

Hemodynamics and Mechanical Ventilation

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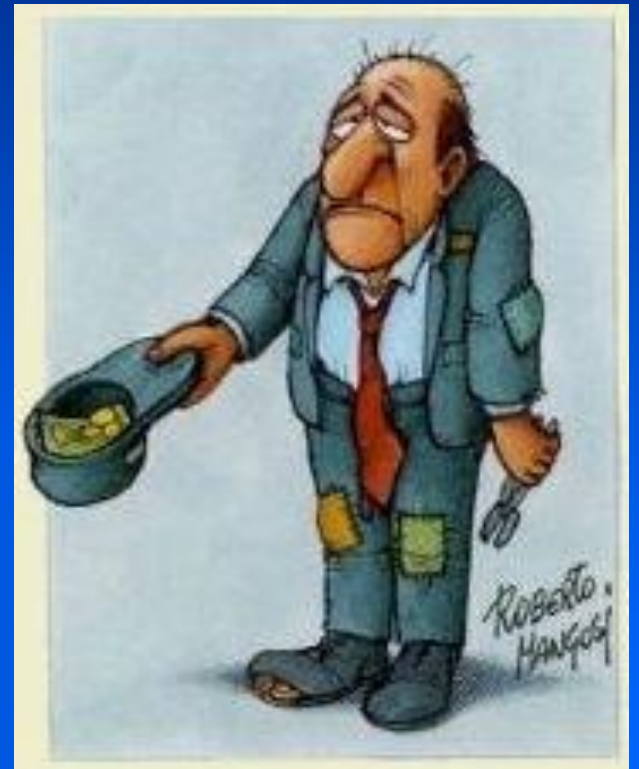
ppelosi@hotmail.com

“IX CONGRESSO NAZIONALE SIMEU”

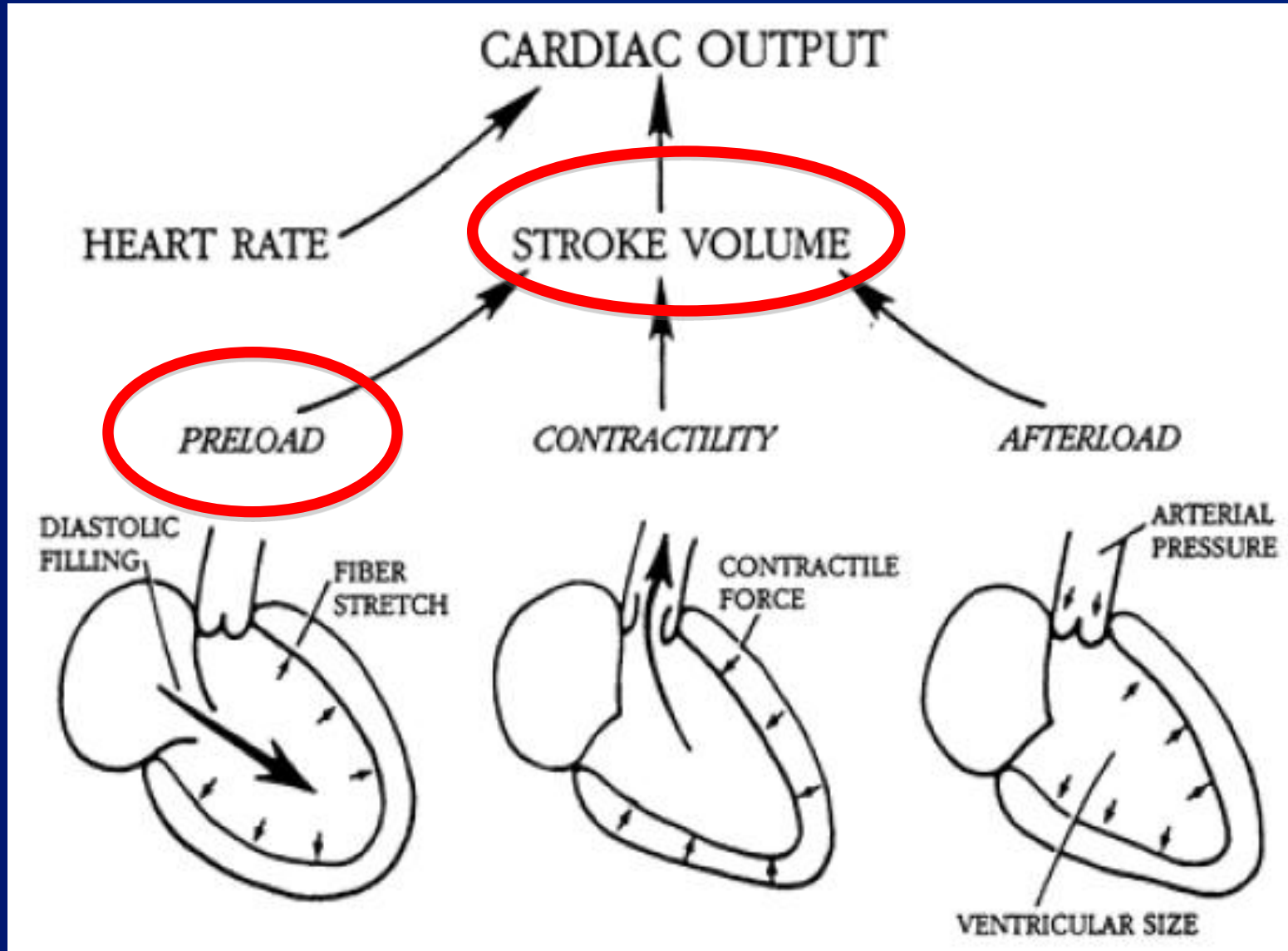
Torino, 6-8 Novembre 2014

Conflicts of Interest

I declare
NO conflicts of interest



Determinants of Cardiac Output



What should we know for tx decisions ?

- Preload
- Flow
- Flow adequacy



Fluids

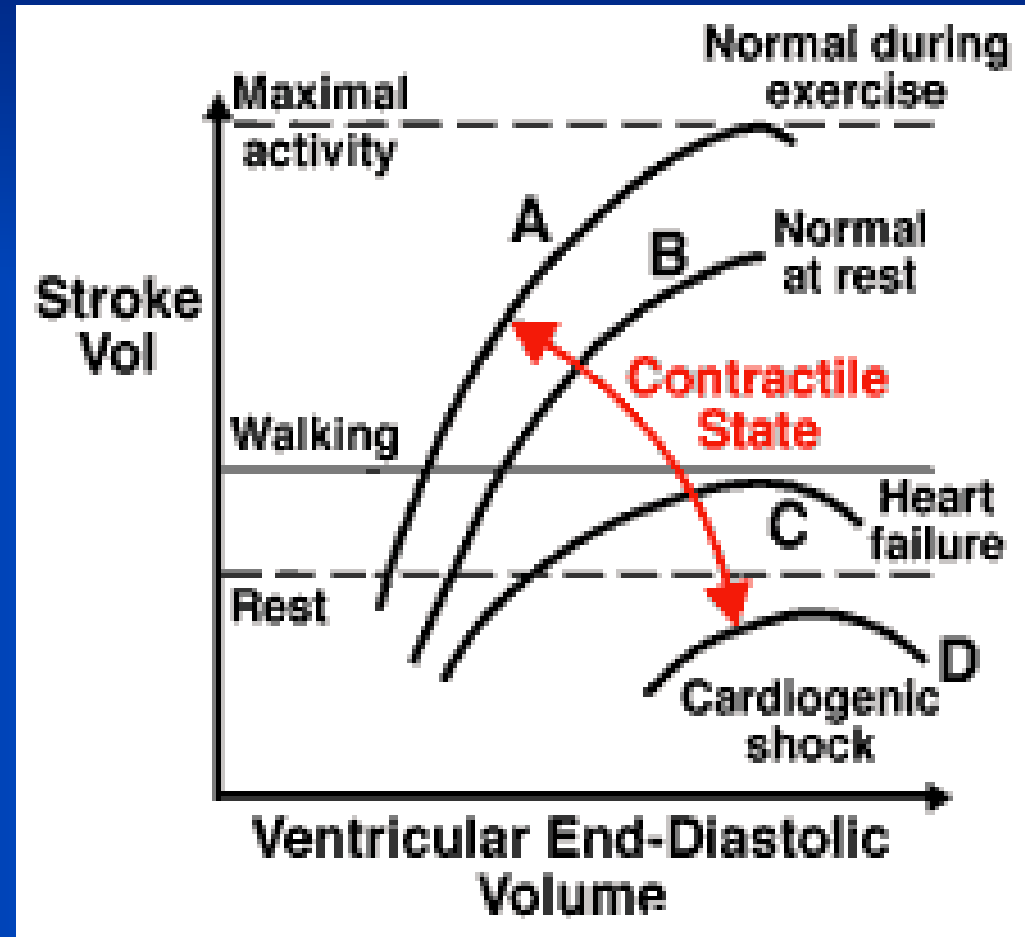
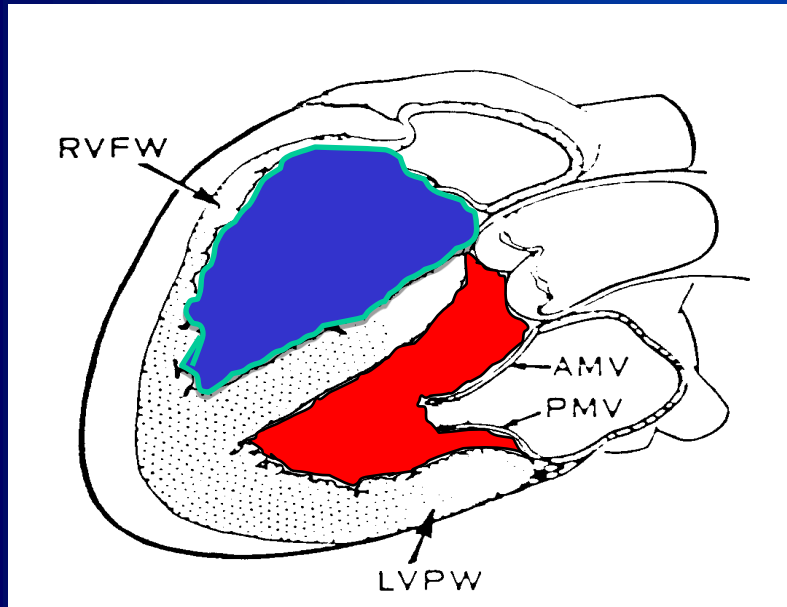
Inotrops

Pressors dilators

Treatment !

Preload & Stroke Volume

$$PRELOAD = RVEDV / LVEDV$$



(Frank-Starling)

Pulmonary artery occlusion pressure and central venous pressure fail to predict ventricular filling volume, cardiac performance, or the response to volume infusion in normal subjects

Anand Kumar, MD; Ramon Anel, MD; Eugene Bunnell, MD; Kalim Habet, MD, MD; Sergio Zanotti, MD; Stephanie Marshall, RN; Alex Neumann, MS; Amjad Ali, MD; Mary Cheang, MS; Clifford Kavinsky, MD, PhD; Joseph E. Parrillo, MD

Objective: Pulmonary artery occlusion pressure and central venous pressure have been considered to be reliable measures of left and right ventricular preload in patients requiring invasive hemodynamic monitoring. Studies in recent years have questioned the correlation between these estimates of ventricular filling pressures and ventricular end-diastolic volumes/cardiac performance variables in specific patient groups, but clinicians have continued to consider the relationship valid in the broader context. The objective of this study was to assess the relationship between pressure estimates of ventricular preload (pulmonary artery occlusion pressure, central venous pressure) and end-diastolic ventricular volumes/cardiac performance in healthy volunteers.

Design: Prospective, nonrandomized, nonblinded interventional study.

Setting: Cardiac catheterization and echocardiography laboratories.

Subjects: Normal healthy volunteers (n = 12 group 1, n = 32 group 2).

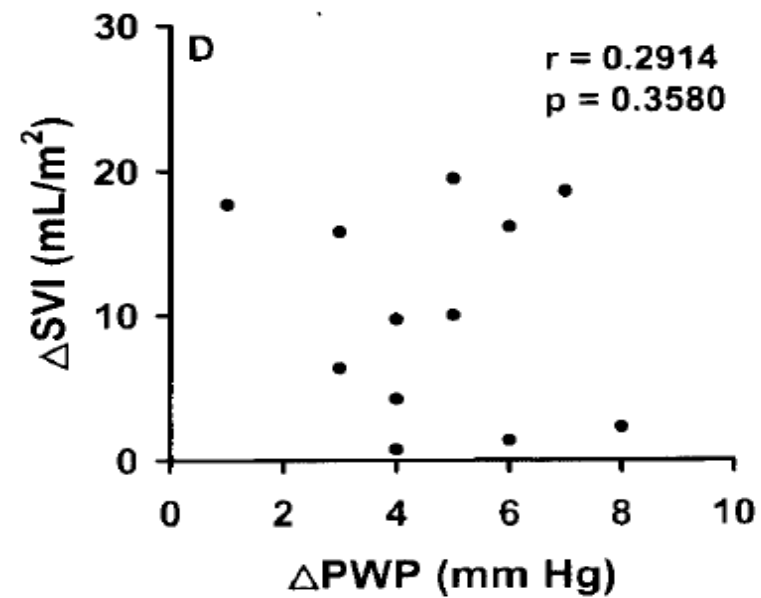
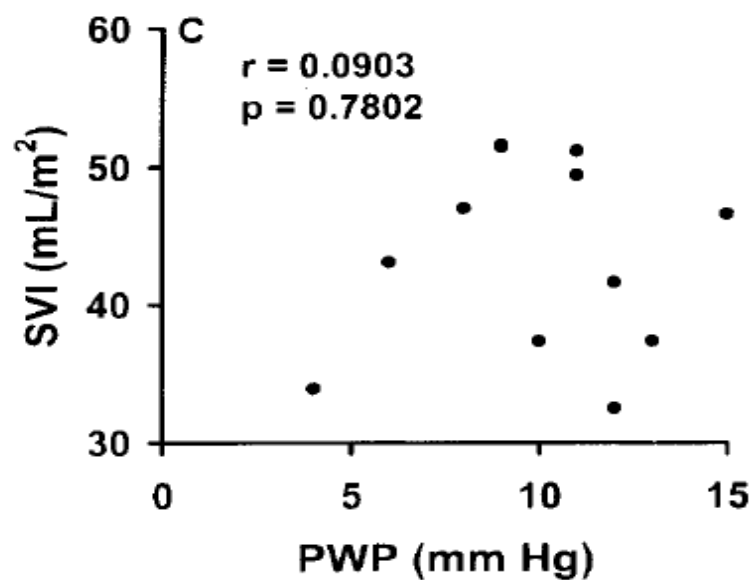
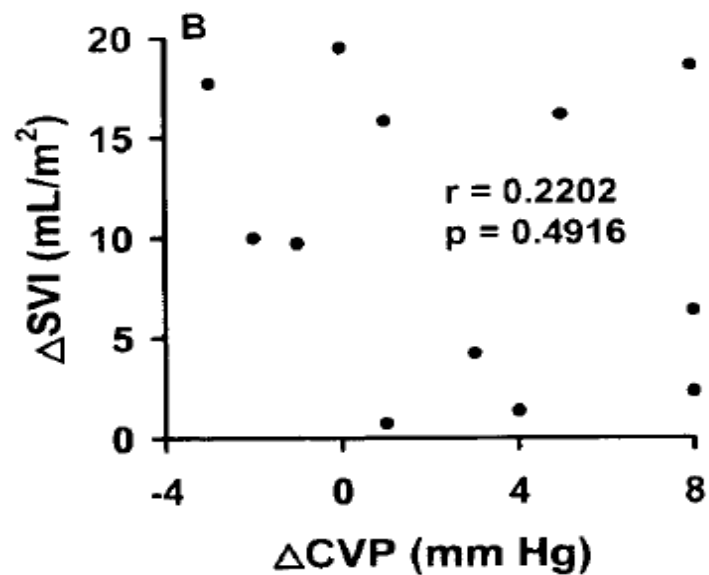
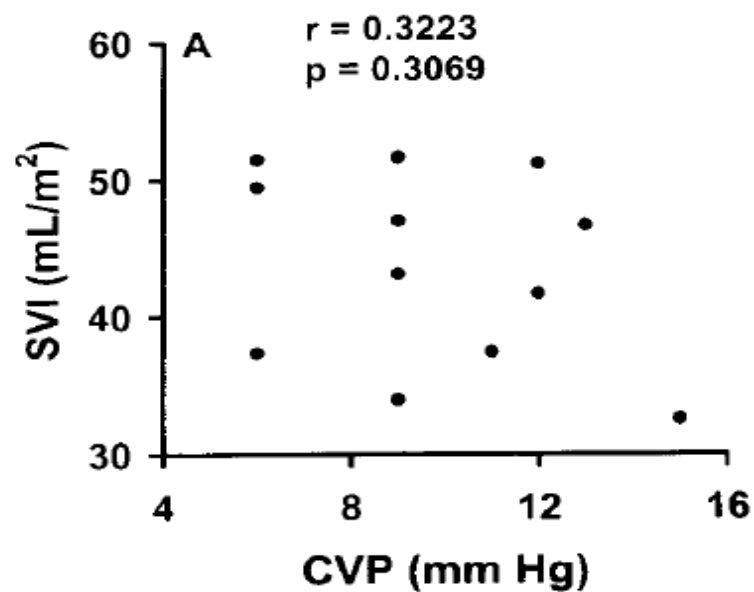
Interventions: Pulmonary catheterization and radionuclide cineangiography (group 1) and volumetric echocardiography (group 2) during 3 L of normal saline infusion over 3 hrs.

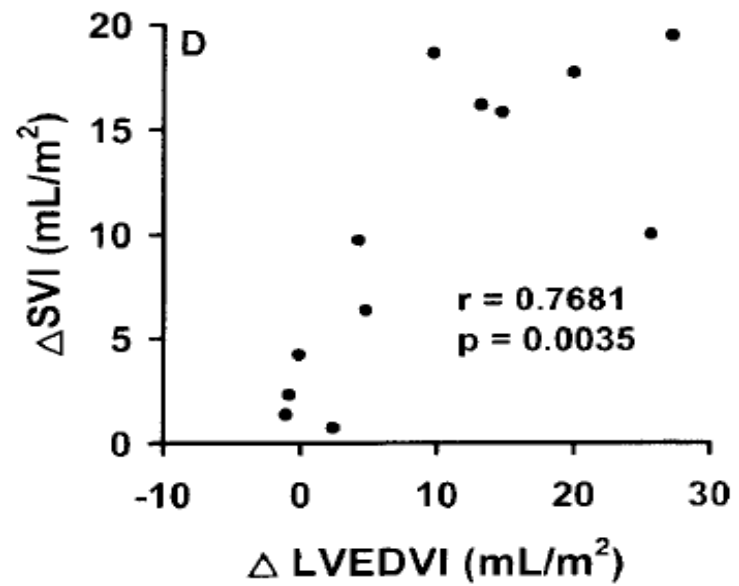
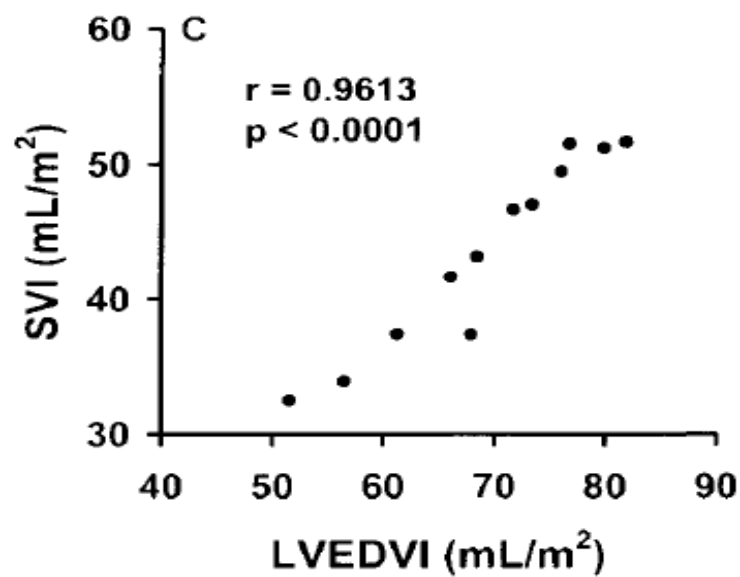
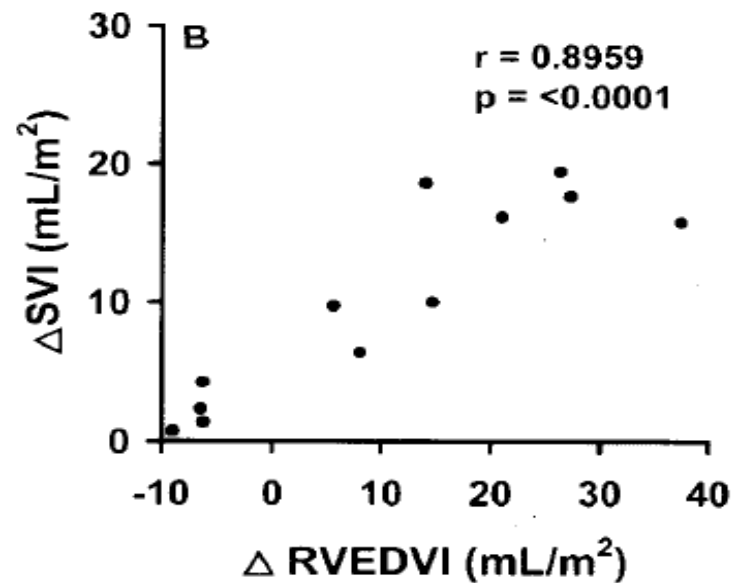
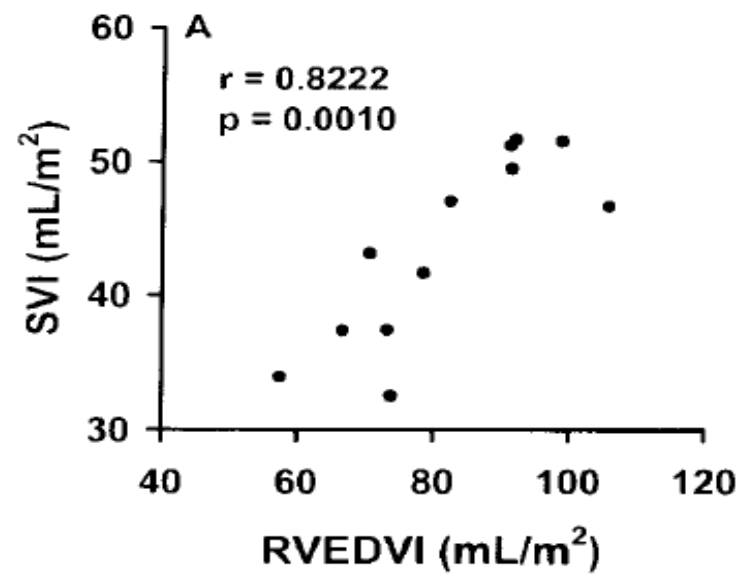
Measurements and Main Results: In group 1, the initial pulmonary artery occlusion pressure and central venous pressure did not correlate significantly with initial end-diastolic ventricular volume indexes or cardiac performance (cardiac index and stroke volume index). Changes in pulmonary artery occlusion pressure and central venous pressure following saline infusion also did not correlate with changes in end-diastolic ventricular volume indexes or cardiac performance. In contrast, initial end-diastolic ventricular volume indexes and changes in these ventricular volume indexes in response to 3 L

of normal saline loading correlated well with initial stroke volume index and changes in stroke volume index, respectively. The relationship between left ventricular end-diastolic volume index and stroke volume index was confirmed in group 2 subjects using mathematically independent techniques to measure these variables. In addition, initial central venous pressure, right ventricular end-diastolic volume index, pulmonary artery occlusion pressure, and left ventricular end-diastolic volume index failed to correlate significantly with changes in cardiac performance in response to saline infusion in group 1 subjects.

Conclusions: Normal healthy volunteers demonstrate a lack of correlation between initial central venous pressure/pulmonary artery occlusion pressure and both end-diastolic ventricular volume indexes and stroke volume index. Similar results are found with respect to changes in these variables following volume infusion. In contrast, initial end-diastolic ventricular volume indexes and changes in end-diastolic ventricular volume indexes in response to saline loading correlate strongly with initial and postsaline loading changes in cardiac performance as measured by stroke volume index. These data suggest that the lack of correlation of these variables in specific patient groups described in other studies represents a more universal phenomenon that includes normal subjects. Neither central venous pressure nor pulmonary artery occlusion pressure appears to be a useful predictor of ventricular preload with respect to optimizing cardiac performance. (Crit Care Med 2004; 32:691-699)

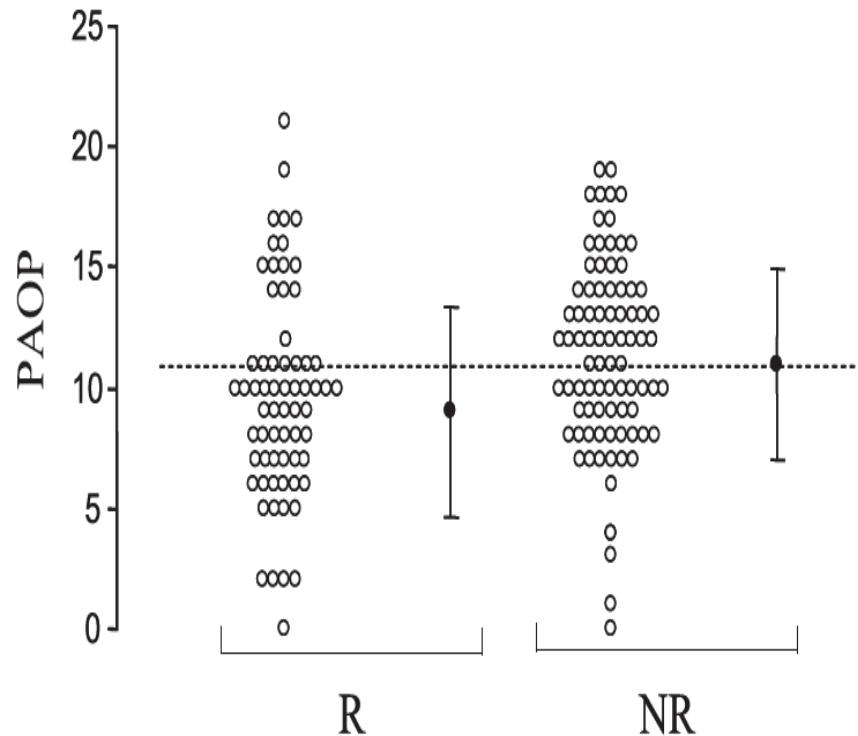
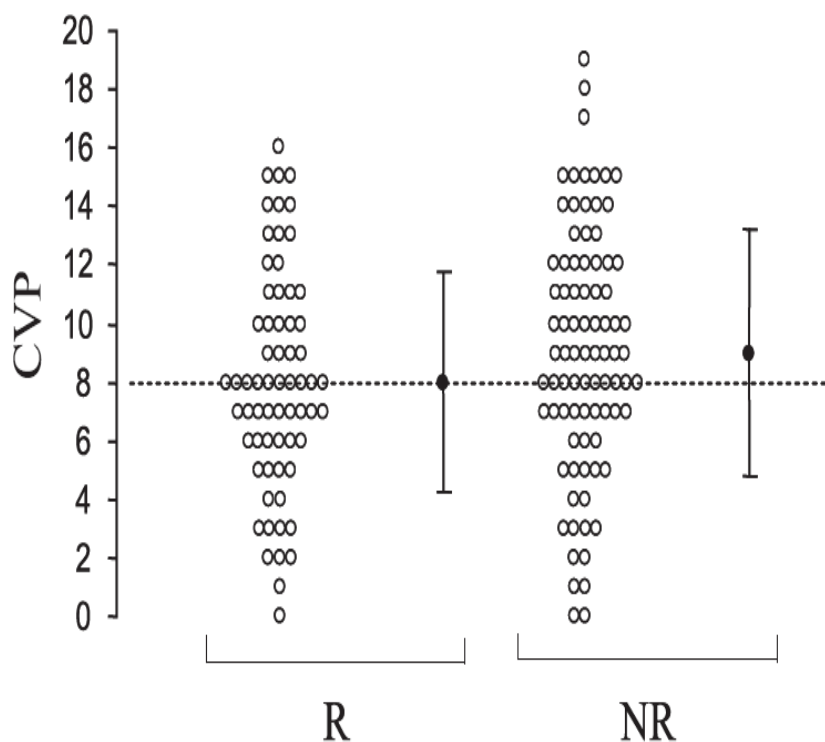
KEY WORDS: volunteers; saline; heart; cardiac output; stroke volume; ventricular volume; cardiac compliance; pulmonary artery occlusion pressure; central venous pressure; preload





Cardiac filling pressures are not appropriate to predict hemodynamic response to volume challenge*

David Osman, MD; Christophe Ridet, MD; Patrick Ray, MD; Xavier Monnet, MD, PhD; Nadia Anguel, MD; Christian Richard, MD; Jean-Louis Teboul, MD, PhD



RAP/CVP IS A FUNCTION OF FOUR INDIPENDENT PARAMETERS

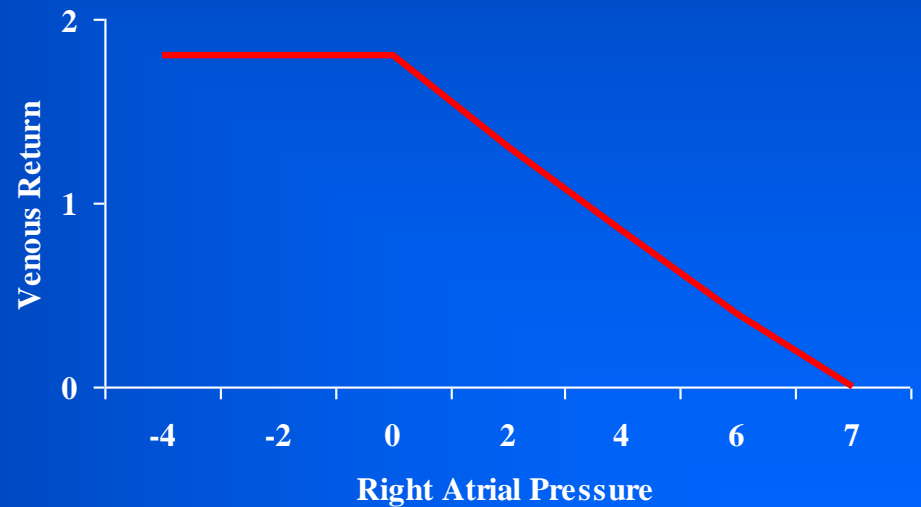
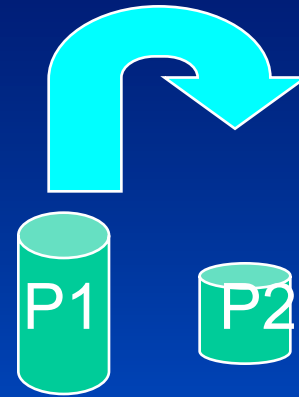
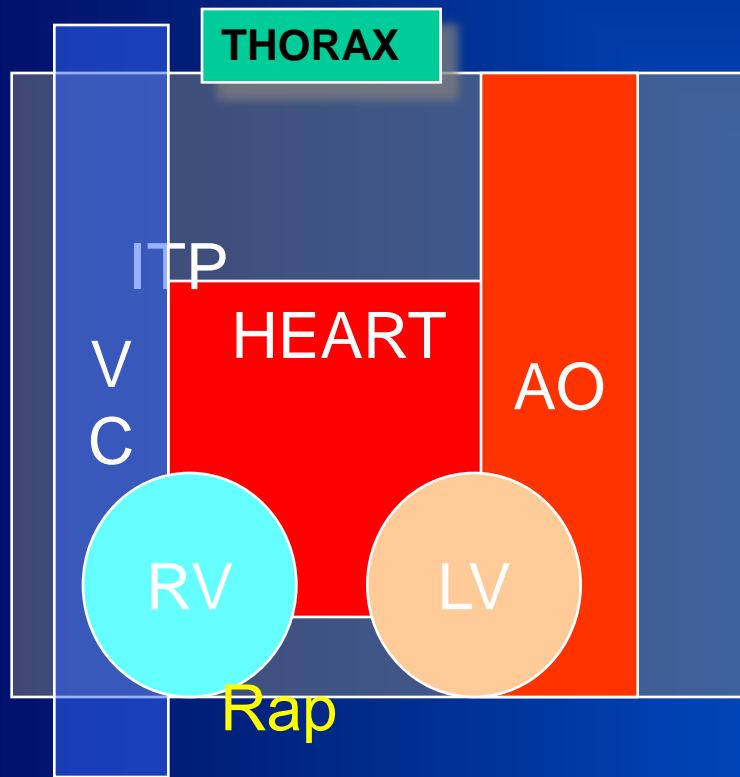
- **Blood volume and flow in the central veins**
- **Right ventricular compliance and contractility during diastolic filling**
- **Central veins tonus**
- **Ventricular interactions**
- **Intrathoracic pressure**

.....RAP/CVP IS A FUNCTION OF MANY OTHER FACTORS

- Patient's posture
- Venous obstruction
- Valvular alterations (stenosis/tricuspidal insufficiency) and ventricular compliance
- Cardiac rhythm and respiratory rate

VENOUS RETURN CURVE

$$VR = \frac{PmS - RAP}{r}$$



PAWP

- PAWP → LAP

ZONE WEST_
1 PA>Pa>Pv_
2 Pa>PA>Pv_
3 Pa>Pv>PA_

- shape(eccentric) of the balloon
- no zone III West
- venous pulmonary occlusion

- LAP → LVEDP

- stenosis or insufficiency of the mitral valve
- tachicardia and premature occlusion of mitral valve
- atrial contraction during hypovolemia

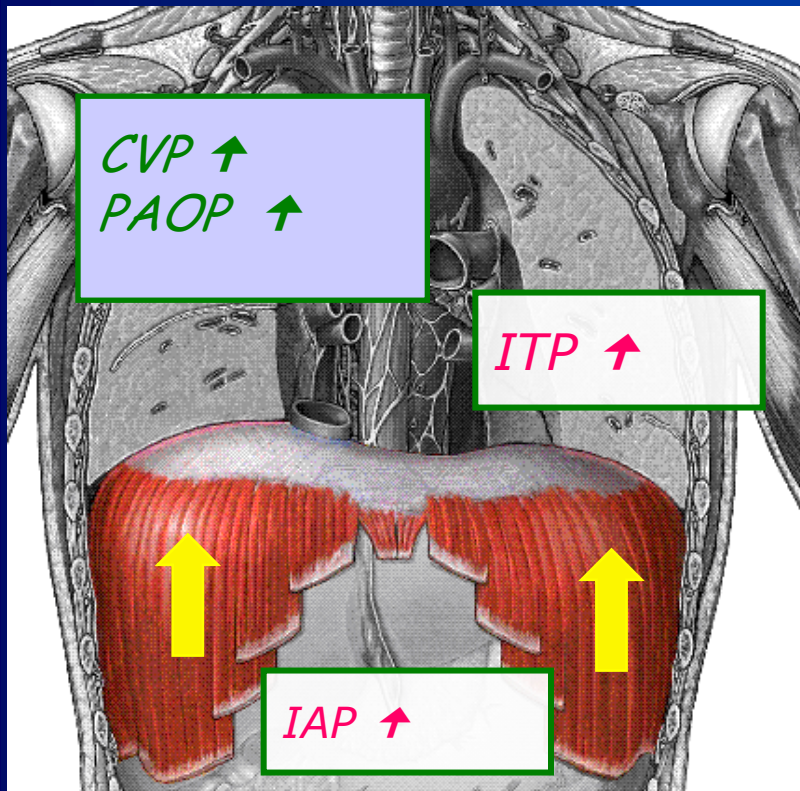
- LVEDP → LVEDV

Compliance variations due to:

- *Stiffness of LV*
- *↑ Pressure around pericardium (effusion, ↑ITP)*
- *Ventricular interdependence*

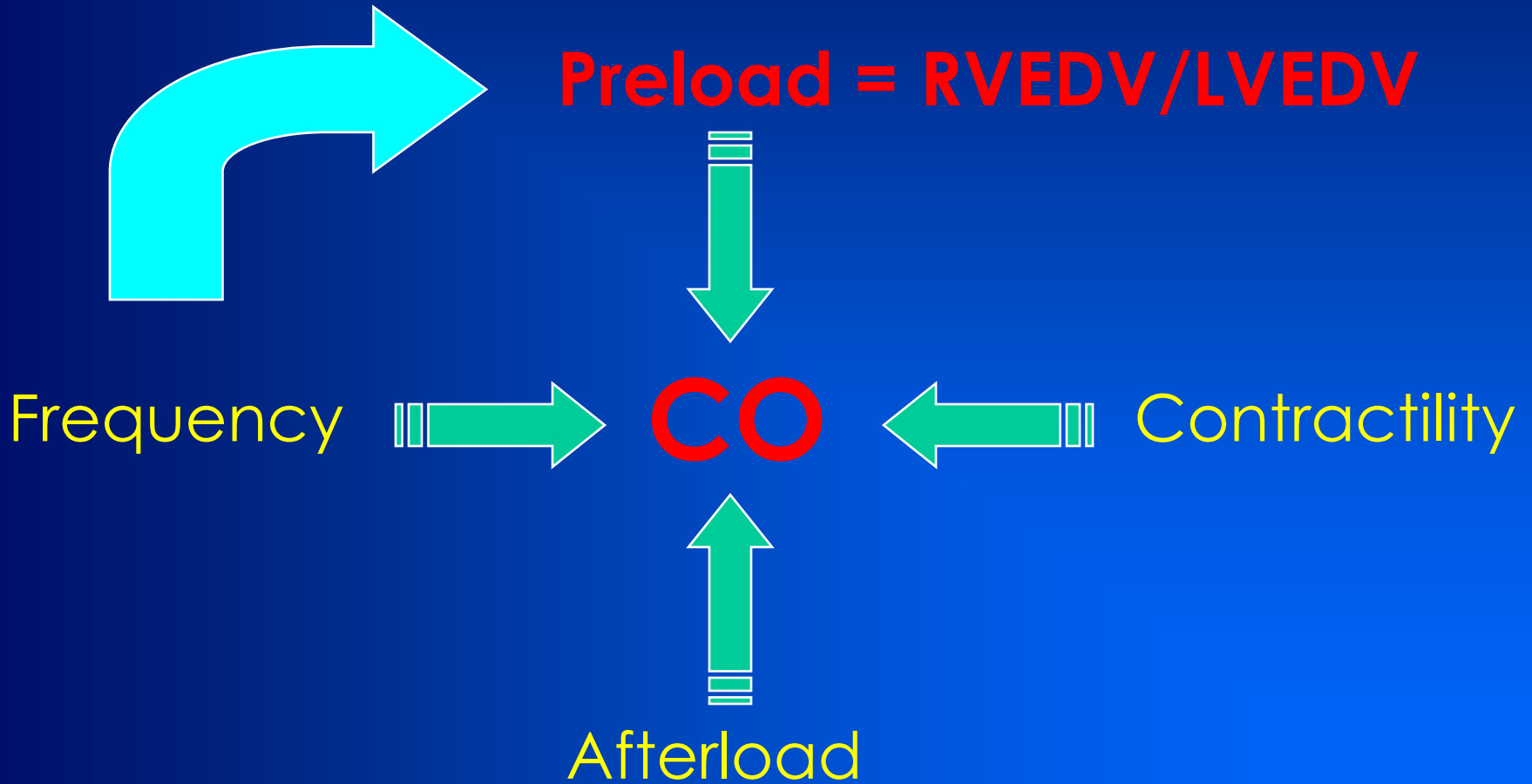
It's time to measure intra-abdominal pressure to optimize hemodynamics!

Intensive Care Med 2007; 33(1): 6-8

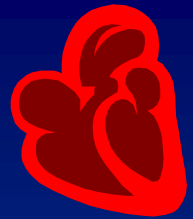


- Use transmural filling pressures !
- $CVP^{TM} = CVP - IAP/2$
- $PAOP^{TM} = PAOP - IAP/2$

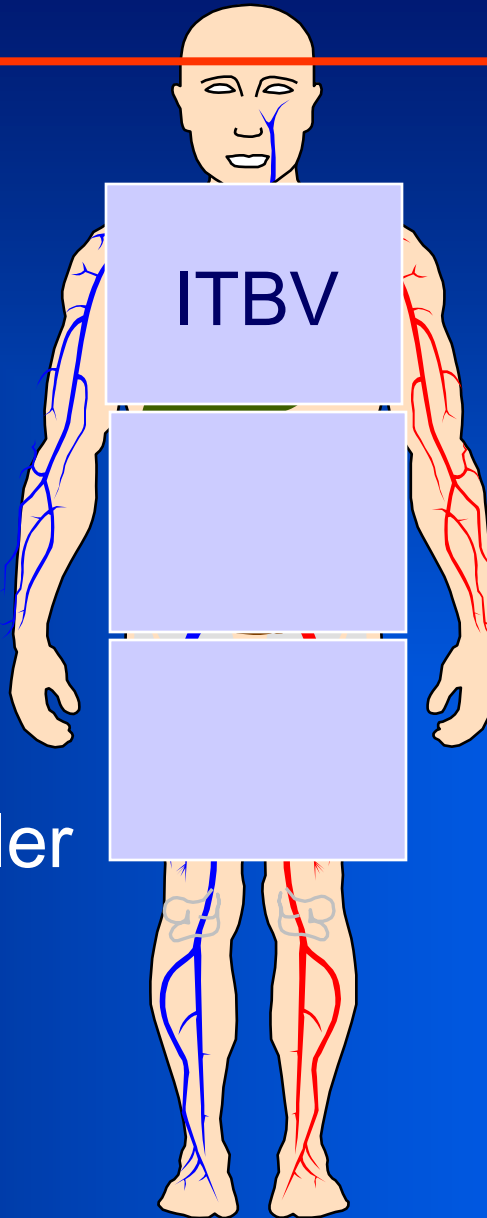
CO determinants



Intra Thoracic Blood Volume: preload?



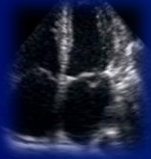
$$ITBV = \frac{TBV}{3}$$



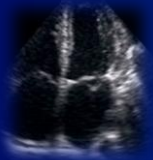
- ✓ ECHO
- ✓ Esophageal Doppler
- ✓ LiDCO
- ✓ Picco
- ✓ Vigileo



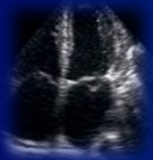
Rapid Assessment by Cardiac Echo (RACE)



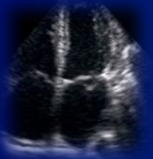
Left ventricular heart function



Right ventricular heart function

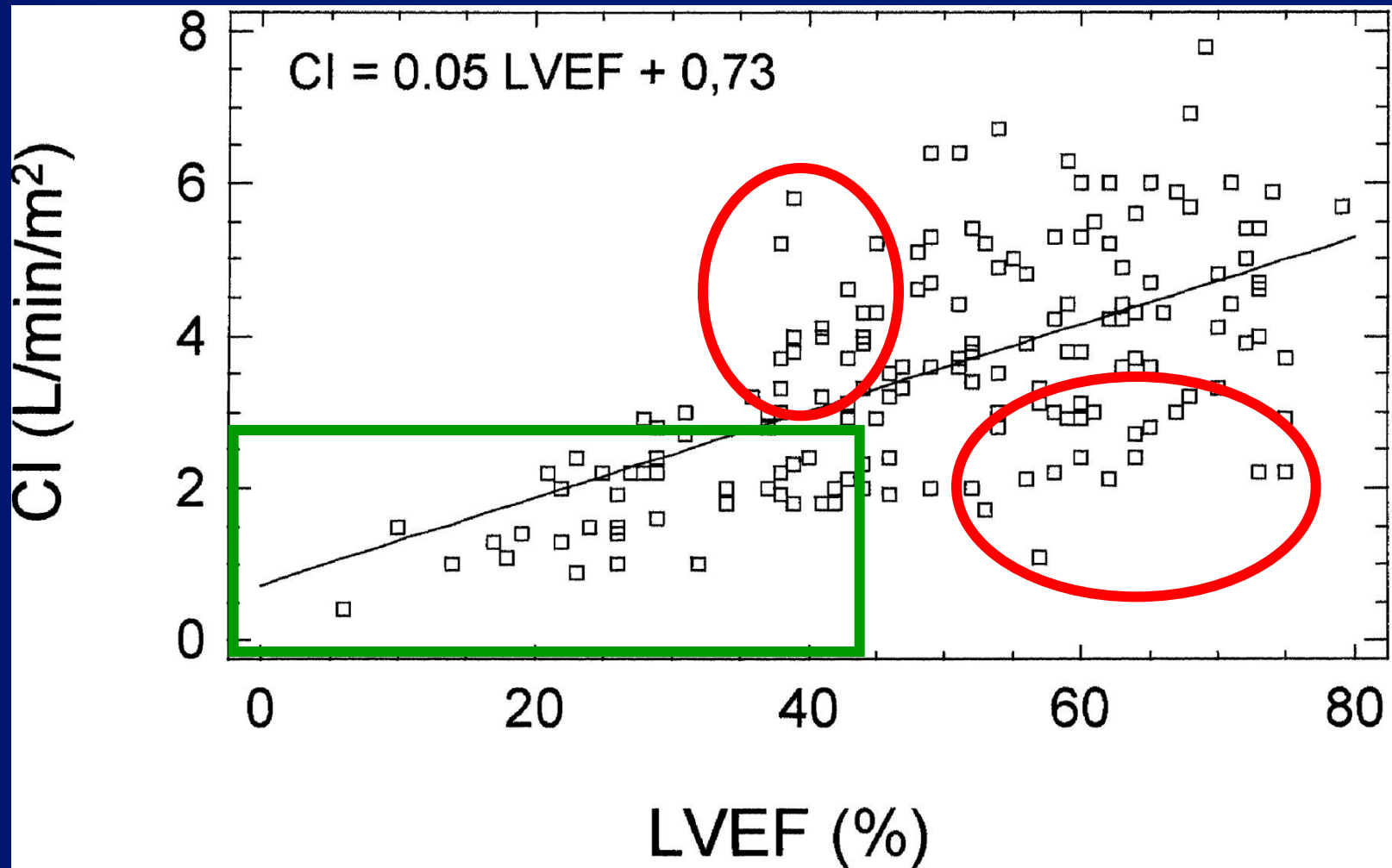


Pericardial effusion



Fluid status





⇒ CO can be preserved even when EF is markedly altered
⇒ CO can be altered even when EF is normal (hypovolemia)

Invasive



PAC

PICCO

LIDCO*

Vigileo

CO

ECHO

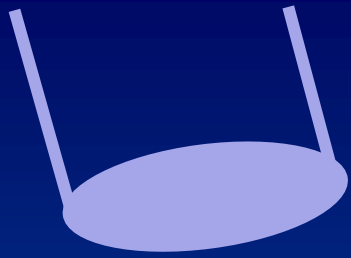
OED

NICO

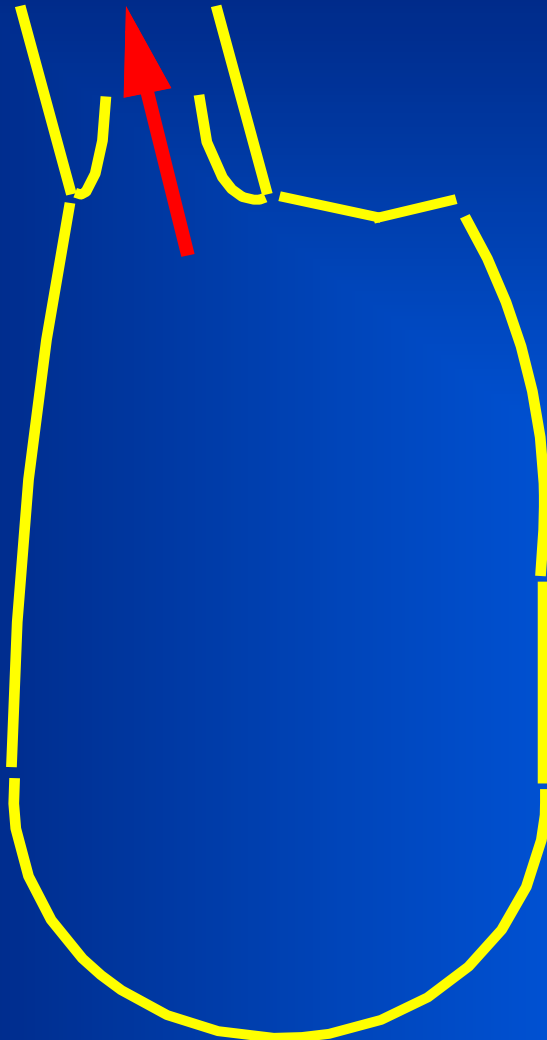
FICK

Noninvasive





Measurement of cardiac output



$$SV = VTI \times LVOTarea$$

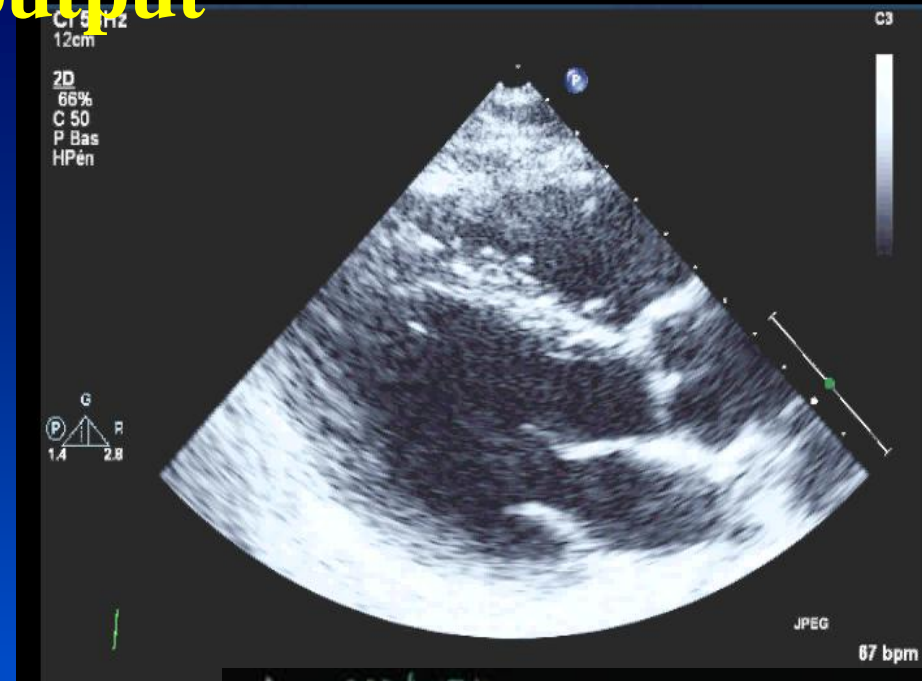
LVOT=

left ventricular outflow tract

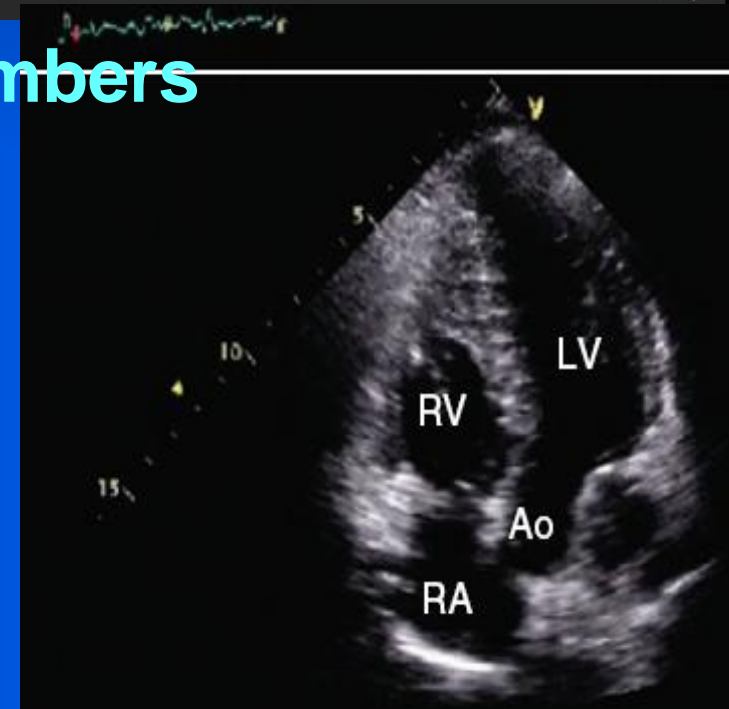
VTI= velocity time integral

Measurement of cardiac output

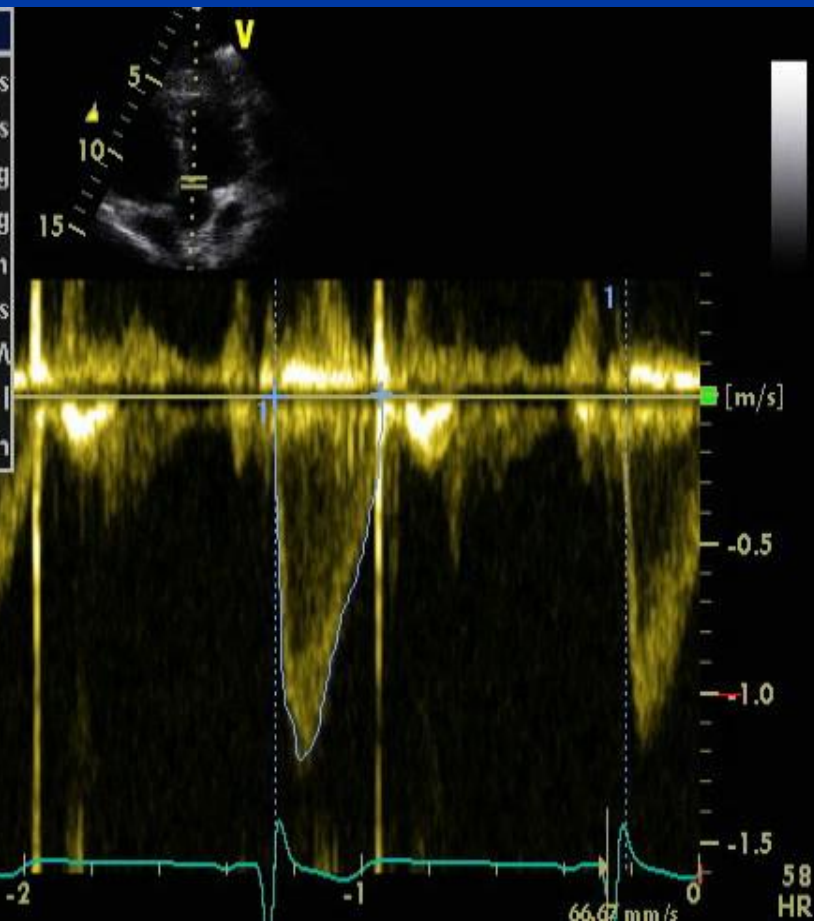
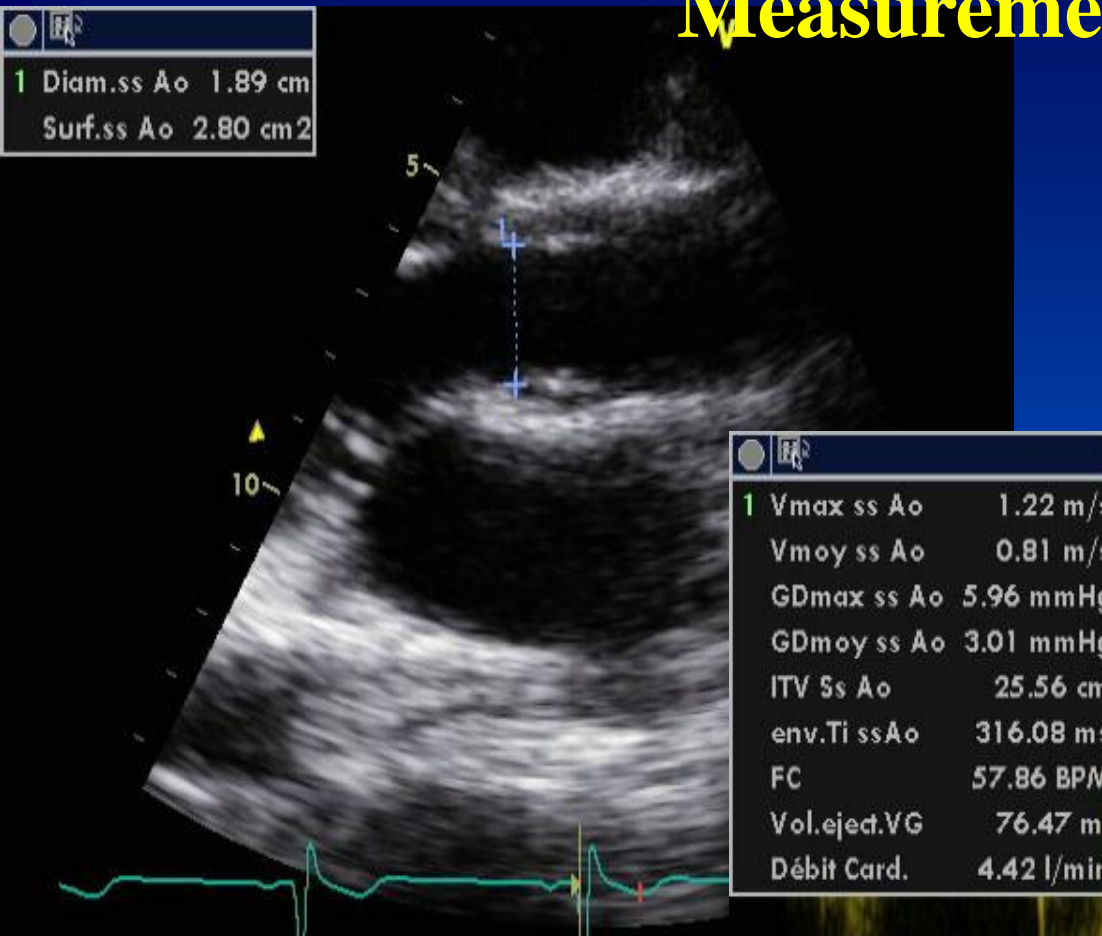
PARASTERNAL LONG AX



Apical 5 chambers

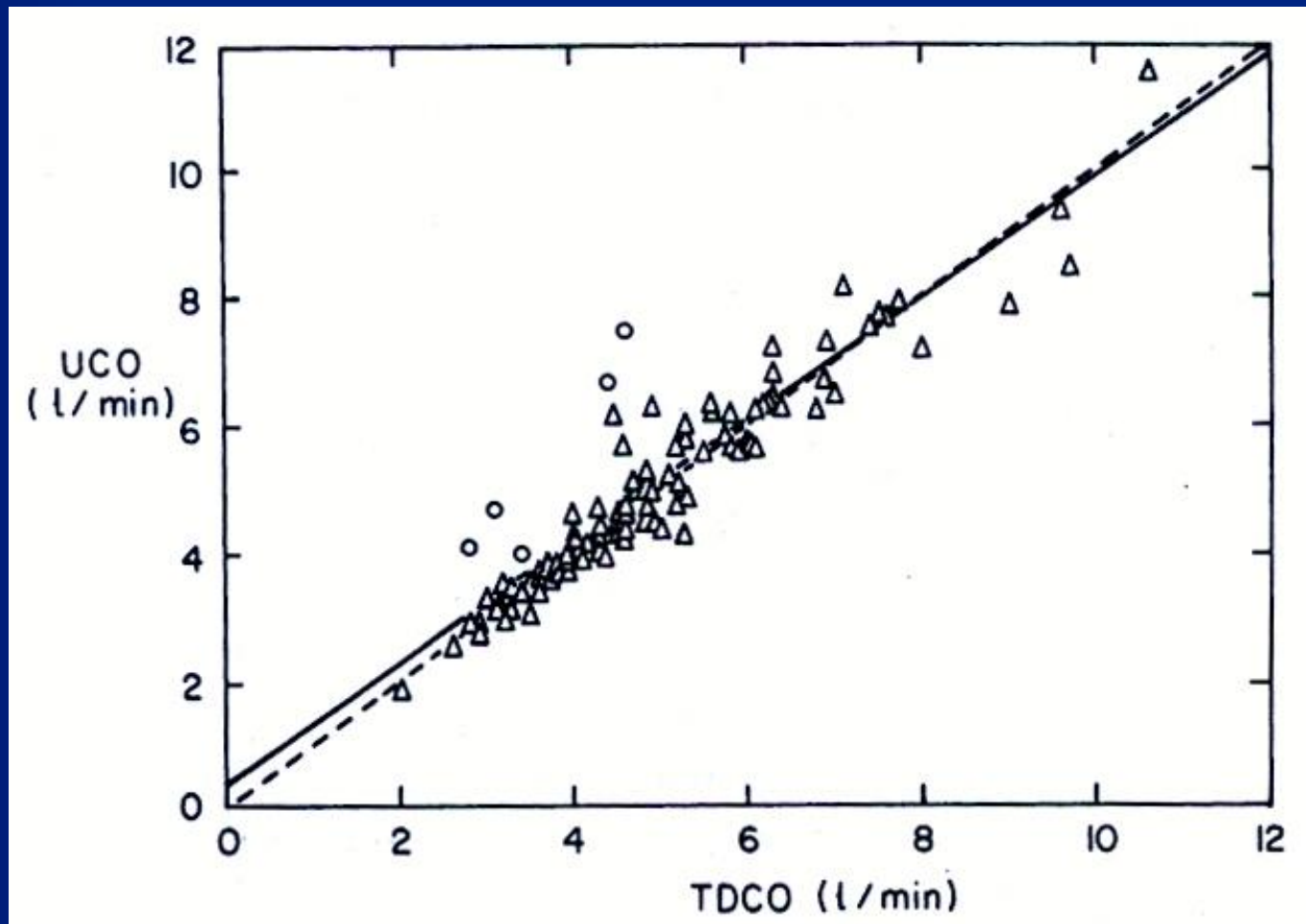


Measurement of cardiac output

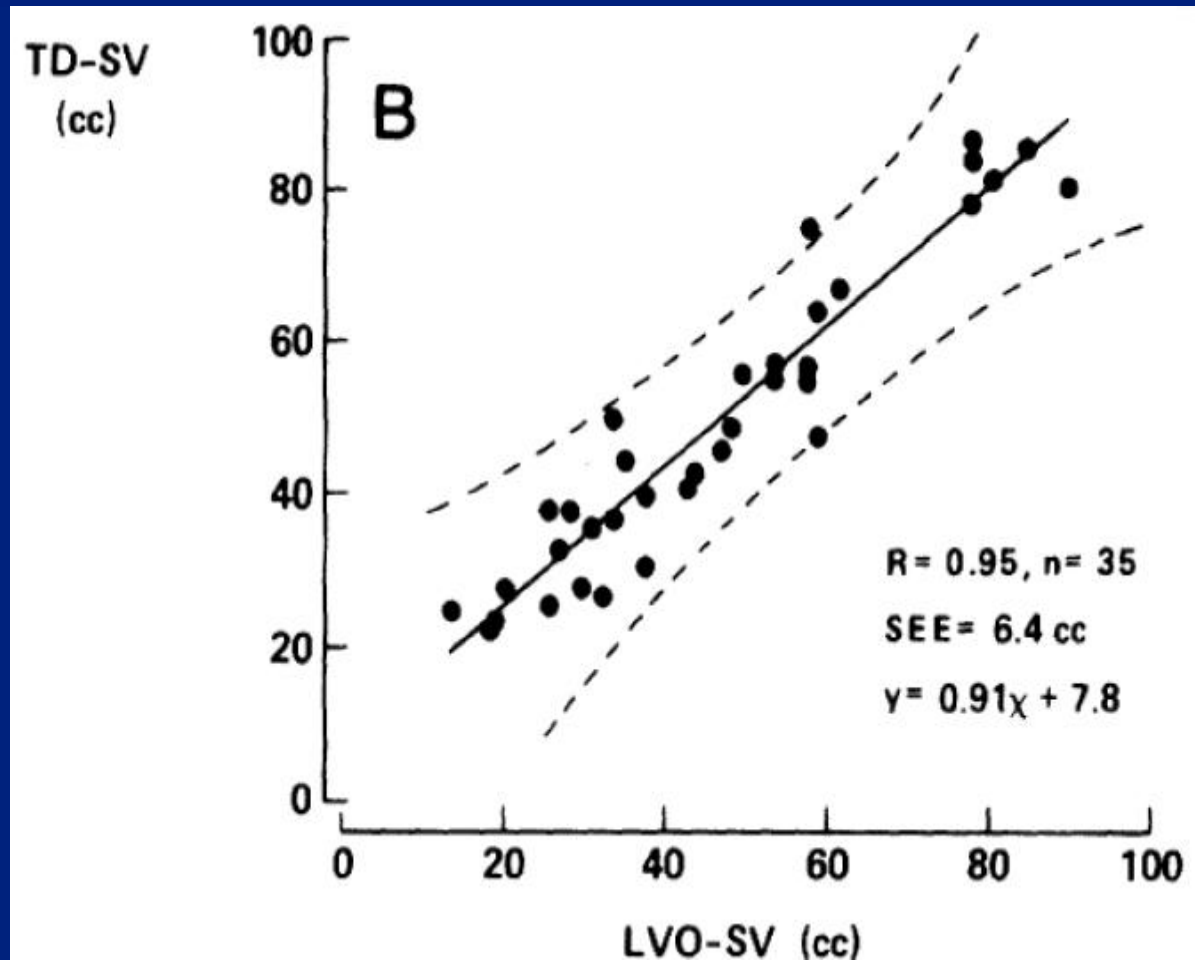


Cholley B et al
Hemodynamic monitoring using
echocardiography in the
critically ill
Eds: De Backer et al
Springer 2011

Huntsman et al.
Circulation 1983



Echo vs Thermodilution CO measurements



Thermodilution vs echo (stroke volume)

Inter-observer variability

Cross-sectional area	$6.0 \pm 1.6\%$
Velocity-time integral	$2.4 \pm 1.5\%$
Stroke volume	$6.8 \pm 5.0\%$

N = 39

CO with echocardiography

The pros:

- **Reliable**
- **Additional measurements**
(pressure/ volumes)
- **Full cardiac evaluation**
- **Measurement of SVV**

The cons:

- **Skills required**
- **Time consuming**
- **Intermittent**

CONTINUOUS PRESSURE-BASED CARDIAC OUTPUT MONITORING SYSTEMS

1) CALIBRATED

PiCCO2®

EV-1000/VolumeView™

LiDCOplus™

COstatus®



CONTINUOUS PRESSURE-BASED CARDIAC OUTPUT MONITORING SYSTEMS

2) UNCALIBRATED

(pre-estimated data -
nomograms)

Vigileo™

LiDCOrapid™

PulsioFlex®



“other” CARDIAC OUTPUT MONITORING SYSTEMS

NICOM

®



ECOM

®



Nexfin®



NICO®



What technique should I use to measure cardiac output?

Christoph K. Hofer^a, Michael T. Ganter^b and Andreas Zollinger^a

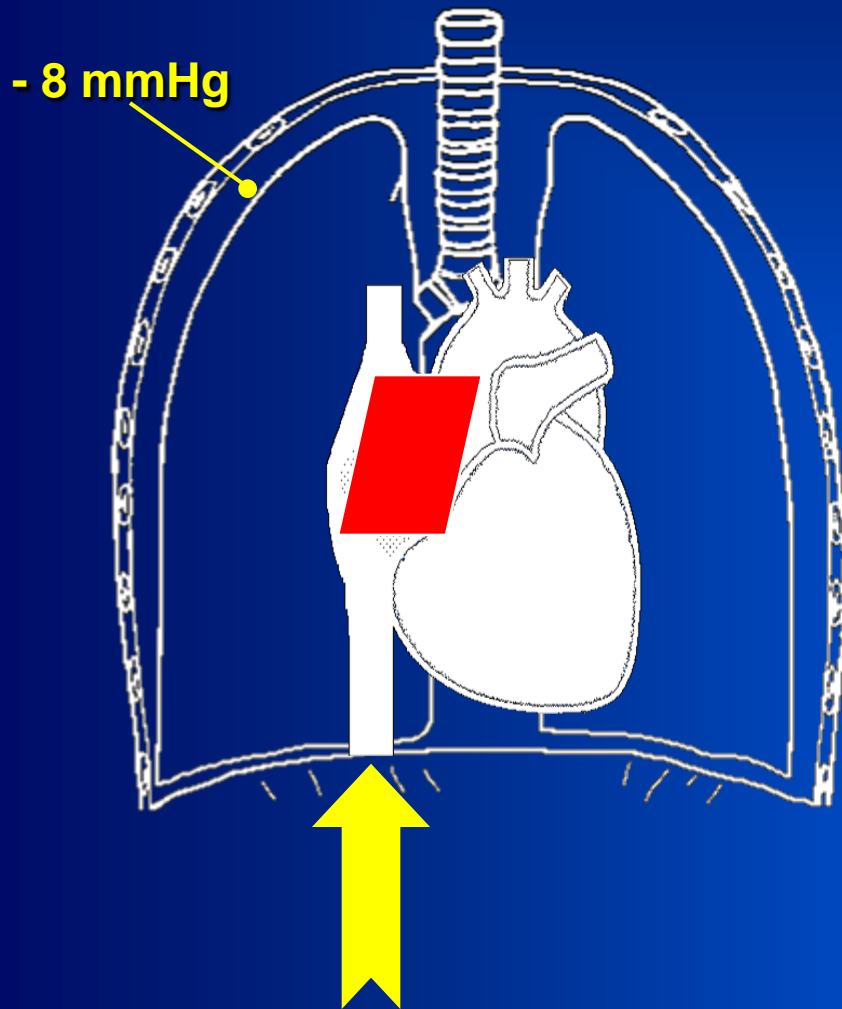
Current Opinion in

Critical Care

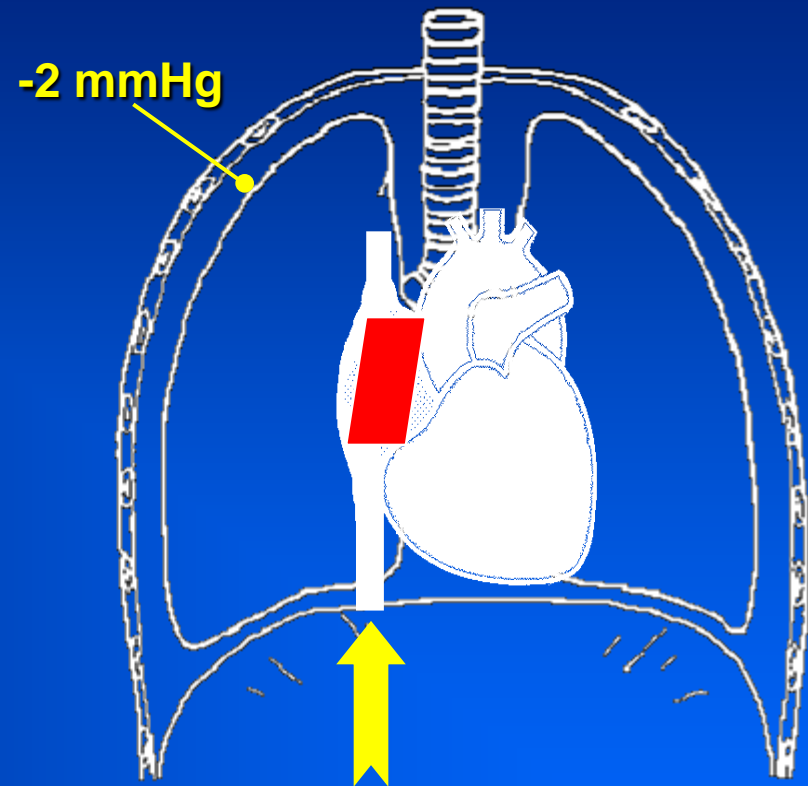
	Intermittent	Continuous	Invasive	Limitations	Additional information
PAC	+	+(5 -12 min)	+++	Well described complications	PAP, PCWP, SVO2
PiCCO	+	+(3 sec)	+(+)	Specific arterial catheter	GEDV, EVLW, SVV
LiDCO	+	+	+	Lithium injection	SVV
Flotrac		+(20 sec)	(+)		SVV

SPONTANEOUS VENTILATION

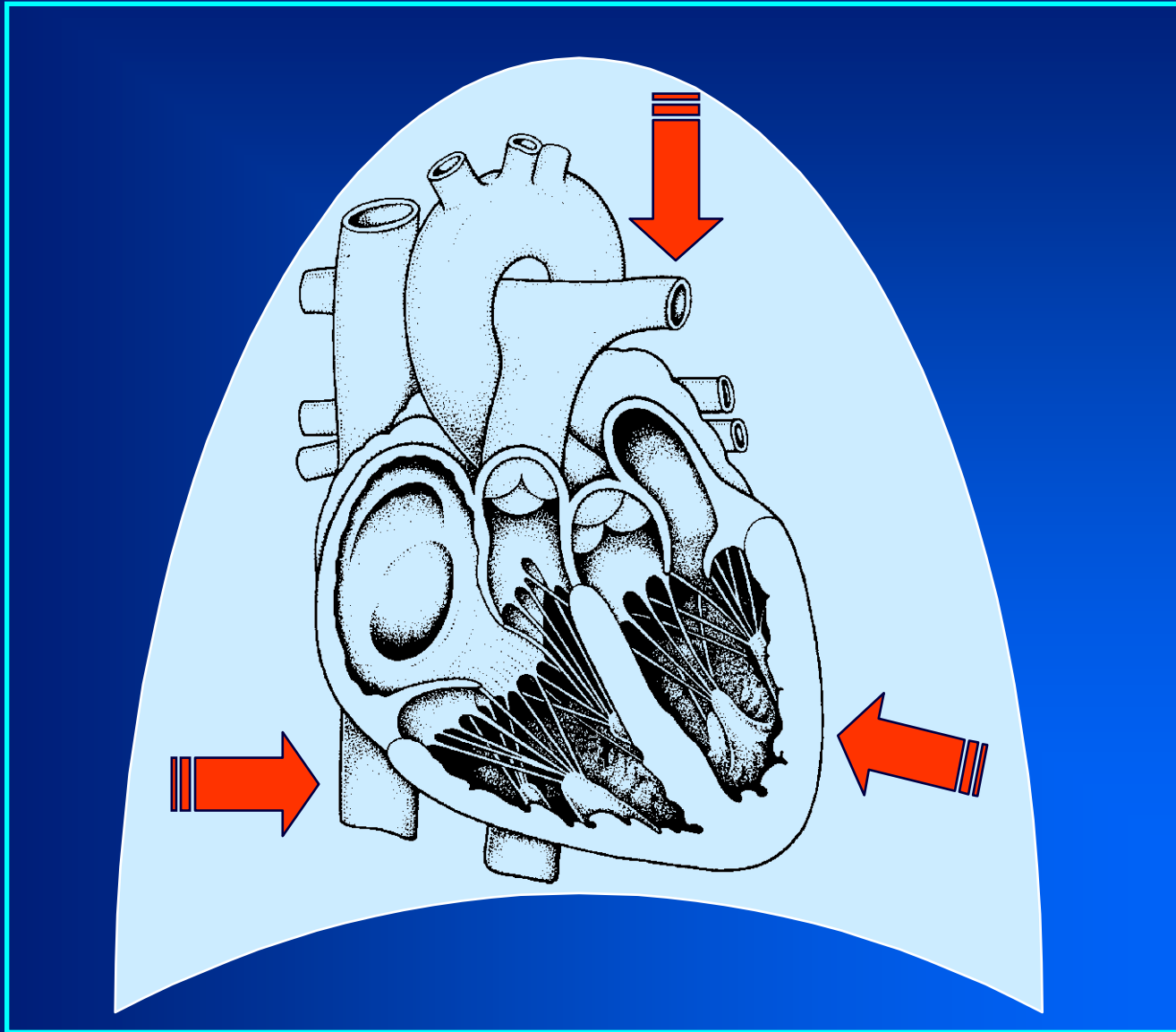
Inspiration

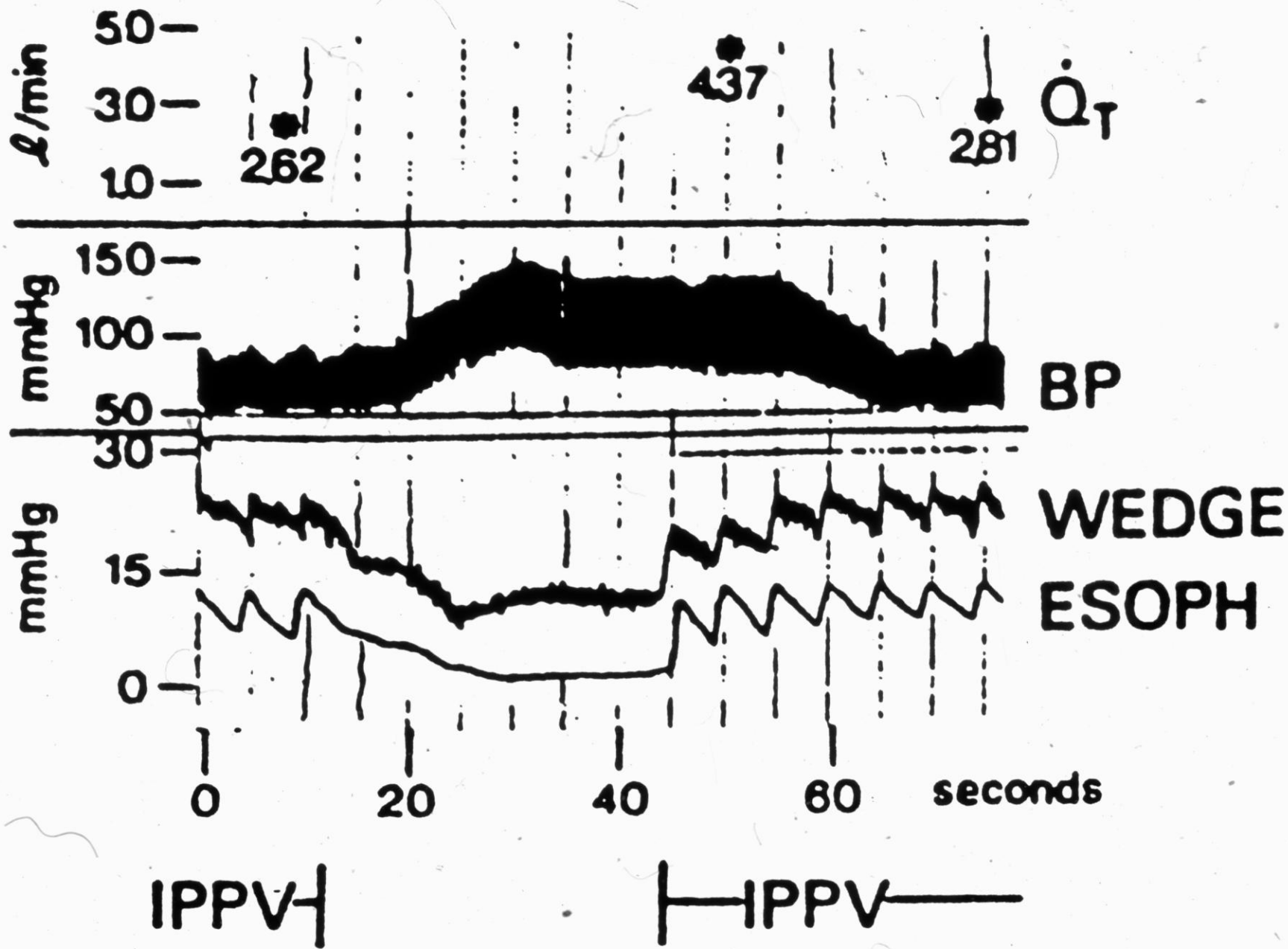


Expiration

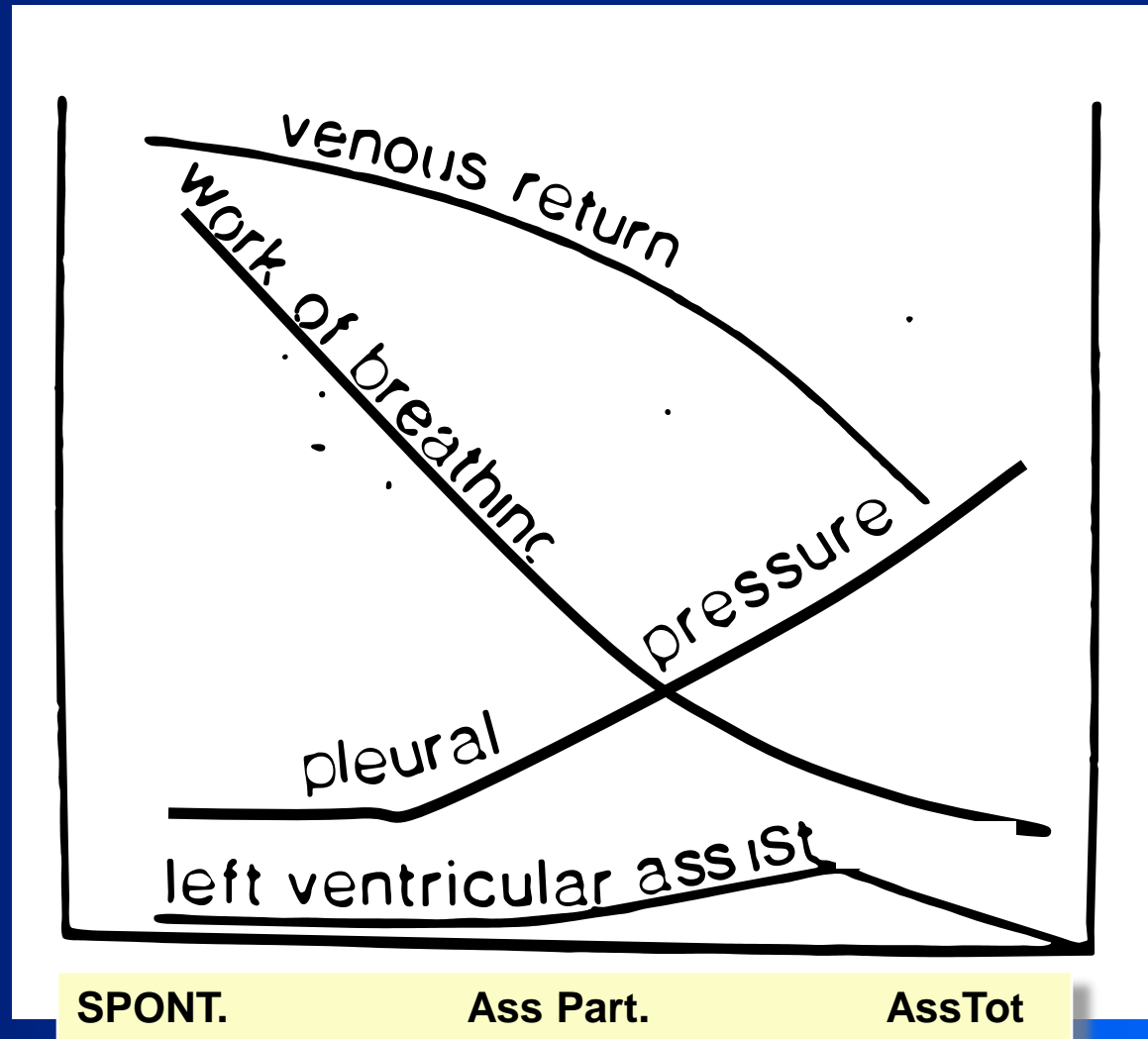


INTRATHORACIC PRESSURE



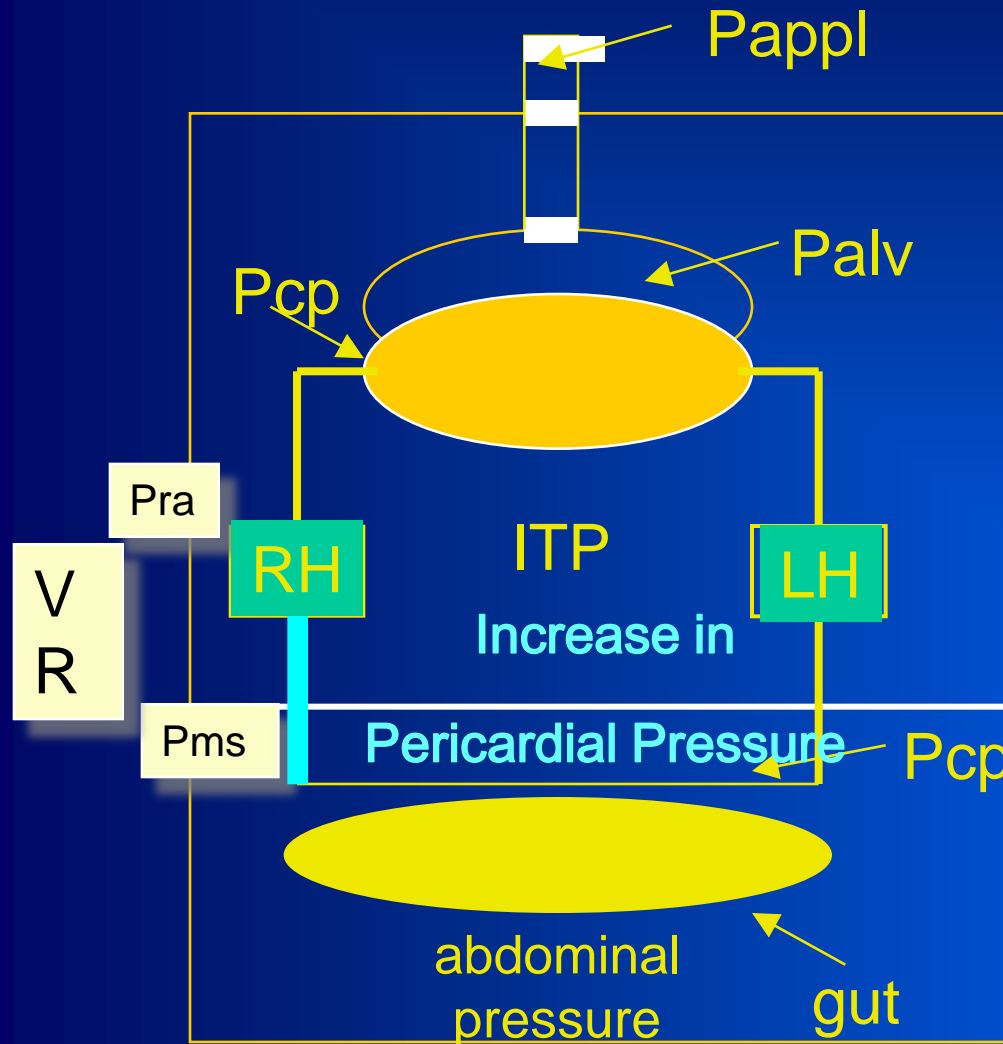


Effects of Different Ventilatory Modes on Cardiopulmonary Performance



Modified from
Synder 1984

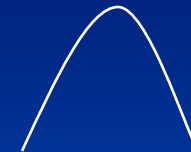
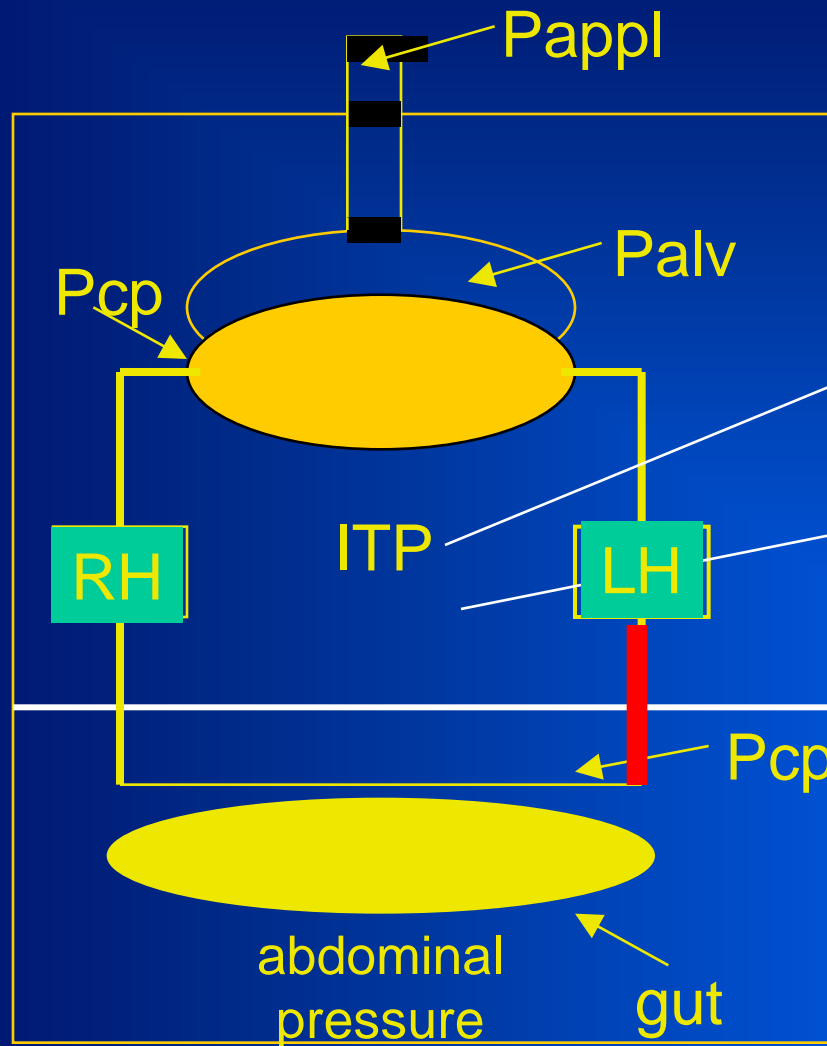
Effects of the increase in ITP : *RV pre-load*



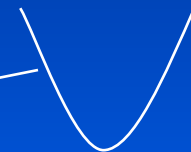
- Changes in ITP will not alter the (RV afterload) pressure gradient
- Decrease in VR are due to increase in Pra because of increased in pericardial pressure

Pms= driving pressure to the RA

effects of changes in ITP: LV afterload

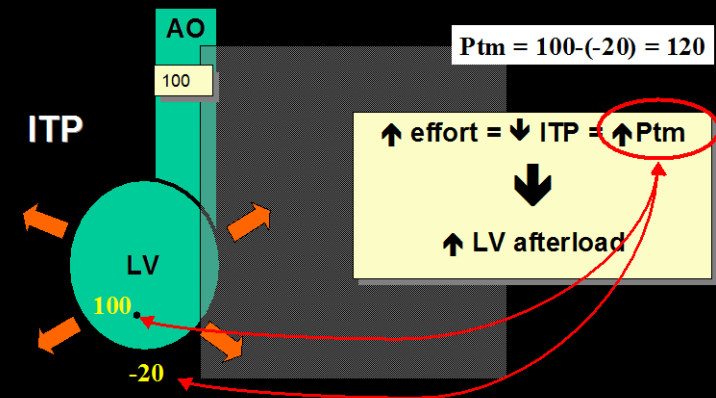


mechanical
breath

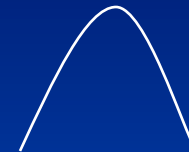
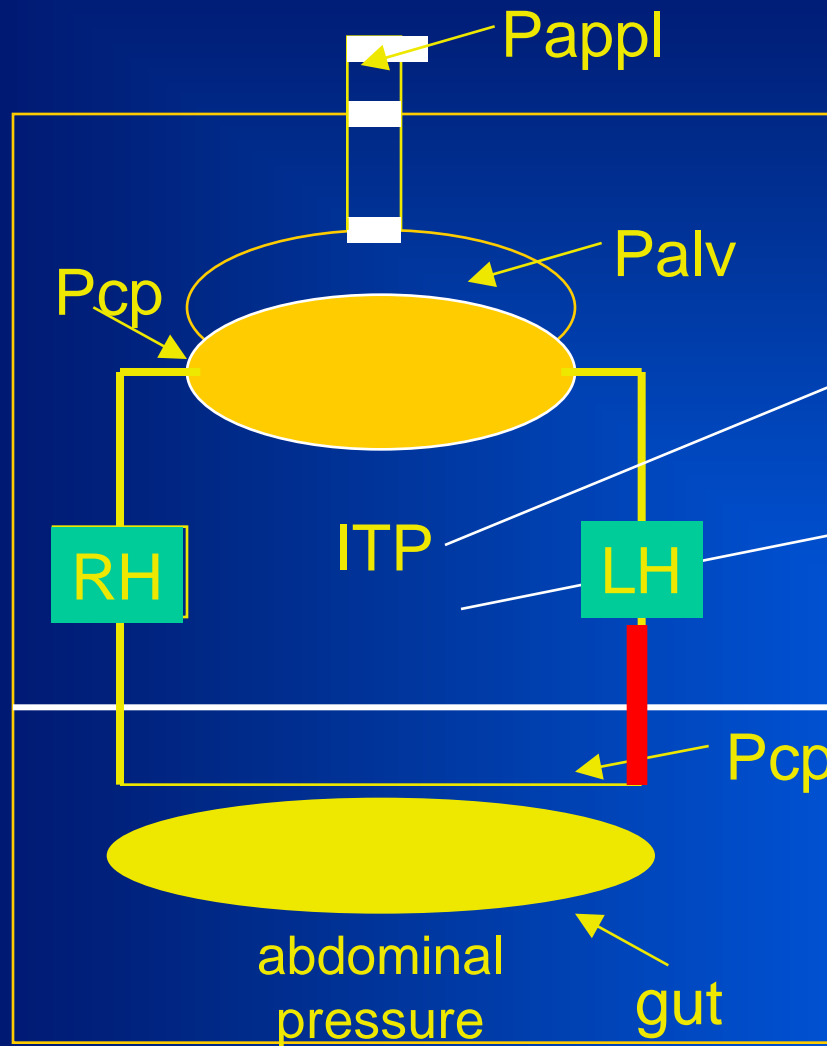


spontaneous
breath

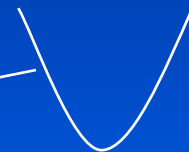
ITP and LV function



effects of changes in ITP: LV afterload

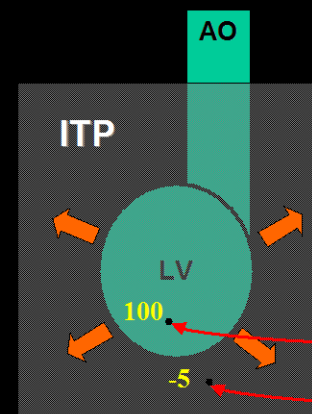


mechanical
breath



spontaneous
breath

ITP and LV function

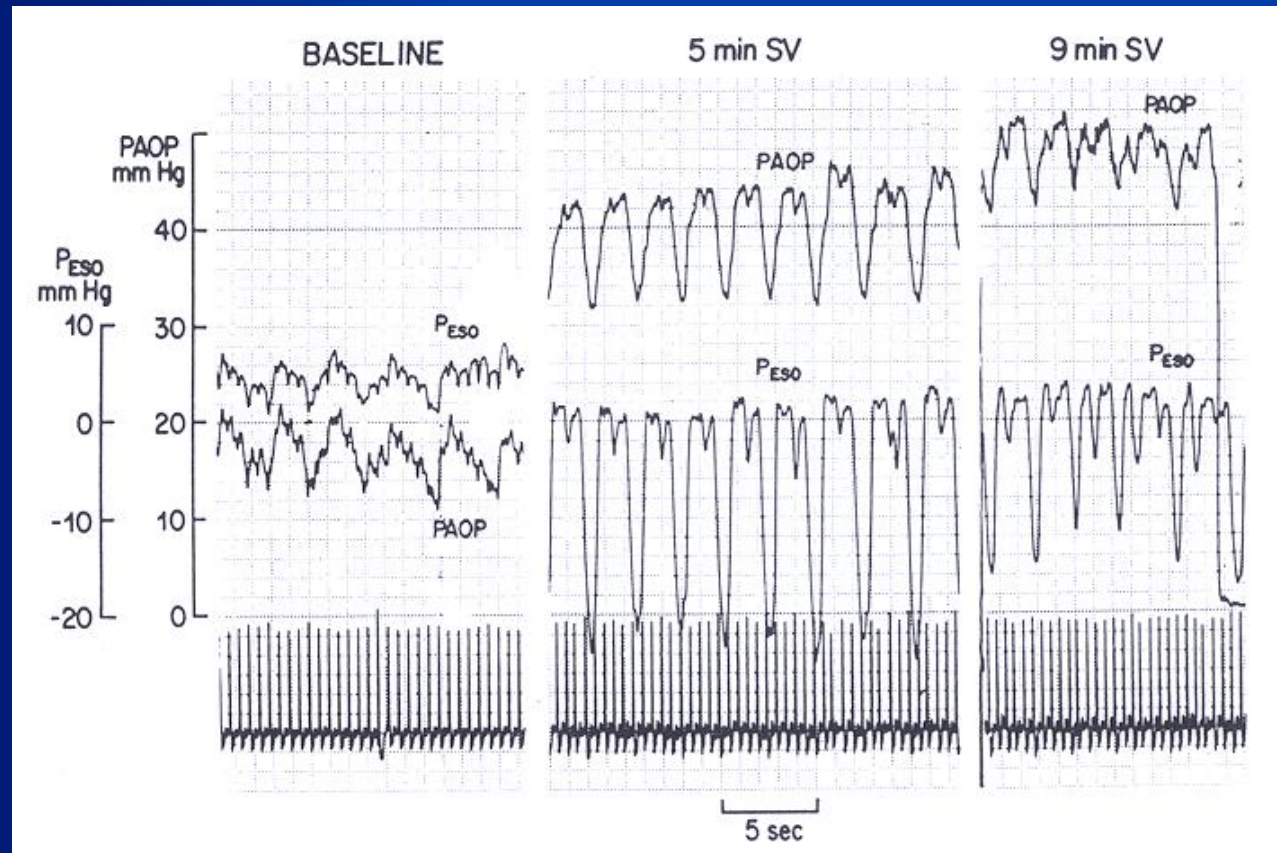


$$P_{tm} = 100 - (-5) = 105$$

↑ effort = ↓ ITP = ↑ P_{tm}
↓
↑ LV afterload

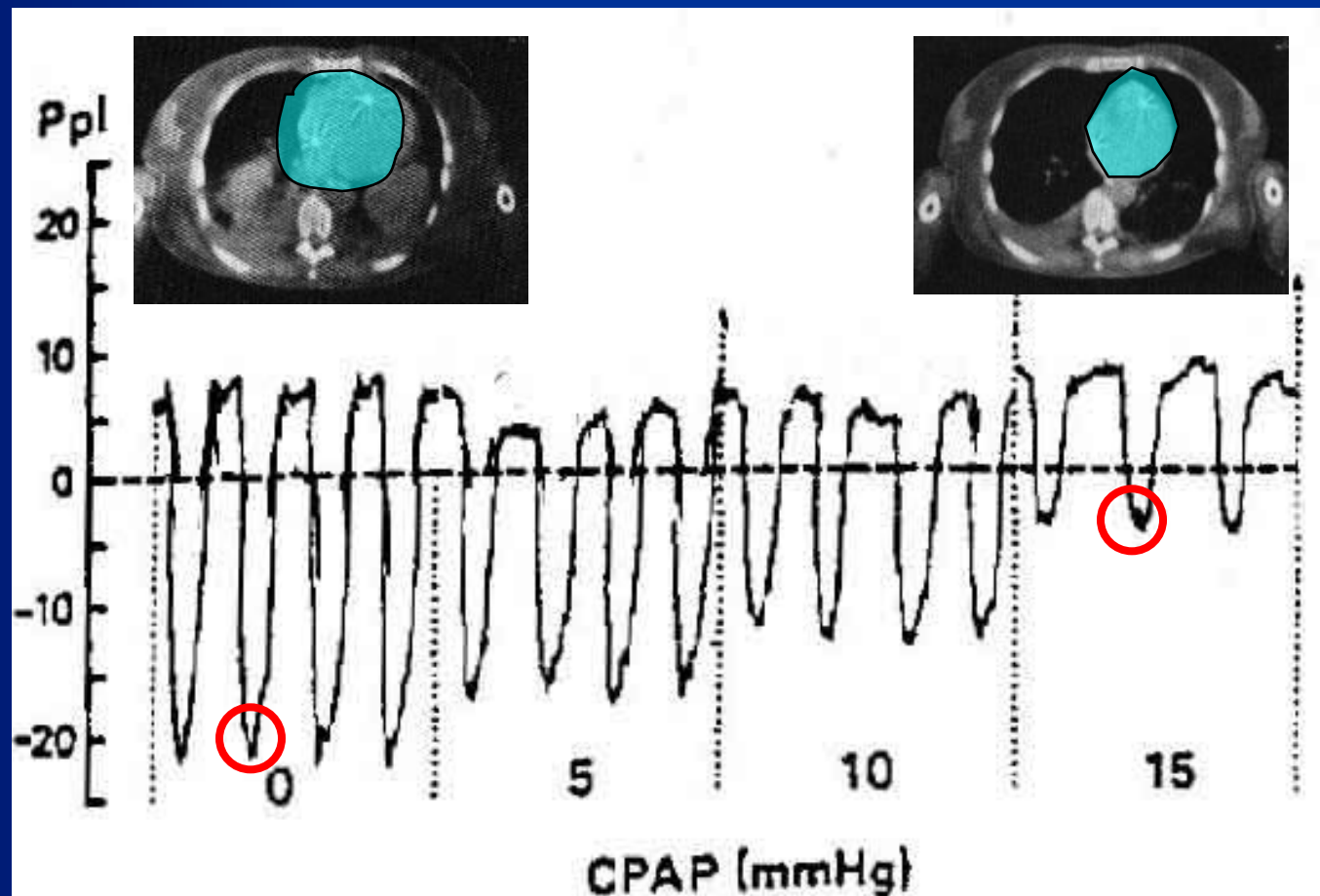
Acute Left Ventricular Dysfunction during Unsuccessful Weaning from Mechanical Ventilation

Francois Lemaire, M.D.,* Jean-Louis Teboul, M.D.,† Luc Cinotti, M.D.,‡ Guillen Giotto, M.D.,§
Fekri Abrouk, M.D.,§ Gabriel Steg, M.D.,§ Isabelle Macquin-Mavier, M.D.,¶ Warren M. Zapol, M.D.**



CPAP IN CARDIOGENIC PULMONARY EDEMA

Rasen et al: Chest 1985; 87: 158-162



Myocardial Systolic Function Increases During Positive Pressure Lung Inflation

Michael F. Haney, Göran Johansson, Sören Häggmark, Björn Biber,
Michael F. Haney, MD, PhD, Göran Johansson, MS, Sören Häggmark, MS, and
Björn Biber, MD, PhD

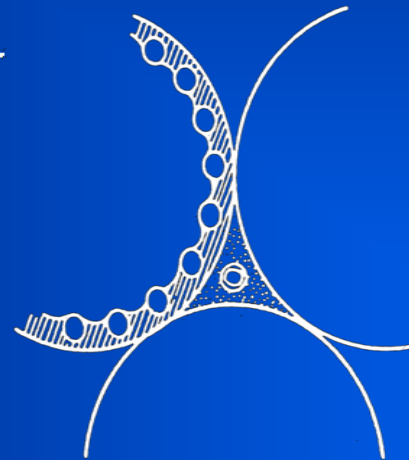
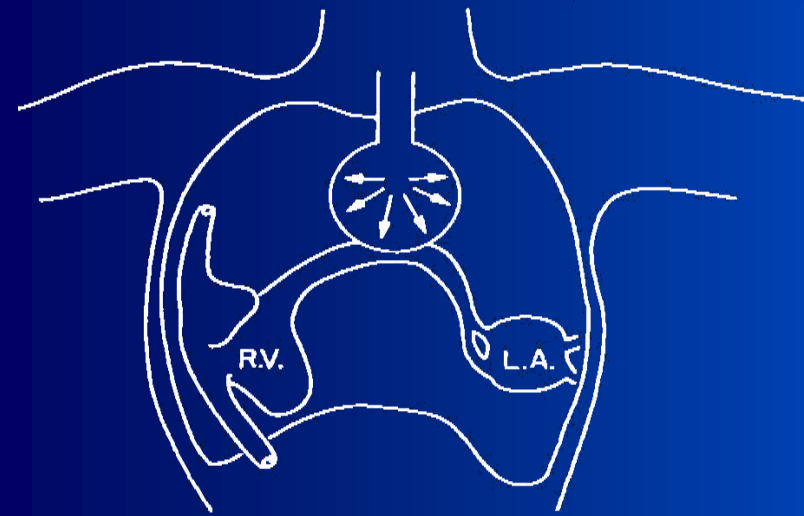
Anesthesiology and Intensive Care Medicine, Umeå University Hospital, Umeå, Sweden

Lung inflation with positive airway pressure may have rapid and dynamic effects on myocardial contractile function. We designed this study to assess the magnitude and time to onset of myocardial function changes during the initiation of single positive pressure lung inflation at clinically relevant inflation pressures. In 8 anesthetized 40-kg pigs, left ventricular pressures and volumes were measured directly (conductance volumetry). A 15 cm H₂O airway pressure plateau with lung inflation (PPLI-15) was performed, and 2 single beats from that sequence, one from resting apnea at zero airway pressure and the second from the point when the

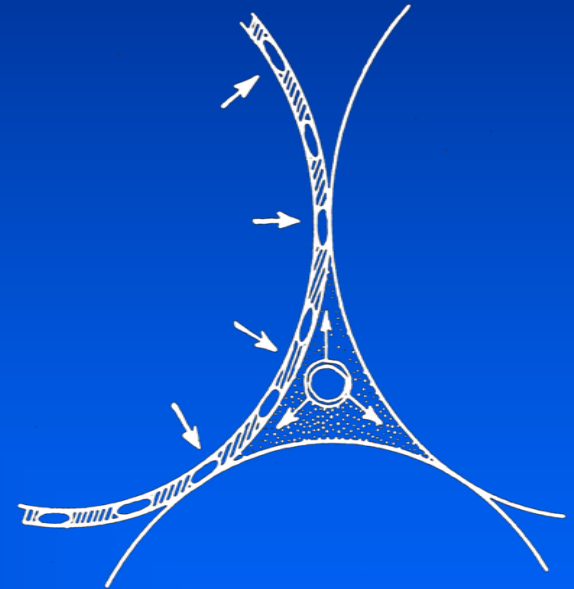
lungs were first maximally inflated, were selected for analysis. Systolic function variables for zero airway pressure and PPLI-15 were analyzed. Systolic elastance, derived from bilinear time-varying elastance curves, increased approximately 15% during PPLI-15 from zero airway pressure. This agreed with other systolic function variables that identified an increase in left ventricular contractile function for the lung inflation beat. Serial measurements of myocardial function should be conducted with constant airway pressure and lung inflation conditions.

(Anesth Analg 2005;101:1269–74)

EFFECTS OF LUNG VOLUME CHANGES

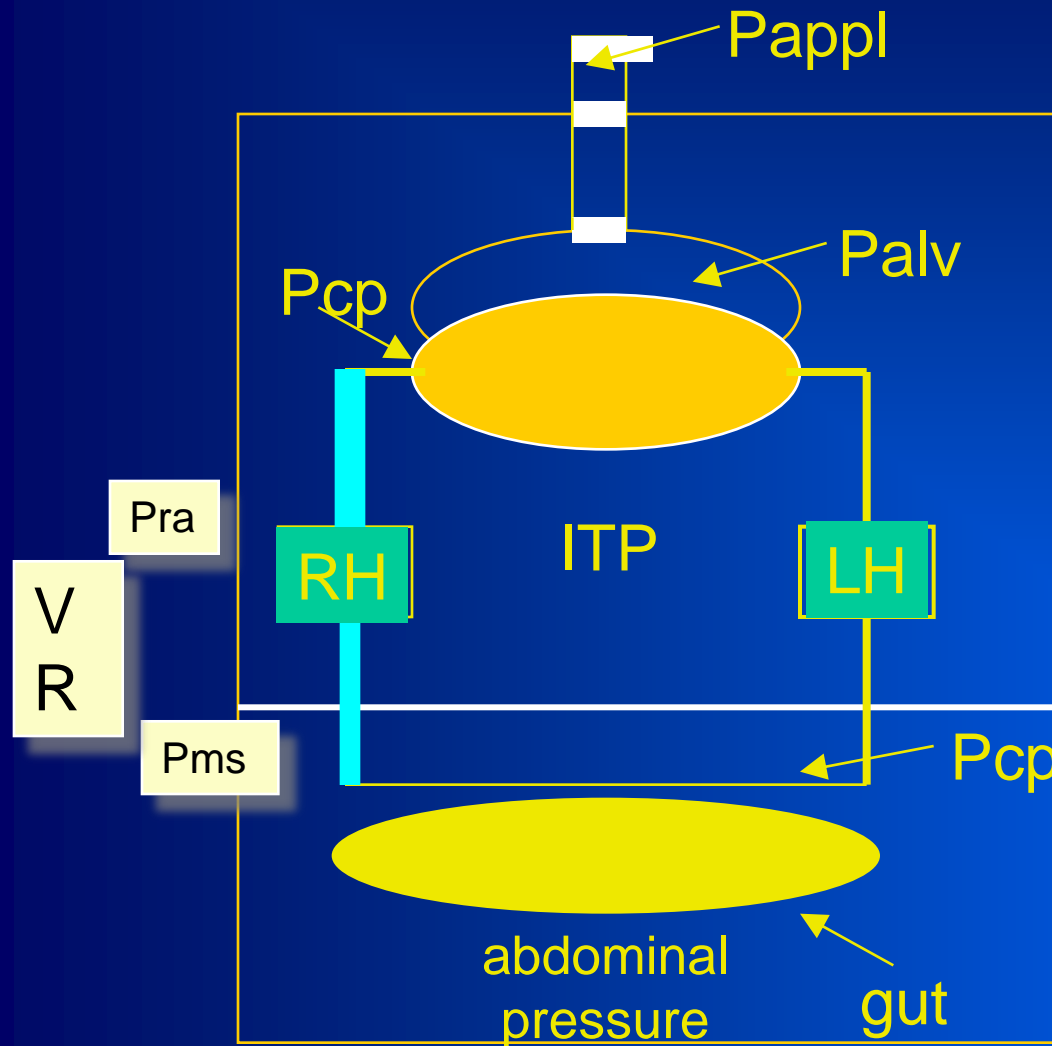


**LOW LUNG
VOLUME**



**HIGH LUNG
VOLUME**

Effects of the increase in lung volume: *RV afterload and preload*



- Increase in PAP afterload is due to increase in **PA resistance**
- Decrease in VR are due to increase in Pra because of increased **PA resistance**

EFFECTS OF POSITIVE INTRATHORACIC PRESSURE ON VENOUS RETURN

Pulmonary compliance	HIGH (Emphisema)	↓
	LOW (ARDS)	—
Chest wall compliance	HIGH	—
	LOW	↓

TAKE HOME MESSAGE

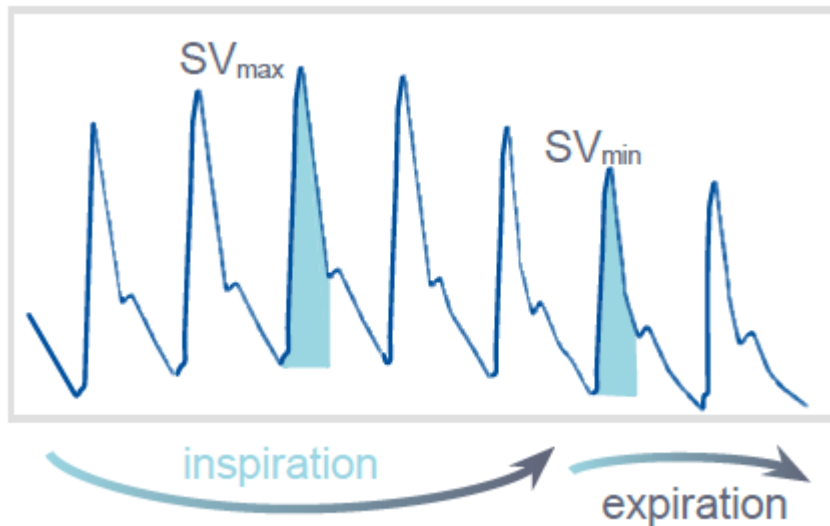
Chest ultrasound in Acute Respiratory Distress Syndrome

Corradi F., Brusasco C., Pelosi P. Curr Opin Crit Care 2014, 20:98–103

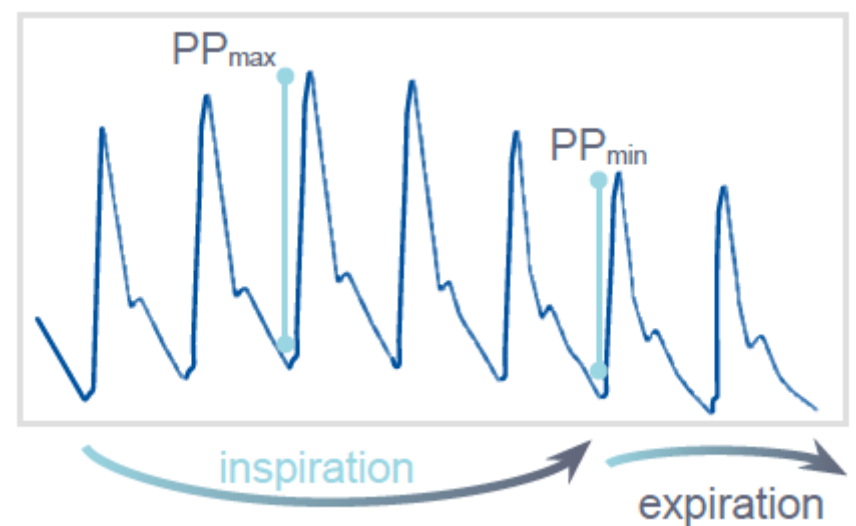
Pelosi P., Corradi F. Anesthesiology 117(4):696-698, 2012

ACUTE DYSPNEA WITH OXYGEN DESATURATION							
DRY LUNG			WET LUNG			LUNG POINT	
HORIZONTAL ARTIFACTS			VERTICAL ARTIFACTS	MIXED ECHOTEXTURE			
EXPANDED	EXPANDED	COLLAPSED	EXPANDED	VARIABLE	VARIABLE	EXPANDED	
PERICARDIAL EFFUSION	RIGHT HEART ENLARGED	SYSTOLIC ANTERIOR MOTION of MV	HYPOKINESIA AKINESIA	SEVERE VALVULOPATHY	VARIABLE	VARIABLE/ REDUCED	
CARDIAC TAMPONADE	PULMONARY EMBOLISM with SHOCK	LEFT VENTRICULAR OUTFLOW OBSTRUCTION	MYOCARDIAL INFARCTION	AORTIC STENOSIS/ REGURGITATION	ACUTE RESPIRATORY DISTRESS SYNDROME	TENSION PNEUMOTHORAX with SHOCK	
HEART FAILURE				LUNG FAILURE			
GOAL DIRECTED THERAPY							

Known Variations to Indexes at the Bedside



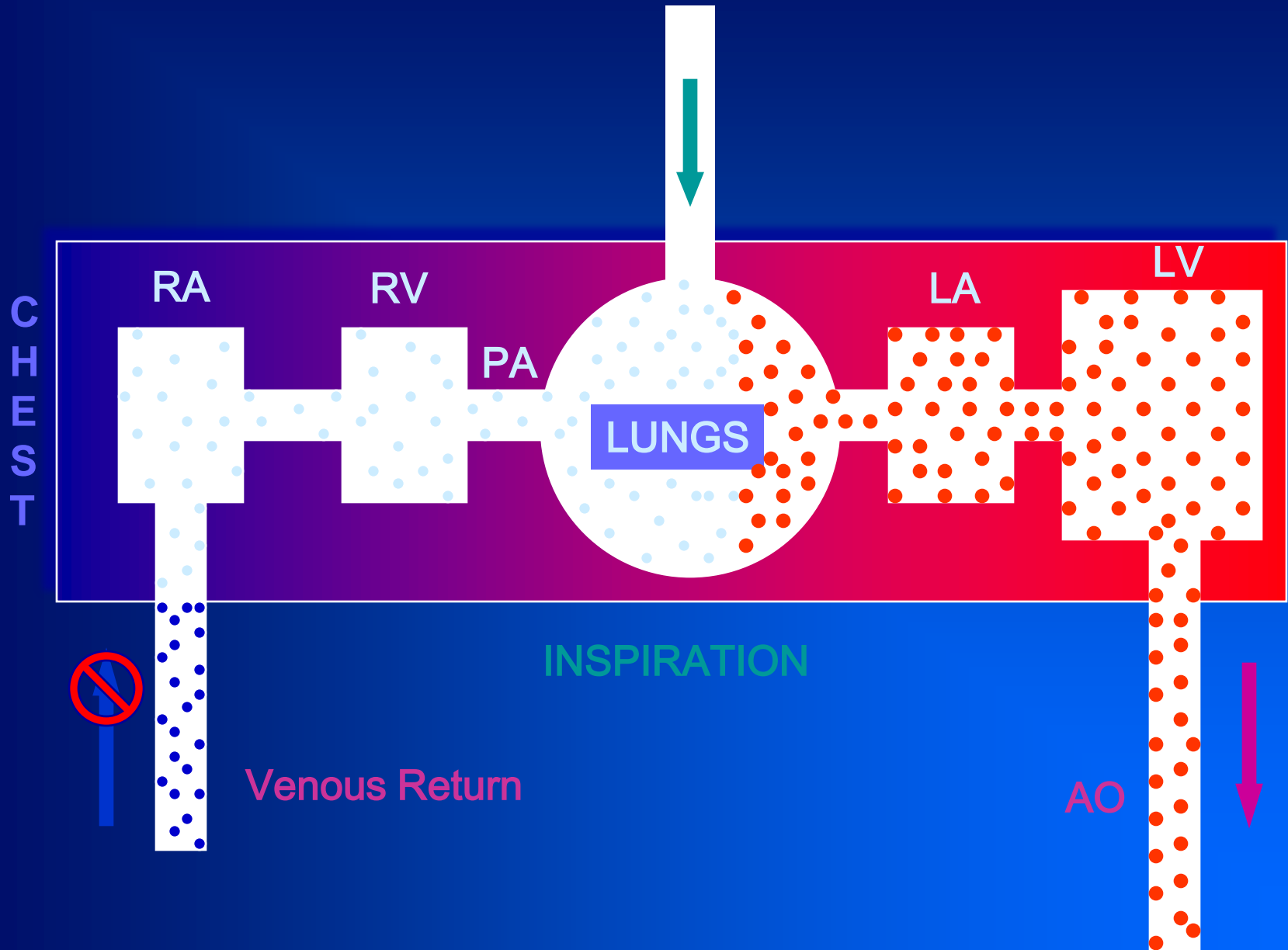
$$SVV (\%) = \frac{SV_{MAX} - SV_{MIN}}{(SV_{MAX} + SV_{MIN}) / 2} \times 100$$



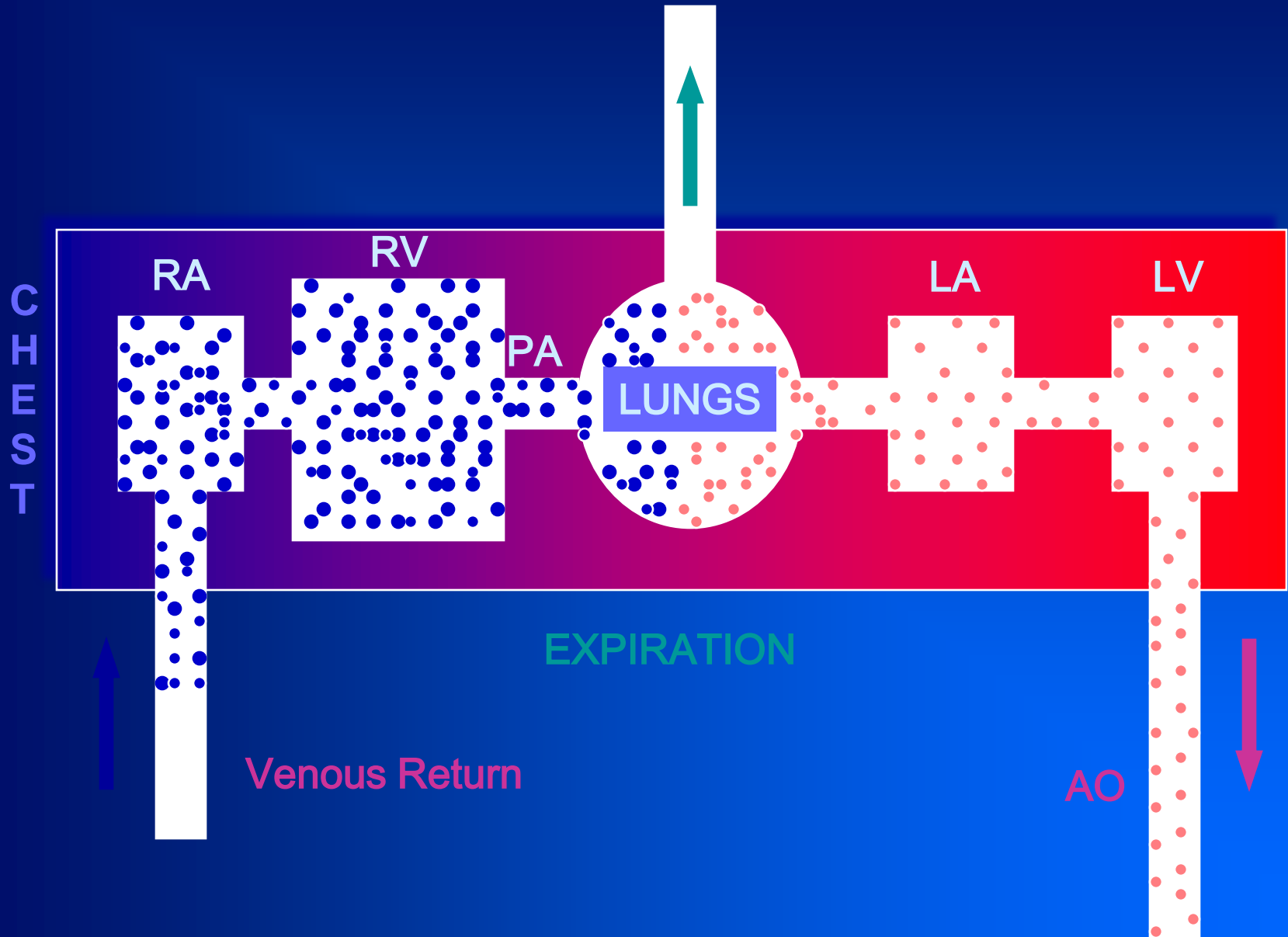
$$PPV (\%) = \frac{PP_{MAX} - PP_{MIN}}{(PP_{MAX} + PP_{MIN}) / 2} \times 100$$

Why use these **Dynamic Indexes**?

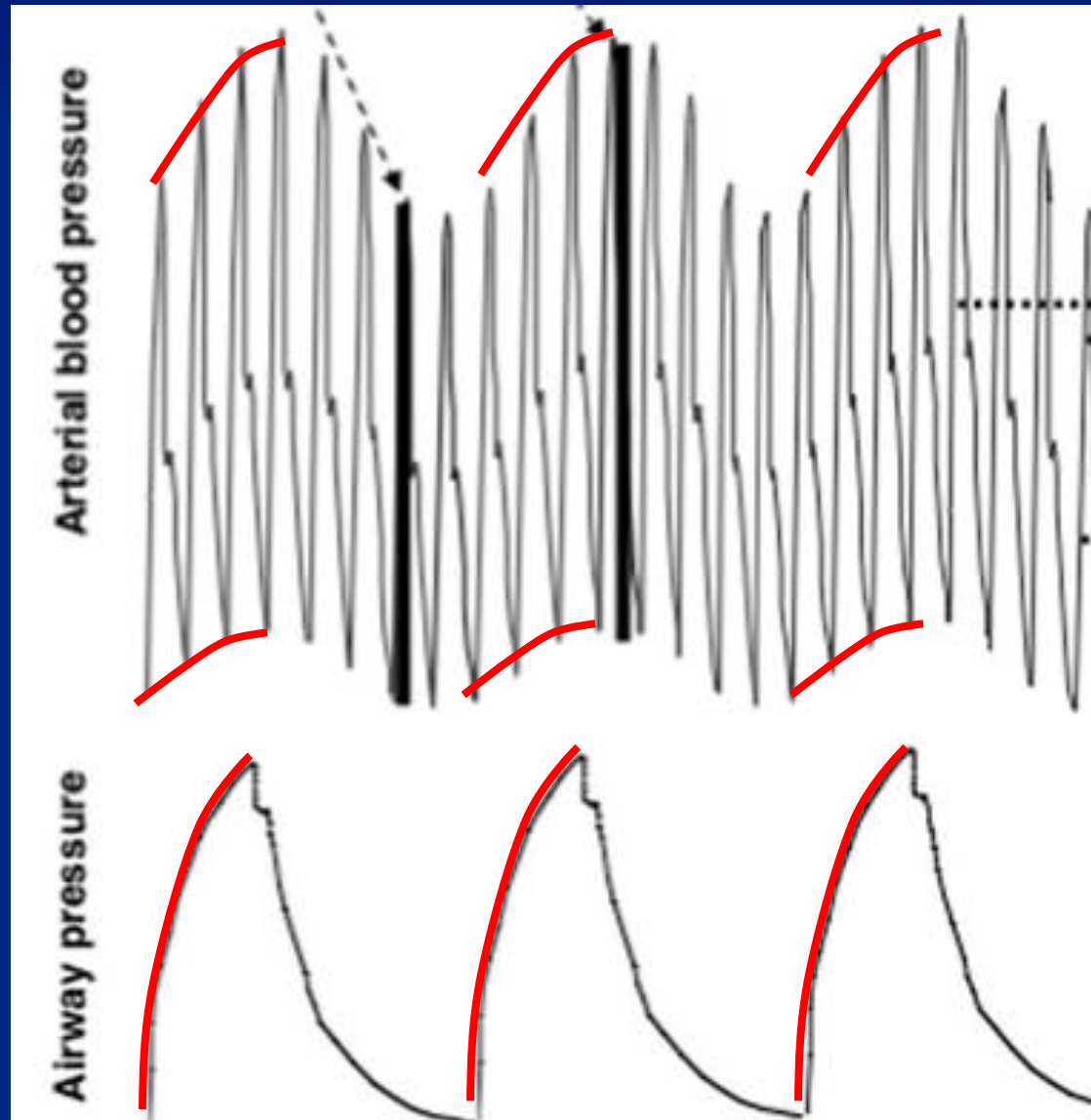
MECHANICAL VENTILATION



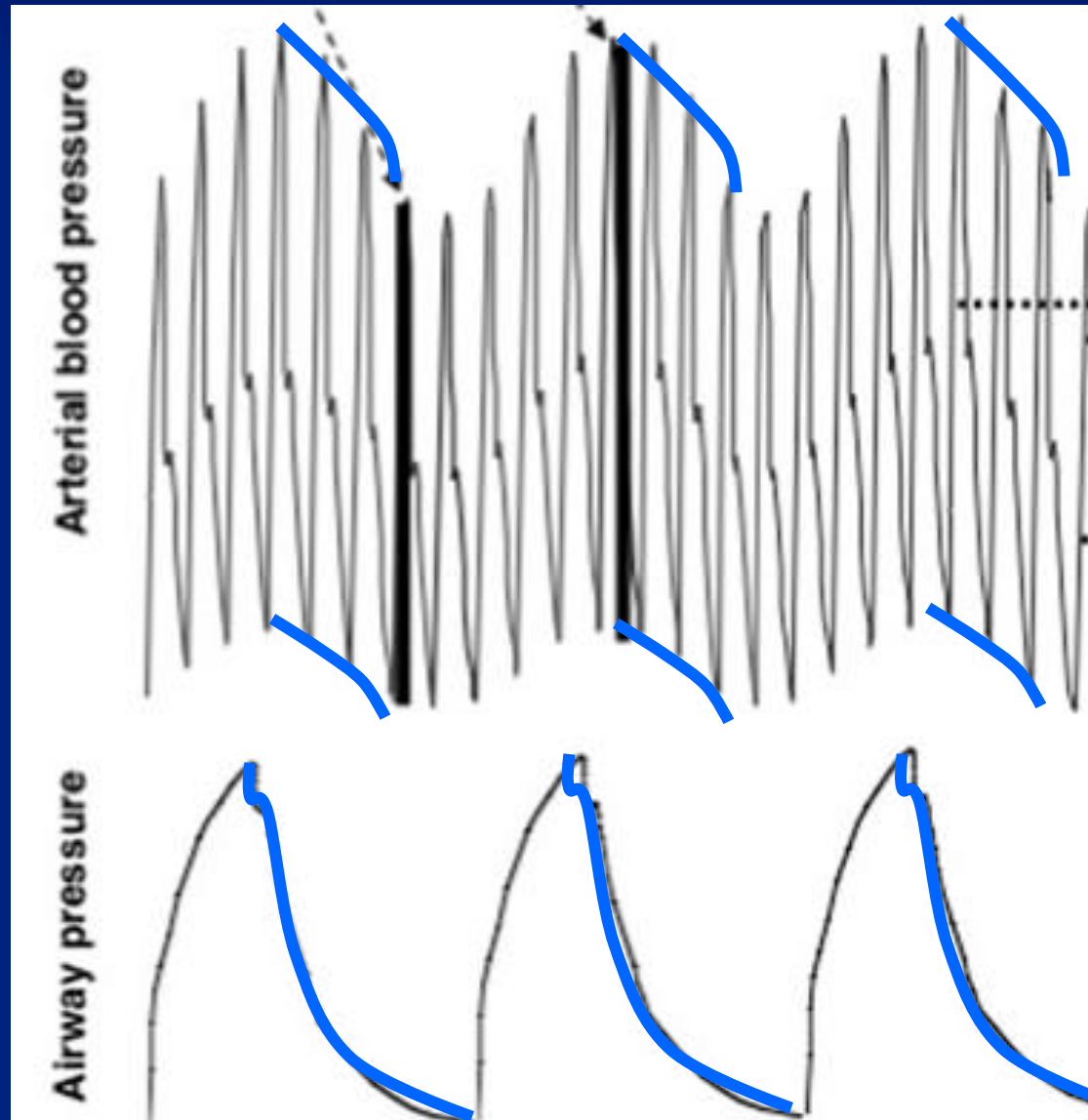
MECHANICAL VENTILATION



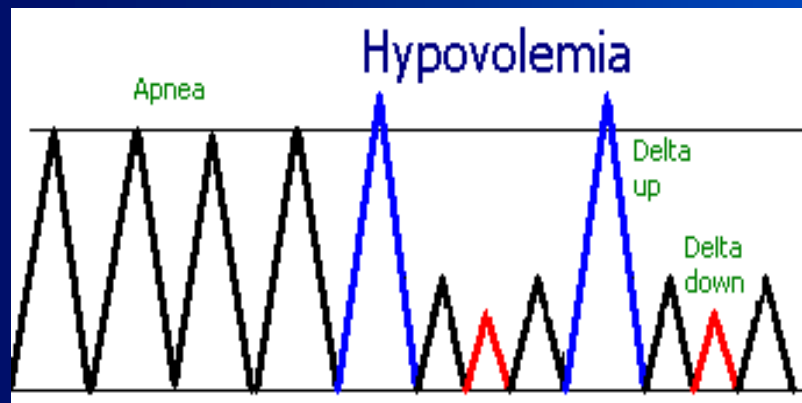
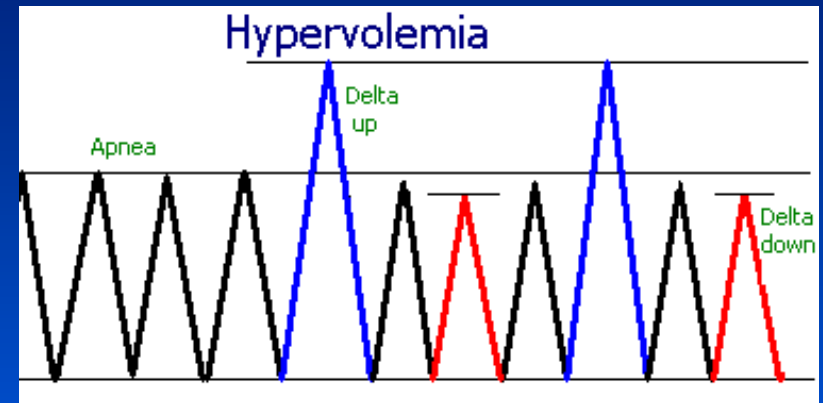
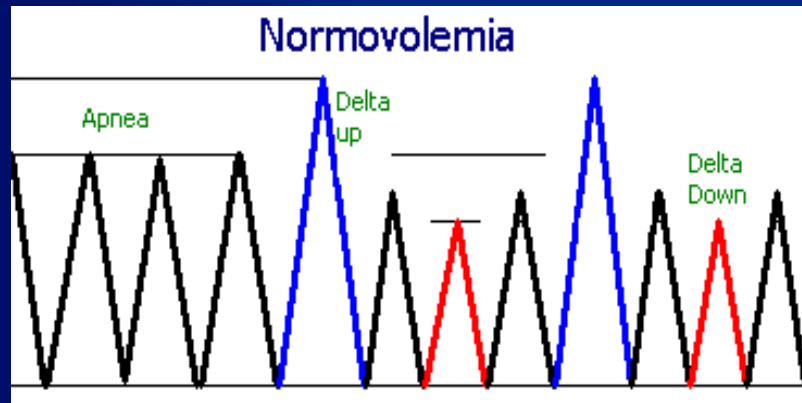
Overall Picture - Inspiration



Overall Picture - Expiration



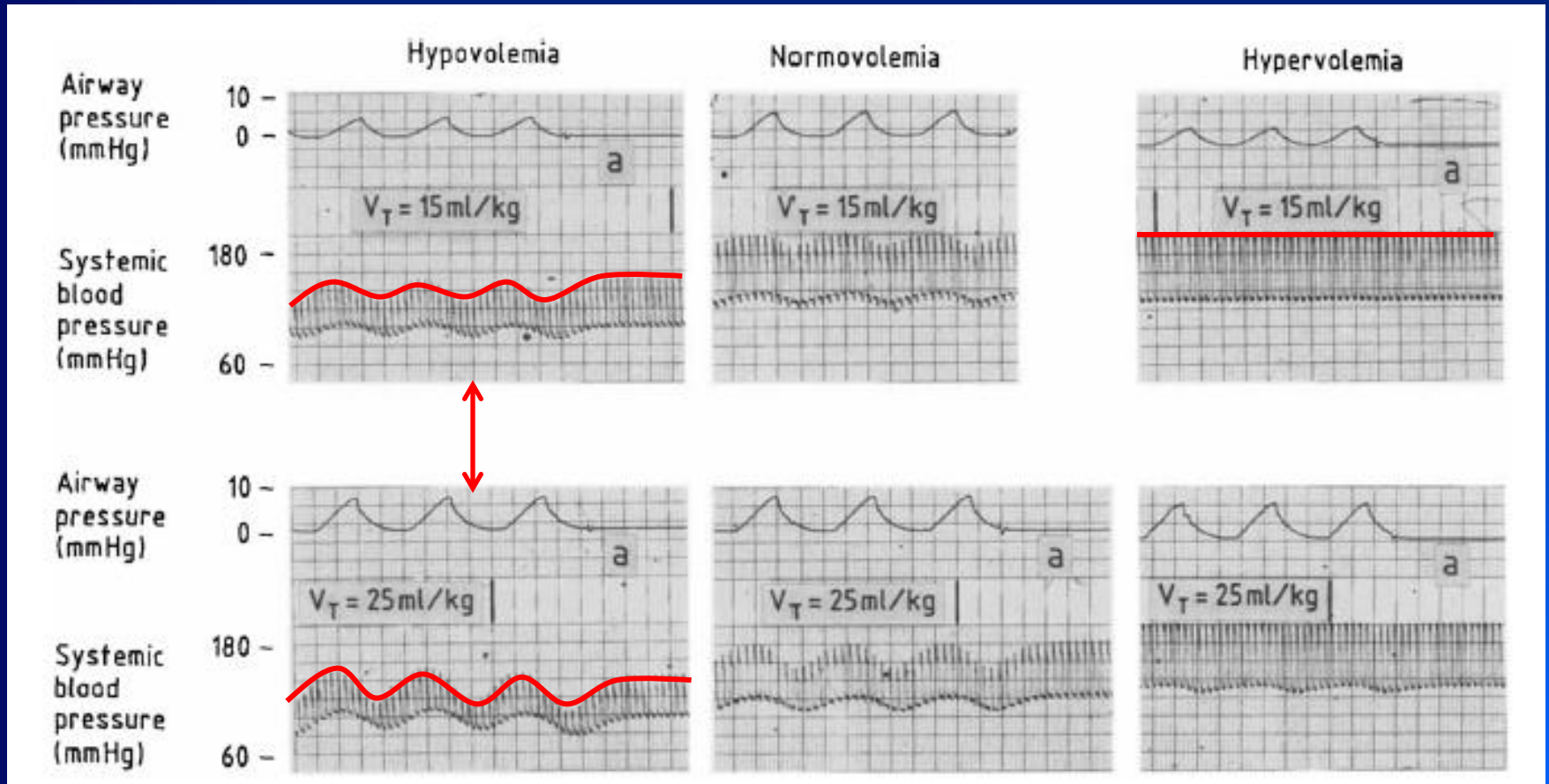
Assessing Fluid Responsiveness by the Systolic Pressure Variation in Mechanically Ventilated Patients



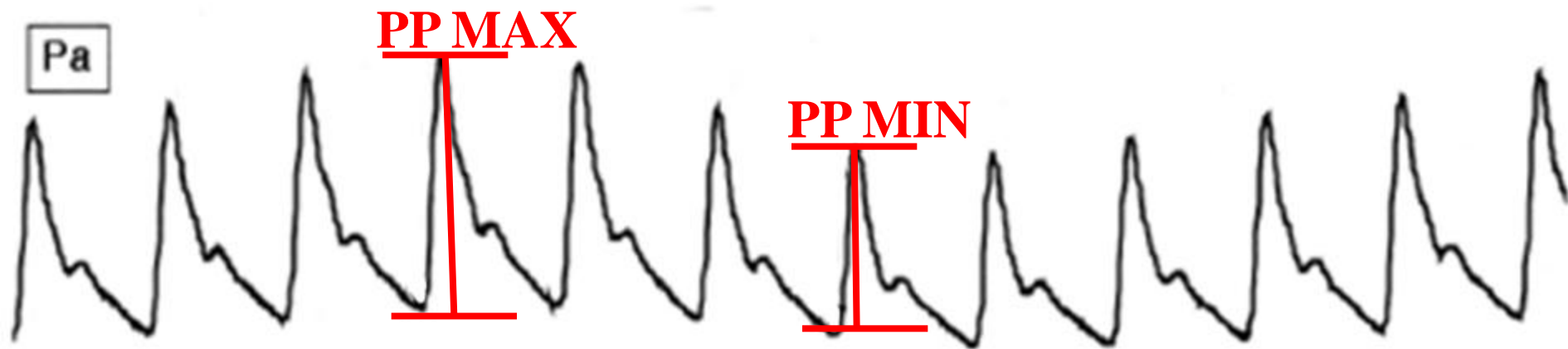
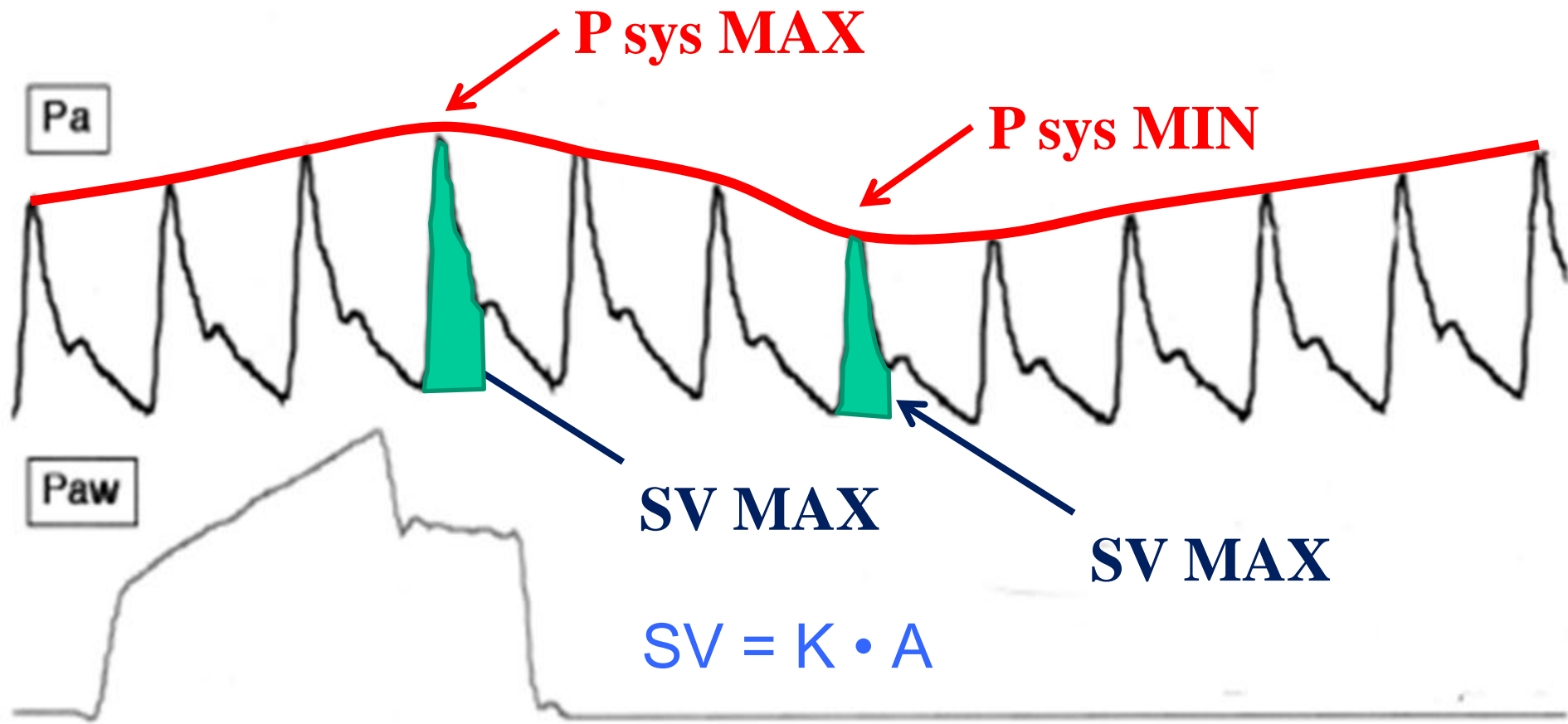
N.V.	
	mmHg
SPV	8 - 10
Delta down	5 - 6
Delta up	2 - 4

Perel A. *Anesthesiology* 1998

Looking back in 80' s...



Predict who could be **responsive**
to volume restoration



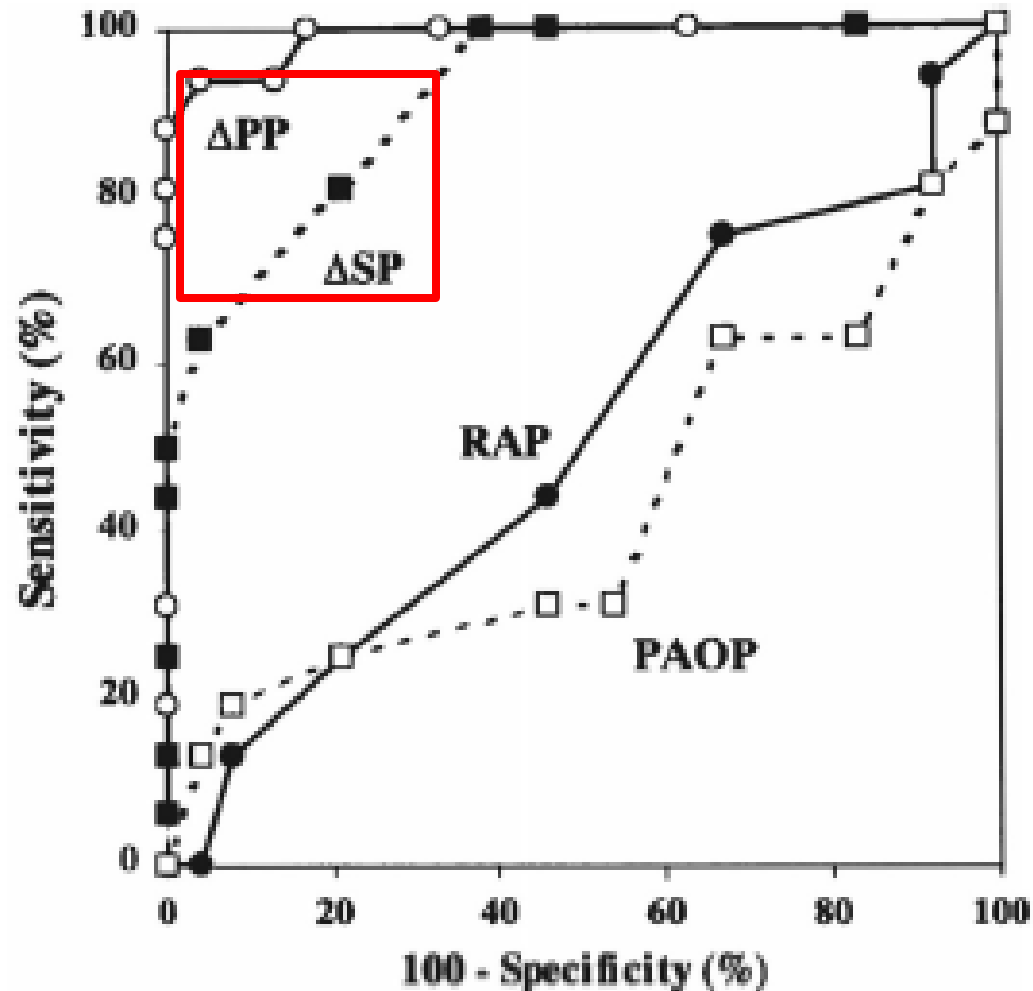
STROKE VOLUME VARIATION

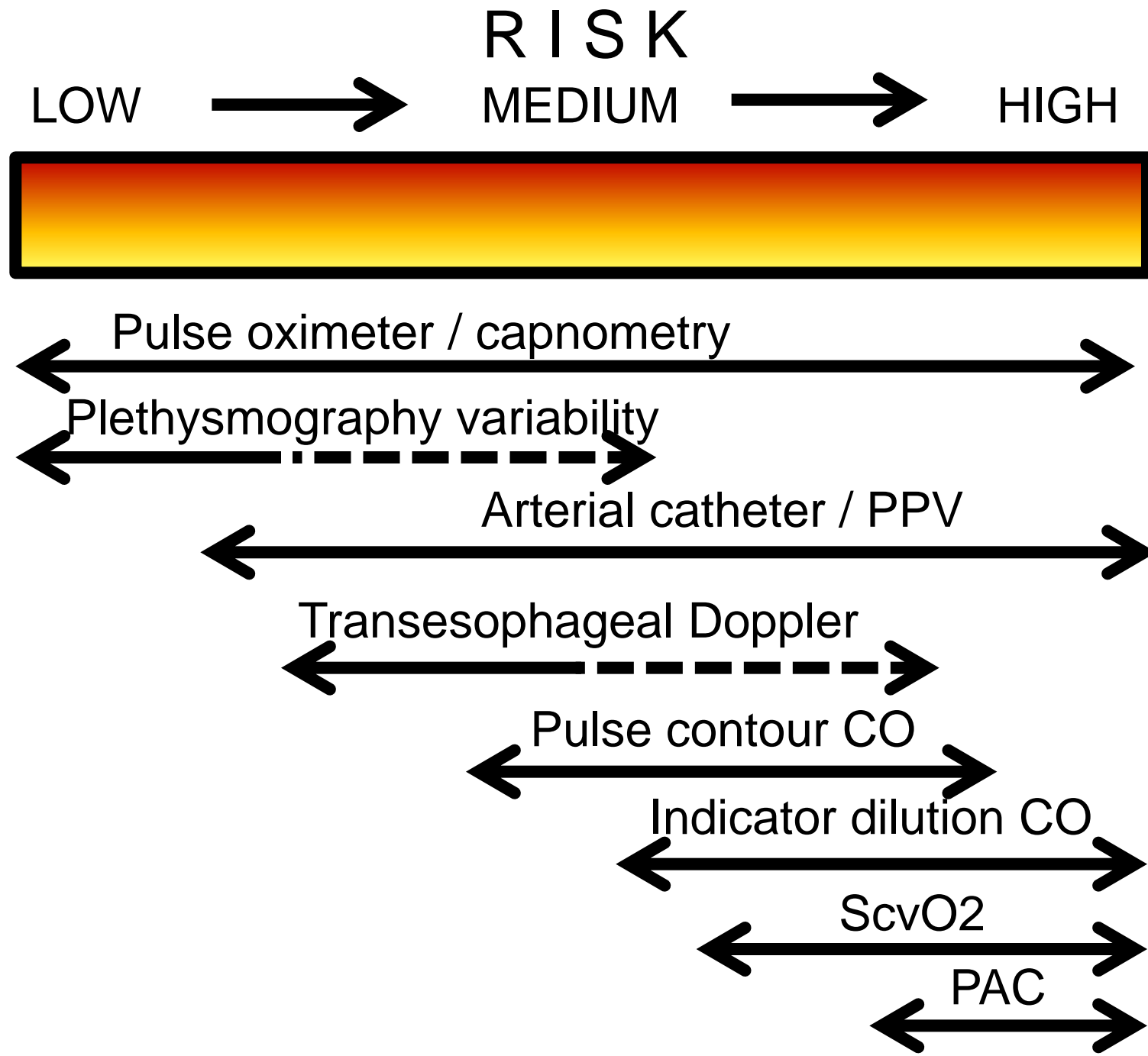
$$SVV = \frac{SV_{\max} - SV_{\min}}{SV_{\text{mean}}}$$

Which Parameter can better recognize it?



Which Parameter can better recognize it?





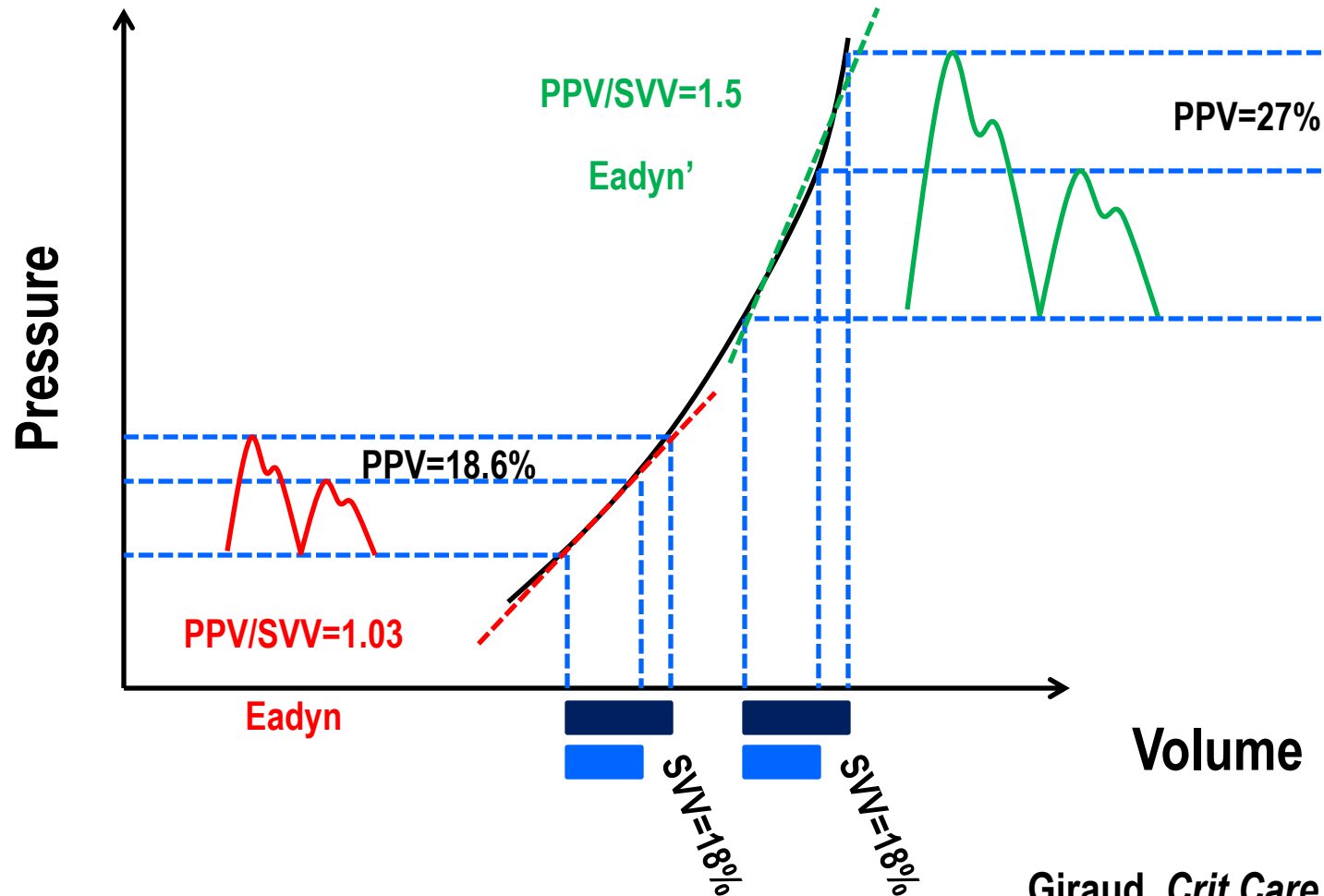
REVIEW

Bench-to-bedside review: Functional hemodynamics during surgery - should it be used for all high-risk cases?

Limitations of functional hemodynamic parameters

- Spontaneous breathing
- Tidal volume should be 8 ml/kg
- Nonstandardized airway pressure/respiratory rate
- Open-chest conditions may affect the FHP
- Pediatric patients
- Nonsinus rhythm
- Right heart failure

PPV/SVV – Dynamic Arterial Elastance



RESEARCH

Open Access

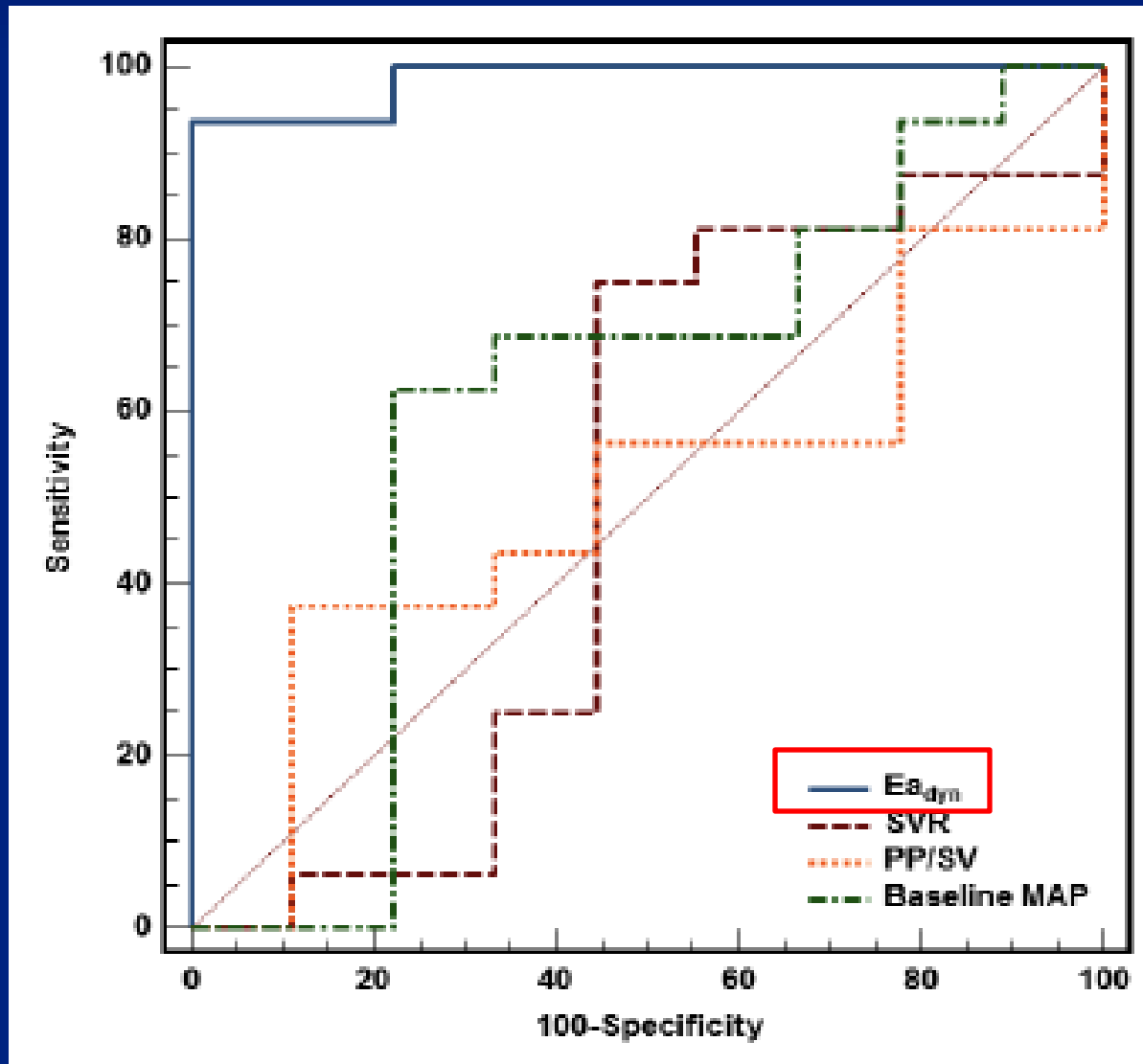
Dynamic arterial elastance to predict arterial pressure response to volume loading in preload-dependent patients

Manuel Ignacio Monge García*, Anselmo Gil Cano, Manuel Gracia Romero

Parameter	Preinfusion	Postinfusion
Dynamic arterial elastance		
Responders	1.34 ± 0.45 ^c	0.85 ± 0.21 ^{b,e}
Nonresponders	0.75 ± 0.12	0.64 ± 0.21
SVR, dyn s cm ⁻⁵		
Responders	889.66 ± 392.03	881.19 ± 344.16
Nonresponders	870.95 ± 379.38	774.42 ± 377.17 ^d
PP/SV, mmHg/mL		
Responders	0.79 ± 0.36	0.90 ± 0.37 ^{b,d}
Nonresponders	0.73 ± 0.19	0.66 ± 0.16

**Cutoff
Values?**

PPV/SVV – Dynamic Arterial Elastance



HEMODYNAMIC INSTABILITY

Arterial catheter
Central venous catheter

Fluid Responsiveness
(FHP – CVP)

present

absent

Hypovolemia likely

Fluid challenge

ECHO

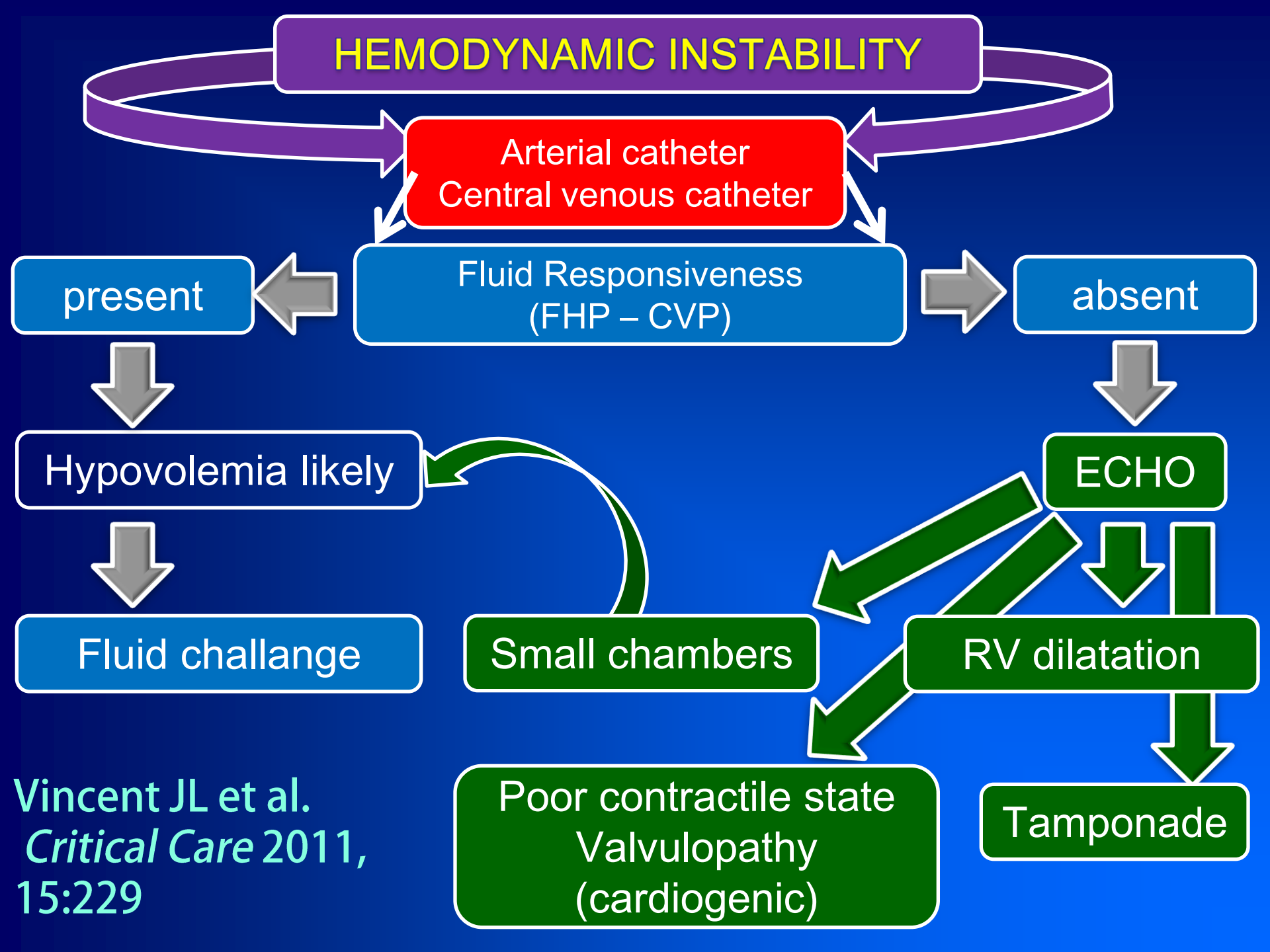
Small chambers

RV dilatation

Poor contractile state
Valvulopathy
(cardiogenic)

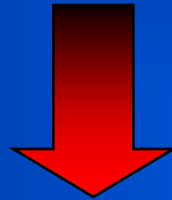
Tamponade

Vincent JL et al.
Critical Care 2011,
15:229



Physiological background



$$\text{Sat}_v\text{O}_2 = \text{Sat}_a\text{O}_2 - \frac{\text{VO}_2 \text{ (mL/min)}}{\text{Q (L/min)}} * \frac{1}{\text{Hb (gr/L)} * 1.39}$$





$$\text{Sat}_v\text{O}_2 = \text{Lung} - \frac{\text{metabolism}}{\text{hemodynamic}} * \frac{1}{\text{carrier}}$$

Venous blood

Venous PO_2  Reflects the tissue oxygenation

P_vCO_2  Reflects  the arterial $PaCO_2$
the tissue acidosis

Sat_vO_2  Reflects Sat_aO_2 , VO_2/Q , Hb

Base excess_v  Assessment of metabolic status
(always different from the arterial)

Venous-arterial sampling

- The shunt computation

- $\Delta a-vO_2$ difference

It allows

- $(Sat_a - Sat_v)/Sat_a$

- ΔPCO_2

- $\Delta PCO_2/\Delta a-vO_2$ content

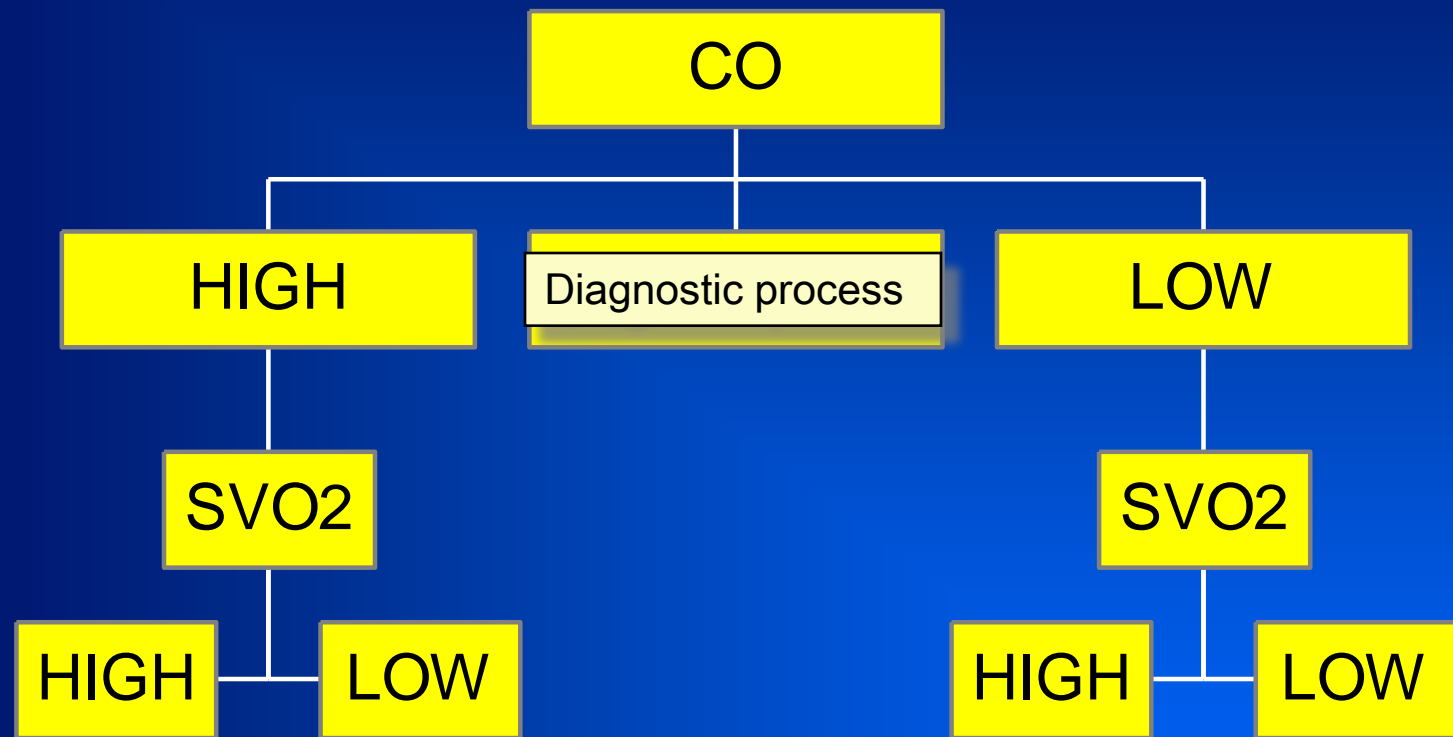
- LACTATE !

Venous-Arterial blood gases allow to:

- Define the oxygenation status
(PaO_2 -Shunt (not replaceable))
- Define the ventilatory status
- Infer on the hemodynamic status
($\Delta a-v\text{O}_2$, Sat_vO_2 , $(\text{Sat}_a\text{O}_2 - \text{Sat}_v\text{O}_2)/\text{Sat}_a\text{O}_2$ (not replaceable))
- Define the energy failure – BE, pH, $\Delta\text{PCO}_2/\Delta a-v\text{O}_2$

$$SVO_2 = SaO_2 - VO_2/Q * 1/(1.36 * Hb) \text{ Fick equation}$$

$$SVO_2 = \text{LUNG} - \text{METABOLISM/HEMODYNAMIC} * 1/\text{ANEMIA}$$



Hyperd. States ↑ vasoact agents Hypervolemia	Hypoxiemia (SaO ₂ ↓) Anemia (SaO ₂ = V _O 2 =) Exercise (SaO ₂ = V _O 2 ↑) Low anesthesia level Stress (SaO ₂ = V _O 2 ↑)	Deep anaesthesia (V _O 2 ↓) Hypothermia V _O 2 ↓) Sepsi (V _O 2 ↓)	Heart failure (↑ PAOP) Hypovolemia (↓ PAOP) Obstruction (↑ PAP)
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Conclusions

- ✓ Preload, flow and flow adequacy
- ✓ Non invasive and Invasive methods
(Echo and other Methods)
- ✓ Ventilatory assist affects hemodynamics
- ✓ Flow adequacy: consider ScvO₂ and Lactate