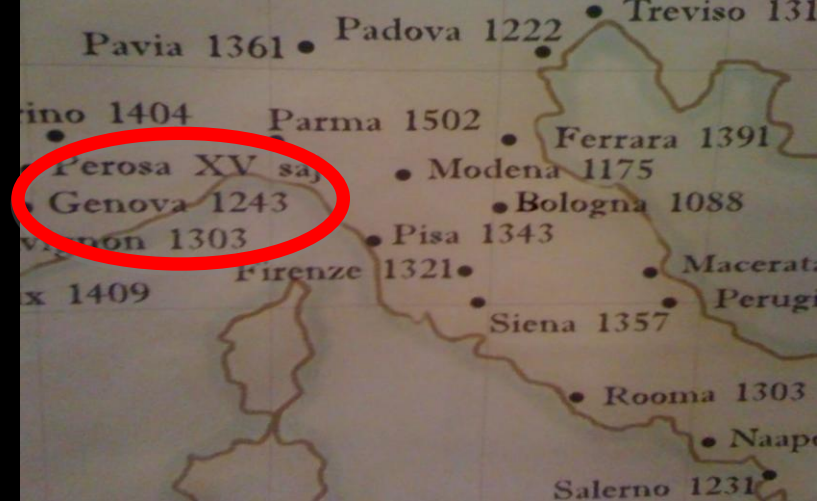




Noninvasive respiratory support: why is it working ?

Paolo Pelosi

Department of Surgical Sciences and
Integrated Diagnostics (DISC)

IRCCS San Martino IST

University of Genoa, Genoa, Italy

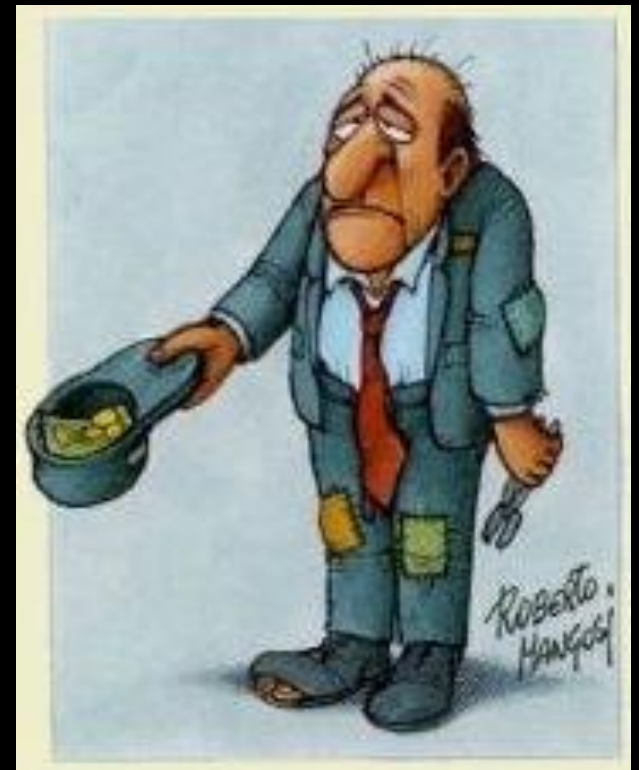
ppelosi@hotmail.com

“IX CONGRESSO NAZIONALE SIMEU”

Torino, 6-8 Novembre 2014

Conflicts of Interest

I declare
NO conflicts of interest



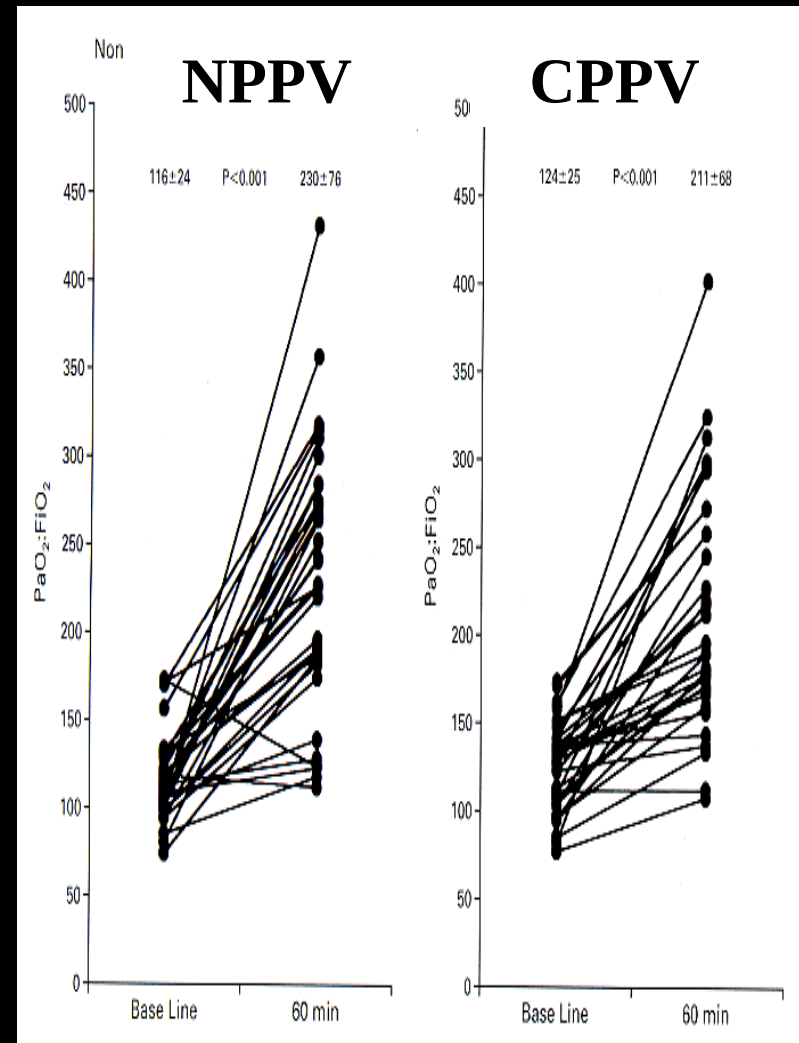
Non Invasive Ventilation: The Rationale

Brochard L et al Eur Respir J 2003; 22: Suppl. 47, 31s–37s

Antonelli M et al. Intensive Care Med. 2008 Mar;34(3):405-22



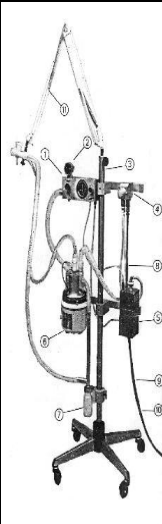
- Reduced WOB
- Gas-exchange improvement
- Improve cardiac performance
- Reduction of ETI
- Reduction of infection rate
- Increased survival



ACUTE RESPIRATORY FAILURE

- **Cardiogenic edema**
- **Infectious pneumonia (ARDS)**
- **Opportunistic pneumonia, immunodepressed pts**
- **Postoperative respiratory failure**
- **Post extubation hypoxiemic ARF**
- **Before intubation in severe hypoxemia**
- **COPD exacerbation**
- **Asthma (?)**
- **Patients who are not candidate for intubation**

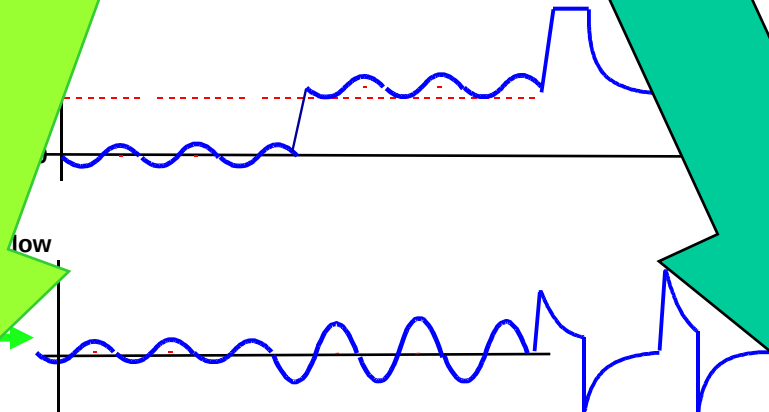
Non-invasive Assistance (NIV)



**CPAP =
SB+PEEP**

Sinusoidal
flow

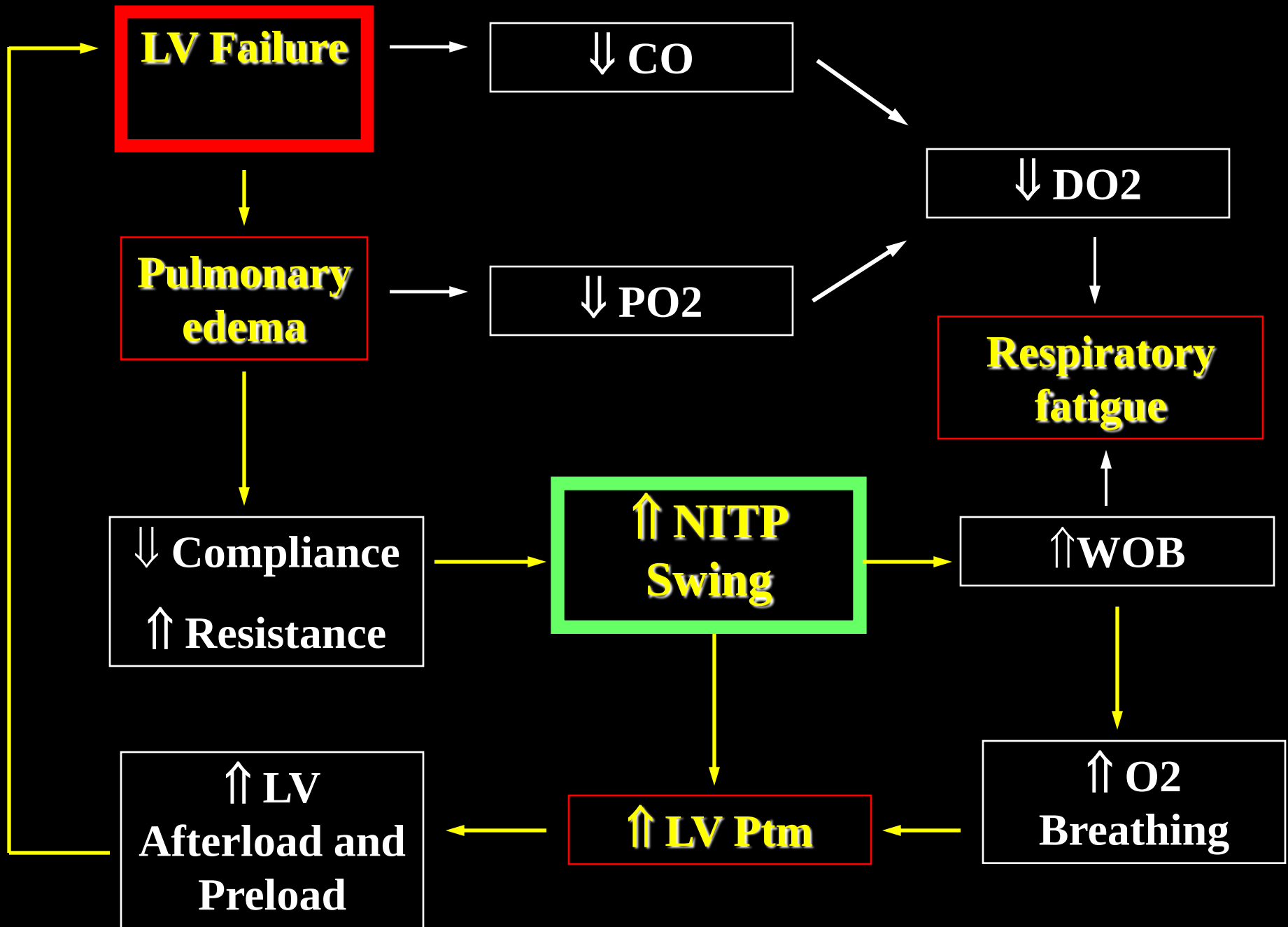
**= 1 pressure level
(= CPAP = PEEP)**



**= PSV+PEEP
= NIV
= NPPV
= NIPSV
= IPAP+EPAP
= (BIPAP = bi-level)**

Decelerating
flow

**= 2 pressure levels
(NIV = PSV+PEEP
= BiPAP)**



Rationale of CPAP in ACPE

CPAP

↑ ITP

↑ FRC

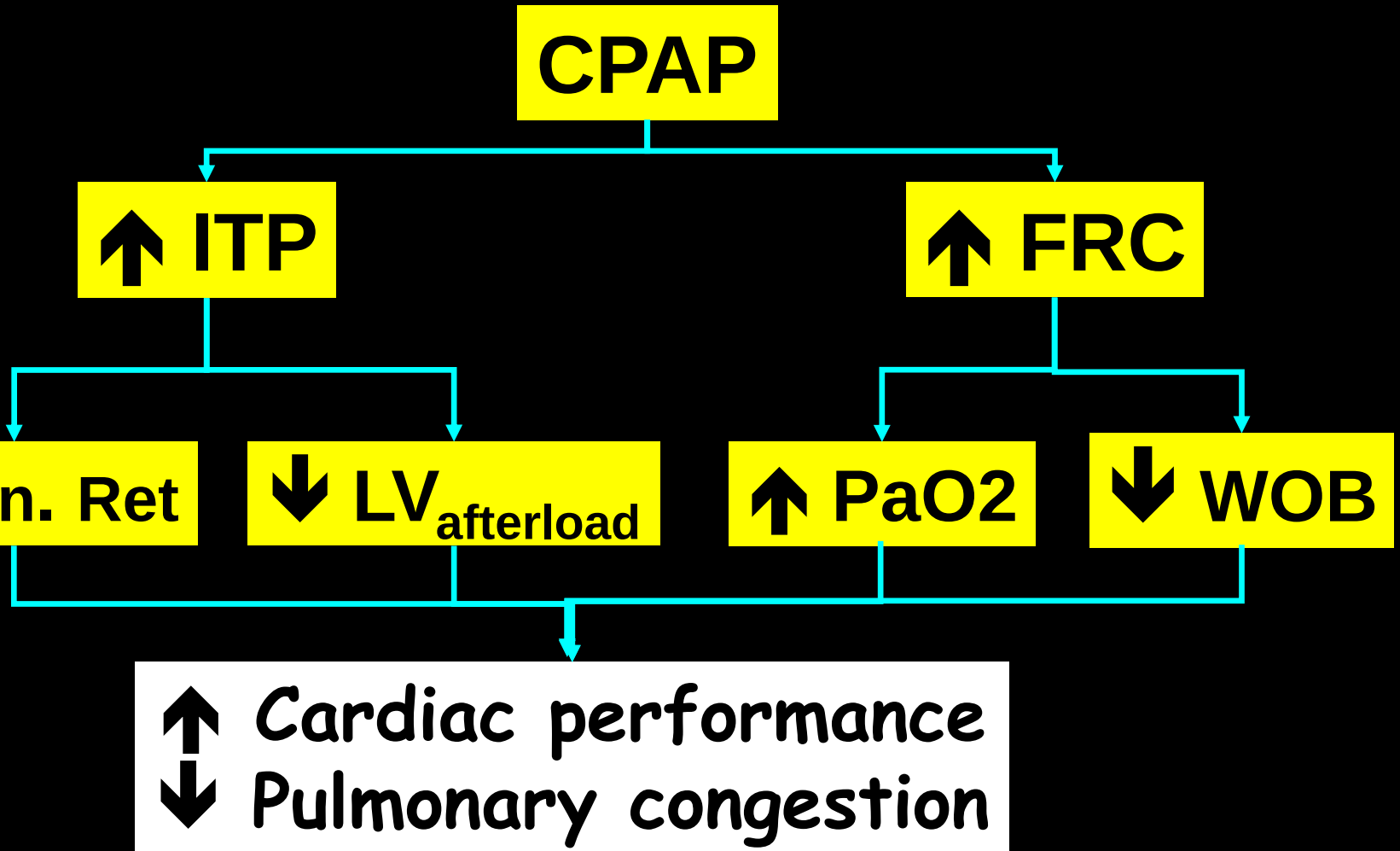
↓ Ven. Ret

↓ LV_{afterload}

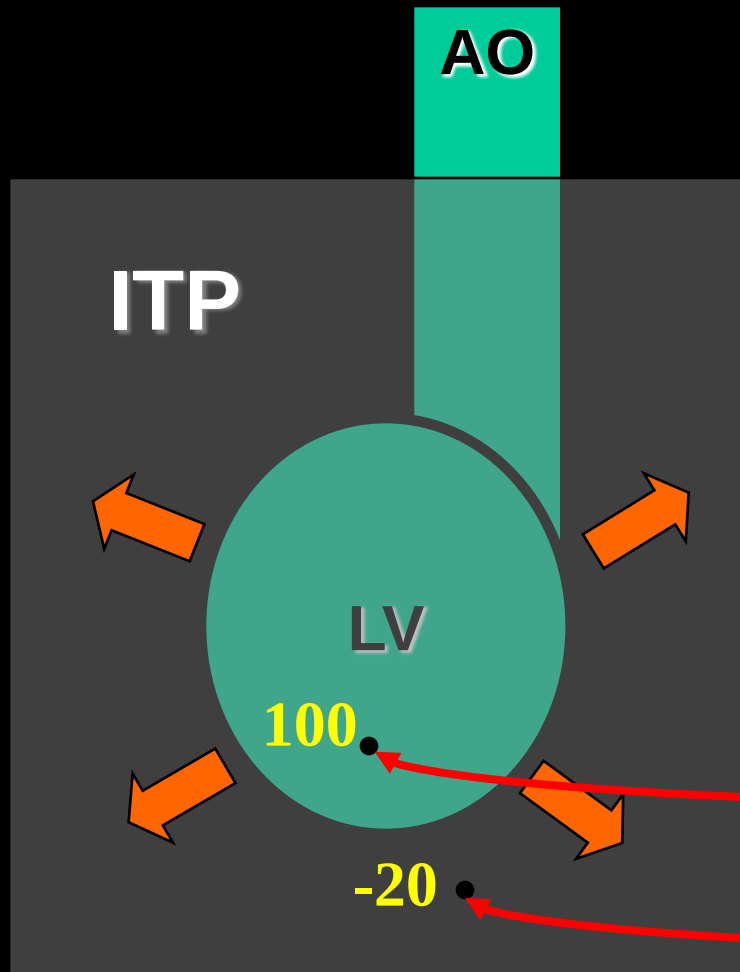
↑ PaO₂

↓ WOB

↑ Cardiac performance
↓ Pulmonary congestion



Intra-Thoracic Pressure and LV function (without PEEP)



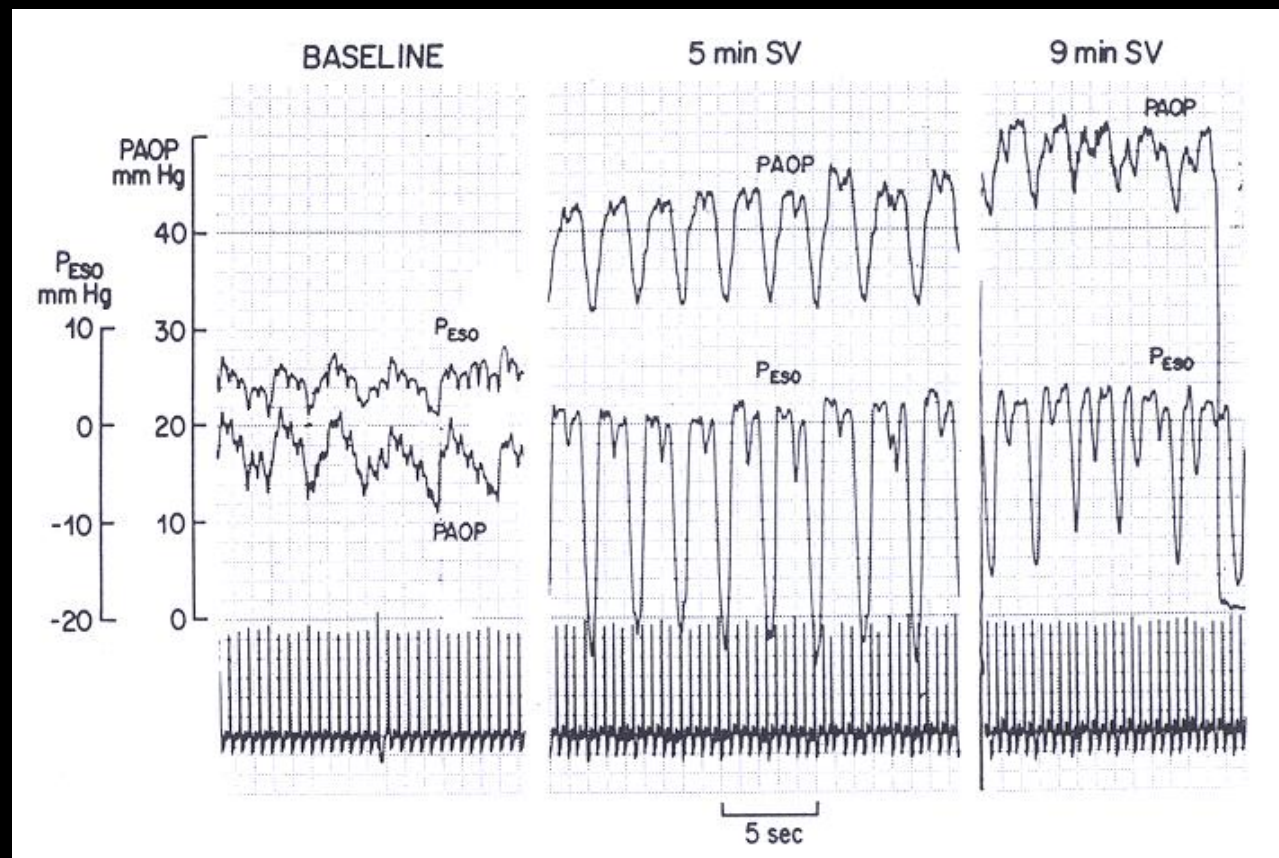
$$P_{tm} = 100 - (-20) = 120$$

↑ effort = ↓ ITP = ↑ P_{tm}

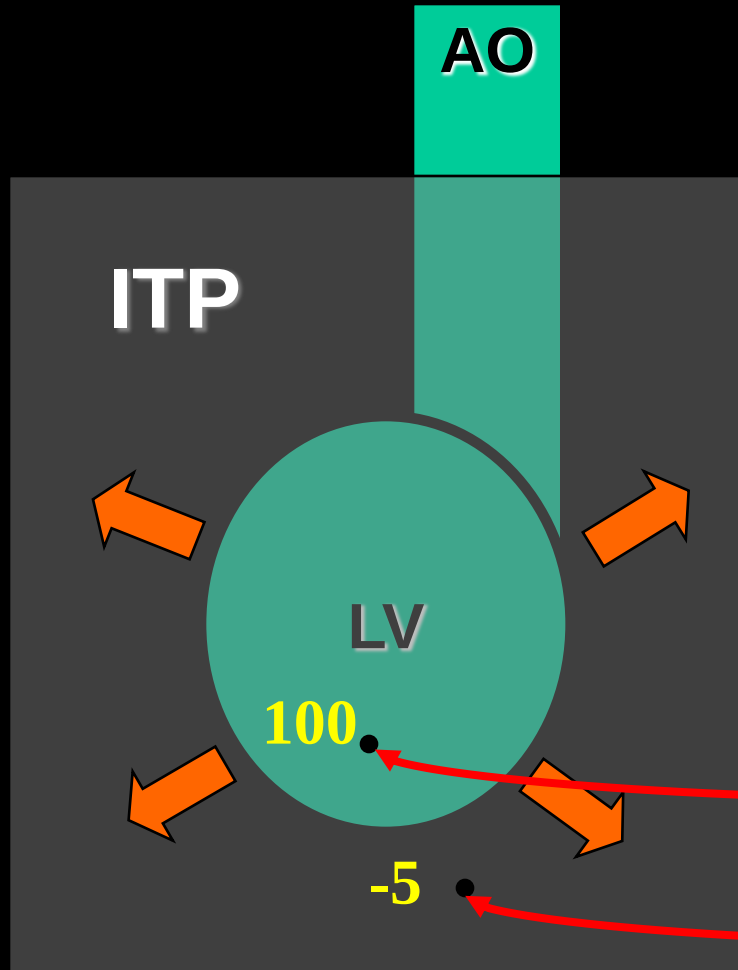
↓
↑ LV afterload

Acute Left Ventricular Dysfunction during Unsuccessful Weaning from Mechanical Ventilation

Francois Lemaire, M.D.,* Jean-Louis Teboul, M.D.,† Luc Cinotti, M.D.,‡ Guillen Giotto, M.D.,§
Fekri Abrouk, M.D.,§ Gabriel Steg, M.D.,§ Isabelle Macquin-Mavier, M.D.,¶ Warren M. Zapol, M.D.**



Intra-Thoracic Pressure and LV function (with PEEP 15)



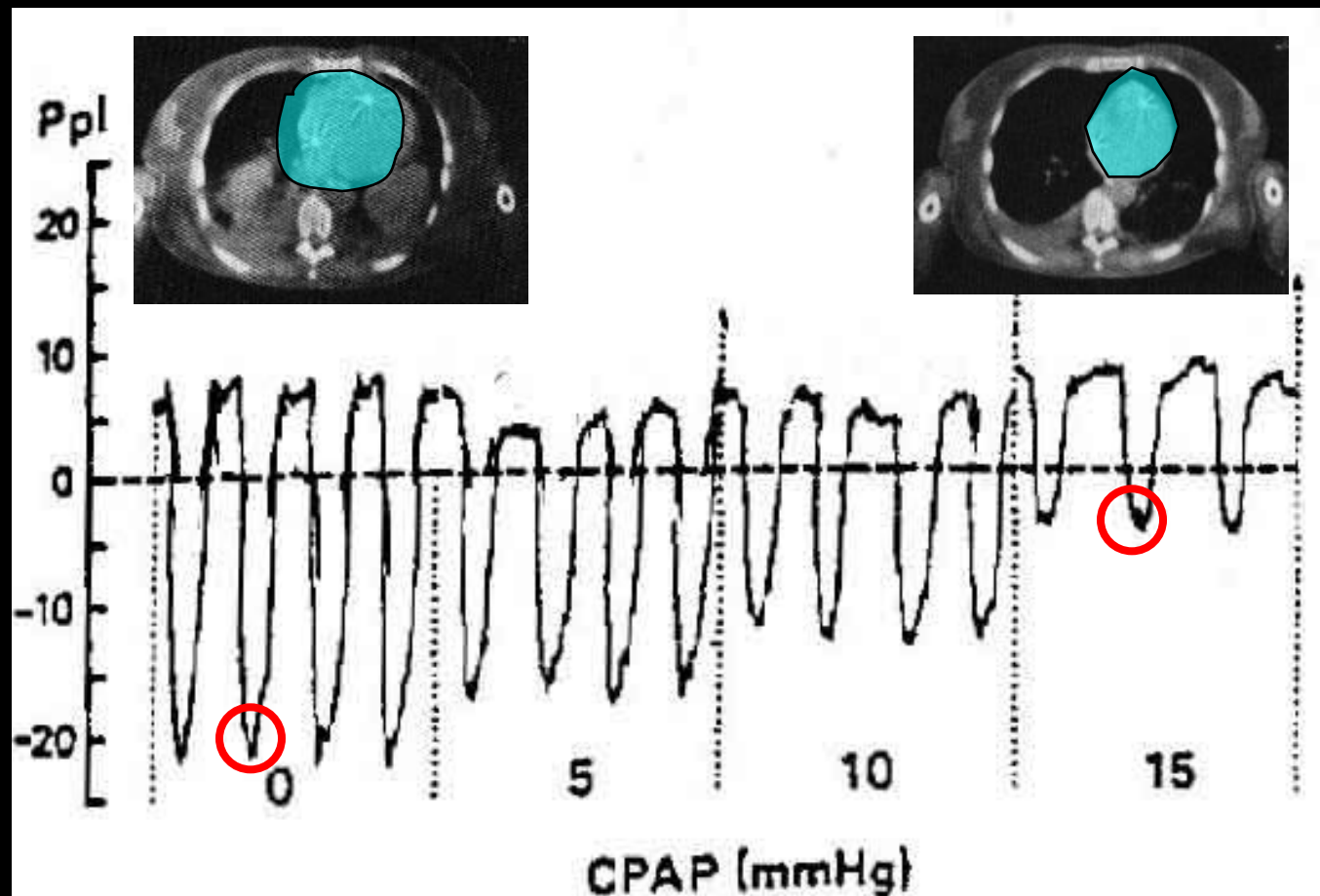
$$P_{tm} = 100 - (-5) = 105$$

↑ effort = ↓ ITP = ↑ P_{tm}

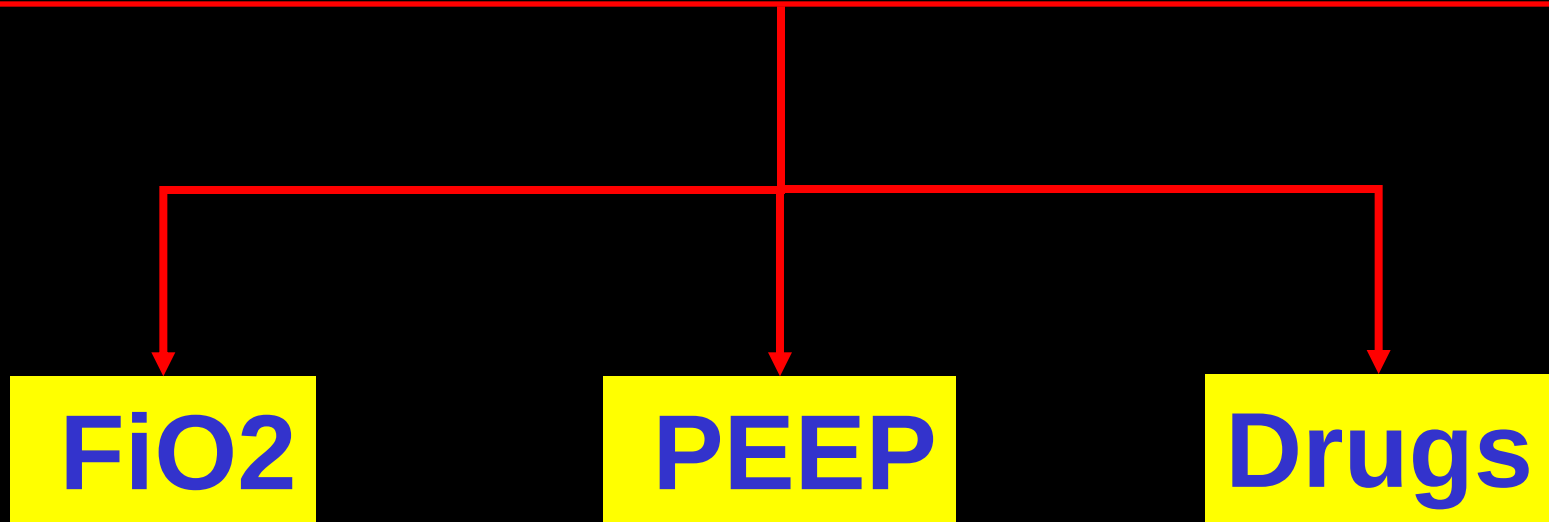
↓
↑ LV afterload

CPAP IN CARDIOGENIC PULMONARY EDEMA

Rasen et al: Chest 1985; 87: 158-162



Why SpO₂ improves during CPAP in ACPE ?

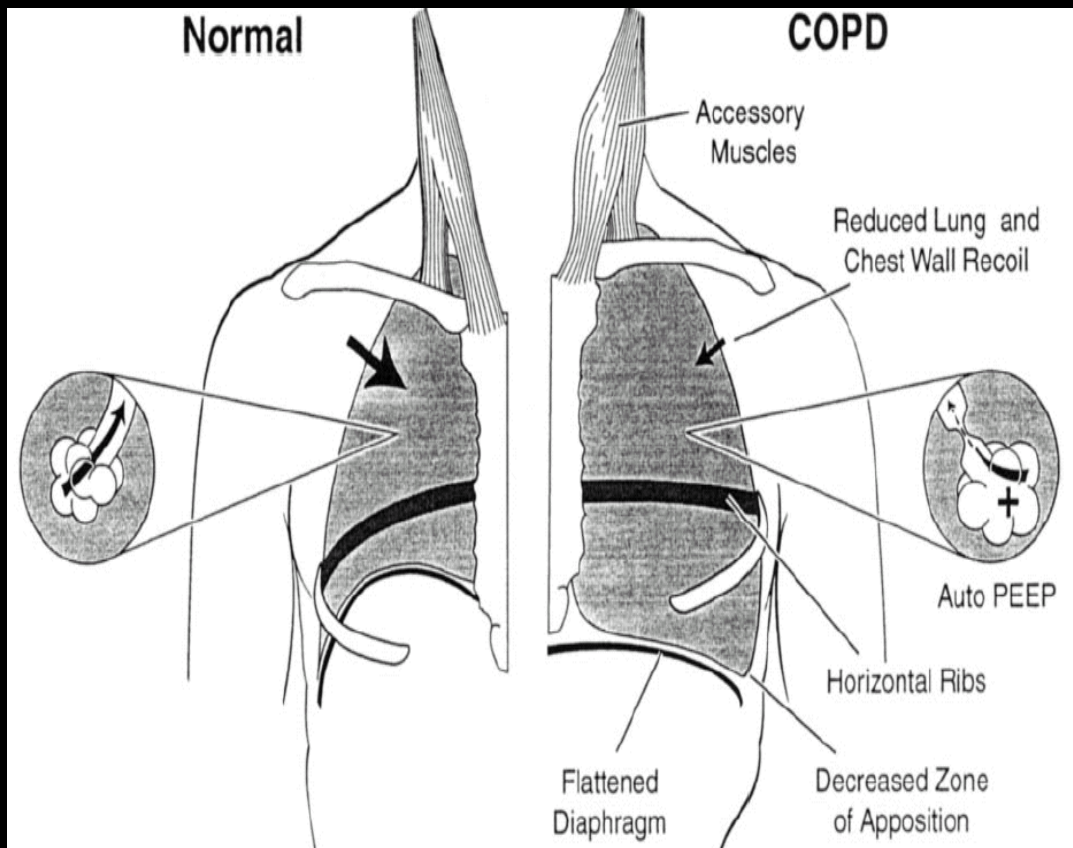


The role of drugs in the first minutes of treatment of severe ACPE is

MARGINAL !

COPD: Increased Ventilatory Muscle Workload

Unbalance between demand and power !



The Vicious Circle of COPD

↑↑ Airway resistance

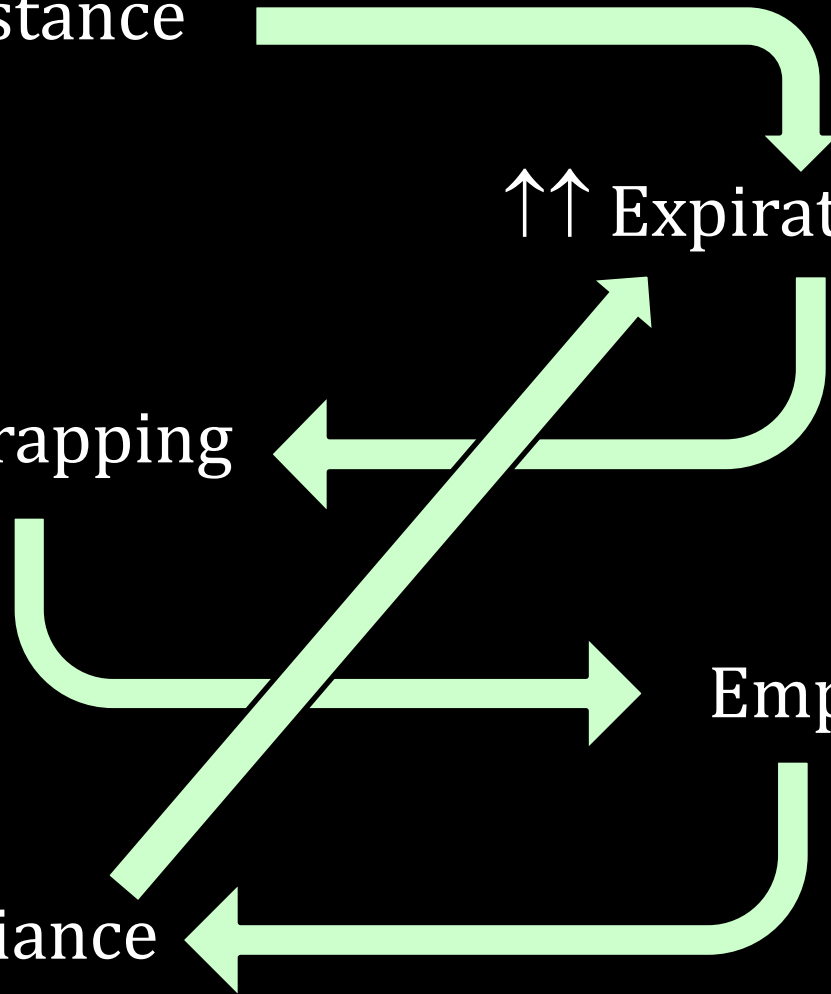


↑↑ Expiration time

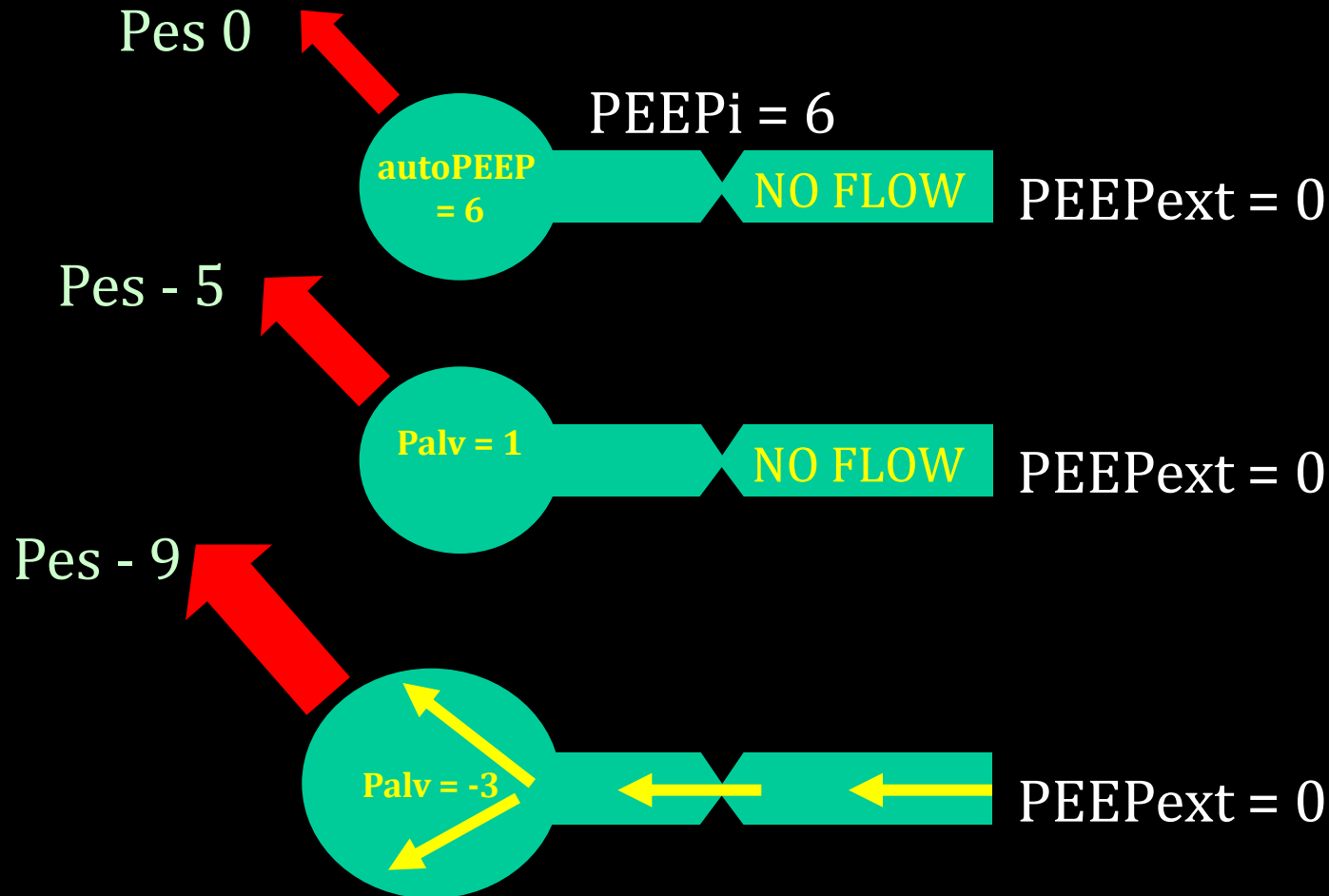
Gas trapping

Emphysema

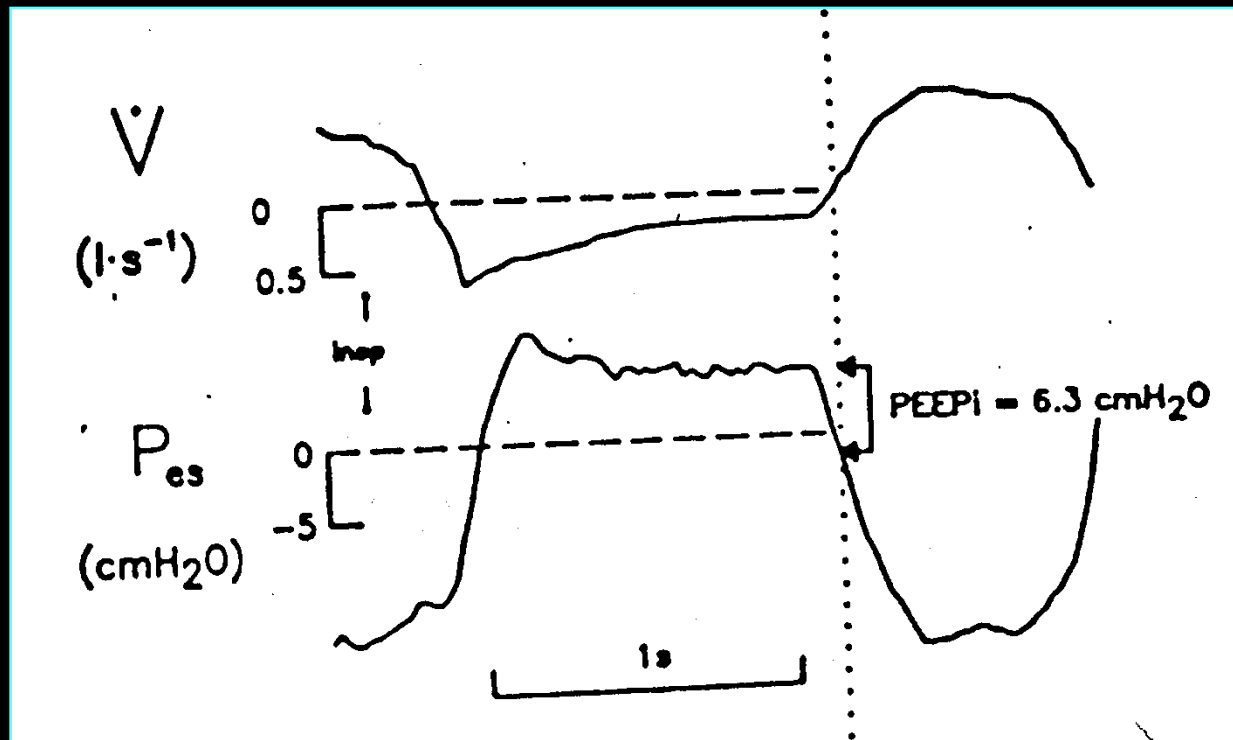
↑↑ Compliance



Auto-PEEP in spontaneously breathing COPD

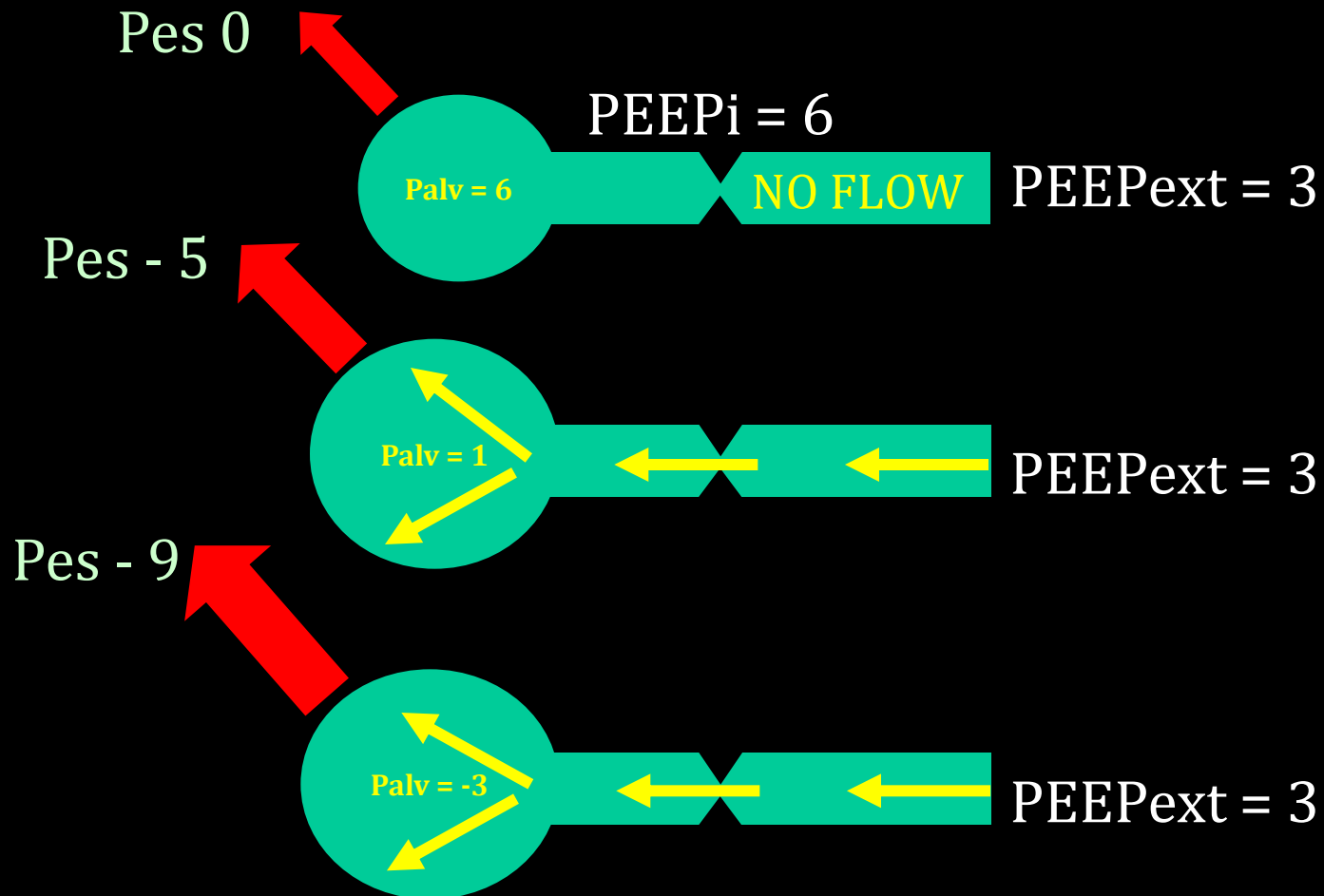


Auto-PEEP in spontaneously breathing COPD



Auto-PEEP is additional workload for the pt!

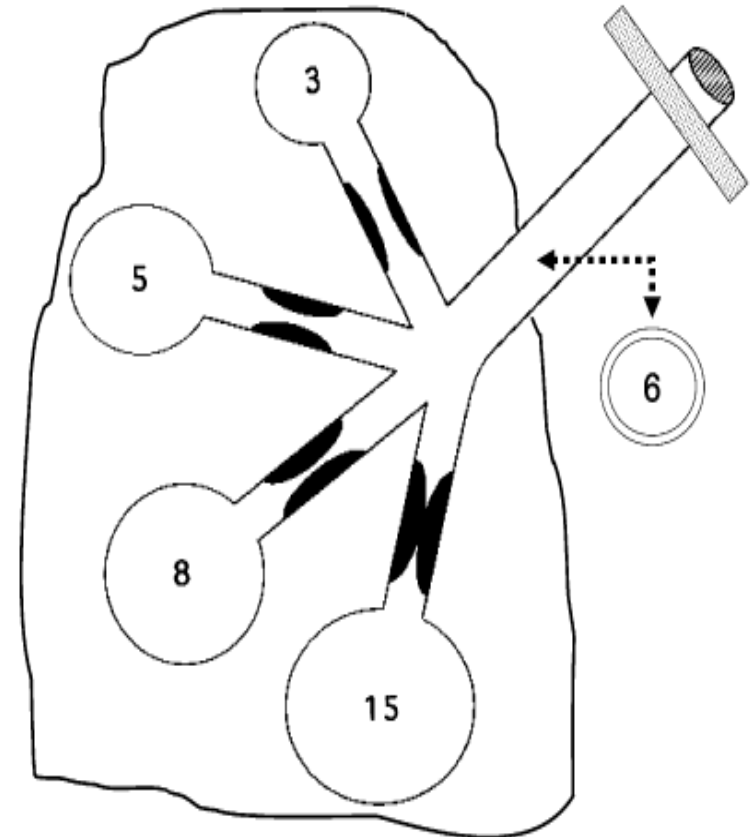
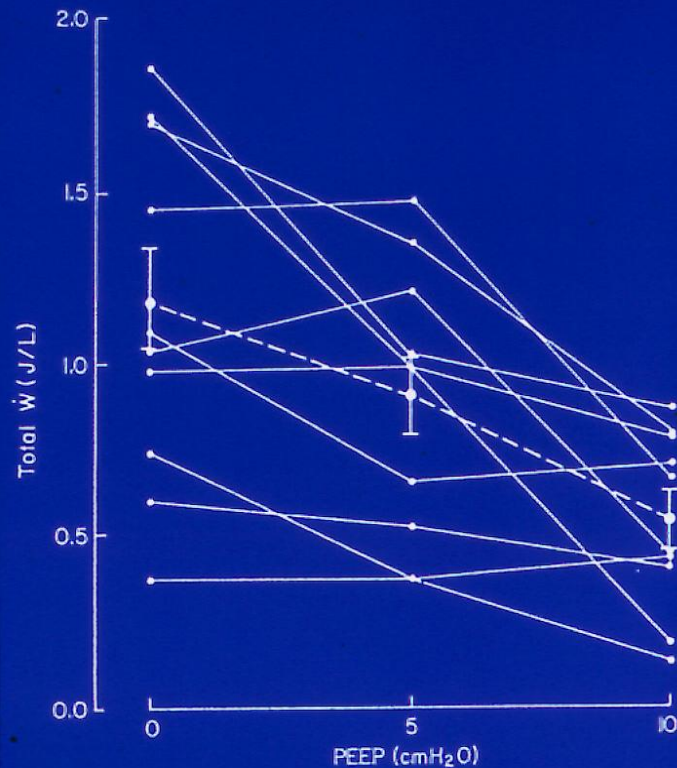
PEEPe in spontaneously breathing COPD



PEEPe in spontaneously breathing COPD

Smith TC, Marini JJ. JAP 1988

Marini et al. AJRCCM 2011



A Chart of Failure Risk for NPPV in COPD

Confalonieri M et al Eur Respir J 2005; 25:348-355

		pH after 2 h <7.25		pH after 2 h 7.25–7.29		pH after 2 h ≥7.30	
	RR	APACHE ≥29	APACHE <29	APACHE ≥29	APACHE <29	APACHE ≥29	APACHE <29
GCS 15	<30	72	35	27	7	11	3
	30–34	88	59	49	17	25	7
	≥35	93	73	64	27	38	11
GCS 12–14	<30	84	51	41	13	19	5
	30–34	93	74	65	28	39	12
	≥35	96	84	78	42	54	20
GCS ≤11	<30	93	74	65	28	39	12
	30–34	97	88	83	51	63	26
	≥35	99	93	90	66	76	40

■ 100 – 75 %
 ■ 74 -50 %
 ■ 49 -25 %
 ■ 24 -0 %

Percentage of patients who fail NIV

Severity

Location

Intervention

pH > 7,35

Ward

Drugs+Oxygen

pH 7,35-7,30

Ward

NPPV

pH <7,30; Alertness

I ICU

NPPV or INPV

**pH < 7.25
and/or
Neurologic
Status
Fatigue or
ET indication
MOF**

ICU

ET intubation

T-Trial

Success

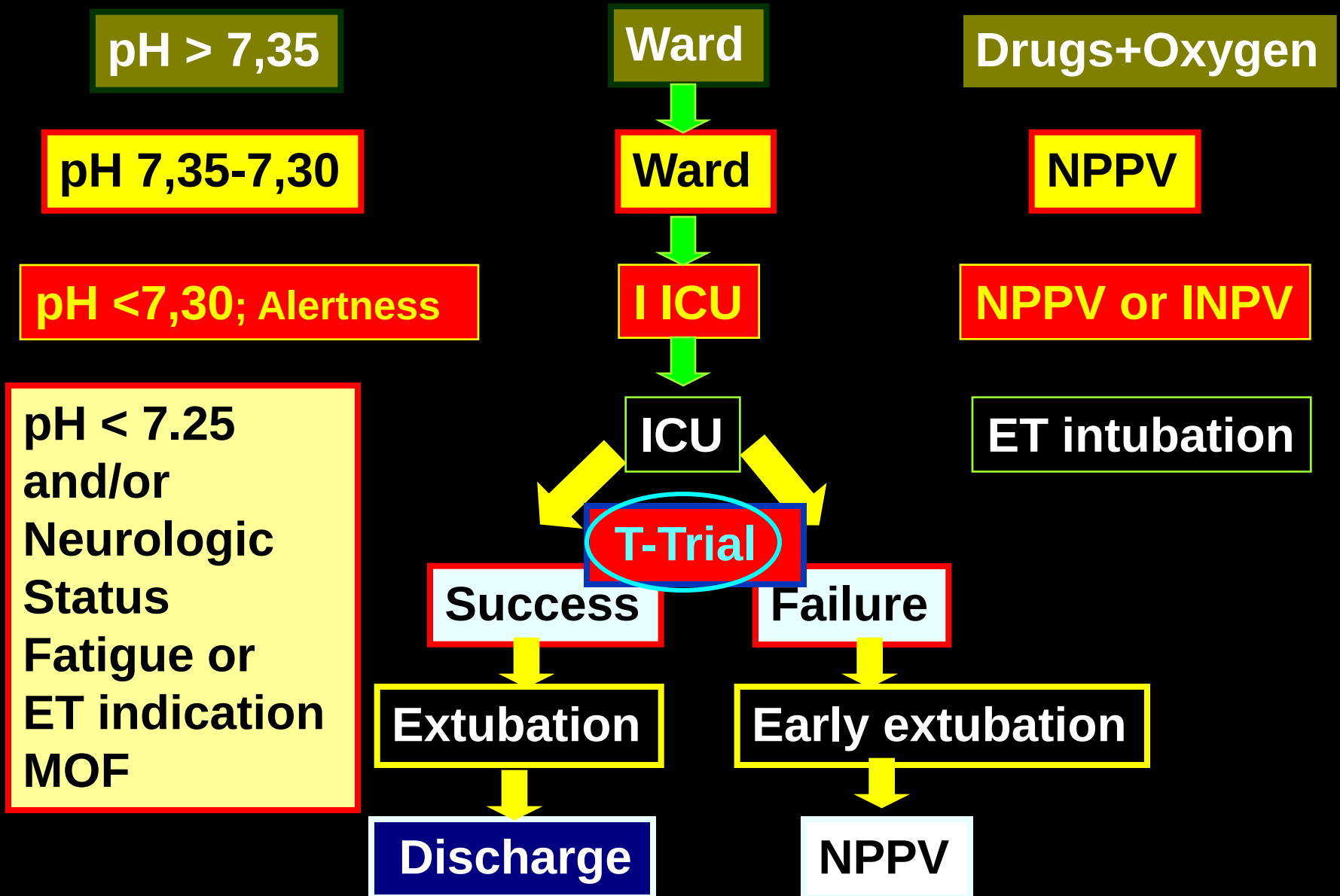
Failure

Extubation

Early extubation

Discharge

NPPV



Extracorporeal Lung Assist with Spontaneous Breathing: A Feasibility Study

Del Sorbo L et al. CritCare Med 2014 (Epub ahead of print)

Participating units:

- ❖ Policlinico of Milan
- ❖ H. San Raffaele (Milan)
- ❖ H. San Matteo (Pavia)
- ❖ H. San Gerardo (Monza)
- ❖ H. Careggi (Firenze)
- ❖ Policlinico Santa Maria alle Scotte (Siena)

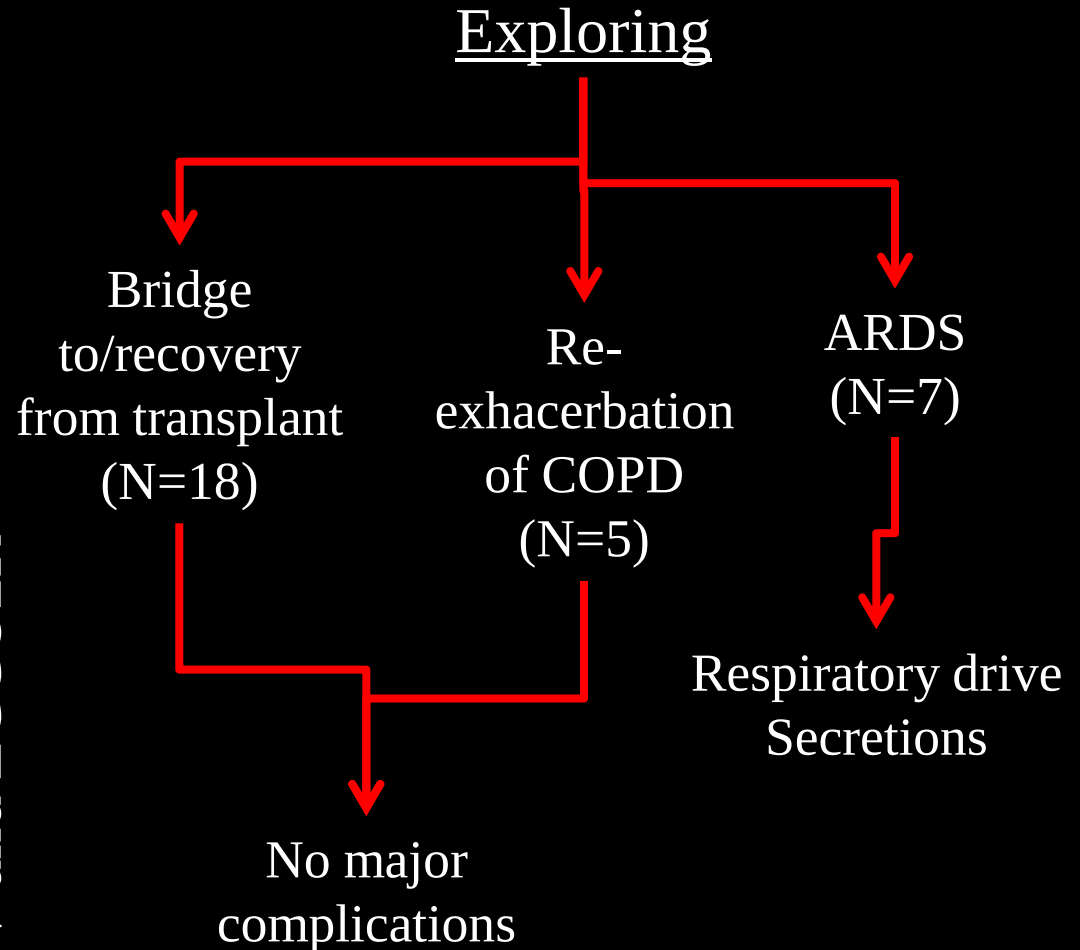
Mechanical events

Patient 2 clots in the circuit
Patient 6 clots in the circuit
Patient 9 clots in the circuit
Patient 14 clots in the circuit
Patient 16 membrane lung failure
Patient 18 pump malfunction
Patient 19 clots in the circuit
Patient 22 clots in the circuit
Patient 25 pump malfunction

Patient-related events

Patient 1 significant bleeding (hematuria)
Patient 4 significant bleeding (retroperitoneal hematoma)
Patient 13 vein perforation at cannula insertion
Patient 23 significant bleeding (groin)

25 patients
NIV and ECCO2R



Modified from Prof. Gattinoni

ARDS Task Force JAMA. 2012 Jun 20;307(23):2526-33

Ferguson ND et al ICM. 2012 Oct;38(10):1573-82

ECMO

ECCO₂-R

HFO

iNO

Neuromuscular
Blockade

Prone Positioning

Low – Moderate PEEP

NIV

Higher PEEP

Low Tidal Volume Ventilation

Mild ARDS

Moderate ARDS

Severe ARDS

Increasing Intensity of Intervention

300

250

200

150

100

50

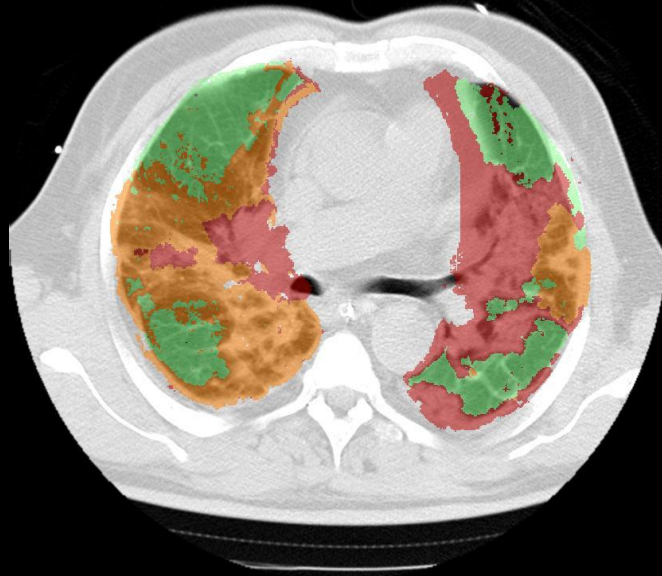
PaO₂/FiO₂

ARDS

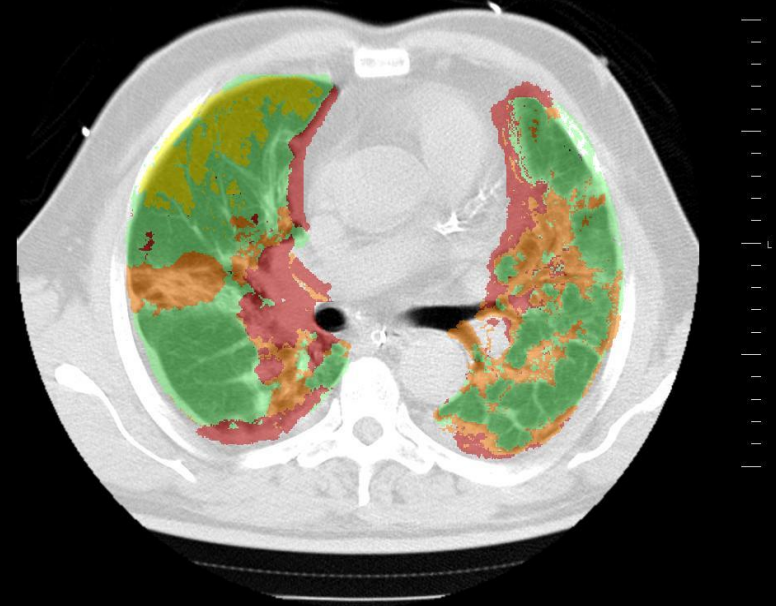
Non invasive Respiratory Support in ARDS

Pelosi P, Jaber S Current Opinion In Anaesthesiology 2010 Apr; 23(2): 233-8

Before NIV



After NIV



-1000 / -900 : Hyperinflated

-900 / -500 : Normally aerated

-500 / -100 : Poorly aerated

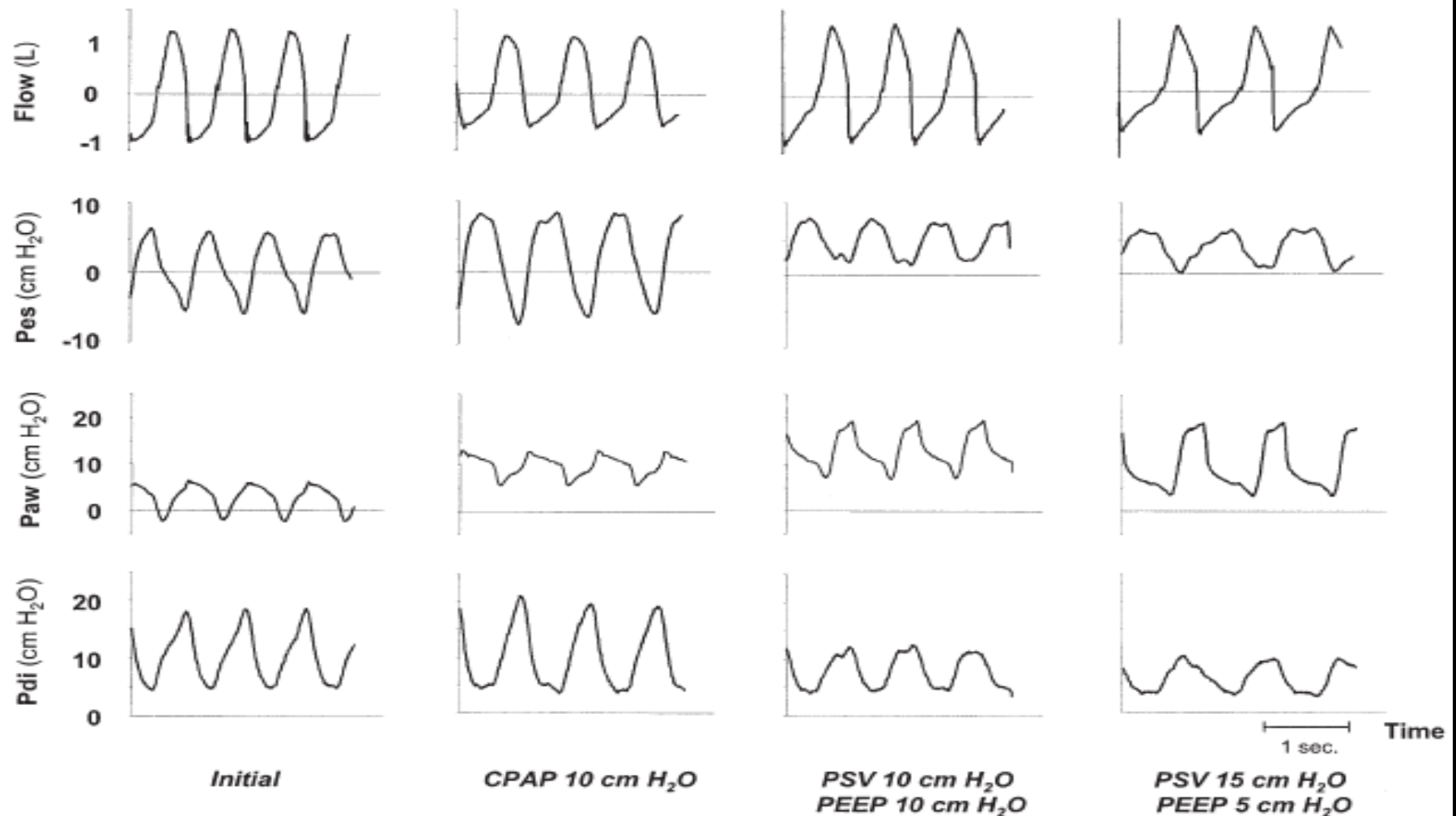
-100 / +100: Non aerated

Physiologic Effects of Noninvasive Ventilation during Acute Lung Injury

Am J Respir Crit Care Med 2006

Erwan L'Her, Nicolas Deye, François Lellouche, Solenne Taille, Alexandre Demoule, Amanda Fraticelli, Jordi Mancebo, and Laurent Brochard

Réanimation Médicale–Unité INSERM U492, Hôpital Henri Mondor, Creteil Cedex, France



ALVEOLAR RECRUITMENT IN ARDS

Gattinoni L et al. Engl J Med. 2006 Apr 27;354(17):1775-86

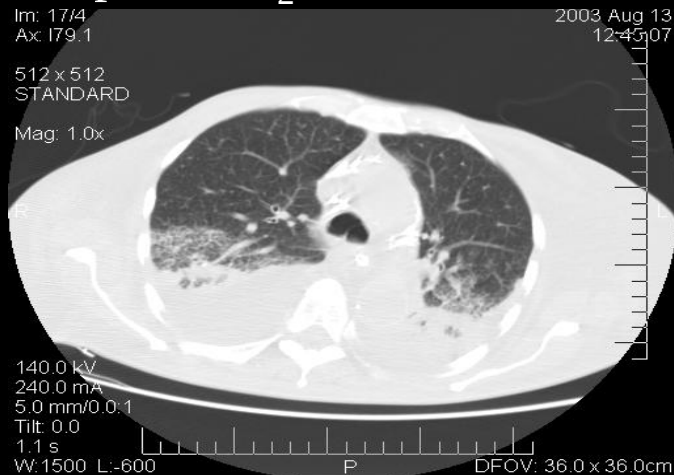
Paw 45cmH₂O



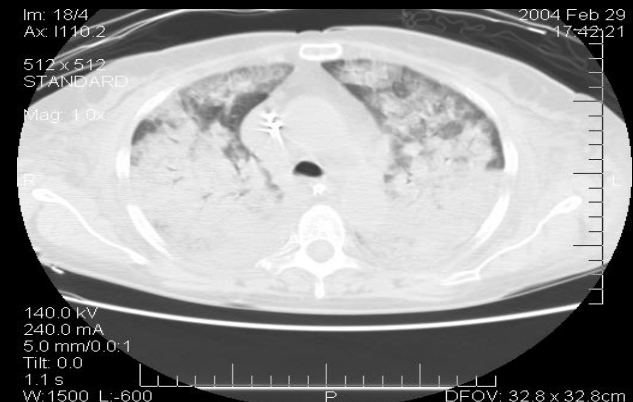
Paw 45cmH₂O



Peep 5 cmH₂O

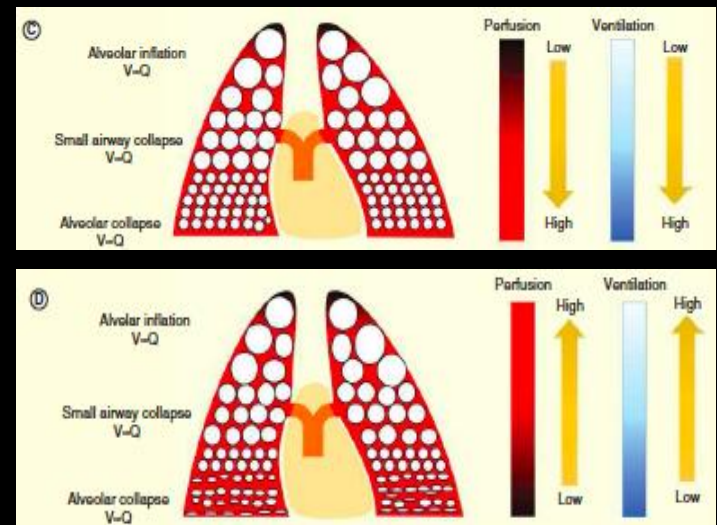
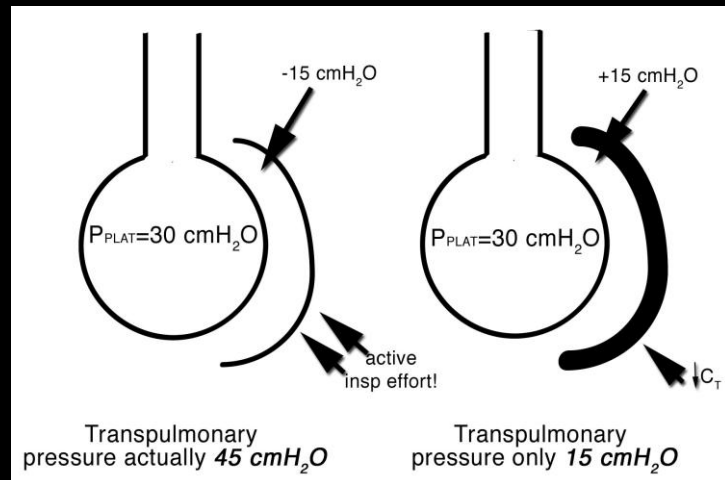
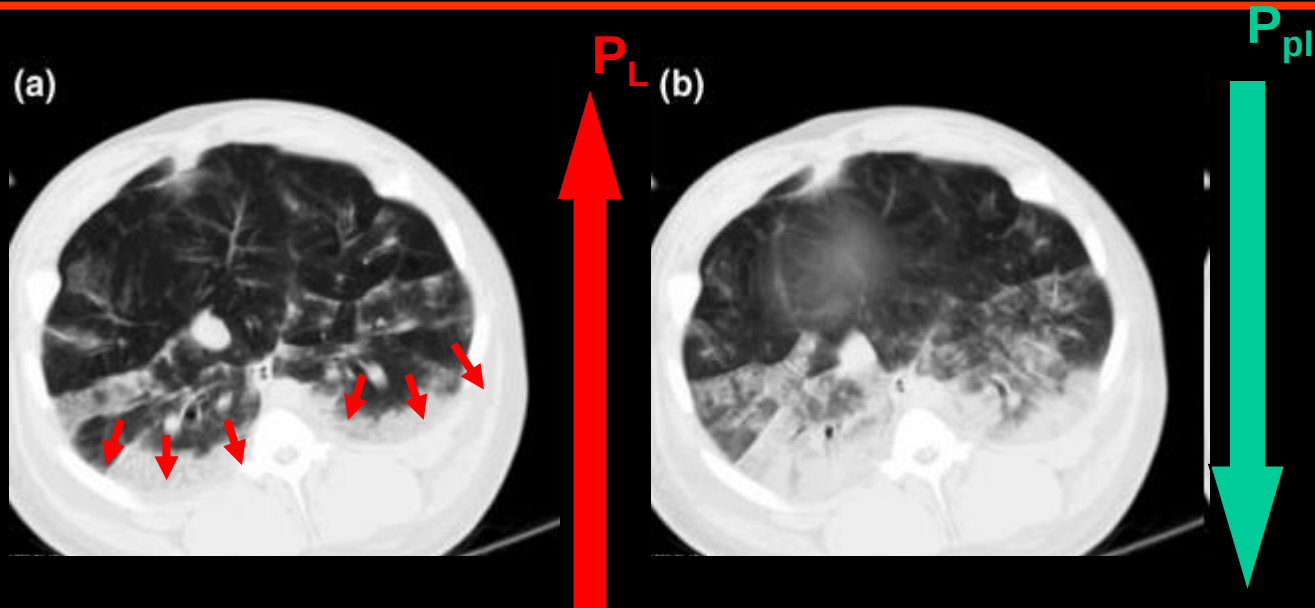


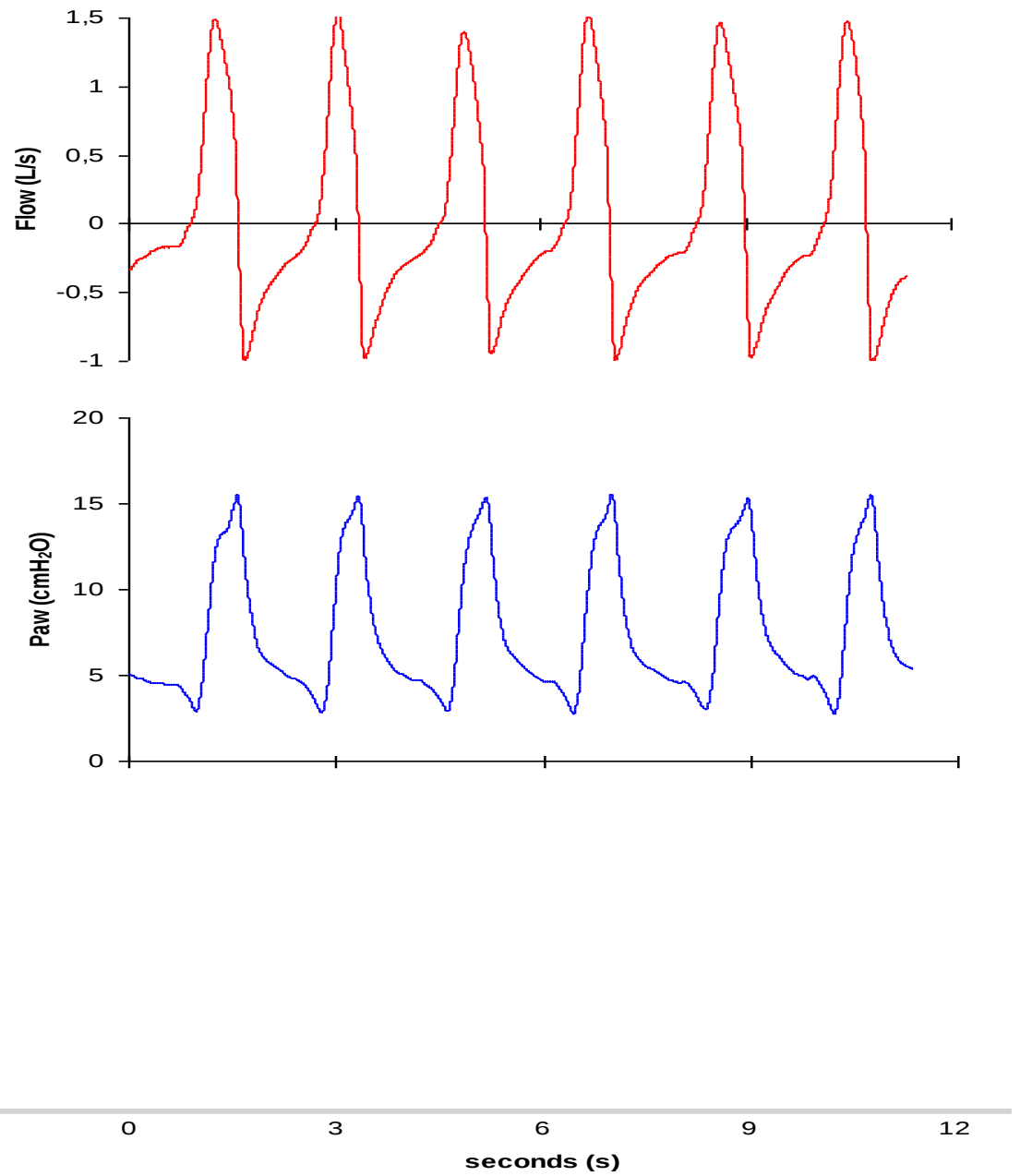
Peep 5 cmH₂O

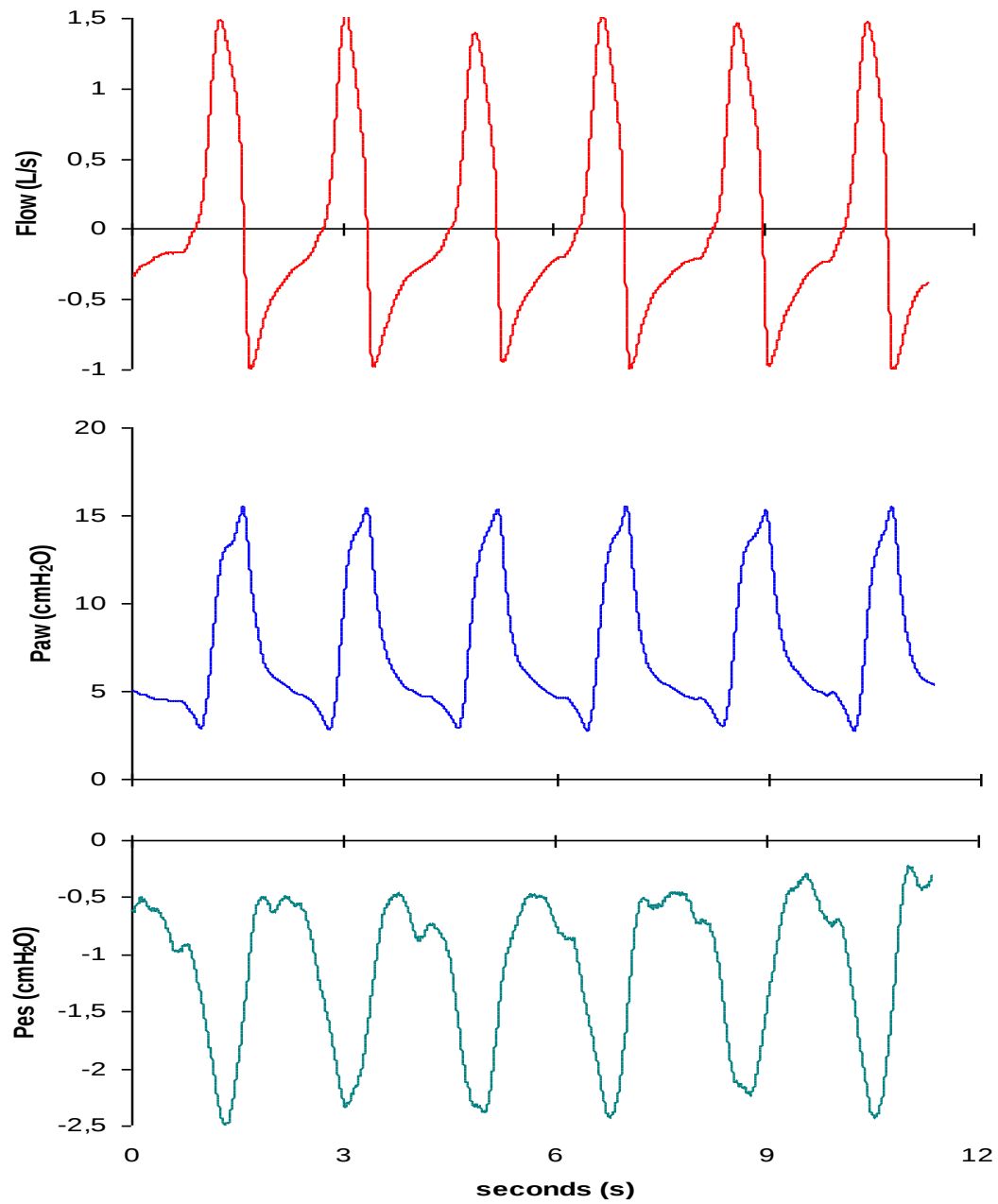


Spontaneous –Assisted Breathing

Gama de Abreu M, et al. Curr Opin Anaesthesiol. 2012;25(2):148-55
Saddy F et al Semin Respir Crit Care Med. 2014 Aug;35(4):409-17







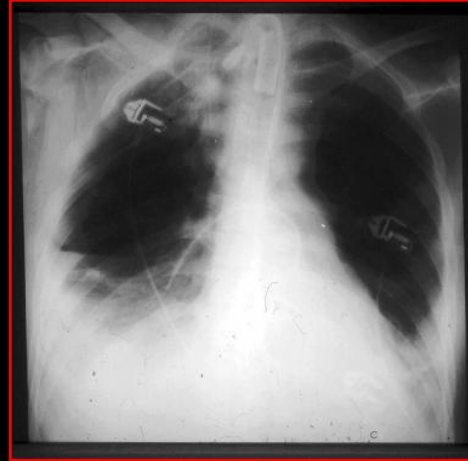
When to Start - Stop NIV in ARDS ?

Rana C et al. Crit Care 2006;10:R79; Antonelli M et al. CCM 2007;35:18-25

Pelosi P, Jaber S Current Opinion In Anaesthesiology 2010 Apr; 23(2): 233-8

Start NPPV:

- $MV < 15 \text{ L/min}$
- Absence of Shock
- $BE > -5 \text{ mEq/L}$
- $PaO_2/FiO_2 > 120 \text{ mmHg}$
- **Lobar Densities at Chest X Ray**
- Ability to cough and clear secretions



Stop NPPV :

- $PaO_2/FiO_2 < 175 \text{ mmHg}$ after 1-4 Hours

Noninvasive Ventilation for ARDS ?

Pelosi P, Jaber S Current Opinion In Anaesthesiology 2010 Apr; 23(2): 233-8

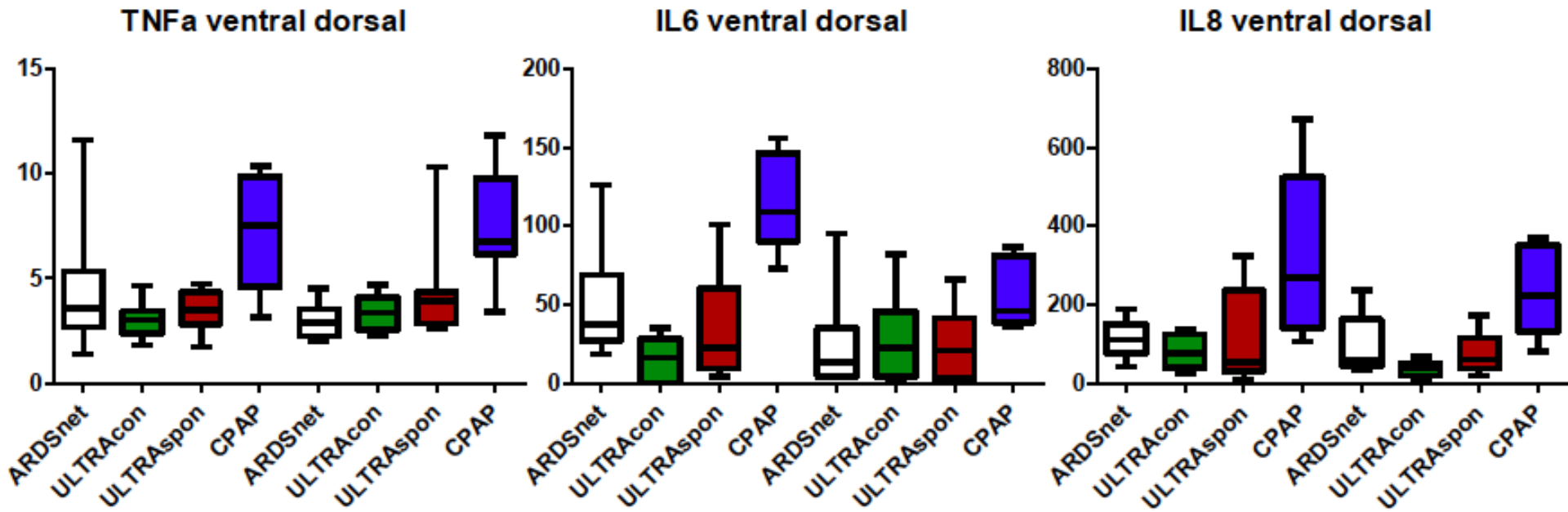


Which is the “Optimal Ventilation” during UP-MV and ECCO2R ?

Guldner A, et al Anesthesiology 2014 (Epub Ahead of Print)

- ULTRAspont and CPAP improves Gas-Exchange and Mechanics
- CPAP increase inflammatory mediators

ULTRAspont (APRV and Spont) seem to be the “Optimal Ventilation Setting” during ECCO2-R



Ultrasonography in ICU: Lung, Heart, & Volemia

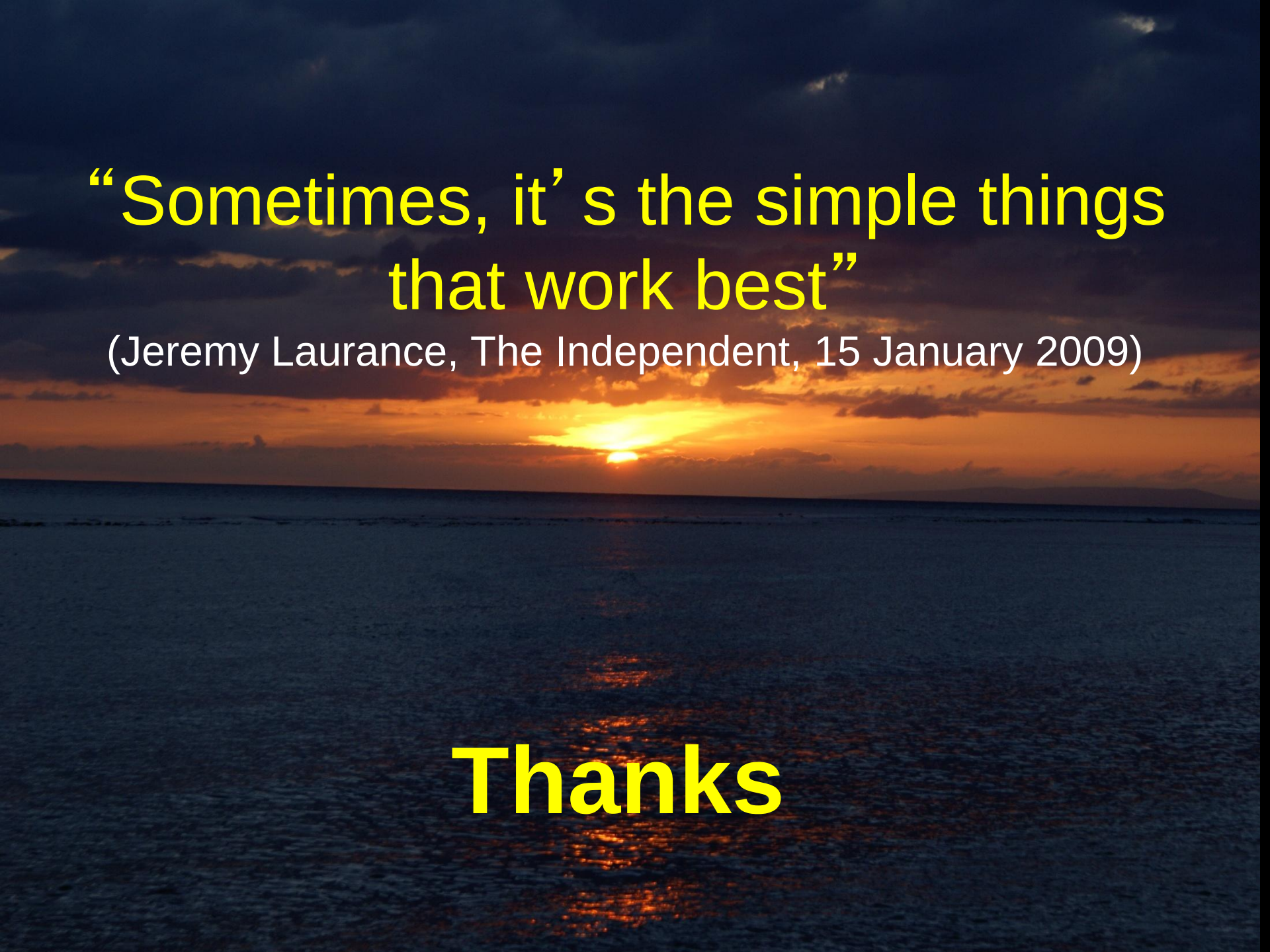
Pelosi P, Corradi F *Anesthesiology* 117(4):696-698, 2012

Corradi F, Brusasco C, Pelosi P *Curr Opin Crit Care*. 2014 Feb;20(1):98-103

ACUTE DYSPNEA WITH OXYGEN DESATURATION									
DRY LUNG			WET LUNG				LUNG POINT		
HORIZONTAL ARTIFACTS			VERTICAL ARTIFACTS		MIXED ECHOTEXTURE				
EXPANDED	EXPANDED	COLLAPSED	EXPANDED	VARIABLE	VARIABLE	EXPANDED			
PERICARDIAL EFFUSION	RIGHT HEART ENLARGED	SYSTOLIC ANTERIOR MOTION of MV	HYPOKINESIA AKINESIA	SEVERE VALVULOPATHY	VARIABLE	VARIABLE	VARIABLE/REDUCED		
CARDIAC TAMPONADE	PULMONARY EMBOLISM with SHOCK	LEFT VENTRICULAR OUTFLOW OBSTRUCTION	MYOCARDIAL INFARCTION	AORTIC STENOSIS/REGURGITATION	ACUTE RESPIRATORY DISTRESS SYNDROME	PNEUMONIA/ATELECTASIS	TENSION PNEUMOTHORAX with SHOCK		
HEART FAILURE					LUNG FAILURE				
GOAL DIRECTED THERAPY									

Evidence to support the use of NPPV for different types of Acute Respiratory Failure

LEVEL OF EVIDENCE	EVIDENCE
Strong (Multiple positive Controlled Trials)	COPD exacerbations ACPE (CPAP) Immunocompromised patients Facilitation of weaning in COPD Avoidance of re-intubation in COPD
Intermediate (Single positive Controlled Trial/ Multiple Case Series)	Pre-intubation oxygenation Prevention (CPAP)/ Treatment of Postoperative Respiratory Failure Diagnostic procedures
Poor/Absent (Multiple negative/conflicting Controlled Trials)	ARDS Avoidance of re-intubation



**“Sometimes, it’ s the simple things
that work best”**

(Jeremy Laurance, The Independent, 15 January 2009)

Thanks