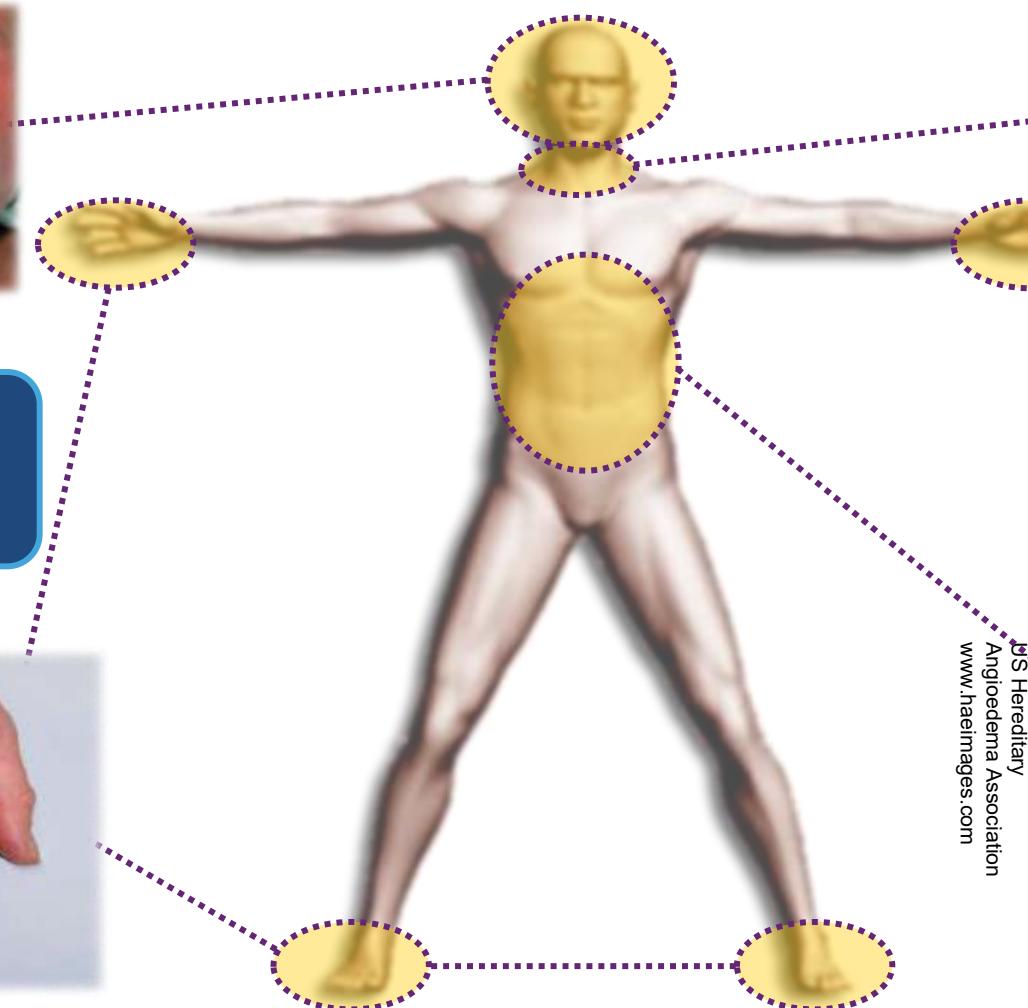


# Clinica dell' HAE

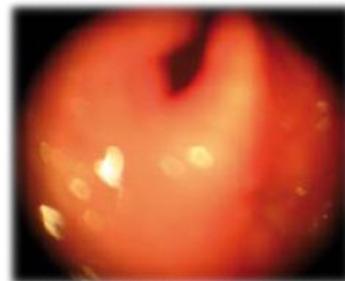
Courtesy of Murat Bas, MD



Cutaneous edema  
can affect the  
face, extremities,  
and genitals<sup>1</sup>



Courtesy of Murat Bas, MD



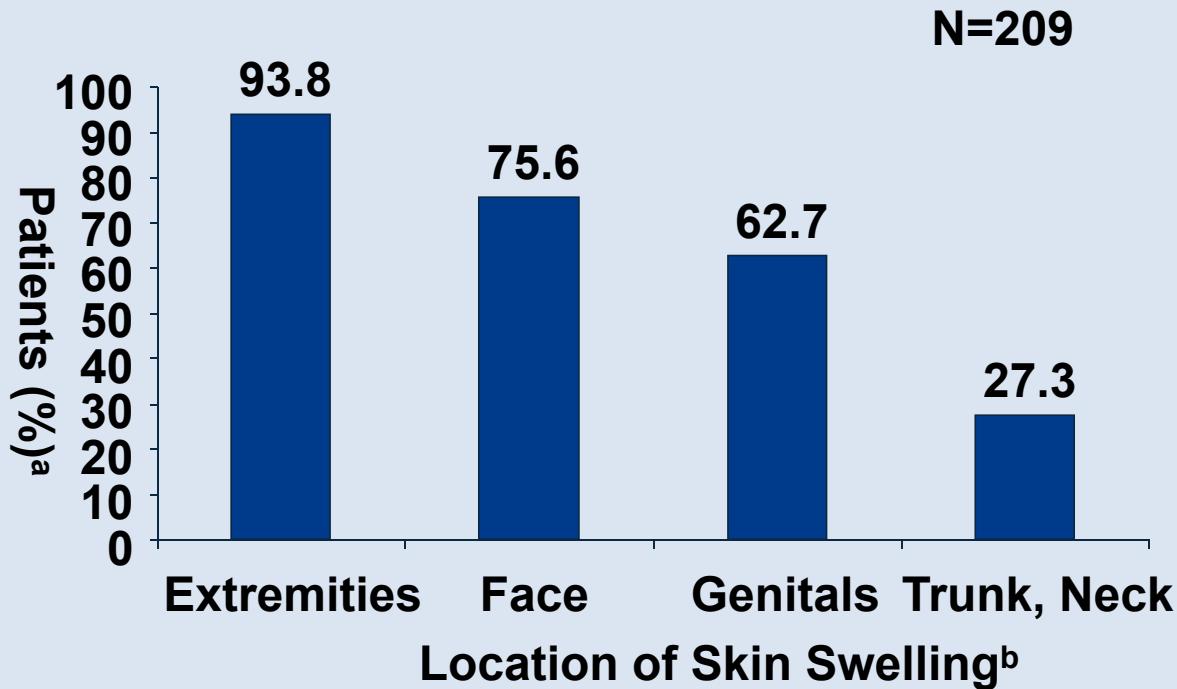
Edema of the mucous  
membranes can affect  
the larynx and  
GI tract<sup>2</sup>



©S Hereditary  
Angioedema Association  
[www.haeimages.com](http://www.haeimages.com)

1. Agostoni A, et al. *J Allergy Clin Immunol*. 2004;114(3 suppl): S51-S131.
2. Bork K, et al. *Am J Med*. 2006;119(3):267-274.

# Distretti cutanei coinvolti



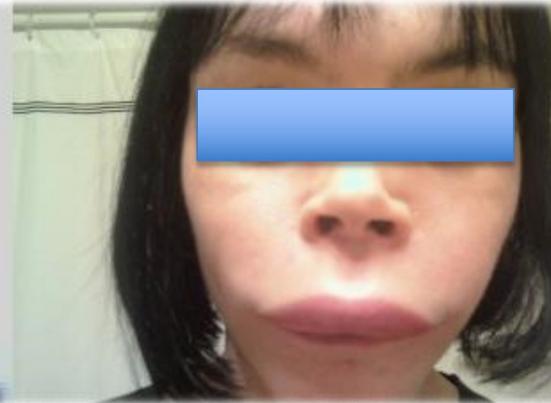
- A retrospective study of 209 patients with clinical symptoms of HAE
- This population accounted for 131,110 total episodes of edema
- 65,102 of all episodes were skin swellings, occurring in 201 patients

# Attacchi del volto

Pre-facial Swelling

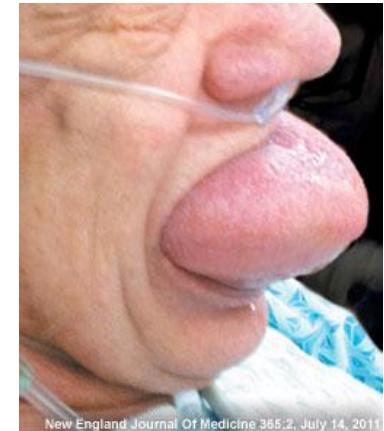


Facial Swelling



- **Edema del volto spesso associato ad ostruzione delle vie aeree prossimali**
- **“Disfiguring attacks” con compromissione funzionale (impossibilità ad alimentarsi, difficoltà a respirare)**

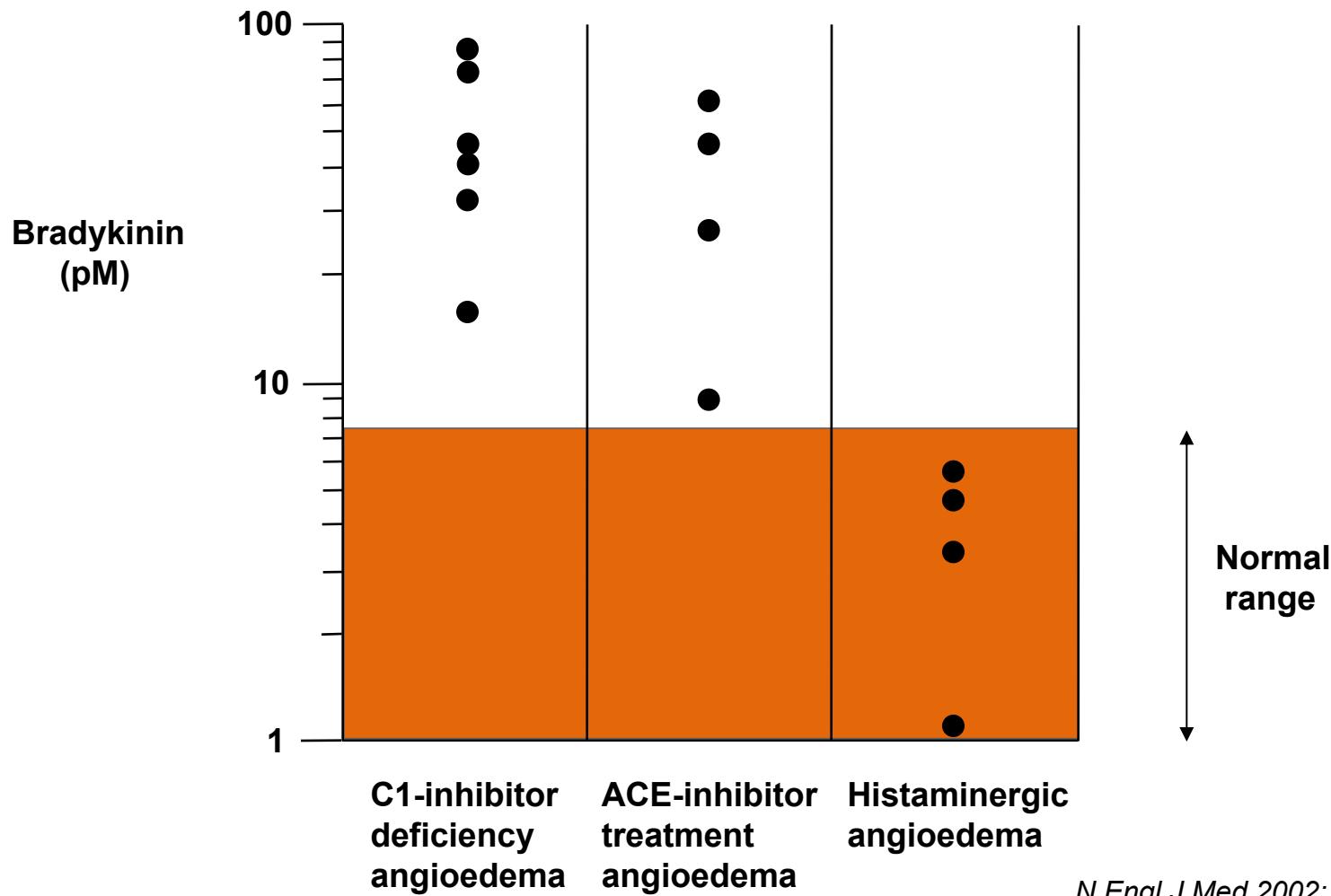
# Esempi di angioedema



New England Journal Of Medicine 365;2, July 14, 2011



# Livelli plasamtici di Bradichinina



*N Engl J Med 2002; 347: 621-622*

# Meccanismo della fibrinolisi

