

# NIMV CAP SEVERA

**Anna Maria Brambilla**

*Pronto Soccorso e Medicina d'Urgenza  
Fondazione IRCCS Ca' Granda Ospedale Maggiore Policlinico  
Milano*

ricovero?



dove?

terapia

sepsi grave

insufficienza respiratoria acuta

Table 4. Criteria for severe community-acquired pneumonia.

Minor criteria<sup>a</sup>

Respiratory rate<sup>b</sup>  $\geq 30$  breaths/min

PaO<sub>2</sub>/FiO<sub>2</sub> ratio<sup>b</sup>  $\leq 250$

Multilobar infiltrates

Confusion/disorientation

Uremia (BUN level,  $\geq 20$  mg/dL)

Leukopenia<sup>c</sup> (WBC count,  $< 4000$  cells/mm<sup>3</sup>)

Thrombocytopenia (platelet count,  $< 100,000$  cells/mm<sup>3</sup>)

Hypothermia (core temperature,  $< 36^\circ\text{C}$ )

Hypotension requiring aggressive fluid resuscitation

Major criteria

Invasive mechanical ventilation

Septic shock with the need for vasopressors

Table 4. Criteria for severe community-acquired pneumonia.

Minor criteria<sup>a</sup>

Respiratory rate<sup>b</sup>  $\geq 30$  breaths/min

PaO<sub>2</sub>/FiO<sub>2</sub> ratio<sup>b</sup>  $\leq 250$

Multilobar infiltrates

Confusion/disorientation

Uremia (BUN level,  $\geq 20$  mg/dL)

Leukopenia<sup>c</sup> (WBC count,  $< 4000$  cells/mm<sup>3</sup>)

Thrombocytopenia (platelet count,  $< 100,000$  cells/mm<sup>3</sup>)

Hypothermia (core temperature,  $< 36^\circ\text{C}$ )

Hypotension requiring aggressive fluid resuscitation

Major criteria

Invasive mechanical ventilation

Septic shock with the need for vasopressors

**36% arf**

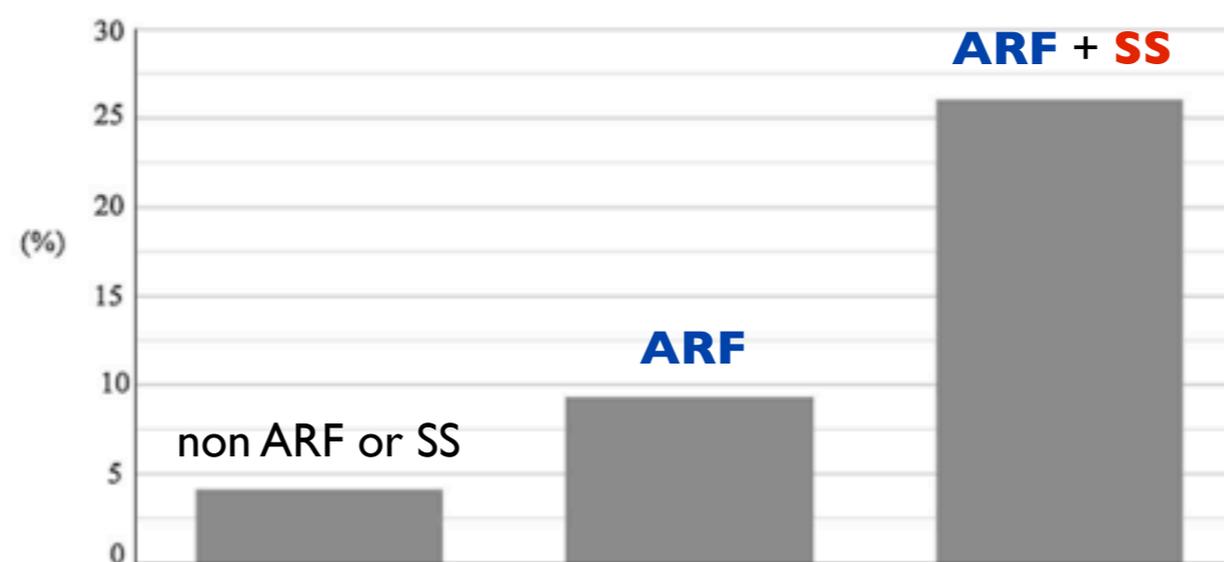
**20% arf + ss**

RESEARCH

Open Access

## Phenotyping community-acquired pneumonia according to the presence of acute respiratory failure and severe sepsis

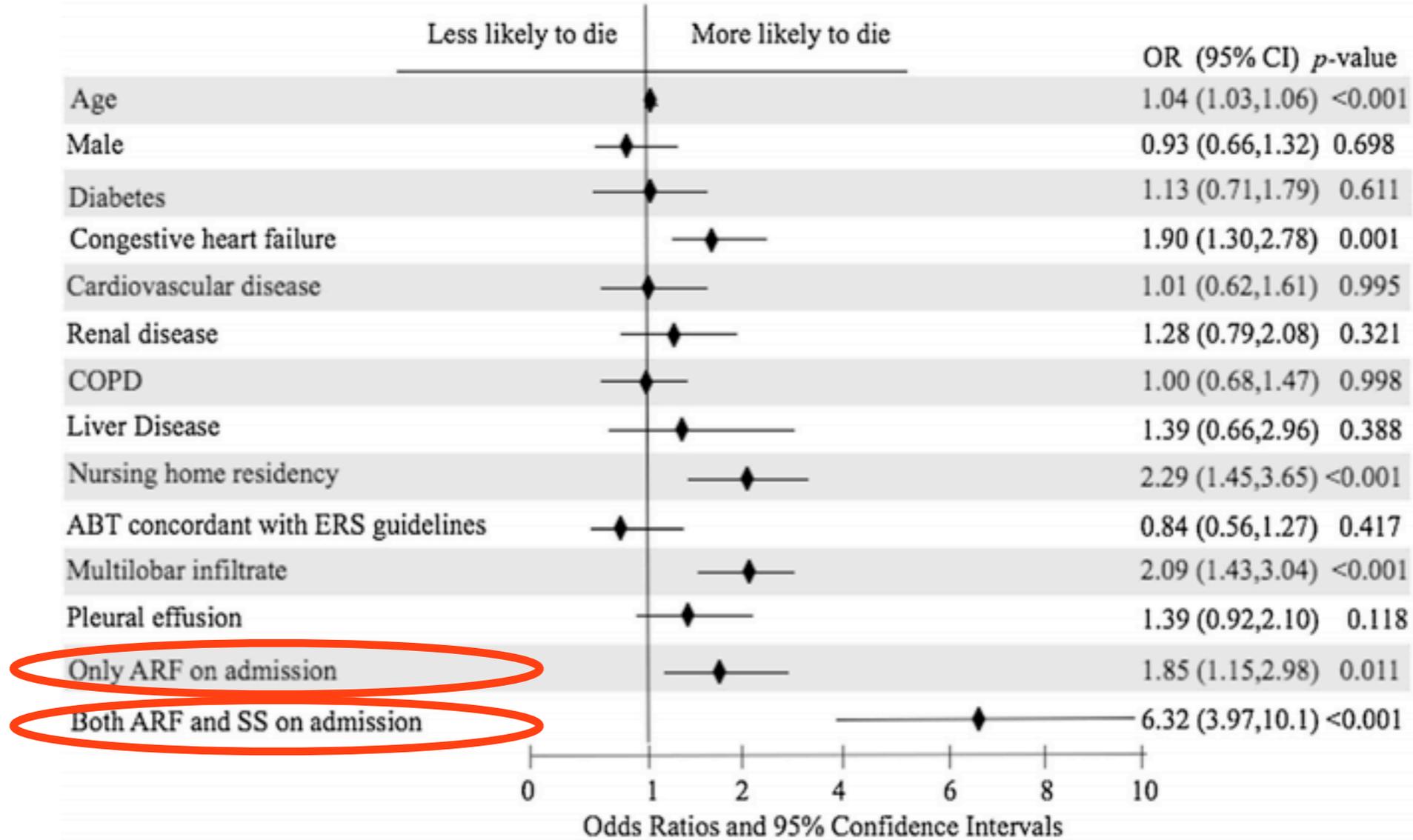
Stefano Alliberti<sup>1</sup>, Anna Maria Brambilla<sup>2</sup>, James D Chalmers<sup>3</sup>, Catia Cilloniz<sup>4</sup>, Julio Ramirez<sup>5</sup>, Angelo Bignamini<sup>6</sup>, Elena Prina<sup>2</sup>, Eva Polverino<sup>4</sup>, Paolo Tarsia<sup>7</sup>, Alberto Pesci<sup>1</sup>, Antoni Torres<sup>4</sup>, Francesco Blasi<sup>7\*</sup> and Roberto Cosentini<sup>2</sup>



	Group A (Neither ARF nor SS)	Group B (Only ARF)	Group C (Both ARF and SS)
All patients, n.	954 (45)	771 (36)	420 (20)
Patients who died, n.	43	72	108
Patients who died, % (95%CI)*	4.2 (3.3-6.1)	9.3 (7.4-11.7)	26 (22-30)

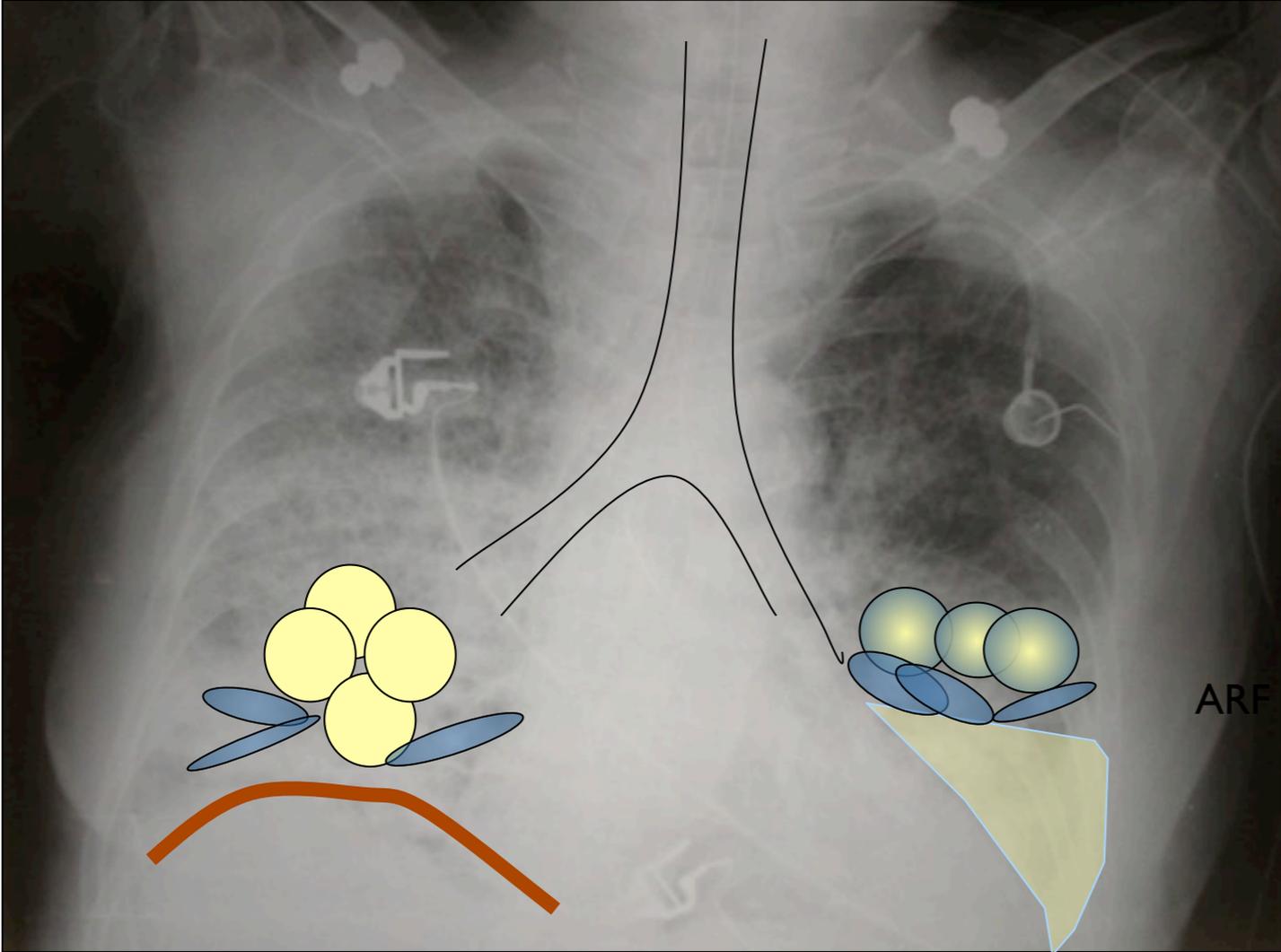
\* p<0.001 among three groups

**Figure 1 In-hospital mortality of the study population according to the three study groups.** Group A: Community-acquired pneumonia (CAP) patients with neither acute respiratory failure (ARF) nor severe sepsis (SS) on admission. Group B: CAP patients with only ARF on admission. Group C: CAP patients with both ARF and SS on admission. n: number.



**Figure 3 Multivariable logistic model with respect to in-hospital mortality.** ARF: acute respiratory failure; SS: severe sepsis; COPD: chronic obstructive pulmonary disease; ABT: antibiotic empiric therapy; ERS: European Respiratory Society; OR: odds ratio; CI: confident intervals. All the variables are present vs. absent, but age (1-year change), male (vs. female) and multilobar (vs. monolobar).

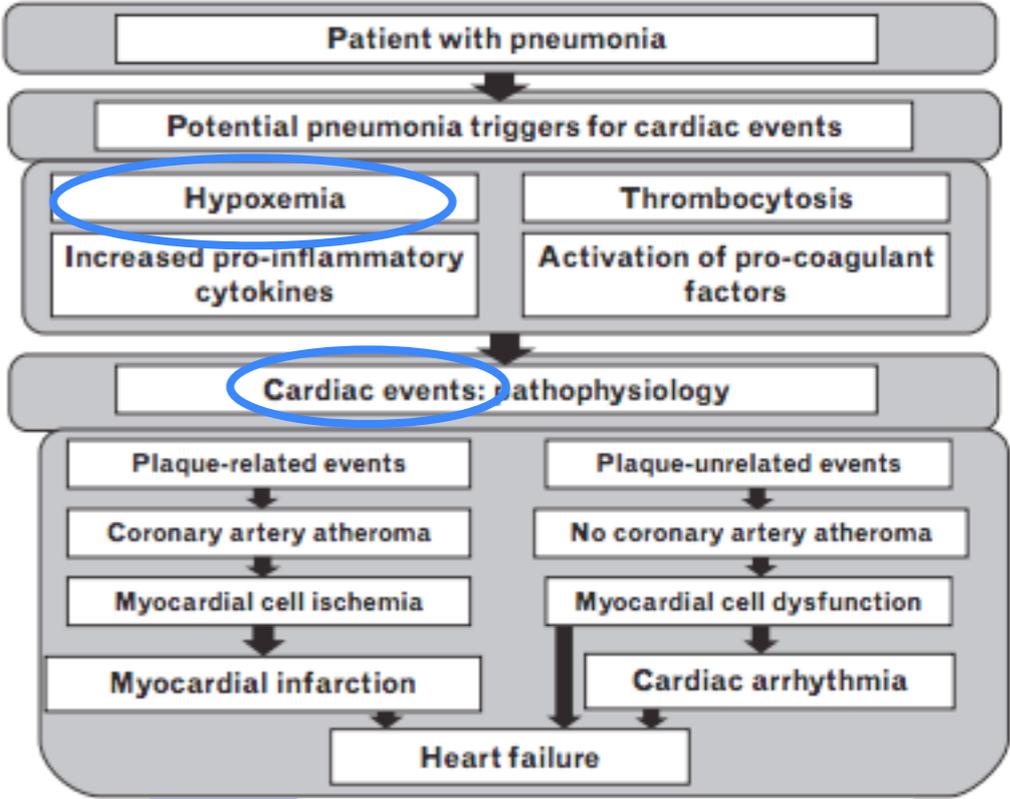
# IPOSSIA



*ipoperfusione tissutale*

*infiammazione*

*ossigeno ponte all'efficacia antibiotico terapia*



REVIEW

**Cardiac diseases complicating community-acquired pneumonia**

*Stefano Alberti<sup>1</sup> and Julio A. Ramirez<sup>2</sup>*



CHEST

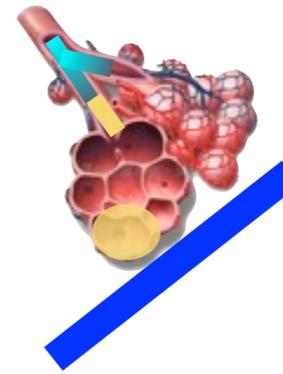
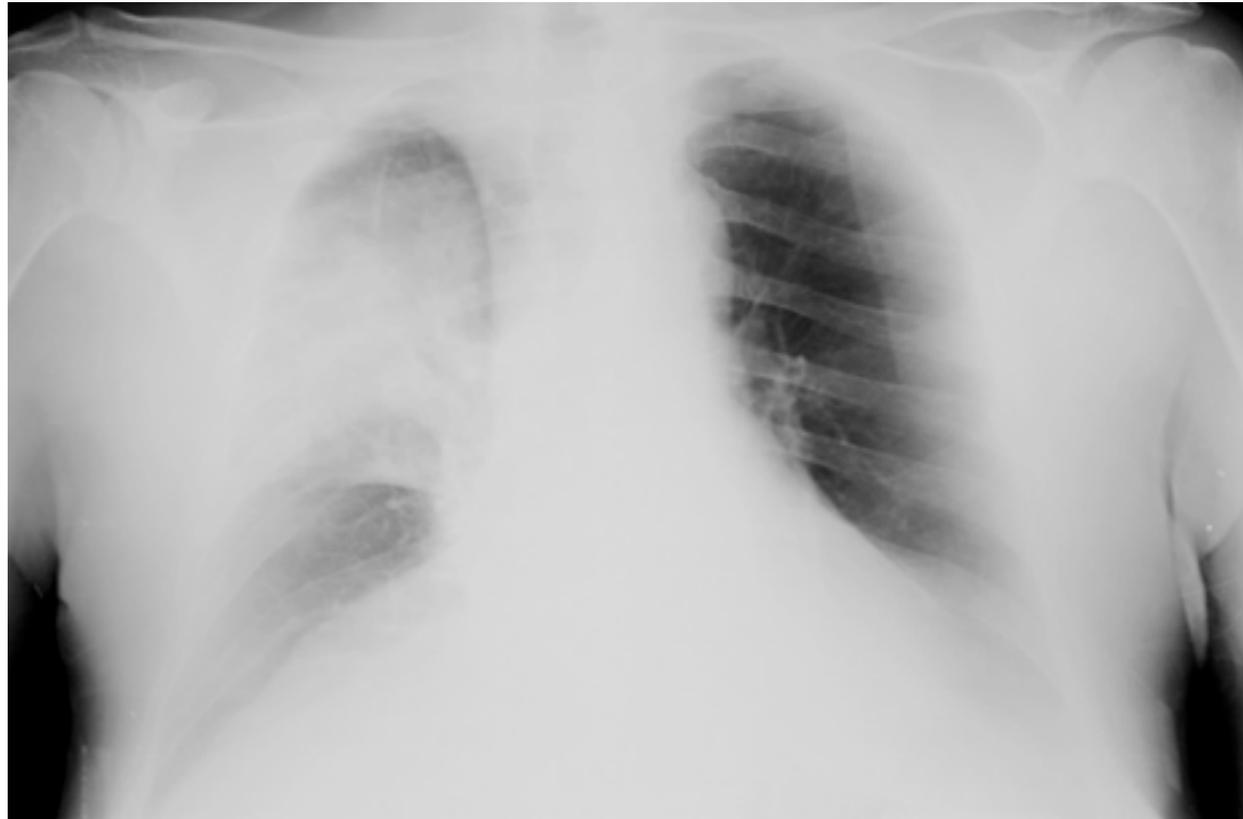
Original Research

CHEST INFECTIONS

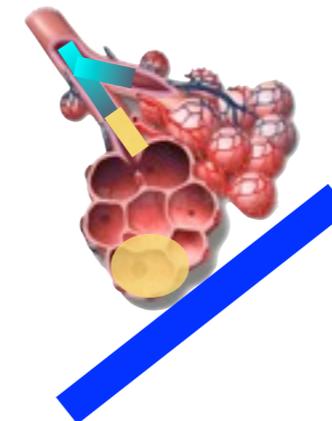
**Early Cardiac Arrest in Patients Hospitalized With Pneumonia**

**danni cardiovascolari**

# effetto shunt



O<sub>2</sub> terapia



shunt non migliora

**PRESSIONE POSITIVA**



# NIV e POLMONITE

guidelines  
ipossiemia  
immunodepresso

DNI  
trapiantato  
polipatologico  
anziano  
immunocompetente  
primo tentativo nell'ARF  
pandemie virali

10% dell'uso della NIV per  
de novo ARF in europa



# osservazionali



ipossiémico

Antonelli 2001  
Wang 2013 (retro, arf)  
Thille 2013

immunodepresso

Gregg 1990  
Conti 1998  
Hilbert 2000  
Azoulay 2001  
Confalonieri 2002  
Rabitsch 2005

polmonite

Nicolini, 2012 HINI  
Stefan 2013 ARF  
Jolliet 2001  
Carron 2010  
Nicolini 2014  
Carrillo 2012  
Masclans 2013  
DOmenighetti 2002

# RCT

ipossiémico

Ferrer 2003  
DelClaux 2000 (tutti)  
Antonelli 2000

immunodepresso

Gachot 1992  
Hilbert 2001  
Principi 2004  
Squadrone 2010  
Antonelli 2000

polmonite

Confalonieri 1999  
Cosentini 2010  
Brambilla 2014

# osservazionali



ipossiémico

Antonelli 2001  
Wang 2013 (retro, arf)  
Thille 2013

immunodepresso

Gregg 1990  
Conti 1998  
Hilbert 2000  
Azoulay 2001  
Confalonieri 2002  
Rabitsch 2005

**polmonite**

Nicolini, 2012 HINI  
Stefan 2013 ARF  
Jolliet 2001  
Carron 2010  
Nicolini 2014  
Carrillo 2012  
Masclans 2013  
DOmenighetti 2002

# RCT

ipossiémico

Ferrer 2003  
DelClaux 2000 (tutti)  
Antonelli 2000

immunodepresso

Gachot 1992  
Hilbert 2001  
Principi 2004  
Squadrone 2010  
Antonelli 2000

**polmonite**

Confalonieri 1999  
Cosentini 2010  
Brambilla 2014



# OXYGEN THERAPY FOR PNEUMONIA IN ADULTS (REVIEW)

Cochrane Database Syst Rev. 2012 Mar

## Confalonieri 1999

RCT, multicentre

CAP grave

Inclusi: acidosi respiratoria acuta

56 pazienti (41% BPCO) – ICU

NPPV maschera  
vs venturi mask



## Hillbert 2001

RCT

Immunodepressi con  
- infiltrati polmonari  
- febbre  
- P/F < 200 in venturi

Esclusi: acidosi respiratoria acuta,  
causa cardiaca

52 pazienti – ICU

NPPV maschera  
vs venturi mask



## Cosentini 2010

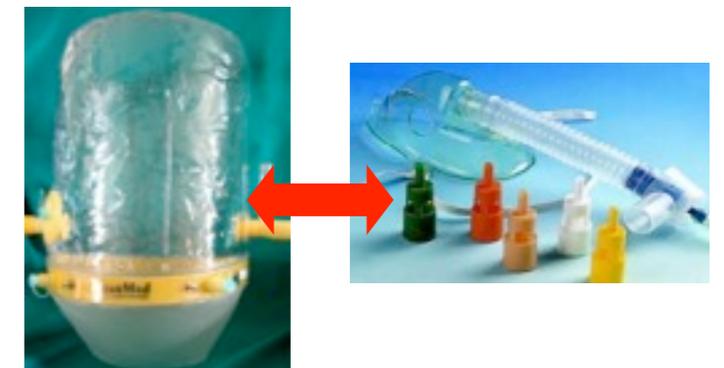
RCT, multicentrico

CAP  
con ipossiemia  
moderata

Esclusi: acidosi respiratoria  
acuta, causa cardiaca

57 pazienti – ED

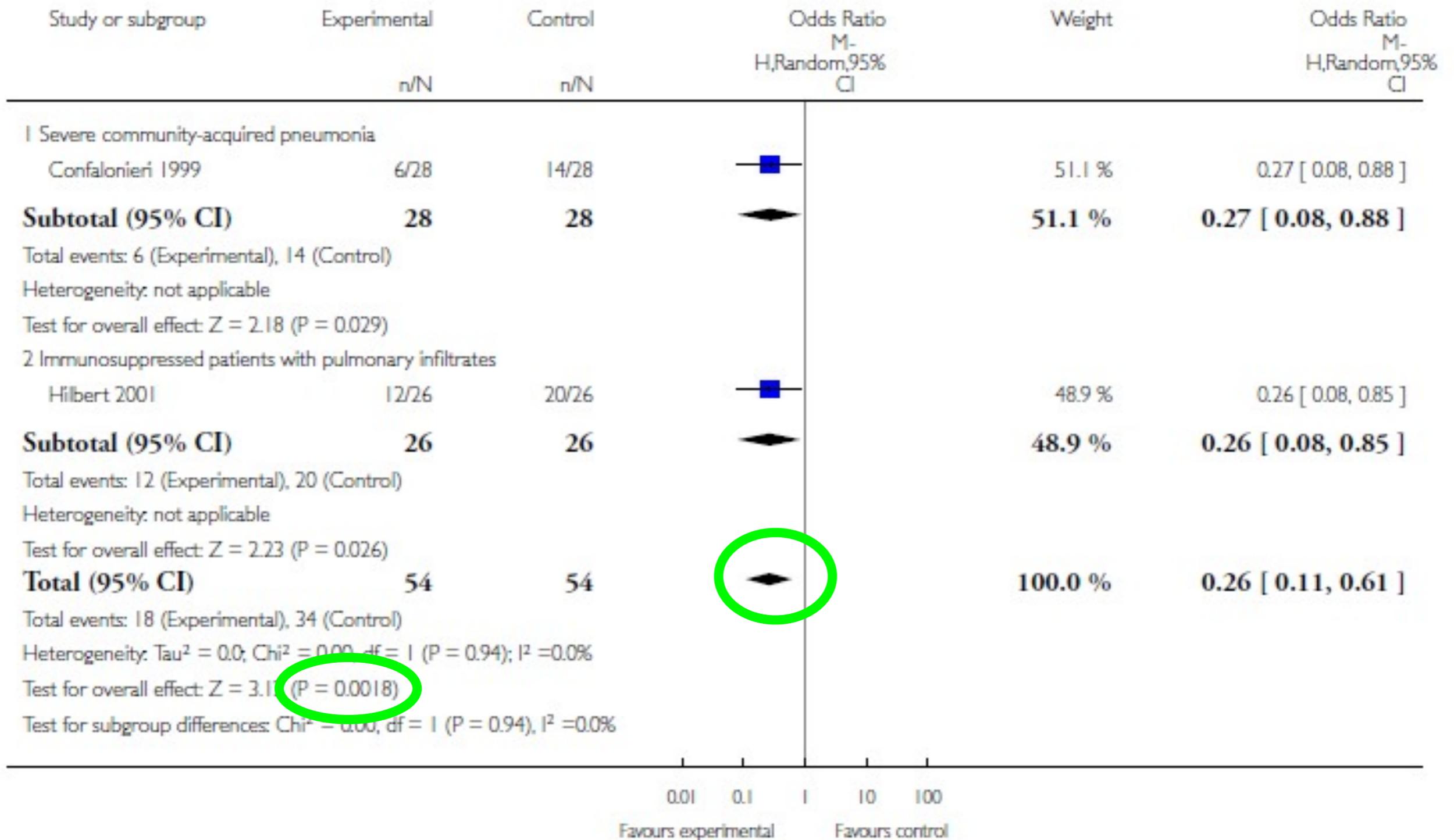
CPAP con helmet  
vs maschera venturi





# OXYGEN THERAPY FOR PNEUMONIA IN ADULTS (REVIEW)

Cochrane Database Syst Rev. 2012 Mar





# Conclusioni

## Authors' conclusions

Non-invasive ventilation can reduce the risk of death in the ICU, endotracheal intubation, shorten ICU stay and length of intubation. Some outcomes and complications of non-invasive ventilation were varied according to different participant populations. Other than the oxygen therapy, we must mention the importance of standard treatment by physicians. The evidence is weak and we did not include participants with pulmonary tuberculosis and cystic fibrosis. More RCTs are required to answer these clinical questions. However, the review indicates that non-invasive ventilation may be more beneficial than standard oxygen supplementation via a Venturi mask for pneumonia.

non-invasive ventilation may be more beneficial than standard oxygen supplementation

The evidence is weak

More RCTs are required to answer these clinical questions.

**Anna Maria Brambilla  
Stefano Aliberti  
Elena Prina  
Francesco Nicoli  
Manuela Del Forno  
Stefano Nava  
Giovanni Ferrari  
Francesco Corradi  
Paolo Pelosi  
Angelo Bignamini  
Paolo Tarsia  
Roberto Cosentini**

## **Helmet CPAP vs. oxygen therapy in severe hypoxemic respiratory failure due to pneumonia**

## inclusion criteria

pneumonia  
distress, RR > 30, PF < 250



**Table 2** Primary endpoint

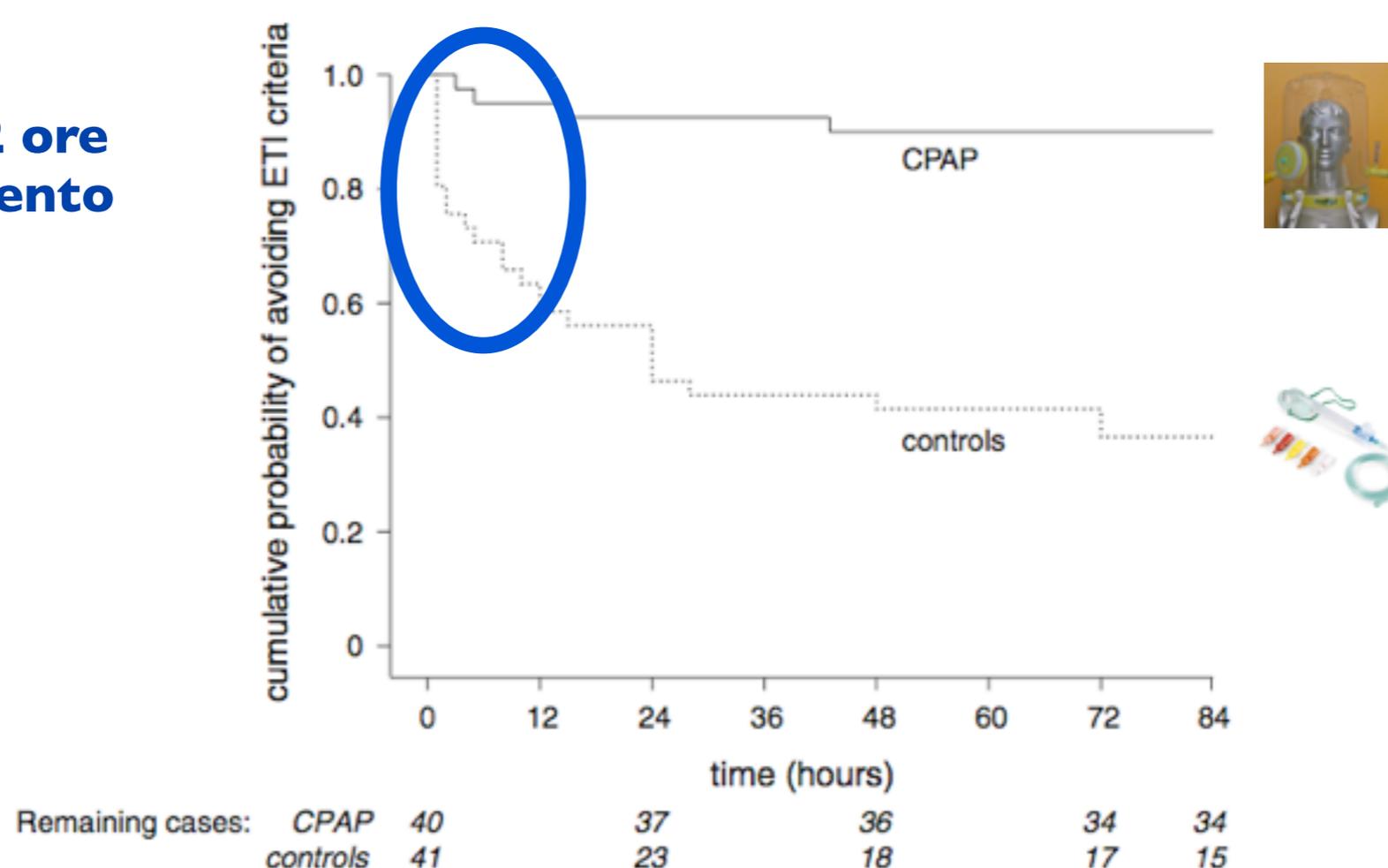
	CPAP group (n = 40)	Control group (n = 41)	p
Met ETI criteria, n (%)	6 (15.0)	26 (63.4)	<0.001
Major criteria			
Hemodynamic instability	0	1	0.320
Intolerance to device	2	0	0.463
Minor criteria			
PO <sub>2</sub> /FiO <sub>2</sub> ratio dropped by ≥30 % from baseline	3	13	0.014
Worsening of alertness	0	3	0.248
New onset or persistent respiratory distress	4	24	<0.001
SpO <sub>2</sub> <90 %	1	11	0.006
Exhaustion	0	4	0.130

CPAP continuous positive airway pressure, n number, ETI endotracheal intubation, SpO<sub>2</sub> oxygen saturation. Twenty-four patients met two criteria, three patients met one criteria, and five patients met three criteria of ETI. Other major criteria such as respiratory

arrest and respiratory pauses with unconsciousness, and other minor criteria such as increasing of 20 % of PaCO<sub>2</sub> if basal PaCO<sub>2</sub> was 40 mmHg or higher were met in neither study group

**number needed to treat: 2 (CI 95% 1-3)**

entro le 12 ore  
peggioramento



**Fig. 2** Kaplan–Meier analysis of time to the primary endpoint. *CPAP* continuous positive airway pressure, *ETI* endotracheal intubation

**RESULTS:** Between February 2010 and 2013, 40 patients were randomized to CPAP and 41 to Venturi mask. The proportion of patients meeting ETI criteria in the CPAP group was significantly lower compared to those in the control group ( $6/40 = 15\%$  vs.  $26/41 = 63\%$ , respectively,  $p < 0.001$ ; relative risk 0.24, 95% CI 0.11-0.51; number needed to treat, 2) two patients were intubated in the CPAP group and one in the control group. The CPAP group showed a faster and greater improvement in oxygenation in comparison to controls ( $p < 0.001$ ). In either study group, no relevant adverse events were detected.

### Conclusions

Helmet CPAP reduces the risk of meeting ETI criteria compared to oxygen therapy in patients with severe hARF due to pneumonia.

Andres Carrillo  
Gumersindo Gonzalez-Diaz  
Miquel Ferrer  
Maria Elena Martinez-Quintana  
Antonia Lopez-Martinez  
Noemi Llamas  
Maravillas Alcazar  
Antoni Torres

## Non-invasive ventilation in community-acquired pneumonia and severe acute respiratory failure

studio prospettico 184 pts in ICU  
successo NIV 64%

### Fallimento NIV

46% in de novo ARF  
vs  
30% in precedente malattia  
cardio/respiratoria  
(p 0.007)

### Fattori rischio mortalità

dopo 1 ora di NIV: alta FC, basso  $pO_2/FiO_2$ ,  
fallimento NIV  
SOFA  
età

STUDIO PROSPETTICO OSSERVAZIONALE  
MULTICENTRICO “REAL LIFE” SULL’USO DELLA  
CPAP/NIV NEL TRATTAMENTO DELLA  
POLMONITE

studio “3P”  
Pneumonia  
Positive  
Pressure



nel 2013, **20** Centri Italiani, **342** polmoniti trattate con CPAP/NIV

	CPAP (171)	NIV (171)
Efficacia	106 (62%)	108 (63%)
<b>Interruzione x intolleranza</b>	<b>10 (6%)</b>	<b>12 (7%)</b>
Passaggio a NIV	33 (19%)	/
<b>IOT</b>	<b>11 (6.4%)</b>	<b>22 (12.9%)</b>
mortalità	43 (25%)	40 (23.4%)

**Fattori prognostici  
di mortalità**

età  
polmonite bilaterale  
anemia  
azotemia alta  
PSI alto

DNI  
neoplasia  
sepsi grave

**protettivi**  
obesità  
BPCOr

1.



2.

1 o 2 pressioni?



3.

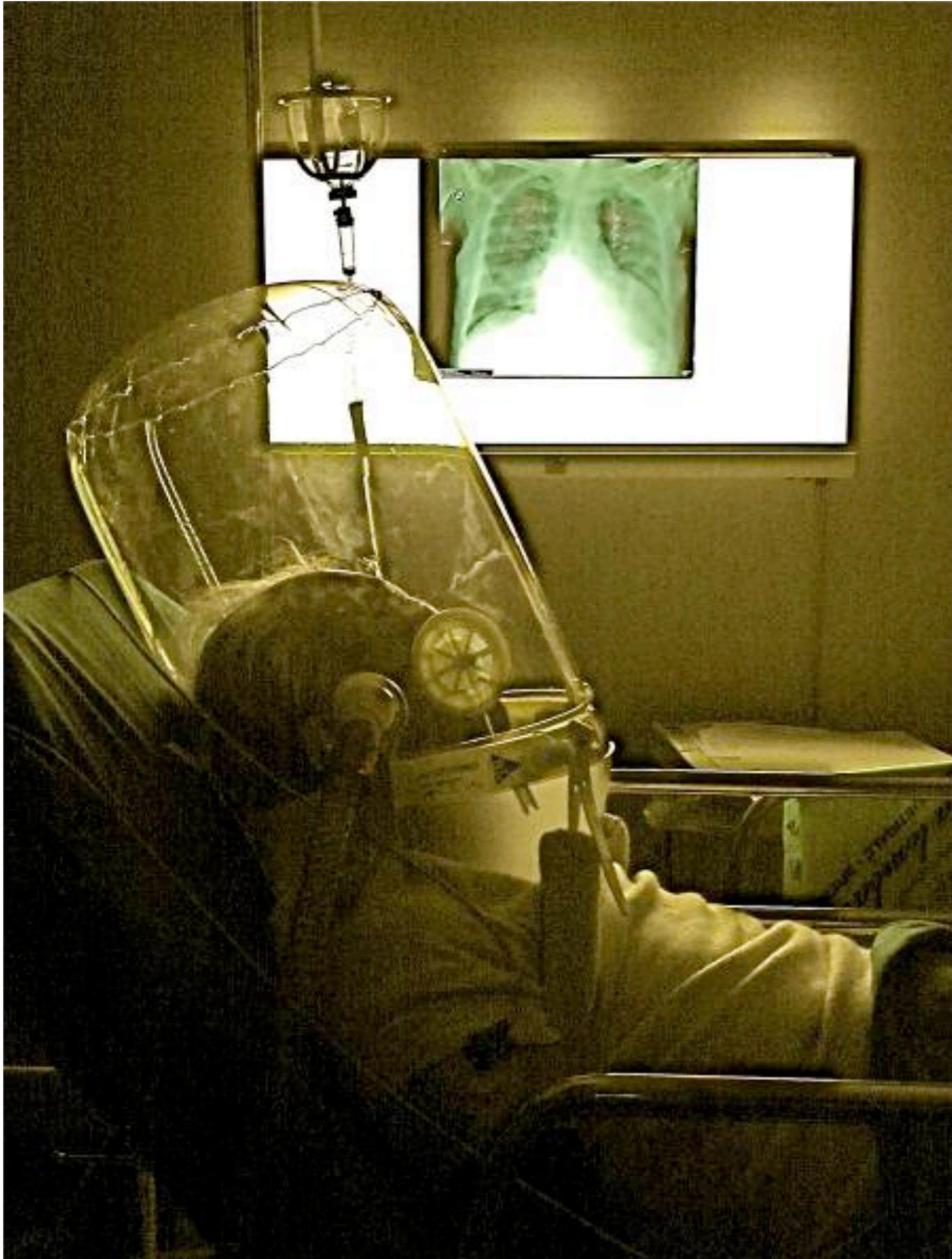


monitoraggio

4.

don't delay ETI  
if necessary





grazie per  
l'attenzione